Vol. 74 – Issue 22

"Where Marines Are Made"

FRIDAY, AUGUST 15, 2014

World War II Marine Raiders reunite

STORY & PHOTOS BY SGT. CRISTINA N. PORRAS Chevron staff

In the midst of World War II, President Franklin D. Roosevelt enacted an order creating a group of Marines to perform elite operations and employ unconventional warfare tactics similar to those used by modern-day special operations units. Volunteers made up four battalions of these elite operators and they came to be known as the Marine Raiders. Although the specialized operators were only in existence from 1942-1944, the men left a lasting impression in the pages of Marine Corps history.

Seventy years after their disbandment, and as part of their annual reunion, 18 of the original Marine Raiders were among the audience as new Marines of Company D, 1st Recruit Training Battalion, graduated from recruit training at Marine Corps Recruit Depot San Diego Aug. 7.

"It's always a good feeling to be around Marines," said retired Lt. Col. Jack R. Christensen, a Marine Raider participating in the reunion for the first time. "We are proud of our history and proud of these Marines."

During their reunion, some Raiders visited the Command



Members of the Marine Raider Association render honors to the flag as the national anthem plays during the graduation ceremony for Marines of Company D, 1st Recruit Training Battalion, Recruit Training Regiment, at Shepherd Field aboard Marine Corps Recruit Depot San Diego Aug. 8. Formed on the brink of World War II, the Marine Raiders are considered to be the originators of Marine Corps special operations.

Museum and toured various facilities at Marine Corps Base Camp Pendleton, Calif., including Marine Special Operations Command facilities. During that time, they also spoke to Marines about their combat experience and enjoyed camaraderie among their Raider brothers as well as with active duty Marines.

see RAIDERS 2



Alpha Company recruits, 1st Recruit Training Battalion, donate blood at Marine Corps Recruit Depot San Diego, Aug. 8. After the blood is drawn, it is packaged for transport and ready to be used in emergencies or as needed.

Recruits donate blood for a good cause

STORY & PHOTOS BY CPL. TYLER VIGLIONE Chevron staff

On average, Navy Medical Center San Diego collects about 2,860 pints of blood per year and without the selflessness of recruits, reaching that goal would not be possible.

Recruits of Alpha Company, 1st Recruit Training Battalion, had the opportunity to donate blood during Team Week at Marine Corps Recruit Depot San Diego, Aug. 8.

"The blood that we receive from the recruits goes all over the world," said Petty Officer First

Class William N. Figueroa, corpsman, Naval Medical Center San Diego. "It goes to any service member or their dependents."

To begin the process, recruits who volunteer are screened to be sure they are qualifed to donate.

"We ask them if they have left the country, been sick, had any surgeries, basically anything that could have contaminated their blood," said 28-year-old Figueroa. "We need to make sure they are healthy before we take their blood to give to someone else."

see BLOOD 2

Recruits learn grooming standards

STORY & PHOTO BY CPL. JERICHO. W. CRUTCHER Chevron staff

Upon arriving at Marine Corps Recruit Depot San Diego, many recruits show up with long hair and beards. Now that Alpha Company, 1st Recruit Training Battalion, recruits are on their way to become Marines, they are learning how to live up to the Marine image starting with military haircuts and daily shaves.

Company A recruits engrain Marine standards by receiving a weekly haircut at Marine Corps Recruit Depot San Diego, Aug. 7. After recruits receive their haircuts, they are taught about the standards the Marine Corps expects. Marines must follow regulations regarding hair length, weight, tattoos and piercings.

"Marines stand out because we look sharp. Drill instructors uphold the Marine Corps standard and instill it into recruits from training day one to keep the legendary tradition of the Marine Corps appearance alive," said Sgt. Mathew R. Burns, drill instructor, Platoon 1005.

see HAIRCUT 2



Alpha Company recruits receive haircuts at the depot's recruit barber shop, Aug. 7.

RAIDERS 1

"This is my first time joining (a Raider reunion). It has been an honor," said Christensen, who served in the Marine Corps for 28 years.

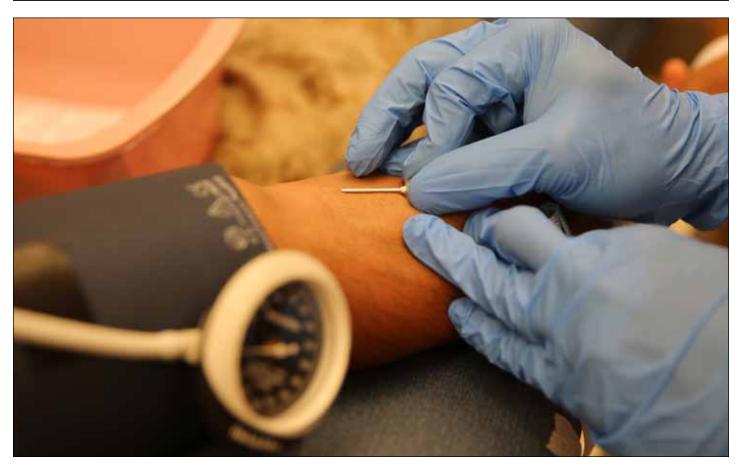
Their reunion coincided with the announcement that their legacy will be continued as Commandant of the Marine Corps Gen. James F. Amos, released a proclamation Aug. 6 declaring that MARSOC Marines will again carry the Marine Raider moniker by renaming its subordinate units, such as Marine Raider Battalion and Marine Raider Group.

"They are the founding fathers of Marine special operations – they conducted special (operations) before special operations were created," said Capt. Barry Morris, MARSOC spokesman. "The Marines of MARSOC are proud and honored to carry on the Raider name. It's a logical step that ties us to our heritage."

"They've been carrying on the tradition that we started years ago," said Christensen. "We want our name to be active today. It's the right thing to do for our brothers."



As part of their annual reunion, members of the Marine Raider Association observe the graduation ceremony for new Marines of Company D, 1st Recruit Training Battalion, at Marine Corps Recruit Depot San Diego Aug. 8. Formed on the brink of World War II, the Marine Raiders are considered to be the originators of Marine Corps special operations.



The attendant from Naval Hospital San Diego inserts a needle into a recruit from Alpha Company, 1st Recruit Training Battalion, to collect a pint of whole blood that will be used to treat medical emergencies or care for military members undergoing surgery. The whole blood may also be broken down into its component plasma and solids for use throughout the military medical system.

$BLOOD \P 1$

After the blood is drawn, it is packaged up for transport and ready to be used for any number of emergencies or needs.

"I am honored that I could donate blood," said Recruit Richard Martinez, Platoon 1006, Alpha Company, 1st Recruit Training Battalion. "I joined the Marine Corps to help people, and I already get the chance to do that before I graduate."

The blood collected could be used during surgeries at any Naval facilities or be shipped overseas into combat areas for service members who need it, according to Figueroa, a native of Merced, Calif.

"Even if I don't know where my blood is going, I know it is out there somewhere," said Martinez, a native of Los Angeles. "That's a great feeling."

The Navy uses not only the blood, but also separates the transfusable components such as red blood cells, platelets and plasma. These components have different properties that individuals may need. Primary components like plasma can be manufactured into Cryoprecipitate, a source of fibrinogen, which is vital to blood clotting.

Because recruits donate such a high

volume of blood, the Navy saves money by not having to purchase it from other companies.

"Recruits are our biggest contributors," said Figueroa. "They really do generate a lot of blood, and it is very much appreciated."

Although recruits of Alpha Company have done their part during the blood drive, they still have recruit training to push through before earning the title Marine

"I am definitely going to donate blood again in the future," said Martinez. "It is for a great cause, and I love helping people."

HAIRCUT 1

For some recruits, removing piercings, cutting long hair and shaving beards, which begins the transformation, was difficult. However, they are all doing it willingly to become United States Marines, explained Burns, a Scranton, Pa., native.

"Having a grooming standard shows professionalism and discipline. I don't like waking up every morning to shave, but that's how Marines present themselves," said recruit Oscar J. Campa, Platoon 1006. "Appearance is everything, especially as Marines."

Haircuts are only one of the ways recruits present the Marine image. One of the biggest examples recruits follow is their drill instructors and how they present themselves.

"Recruits blouse their boots high because that's what drill instructors do," said Burns. "They learn how to iron their uni-

forms and roll their sleeves to look good because it's every Marine's job to meet the Marine Corps' standards on appearance."

Recruits are inspected daily by drill instructors for a clean

shave as well as cleaned and trimmed nails.

"While we are waiting in line, we study Marine Corps knowledge and history," said 18-year-old Campa, a Baldwin Park, Calif., native. "We also review the uniform regulations so we know how to properly piece each uniform together. The uniforms are another way to represent the Marine Corps image."

After the recruits finished getting their hair cut, they continued on with the day's training.

Company A recruits are still going through their journey in becoming United States Marines, and through hard work and determination they will graduate recruit training and carry the Marine Corps image into their careers.

BRIEFS

Chapel reopens

Chapel renovations are completed. All weekday Catholic Mass and Sunday Lutheran services have been moved back into the chapel.

A special mass to celebrate the Assumption of Mary Holy Day will be held in the chapel today at 11:45 a.m.

For more information on chapel services, contact Anna Torres, administrative support assistant, at (619) 524-8820.

Barracks Bash

Calling all single Marines and geographic bachelors.

Join the members of the depot's Single Marine Program for the annual Barracks' Bash.

The event will be held today from 4 to 8 p.m., at Duncan Hall Courtyard.

Come out to dunk your favorite Marine, duke it out in our Big Glove Boxing Ring and Pugle Stick Fighting game. Enjoy free food, games, music and companionship.

Contact Johanna Jones, Single Marine Program coordinator, for more information. Call (619) 524-8240 or e-mail at jonesjoa@usmc-mccs.org.

Bowling League

The Fall MCRD San Diego Bowling League begins Aug. 20. Games will be played on Wednesdays at 4:30 p.m., at the Recreation Center.

All skill levels are welcome - handicaps will be used to level the playing field.

The entry fee is \$60, which covers 4 bowlers for the entire season.

Deadline to enter is 4 p.m., Aug.

15. Sign up at the Recreation Center today.

Back to school brigade

Prepare for the 2014-15 school year. There will be a backpack and school supply giveaway at the depot fieldhouse for active duty E1–E6 tomorrow from 10 a.m., to 4 p.m., provided by Operation Homefront.

In order to benefit from the backpack giveaway, participants must be registered at www.operationhomefront.net.

Meet representatives from local schools and agencies. Younger children may enjoy the Fun Zone and interactive activities.

For information visit: http://mccsmcrd.com/MarineAndFamilyPrograms/MarineCorpsFamilyTeamBuilding/BackToSchoolBrigade/index.html

Yellow Belt training

The Business Performance Office will host a Yellow Belt training class, from 8 a.m. – noon on Aug. 26 and 27.

Training will be held in the Building 14 (Family Readiness) classroom.

Submit the names of those who wish to attend no later than Aug. 20. Seats will be assigned on a first come, first fill basis.

If interested in attending, contact Shari Perdomo at (619) 524-8794; or via e-mail at shari. perdomo@usmc.mil.

Send briefs to:

rdsd_pao@usmc.mil. The Chevron staff reserves the right to publish only those briefs that comply with Department of Defense regulations and the standards of the U.S. Government.



An RQ-7 Shadow unmanned aerial vehicle launches for a training mission at Avon Park Air Force Range, Fla., Aug. 4, 2014. Marine Unmanned Aerial Vehicle Squadron 2 conducted a 10-day field exercise, conducting both deep and close air support with the Shadow system.

VMU-2 refines operational readiness at Avon Park

STORY & PHOTOS BY CPL. J. R. HEINS II Marine Expeditionary Force

AVON PARK AIR FORCE RANGE, Fla. - Marine Unmanned Aerial Vehicle Squadron 2 conducted training at Avon Park Air Force Range, Fla., July 28 – Aug. 8., working with Marine Special Operations Command and several Air Force fighter wings to refine their interoperability with joint-service ground and air assets.

VMU-2 coordinated with MARSOC and the Air Force's 75th and 93rd Fighter Wings to perform close air support during the training, according to Capt. Jonathan C. Putney, an unmanned aerial vehicle commander with VMU-2.

"A big training advantage we have at Avon Park is the ability to support live-fire shoots," said Putney, a Naples, Fla., native. "Working with MARSOC and the Air Force, we are developing our abilities to partner with other Marine units and sister services."

The exercise also gave each Marine with the squadron a chance to develop and refine mission critical skills, according to Putney.

'The plane captains need to train for launching and recovering the UAVs, as well as refining emergency procedures," said Putney. "The aircrews got refresher training and gained their qualifications with the UAV's systems while the mission commanders oversaw and refined

their skills as UAV pilots."

The training at Avon Park gave the squadron's support personnel, such as data networkers and administrative specialists, a chance to work in a more expeditionary environment than that found at Marine Corps Air Station Cherry Point, N.C., according to Staff Sgt. Kalem Cossette, the cyber chief with the squadron. It is important for Marines to develop the ability to operate successfully with little outside logistical support.

"At Cherry Point there is a lot of support available in the local area," said Cossette, a Flagler Beach, Fla., native. "This gets us used to operating with very little external support which is usually the case when Marines are deployed."



A RQ-7B Shadow unmanned aerial vehicle flies overhead during training at Avon Park Air Force Range, Fla., Aug. 4, 2014. The Shadow belongs to Marine Unmanned Aerial Vehicle Squadron 2, which conducted a 10-day field day exercise to increase the proficiency and readiness of the squadron.



Cpl. Christopher Senn pilots the RQ-7B Shadow unmanned aerial vehicle during training at Avon Park Air Force Range, Fla., Aug. 4, 2014. Senn is an unmanned aerial system operator with Marine Unmanned Aerial Vehicle Squadron 2 and native of Washington, D.C.



Lance Cpl. John M. Johnson Jr., left, and Lance Cpl. Jaleel Porter start the engine of a RQ-7B Shadow unmanned aerial vehicle during night flight training at Avon Park Air Force Range, Fla., Aug. 4, 2014. Both Johnson and Porter are unmanned aerial system maintainers with Marine Unmanned Aerial Vehicle Squadron 2. Johnson is a native of Yuma, Ariz., and Porter is an Oakland, Calif., native.



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CHEVRON ~ FEATURE ~ AUGUST 15, 2014

Recruits of Echo Company, 2nd Recruit Training Battalion, jump rope at one of the stations in the Circuit Course at Marine Corps Recruit Depot San Diego, Aug. 11. Recruits were split up into groups of 15, and for 30 seconds, they pushed themselves as hard as they could.

Echo Company introduced to Marine Corps physical fitness

Story & Photos by CPL. TYLER VIGLIONE Chevron staff

Recruits of Echo Company, 2nd Recruit Training Battalion, began their first Circuit Course event during forming week at Marine Corps Recruit Depot San Diego, Aug. 11.

The purpose of the circuit course is to increase each recruit's strength and endurance for upcoming events in recruit training, explained Sgt. Wing S. Ye, drill instructor, Platoon 2110.

"This course introduces recruits to not only the circuit course, but also how to follow simple directions," said Ye, a native of Miami. "That is probably the most challenging thing for them right now."

The Circuit Course is comprised of more than 20 exercise stations, each with its own purpose. These exercises include

monkey bars, jump ropes and weight lifting.

However, before they even began the course, the recruits performed the dynamic warm-up series to get their blood flowing and teach them how they will be forming up for physical training throughout the remainder of recruit training.

"While this is the first physical training session the recruits receive while in recruit training, they will also learn how a normal session is conducted," said Ye.

After recruits completed the warm-ups, they lined up by platoon and began a mile-anda- half run, which was part of the circuit course.

Once recruits completed the run, they moved on to the stations where drill instructors were waiting to demonstrate each exercise to them.

When recruits finished the run, most of them were tired and worn out, explained Recruit

Luke A. Roseen, guide, Platoon 2109, Echo Company, 2nd Recruit Training Battalion.

"For me the run wasn't that bad," said Roseen, a native of Houston. "I could tell that a lot of recruit were ready to pass out."

Recruits were split up into groups of 15, and for 30 seconds, they pushed themselves as hard as they could.

As much as the recruits wanted to quit, their drill instructors would not let them.

"These recruits haven't even started training, so we don't expect much out of them other than to be performing the exercises correctly," said 26-yearold Ye. "Most recruits come to recruit training out of shape, so we have to start slow and begin the transformation."

Tired, dirty and weak, recruits of Echo Company have completed their first physical test and will continue on the path the becoming Marines.

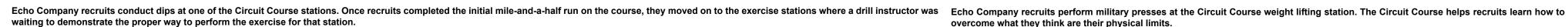


muntion cans. Before recruits began the Circuit Course, they ran a mile and a half with their platoons.



Echo Company recruits perform inclined pushups while running the depot's Circuit Course Aug. 11. The Recruits of Echo Company run up and down stairs holding two am-Circuit Course is comprised of more than 20 exercise stations, each with its own purpose. These exercises included monkey bars, jump ropes and weight lifting.







overcome what they think are their physical limits.

From Africa to America and now a Marine

STORY & PHOTOS BY SGT. WALTER D. MARINO II Chevron staff

Before he was born, Pvt. Arthur G. Whisnant, had already moved once. While his mother was pregnant with him, she moved from moved from Monrovia, Liberia, in order to protect her unborn child from the hazards of civil war.

She moved to Freetown, Sierra Leon, but soon found war had spread there as well, and soon after his birth, his family moved once more to Guinea.

Whisnant, Platoon 2166, Hotel Company, 2nd Recruit Training Battalion, explained his parents split when he was a child and his uncle assumed a father figure role for him.

When Whisnant was 5 years old, his uncle decided to move his own family to America and told his sister he would take the young boy with him if she was willing to make the sacrifice of being separated.

Whisnant explained his mother decided that although there wasn't a war in Guinea, there was still a lot of poverty, and she belived the United States provided her son with better opportunities.

Soon after settling in Houston, his uncle legally adopted him. Whisnant said his uncle became his real father and his cousins became his brothers and sisters.

Whisnant said he routinely prayed and went to church and felt that life was good up until his adoptive father suffered a stroke and died.

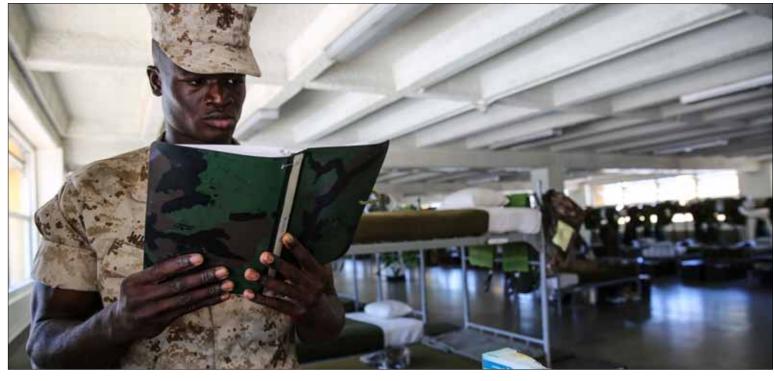
Following the incident, he remembers hanging out with the wrong crowd and ditching school.

"He was my real dad, to me," said the 21 year old solemnly. "I started to skip classes because I was upset with what happened."

After high school, Whisnant decided he wanted a positive change in his life. But after realizing he could not afford college, he was stuck with a tough deci-

Family members suggested the military as an option, but Whisnant said it was a difficult thing to consider because he had come from a war-torn country.

"My mom has been through war, and she didn't want this for



Pvt. Arthur G. Whisnant, Platoon 2166, Hotel Company, 2nd Recruit Training Battalion, studies Marine knowledge during squad bay duty at Marine Corps Recruit Depot San Diego, Calif., Aug. 11. Whisnant is a Freetown, Sierra Leon, native and was recruited out of Recruiting Station Houston.

me," said Whisnant. "She thought I would get injured or die in the military.

After much internal struggle however, he said he realized the military was a way to give back to the country that has given him so much and quickly enlisted in the Marine Corps.

Whisnant became an American citizen yesterday, just one day before graduating from recruit training.

He said following graduation he plans on finding a way to bring his mother and five siblings to United States.

Whisnant explained he is concerned about his mother's health because she has malaria and was

sick the last time he spoke with

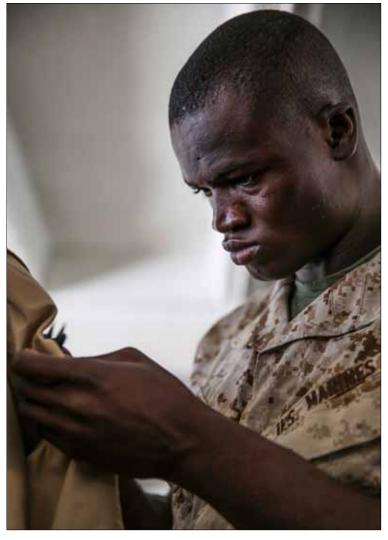
"I don't know exactly how," said Whisnant. "I just want to bring her over here so she can feel safe, have good medical care and not have to work... to just let me do the work."

Sgt. Jorge Castillanos, drill instructor, Platoon 2166, said he's proud of Whisnant's growth and believes his journey from a country in war to being a Marine is remarkable.

"It just shows what kind of character he has," said Castillanos. "To be from a different country and be willing to serve and protect the country that has been so great to him, this is what this land was



Pvt. Tristen C. Manikowski, left, Pfc. Donnie Tran, center, and Pvt. Arthur G. Whisnant, right, all of Platoon 2166, walk to their afternoon meal Aug. 11.



Pvt. Arthur G. Whisnant prepares his uniform for today's graduation ceremony.

Sgt. Maj. Daniel W. Fliegel

Parade Reviewing Officer

Sergeant Maj. Daniel W. Fliegel enlisted in the Marine Corps in December 1986 from Northfield, Minn., where he grew up. He attended recruit training from July to September 1987 with 3rd Recruit Training Battalion at Marine Corps Recruit Depot San Diego.

Upon graduation, Fliegel reported to Marine Corps Engineer School at Court House Bay, Marine Corps Base Camp Lejeune, N.C., where he trained to become a basic combat engineer.

Fliegel was assigned to Company B, 9th Engineer Support Battalion, 3rd Marine Division, Okinawa, Japan, from December 1987 to December 1988.

In January 1989, Fliegel checked in to 2nd Combat Engineer Battalion at Camp Lejeune, and was assigned to Company B for duty. While there he

held the billets of team leader, squad leader and platoon guide after being meritoriously promoted to sergeant in August 1992.

While assigned to 2nd CEB, Fliegel supported contingency operations and Operation Promote Liberty in the Republic of Panama, Operation Desert Shield and Desert Storm in South West Asia and also completed a marine expeditionary unit deployment.

From May 1993 to May 1994, Fliegel preformed the duties of mine field maintenance at Guantanamo Bay,

In September 1994, Fliegel completed Drill Instructors' School and was assigned to 2nd Recruit Training Battalion, MCRD San Diego. Fliegel completed five cycles as a drill instructor and two as a senior drill instructor with Hotel Company.

From October 1996 to January 2004, Fliegel was stationed at 1st CEB, Marine Corps Base Camp Pendleton, Calif. While there he was a platoon sergeant

with Company C until his promotion to Attack Squadron 323 sergeant major staff sergeant.

In November 1997, Fliegel was transferred to Company A as a platoon guide in support of a Western Pacific Marine Expeditionary Unit deployment. From December 1999 to January 2004, Fliegel was the company gunnery sergeant for Company A and deployed for Operation Iraqi Freedom with 1st Marine Regiment as the regimental engineer chief.

In January 2004, Fliegel was promoted to first sergeant and reported to 2nd Battalion, 7th Marines at Marine Corps Base Twentynine Palms, Calif. He served as company first sergeant for Company F and later Weapons Com-

While there, Fliegel completed three more OIF deployments. In November 2007, he was selected to sergeant major and received orders to 3rd Marine Aircraft Wing, Marine Corps Air Station

Fliegel served as Marine Fighter

from January 2008 to August 2010 and completed one aircraft carrier based West-Pac deployment with Carrier Air

Fliegel assumed his current duties for Marine Fighter Attack Training Squadron 101 in September 2010.



Miramar, Calif.



Lance Cpl. M. J. Mitchell Denver Recruited by Staff Sgt. C. I. Master

Lance Cpl. W. F. Gorr West Bend, Wis. Recruited by Sgt. A. Y. Cortez

Pfc. C. L. Bailey Salt Lake City Recruited by Gunnery Sgt. J. A. Brasfield

Pfc. B. C. Dotson III St. Louis Recruited by Staff Sgt. T. R. Morrison Pfc. A. M. Malveaux Recruited by Staff Sgt. L. Simmons Pfc. N. J. Vega Ft. Worth, Texas Recruited by

Pvt. J. F. Degodt Jr. Wausau, Wis. Marksman Instructor Sgt. D. M. Trosclair

HIGH PFT (300) Pfc. J. M. Arroyo San Antonio Recruited by Sgt. J. Garcia



HOTEL OMPAN

2nd RECRUIT TRAINING BATTALION

Commanding Officer Sergeant Major Battalion Drill Master

Lt. Col. W. Doctor 1st Sgt. J. M. Melendez Staff Sgt. E. J. Estes



COMPANY H

SERIES 2161

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PLATOON 2162

Senior Drill Instructor Staff Sgt. B. H. Kim Drill instructors Sgt. R. O. Dunn Sgt. J. F. Walker Sgt. T. M. Whatley III Sgt. J. A. Yepes

PLATOON 2163

Senior Drill Instructor Staff Sgt. M. Cortes Drill instructors Staff Sgt. K. J. De La Cruz Staff Sgt. P. E. Evans Staff Sgt. A. Muela Staff Sgt. F. N. Perez Sgt. G. W. Silva

Commanding Officer Capt. M. F. Tweedy Company First Sergeant 1st Sgt. T. M. Coyer

SERIES 2165

Series Commander Capt. Y. E. Ho Chief Drill Instructor Staff Sgt. F. D. Favors

PLATOON 2165

PLATOON 2161

Senior Drill Instructor Staff Sgt. L. L. Bernardo **Drill Instructors** Staff Sgt. T. Mocarzel Staff Sgt. J. R. Navarro Staff Sgt. M. Santamaria Staff Sgt. J. C. Silva

PLATOON 2166

Senior Drill Instructor Staff Sgt. R. P. Bowen Drill Instructors Staff Sqt. E. A. Ramirez Sgt. J. A. Castillanos Sgt. J. M. Wright Sgt. J. R. Wright

PLATOON 2167

Senior Drill Instructor Sgt. N. C. Bohne **Drill Instructors** Sgt. G. J. Rojo Sgt. Q. M. Steege Sgt. S. W. Suever Sgt. M. D. Zavala

Indicates Meritorious Promotion

PLATOON 2161 Pfc. A. Acosta Pvt. D. J. Althen Pvt. R. D. Baltazar Pvt. B. J. Banner Pfc. A.E. Bastek Pfc. D. Boehringer Pvt. T. A. Browning Pfc. J. L. Castano-Martinez Pfc. J. D. Collins Pvt. M. I. Contreras Pfc. C. C. Cosper Pvt. D. M. Denney Pfc. G. J. Flores Pvt. J. R. Fulcer Pvt. J. C. Garner Pvt. M. S. Gershkoff Lance Cpl. W. F. Gorr Pfc. B. R. Gorr Pvt. T. L. Griffis Pvt. B. S. Hall Pvt. Z. M. Harris Pvt. M. Heredia Jr. Pvt. J. N. Herring Pvt. J. A. James Pvt. D. R. Johnson Pvt. D. K. Kashani Pvt. D. R. Klein Pfc. B. R. Lockhart Pvt. J. R. Lynch Pvt. J. C. Marroquin Pvt. B. L. McWilliams Pvt. R. J. Mihalochick Pvt. R. Nava Pvt. T. C. Nilson Pfc. A. C. Parrish Pvt. K. A. Perez Pvt. D. A. Perry Pvt. J. Ramirez Pvt. J. A. Rodriguez-Campos Pvt. C. A. Saia Pvt. R. C. Schiller

Pvt. T. W. Secrest

Pfc. B. R. Seward

Pvt. R. A. Spees

Pfc. C. M. Truong

Pvt. L. W. Tutwiler

Pfc. L. E. Weaver

Pvt. C. W. Works

Pvt. L. M. Zeledon

Pvt. D. A. Wills

PLATOON 2162 Pvt. S. S. Allen Pvt. J. R. Alves Pvt. M. I. Apostolou Pvt. R. P. Arendall Pvt. G. C. Armstrong Pfc. C. L. Bailey Pvt. A. W. Bailey-Gruver Pvt. A. M. Baker *Pfc. K. J. Baker Pvt. M. P. Baugh Pvt. T. A. Baur Pvt. T. L. Belew Pvt. L. M. Berg Pvt. M. R. Berger Pfc. T. S. Berry Pvt. G. J. Finch Pvt. Z. I. Lentz *Pfc. C. A. Long Pfc. T. A. McKeown Pfc. T. S. McWilliams Pvt. A. R. Mecalo *Pfc. T. J. Miller Pvt. T. B. Minier Pvt. P. S. Monzon Pvt. W. O. Monzon Pvt. C. S. Morales Pfc. D. R. Moriarty

Pvt. J. N. Ruvalcaba Pfc. M. Saenphonphakdee Pfc. K. L. Schuelke Pvt. S. R. Smith Pfc. S. A. Stucker Pvt. C. R. Teran Pfc. S. T. Todd Pvt. R. D. Trevino *Pfc. C. M. Willis Pvt. C. C. Willoughby

Pvt. M. S. Pickler

Pvt. T. D. Putman

Pvt. C. T. Reeves

Pvt. D. A. Roberts

Pvt. A. C. Porter

Pvt. I. J. Prater

Pfc. J. Reyes

PLATOON 2163

Pvt. J. J. Winder

Pvt. D. J. Wolf

Pfc. R. J. Aguilera II Pfc. J. M. Arroyo Pvt. L. M. Bazua-Rojas Pvt. R. C. Belshe Pfc. G. A. Boyle

Pfc. C. C. Bridges Pvt. T. B. Butler Pvt. I. Camberos

Pvt. T. G. Campbell Pvt. R. Campos Jr. Pvt. J. K. Canfield Pvt. M. Cardenas

Pvt. B. A. Carouthers Pvt. G. R. Carillo Pfc. N. A. Cimino

Pfc. J. M. Collins Pvt. E. M. Cortez Pvt. J. S. Corvera-Martinez

Pvt. M. B. Cowley Pvt. N. I. DeCamp Pvt. J. F. Degodt Jr.

Pfc. B. C. Dotson III Pvt. J. T. Eisman Pvt. A. D. Elliot

Pvt. P. S. Erickson Pvt. M. J. Flax

Pfc. B. D. Fouse Pvt. E. Gallegos Pvt. R. L. Garcia

Pfc. J. T. Glandon-Hall Pfc. J. D. Godwin

Pfc. E. M. Gomez Pvt. A. D. Gregorich

Pvt. J. M. Hagler Pvt. A. D. Happ

Pvt. E. J. Harris Pvt. B. T. Heichel Pvt. W. L. Heintze

Pfc. K. O. Hill Pvt. L. N. Hodnett Pfc. G. P. Hurner

Pvt. E. Jimenez Pfc. C. C. Johnson

Pfc. D. T. Johnson-Dexter Pvt. C. A. Kaloi Pvt. C. D. Kavanaugh

Pfc. G. H. Khan Pvt. T. M. Lee Pfc. T. Morney

PLATOON 2165

Pvt. M. A. Banuelos Pvt. C. Bongcayao Jr. Pvt. B. G. Cadenas Pfc. M. S. Chavez-Rhodes Pvt. V. D. Diaz Pvt. T. J. Drake

Pfc. L. J. Gaines Jr.

Pvt. J. J. Garcia Pvt. A. Gonzalez-Garcia

Pvt. T. Hurst Pvt. R. M. Justin

Pfc. J. J. Kim Pvt. J. D. Lanier Pvt. S. A. Lardizibal

Pvt. R. M. Larrow Pvt. L. J. Larson Pfc. A. A. Lopez

Pvt. D. U. Lopez Pvt. R. Loya

Pvt. M. J. Macias Pfc. A. M. Malveaux

Pvt. R. J. Martinez III Pvt. Y. F. Martinez Pvt. J. Mendoza

Pvt. W. M. Millburg Jr. Pvt. D. R. Miller Pfc. K. C. Morrison

Pvt. Y. Morrison

Pvt. M. A. Munoz Jr. Pvt. S. J. Murphy

Pvt. B. D. Nelson Pvt. J. M. Nevarez-Cardiel

Pvt. I. B. Obermire Pfc. M. B. Oliver

Pvt. J. K. Parker Pfc. J. A. Pera

Pvt. J. D. Perez Pvt. J. A. Perez Jr. Pvt. K. J. Pettv

Pfc. W. H. Pevytoe Pvt. L. J. President Pfc. C. B. Reyes

Pvt. D. K. Rogers Pvt. J. L. Sevenikar Pfc. J. R. Soria

Pvt. R. C. Thomas Pvt. D. L. Torres Pfc. W. A. Torres

PLATOON 2166 Pfc. A. M. Jackson

Pvt. M. R. Keller Pvt. N. P. Lancaster Pvt. K. R. Lang Pfc. C. J. Ledet Pfc. K. C. Letendre Pfc. A. P. Lindloff

Pfc. K. A. Lopez Pvt. Z. I. Macias Pvt. T. C. Manikowski Pfc. Z. M. Marino

Pvt. J. L. Mason Pvt. Z. A. McDonald

Pfc. J. R. McNair Pvt. J. E. Meert Pvt. J. Mendoza

Pvt. C. W. Nichols Pvt. D. D. Polis

Pfc. J. J. Quezada-Ortega Pfc. C. A. Ramirez

Pvt. N. Ramirez Pfc. A. T. Rodriguez Pvt. J. A. Rodriguez

Pfc. T. K. Roeder

Pvt. S. C. Rooney Pfc. J. G. Rose

Pfc. R. M. Rosemore Pfc. J. Salas

Pfc. C. A. Sanchez Pvt. T. Sanchez

Pvt. Z. N. Schaper Pvt. C. J. Senzig

Pvt. J. A. Serrano

Pvt. D. G. Shaffer Pvt. B. D. Taylor Pfc. D. Tran

Pvt. D. J. Trevino Pvt. W. L. Turoci

Pvt. V. M. Uvarov *Pfc. N. J. Vega *Pfc. J. B. Vreede

Pvt. Z. A. Wenger Pvt. A. G. Whisnant

Pvt. J. W. Widel Pvt. D. C. Williams

Pvt. M. S. Williamson *Pfc. J. S. Yamada

PLATOON 2167 *Pfc. J. B. Alvarez

Pvt. G. V. Cesar Pvt. M. A. Evans Pvt. Z. T. Fredericksen

Pfc. D. A. Gomez *Pfc. R. M. Leonard *Lance Cpl. M. J. Mitchell

Pfc. L. Moreno Pvt. J. M. Narber Pfc. R. A. Olmstead

Pvt. F. Perez Pvt. H. Perez-Bonilla Pfc. G. R. Peschke-

Brundage

Pfc. R. R. Peterfeso Pvt. T. D. Poff Jr.

Pvt. G. J. Romero II Pfc. J. A. Ross Pfc. A. M. Salazar Pfc. M. A. Santiago *Pfc. J. D. Sas Pfc. C. W. Sevier Pfc. D. L. Shuman Pvt. A. W. Smith Pfc. C. R. Smith Pvt. A. J. Solarez Pvt. B. P. Sorrels Pfc. B. Steponovich Pvt. R. A. Teague Pvt. J. Thao Pfc. T. G. Theobald Pvt. A. M. Thill Pfc. T. N. Timmreck Pfc. J. Torres-Dominguez Pfc. G. S. Tredo Pfc. T. J. Peterfeso Pvt. M. L. Vande-Drink Pfc. T. A. Vandegrift Pvt. J. T. Vavricek Pvt. E. Vega

Pvt. C. A. Vik

Pvt. Z. West

Pvt. R. J. Waldron

Pfc. K. M. Walton

Pfc. A. K. Weber

Pvt. T. A. Wilson

Pfc. N. J. Pusich

Pfc. J. W. Reynolds

Pvt. J. R. Richardson

Company M pushes through fatigue for final CFT

STORY & PHOTOS BY SGT. WALTER D. MARINO II Chevron staff

Fatigue can attack the body as well as the mind. The recruits of Mike Company, 3rd Recruit Training Battalion were challenged by both forms of duress as they pushed themselves to their limits during a recruit training exercise.

Recruits of Company M finished their final Combat Fitness Test on Marine Corps Recruit Depot San Diego, Calif., Aug. 7.

The CFT is a training requirement for all recruits, as well as an annual requirement for Marines. The test includes a maneuver under fire, ammunition can lifts and a half-mile run. All the exercises are performed in the Marine Corps Combat Utility Uniform and the results are placed on recruit's record for promotion purposes when they get to the Fleet Marine Force.

Moments prior to the run, Recruit Harry Willard, Platoon 3267, said although he was sick, he would overcome this mental obstacle by singing a song.

"You have to put your mind off it and don't think about being sick," said Willard, a Las Vegas native. "One of the songs I use to take my mind off the fatigue is '1, 2, 3, Marine Corps'."

Willard explained he would rather fight through the sickness

than miss training and have the possibility of being set back.

Illnesses or not, many recruits had goals of beating their mock CFT scores performed earlier in training.

Recruit Jacob R. Troxell, Platoon 3267, said he believed it is important to always give maximum effort in order to continue to get better.

After performing 91 ammunition can lifts for a perfect score, Traxel performed an additional

"You always have to do as much as you can, because if you don't, then you don't know what your 100 percent effort is," said the Highlands, Ill., native. "And if you don't know what your 100 percent effort is, how can you truly expect to get better. If you put forth 90 percent, then next time you might do 95 percent and think you're getting better when you're not."

Drill instructors echoed the importance of the CFT moments prior to each event. "Maximum effort, this score may be with you for a while!" said a drill instructor. "You better not finish last!" said another.

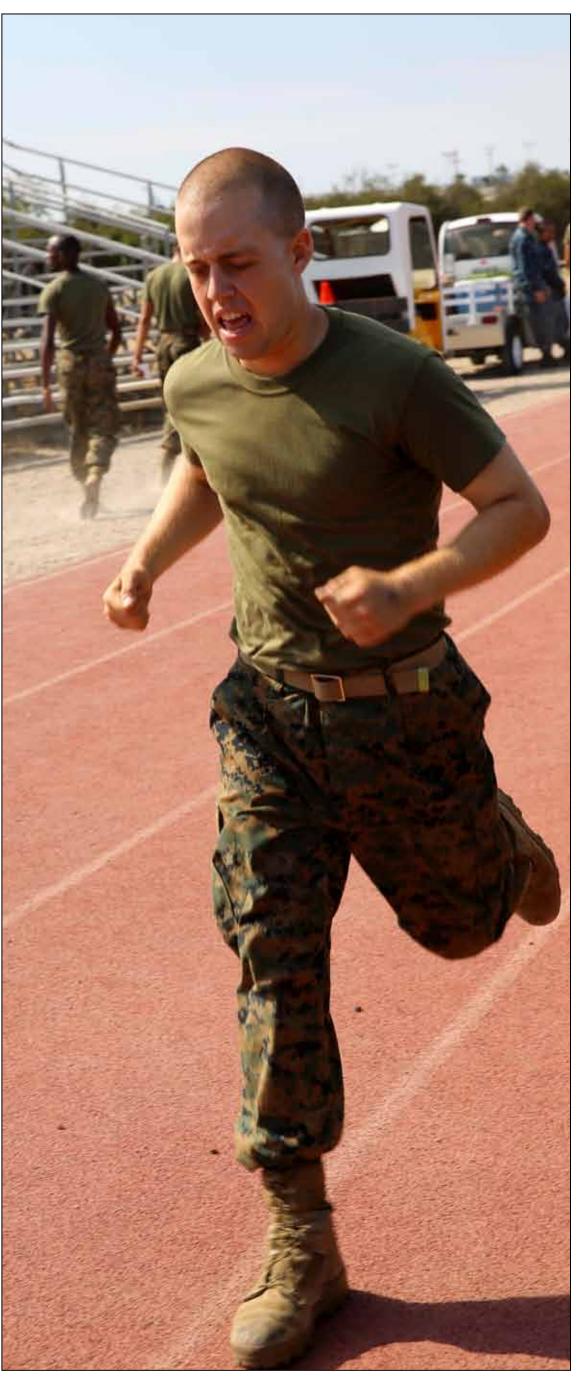
Whether the recruits came in first, last, received low scores or high scores, the mission was completed, and now the recruits of Company M have a score to work toward beating when they get to the Fleet Marine Force.



A recruit from Mike Company, 3rd Recruit Training Battalion, carries ammunition cans during the maneuver under fire portion of the Combat Fitness Test at Marine Corps Recruit Depot San Diego, Calif., Aug. 7. The maneuver under fire requires a low crawl, high crawl, fireman's carry and the transportation of ammunition cans.



A recruit from Mike Company, 3rd Recruit Training Battalion, high crawls during the maneuver under fire portion of the Combat Fitness Test at Marine Corps Recruit Depot San Diego, Calif., Aug. 7. The maneuver under fire is one of three exercises included in the CFT, and scores are kept on their military record for promotional purposes in the Fleet Marine Force.



Recruit Harry Willard, Platoon 3267, Mike Company, 3rd Recruit Training Battalion, finishes the last stretch of the half-mile run portion of the Combat Fitness Test at Marine Corps Recruit Depot San Diego, Calif., Aug. 7. Willard is a Las Vegas native and was recruited out of Recruiting Substation Las Vegas.