Co. H recruits survive water survival quals

Pg4

MARINE CORPS RECRUIT DEPOT SAN DIEGO

Winner of the 2011 Thomas Jefferson Award For Excellence in Print Journalism

AND THE WESTERN RECRUITING REGION

Vol. 73 - Issue 28

"Where Marines Are Made"

FRIDAY, OCTOBER 25, 2013

# Recruits push their limits during Final PFT

STORY & PHOTOS BY CPL. CRYSTAL J. DRUERY Chevron staff

With only a few weeks left before earning the title Marine, recruits from Company F, 1st Recruit Training Battalion, pushed themselves to their limits during their final Physical Fitness Test

It is important for recruits to score as high as possible on their final PFT because this score follows them into the Fleet Marine Force, and helps them get promoted.

'They have to push themselves because this is the beginning of their career," said Staff Sgt. Joshua Geidel, drill instructor, Platoon 2121.

'The training schedule pushes and tests them mentally and physically, making sure they get stronger each day," said the Loveland, Colo., native.

Recruits start preparing for this PFT from day one of recruit training. For a perfect score, male recruits strive for 20 pull ups, 100 crunches in 2 minutes and a 3-mile run in 18 minutes.

When arriving to the depot, before recruits can start training with a company they must first pass an Initial Strength Test. This test is the same as a PFT except the run is cut in half.

'When I got here the IST was harder than I thought it would be," said Recruit Eric Ramirez,



Company F recruits perform pull ups for their final Physical Fitness Test under the supervision of drill instructors Oct. 10 aboard the depot. Next the recruits perform timed crunches and a timed run.

guide, Plt. 2123. "It was much more competitive than I realized it would be."

The purpose of the IST is to

at physically and to ensure they meet the physical requirements to start training.

Their first PFT is held during determine where each recruit is week four and they also take an

inventory PFT during week nine, a week prior to their final one. These allow the drill instructors and recruits a chance to see where each recruit is and what they can

improve on before their recorded PFT. It also lets them see how much they have improved since

see PFT 2

### Recruits apply hand-to-hand combat skills

STORY AND PHOTOS BY LANCE CPL. JERICHO W. CRUTCHER Chevron staff

Geared up and ready to spar, Company L recruits prepared to battle each other during Pugil Sticks III, Oct. 8. This event allowed recruits to apply different Marine Corps Martial Arts tech-



Company L recruits engage each other in simulated hand-to-hand combat during Pugil Sticks III Training Oct. 8.

niques they have learned in recruit training. Pugil Sticks III consist of recruits sparing with each other, simulating close-quarters-combat between two people.

Helped by fellow recruits, they donned protective gear while waiting their turn to charge into the fighting hole. Each recruit wore a helmet and padded protective gear on their body while they used a two-sided padded stick as their weapon. When it was their turn to fight, recruits yelled their name and weight to ensure all participants are within 10 pounds of their weight.

An instructor refereed each fight as he looked for a "kill blow" from one of the recruits to declare a match winner.

The recruits used the MCMAP training they have learned. This helped familiarize the recruits with the proper way to execute each move while in a hand-to-hand combat situation. In a combat situation where they run out of ammunition or their weapon jams, they can still continue to fight.

'The battlefield isn't predictable, meaning anything can happen while you're on a deployment so, we as Marines must train to be ready for the unpredictable," said Sgt. Brandon J. Cobb, drill instructor, Platoon 3241. "Warfare is more than just having a fire fight; it can be close handto-hand combat like the recruits experienced today."

Exhaustion also comes into play in a battlefield.

"During the (simulated) battle of hand-to-

see STICKS 2



Lance Cpl. Jericho Crutchei

Gary Sinise, right center, welcomes the coastguardsmen who attended the inaugural USO Feed the Troops barbecue Oct. 11.

### Gary Sinise visits San Diego, troops kicks off USO's monthly barbecues

STORY COMPILED BY THE PUBLIC AFFAIRS OFFICE STAFF

SAN DIEGO - Actor Gary Sinise, mingled, talked and shared laughter with San Diego-based troops during the inaugural barbeque for the Feed the Troops program held at the Airport United Services Organizations, Oct. 11.

This was the first Feed the Troops program inauguration the actor was able to attend due to his busy schedule, according to Katie F. Jones, spokesperson for the San Diego Airport Authority.

Approximately 200 servicemembers attended from local

military installations. The catered barbeque included food such as beef, green beans, macaroni and cheese, along with sodas and water.

'(Gary Sinise) met all of us and we were able to talk to him," said Sgt. Justin Mcleod, from Marine Corps Recruit Depot San Diego. "It was good food. It was a nice (event)."

For the troops, meeting him in person was the highlight of the event. While Sinise was at the USO, he made sure to thank each servicemember and take a photo with them.

see USO 2



Company F recruits take off to begin the running portion of their final Physical Fitness Test Oct. 10. The running portion of the PFT is a timed event and totals a distance of 3 miles. Co. F also had to complete a maximum set of pull ups and timed crunches.

#### PFT 1

they arrived.

"I feel pretty confident going into this," said Ramirez, a Houston, Texas native. "I'm trying to set the example for my fellow recruits and lead from the front. But it's still a competition."

Ramirez said he has improved in each part of the PFT, especially his pull ups. Each recruit is provided square-

away time most nights, where they can choose to work on their weaknesses.

For Recruit Alex Comte, Plt. 2123, his run time improved the most for him.

"I have almost a perfect PFT now," said Comte, a Houston, Texas native. "The drill instructors are the reason I push myself. I see how much work they put into themselves and the team, it makes me want to do the same."

As Co. F continues to get more men-

tally and physically fit, they are getting closer for the next test, the Crucible. This is a 54-hour food and sleep deprived field exercise with over 30 obstacles. Upon completion of this event recruits are given their Eagle, Globe and Anchor and considered Marines. The following week, Co. F will walk across the parade deck of the depot and graduate from the 12 week long recruit training.



Co. L recruits use Marine Corps Martial Arts Program skills in a hand-to-hand combat bout during Pugil Sticks III Training Oct. 8.

#### STICKS 1

hand combat I experienced a lot of fatigue, which is something you can face on a combat deployment," said Recruit Tyler J. Evans, an 18-year-old Aransas, Texas native. "When you get tired you have to push

through no matter how bad the pain, because even though this is just a simulated fight it can be the real thing on a combat deployment."

Everything that has been taught throughout recruit training has a purpose which recruits will take on with them throughout their Marine Corps careers.

"We as Marines must train to be ready for anything that can and will occur," said Cobb, a 25-year-old Charlotte, N.C., native. "All Marines must go through the basics of training during their time in recruit training."

#### USO 1

"Watching him with each individual person that he was speaking with, he was completely focused on them the entire time," said Jones, a native of San Diego. "He was patient, giving and polite. It was really remarkable to see how much he genuinely cares."

The different servicemembers showed much appreciation for what Sinise has done and continues to do for them by shaking his hand and thanking him and posing for pic-

tures with a sign saying "Thank You."

"The Gary Sinise Foundation came here today to simply show their appreciation and to feed the troops," said Bobby B. Woods, USO director. "He (Sinise) wanted to make sure that the youngest service member in attendance ate first."

The Feed the Troops program is funded and run by the Gary Sinise Foundation in coordination with the USO to offer a barbeque to military personnel on the first Tuesday of each month.

"The USO decided on Tuesdays being

the day for the Feed the Troop Program because it is when the new Marines are all coming back to go up to Camp Pendleton," said Woods, referring to the Marines on their way to School of Infantry aboard Marine Corps Base Camp Pendleton.

The Gary Sinise Foundation is credited with starting numerous programs that support the men and women of the armed forces. From benefit concerts to providing meals to service members, the foundation was created in Sinise's efforts to support the troops.

#### **BRIEFS**

#### Bayview Restaurant Fall Wine Dinner

The Bayview Restaurant hosts its annual Fall Wine Dinner tomorrow from 6:30 until 9:30 p.m. For information or reservations call Melanie Decosta at (619) 725-6388 or visit http://www.mccsmcrd.com/Downloads/BayViewRestaurant/13\_BV\_Charles\_Krug\_Fall\_Wine\_Dinner\_poster\_flyer\_PRINT.pdf

#### Gas lanes closure

The depot's MCRD gas lanes will be closed on Tuesday, and again on Nov. 6 from approximately 7:45 a.m., until 4 p.m., for mandatory annual vapor testing.

The Mini Mart will be open for regular business hours.

For information like us on Facebook @ www.facebook.com/mcc-smcrdsd.mcx, or visit our Website http://www.mcx-mcrdsandiego.com/saleevents.htm

### MC Birthday Ball Uniform and Etiquette Training

The depot Single Marine Program sponsors a Marine Corps Birthday Ball and Etiquette Training course Oct. 29, from 9 a.m., until noon in the Rec. Center.

Single Marines and E-4 and below (regardless of marital status) are encouraged to attend. Marines E-5 and above will instruct junior Marines on proper etiquette and will have tips to prepare them for the Nov. 8 Birthday Ball.

The event also features prizes and a late lunch service.

For information call Josh Davis at (619) 524-8240.

#### **Baby Boot Camp**

The depot's new parent support program hosts Baby Boot Camp - Wednesday, from 8:30 a.m., until 4 p.m., in Buillding 6E.

This is a class for expectant parents to learn about labor and delivery, and newborn care.

For information or registration call (619)-524-0465 or visit www.mccsmcrd.com/Downloads/NPSP/13\_BHS\_NPSP\_Baby\_Boot\_Camp\_flyer.pdf

#### Benefits information

MCRD San Diego hosts a Civilian Employee Benefits Informational Session from 2 until 4 p.m., Nov. 6, at the Bayview Restaurant. The session features vendors from various companies including the Federal Long Term Care Insurance Program. Employees are encouraged to stop by and speak to these representatives as this is the perfect time to ask questions about current health insurance.

The Federal Health Benefits Open Season will commence from Nov. 11, and will continue through Dec. 9.

For additional information call Civil Service Human Resources at (619) 524-8460.

#### Universal Class Online

A free Universal Class Online, featuring more than 500 continuing educations computer courses, is available through the depot's library, to everyone with active Library accounts.

For information, course listings and registration call (619) 524-1849.

#### Send briefs to:

rdsd\_pao@usmc.mil. The Chevron staff reserves the right to publish only those briefs that comply with Department of Defense regulations and the standards of the U.S. Government.

## **Around** the depot

This week the Chevron asks: "Are you dressing up for Halloween? As what?"



"I'm planning on dressing up as the girl from the movie Flashdance." Staff Sgt. Theresa E. Seng, public affairs chief, 12th Marine Corps District



"Yes, I'll be dressed up as a masquerade guest with the big long nose and everything." Gunnery Sgt. Gary L. Robison, enlisted conductor, Marine Corps Recruit Depot San Diego Band, Headquarters and Service Battalion



"Actually our whole shop is. Our section, separations, are going to be dressed up as zombies." Lance Cpl. Hunter A. Wagner, separations clerk, Headquarters and Service Battalion

## HITT helps Marines to be fit



Cpl. Benjaman Woodle

Lance Cpl. Felipe Silva, Provost Marshal's Office, Headquarters and Service Battalion, performs a dead-lift as his fellow Marines watch during High Intensity Tactical Training aboard the depot, Oct. 23. HITT training runs from 11:30 a.m., to 12:30 p.m., on Monday, Wednesday, and Friday. Each day's training focuses on a different asspect of HITT: Warrior (explosive power and agility), Combat (functional strength and endurance), and Athletic (basic strength and speed). The program is run by Willie Covington, lead trainer, and is open to all active duty servicemembers.

## Learning to be wealthy



Michael McIssac, financial planner, discusses budgets and financial risks of starting a business during an entrepreneur workshop Oct. 2. The workshop was provided to servicemembers and spouses aboard the depot by Marine Corps Community Services. The all day event covered everything from business planning to dressing for success, giving potential business owners the information they need to help them excel.



**COMMANDING GENERAL** 

Brig. Gen. James W. Bierman

SERGEANT MAJOR SGT. MAJ. SYLVESTER D. DANIELS PUBLIC AFFAIRS DIRECTOR PRESS NCOIC

Maj. Neil A. Ruggiero

PUBLIC AFFAIRS DEPUTY Janice M. Hagar

**PUBLIC AFFAIRS CHIEF** Master Sgt. Arsenio R. Cortez Jr.

PRESS CHIEF CPL. CRYSTAL J. DRUERY

CPL. BENJAMIN E. WOODLE

**COMBAT CORRESPONDENTS** 

CPL. PEDRO CARDENAS LANCE CPL. TYLER VIGLIONE LANCE CPL. JERICHO CRUTCHER

**EDITOR** ROGER EDWARDS

CHEVRON/PUBLIC AFFAIRS OFFICE 1600 HENDERSON AVE. #120 SAN DIEGO, CA. 92140 (619) 524-8722 WWW.MCRDSD.MARINES.MIL

The Chevron is published on the internet at the above address by Marine Corps Recruit Depot San Diego personnel. Opinions and views expressed herein are not necessarily those of the Marine Corps or the Department of Defense. The Chevron is promulgated for informational purposes only and in now way should be considered directive in nature. All photos are official USMC property unless otherwise indicated.

CHEVRON ~ FEATURE ~ OCTOBER 25, 2013

A recruit steps from the 10-foot platform with crossed arms during Marine Corps Water Survival Training Program qualifications Oct. 7.

# Recruits swim past another graduation requirement, water survival

Story & Photos by LANCE CPL. TYLER VIGLIONE Chevron staff

s he nervously looked down from the 10-foot platform, Recruit Eligah **L** C. Sanchez crossed his arms, looked up, down and jumped into the water. Sanchez and the recruits of Company H, 2nd Recruit Training Battalion, tested their water survival skills during the Marine Corps Water Survival Training Program

aboard the depot, Oct. 7. "First thing they did was a 25-meter water assessment, which is pretty much seeing if they can swim," said Sgt. Jeffery R. Neely, Water Survival Instructor, Instructional Training Company.

According to Neely, about 75 percent of recruits who cycled through recruit training have little to no experience in the water. For the recruits, this was their first time swimming in combat utility uniform.

"With the combat utilities on I felt heavier and it took more strength to swim, which made it harder for me," said Sanchez, Platoon 2163. "As recruits, soon to be Marines, we had to learn fast to be comfortable in the water and be able to swim in any situation.

Recruits who successfully completed the 25-meter swim moved on to the abandon ship, self-rescue swim where recruits jumped off a 10-foot high platform into the water and swim 25 additional meters, explained Neely.

By this time recruits were getting tired and sore but had only fought half of the swim qualification battle.

Next, recruits were put through the four minute water tread and shallow water gear shed portion of the swim qualification.

"We teach them the gear shed because if you get submerged in water with your gear on, you need to be able to get it off," said Neely. "Also, when it comes to treading water their combat utility uniforms create a flotation device when air is blown into it"

These events go hand in hand because once the Marines shed their gear they will need to stay afloat until help arrives.

The last event of the swim qualification is the 25-meter pack travel where recruits used one arm to hold on to the pack and the other arm to swim.

Though most Co. H recruits have made it through the swim qualification, some

"The recruits who do not make it through will get all week to retest," said Neely. "If they still cannot pass they will get dropped back in training."

For the recruits that have passed this portion of recruit training, they have completed the water survival training required to graduate recruit training. While in the Fleet Marine Force, they will be able to qualify at higher levels.

"The swim qualification taught me that it is hard not to give up when you feel like you want to pass out," said Sanchez. "You have to push yourself."



Recruit Devin C. Brock, Platoon 2163, swims with a pack through the final event of the Marine Corps Water Survival Training Program qualification. Recruits must successfully pass all five events in order to move on in recruit training



Recruits get ready to kick off from the side of the pool to begin four minutes of treading wster, a Water Survival Training Program requirement.



Recruits are expected to tread water for four minutes, using techniques that were taught to them in order



Recruits get ready to execute the underwater gear shed portion of the Water Survival Training Program qualification. During the exercise recruits have 10-seconds to drop their flak jacket, kevlar helmet and



Company H recruits step into the depot's Edward L. Parke Hall recruit training swimming facility to begin their mirial 25-meter swim during their Marine Corps Water Survival Training Program qualification Oct. 7. Recruits must pass the MCWSTP in order to graduate recruit training.



Pvt. Mark C. Cook, Platoon 2121, Company F, 2nd Recruit Training Battalion, provides security for his squad during the Crucible at Edson Range aboard Marine Corps Base Camp Pendleton, Calif. Oct. 15. Recruits must complete more than 30 missions during the Crucible working together as a team.

# Marine achieves childhood dream

STORY & PHOTO BY CPL. PEDRO CARDENAS Chevron staff

vt. Mark C. Cook, Platoon 2121, Company F, 2nd Recruit Training Battalion, left home for recruit training wishing to go back for his step father who is fighting against cancer to see him wearing the Eagle, Globe and Anchor.

From childhood, Cook dreamed of wearing the Marine uniform. Inspired by his ailing step father, a former Marine, earning the title Marine became a personal goal and a way to show gratitude.

Cook grew up in Colorado Springs, Colo. with his mother. As a child, Cook wanted to enlist and become an airman because his grandfather served in the Air Force. At the age of six, the self-described grandpa's boy completed a homework project about the four branches of the military. During his presentation, the Marines dress blue uniform stood out to him.

"I remember telling myself that was me. When my friends asked me, I would say 'I want to be a Marine," said 18-year-old Cook. "Ever since that day, I've wanted to be a Marine."

As if the Corps was meant for him, Cook's mother remarried to a former Marine. Stanley Adam Rose raised Cook from the age of 12. Cook described his step father as a stern man but, regardless of the circumstances he could always make him see there was a lesson behind everything.

Rose, a former sergeant with multiple tours to Afghanistan, taught Cook lessons he did not understand at first; until he experienced them in recruit training.

During his childhood, Cook had to make his bed a certain way. Some of the requirements Rose had for a perfectly made bed were tightness in the sheets; without wrinkles. Sheets at the bottom end had to be at 45 degree angles, similar to how recruits make their beds on a daily basis. Unknowingly, his father was training him for some of the demands of recruit training.

He grew fond listening to stories about his step father's time in the Marine Corps. As a result, Cook decided to enlist in the Marine Corps to his step father's delight.

"My dad had a big smile on his face when I told him," said Cook.

In 2010, his step father was diagnosed with stage-four cancer in the kidneys and liver. The doctors treating him also said Rose had 4-to-6 months to live. As described by Cook, Rose weighed roughly 260 pounds at the time of diagnosis, now a frail 120 pounds.

Rose had to fight the disease to see his step son become a Marine. He defied the odds and has lived well past his original diagnosis.

"Since I decided to join, he has told me that the only reason he is still alive was to see me graduate recruit training," said Cook. "He wanted to see me walk off that parade deck."

Cook became more determined to become a Marine. Cook's motivation was to make his step father proud.

"You can tell he wants to be a Marine and has the self discipline to push through adversity," said 30-year-old Staff Sgt. Joshua C. Geidel, drill instructor. "This is a difficult time for him but he still jumps at the opportunity to be in leadership positions."

Cook's dream of becoming a Marine has come true. He graduates from recruit training today. Unfortunately, Rose was instructed by his doctors to stay at home due to his health conditions. He wouldn't be able to make the trip to see his step son graduate.

"It kills me to know he won't be there," said Cook. "I wanted him there as much as he wanted to see me graduate."

Cook has to wait a few more hours to get home and see his step father. He said he is excited to see his father's eyes light up with pride.

"He wanted to see the improvement in me," said Cook.
"He will still get a chance to see me as a Marine and that's the most important part."

Cook will be going to Marine Combat Training and then to Assault Amphibious Vehicle Crewman School, both located at Camp Pendleton Calif. From all the lessons Rose has taught Cook, one teaching sums up Cook's relationship with his step father, gratitude.

"During the entire time here, all I kept thinking about was what I would say to him," said Cook. "I just want to shake his hand and say thank you."

### Sgt. Maj. J. B. Edwards Jr.

#### **Parade Reviewing Officer**

Sgt. Maj. J. B. Edwards Jr., is from Charleston, Miss. He graduated from Charleston High School and enlisted in the United States Marine Corps on June 22, 1984.

Edwards attended recruit training at Marine Corps Recruit Depot Parris Island, S.C. Upon graduation, he attended motor transport operator school at Camp Geiger, N.C.

When Edwards graduated from motor transport operator school, he was assigned to Headquarters and Service Company, 2nd Tank Battalion, 2nd Marine Division where he served as a motor vehicle operator.

In April 1986, Edwards was reassigned to 1st Bn., 12th Marines, Marine Corps Air Station Kaneohe Bay, Hawaii, where he was meritoriously promoted to corporal. His tour of duty included positions as a motor vehicle operator, line noncommissioned officer and platoon sergeant.

In March 1988, Edwards was transferred to Marine Security Guard Battalion, Quantico, VA. While serving at the American Embassy in Libreville, Gabon, officially Gabonese Republic in

West Central Africa, he was promoted to sergeant. He was then assigned to the American Embassy in Yaoundé, Republic of Cameroon, north of Gabon; and the American Embassy in Lagos, Federal Republic of Nigeria, West Central Africa north of Gabon and Cameroon.

While in Nigeria, Edwards served as the assistant detachment commander.

In January 1992, Edwards was transferred to H&S Company, 2nd Bn., 2nd Marine Regiment, 2nd Marine Division. While at 2/2, he served as the platoon sergeant for the motor transport platoon and completed deployments to the Mediterranean, Okinawa, and to Haiti in support of Operation Up-Hold Democracy.

In February 1995, Edwards was promoted to staff sergeant.

Edwards was transferred to Recruiting Station New Orleans, La., Recruiting Sub-Station Hammond, La., in Sept. 1995. During this assignment he served as a recruiter and as staff noncommissioned officer in charge. During this tour he was meritoriously promoted to the rank of gunnery sergeant and was selected as the Rookie Recruiter of the Year in 1996, Professional Recruiter of the Year in 1997, and SNCOIC of the Year in 1998 for RS New Orleans.

Following his successful tour on recruiting duty, Edwards was reassigned to Marine Wing Communication Squadron 28, Marine Air Control Group 28, 2nd Marine Aircraft Wing, Cherry Point, N.C. From Oct. 1998 to March 2000, he served as the motor transport operations chief.

Edwards was reassigned to 2nd Low Altitude Air Defense, MACG - 28, in April 2000 where he served as the motor transport chief.

In July 2001, following his selection to first sergeant, Edwards was transferred to Echo Company, 2nd Battalion 4th Marines, 1st Marine Division. While with the "Magnificent Bastards," Edwards completed an 11 and half month unit deployment to Okinawa with the 31st MEU(SOC).

Edwards was reassigned to Truck Company, HQ Bn., 1st Marine Division, in Sept. 2003. While with HQ Bn., Edwards completed a deployment to Iraq in support of Operation Iraqi Freedom II.

Edwards then received orders to Reparable Management Company, 1st Maintenance Battalion, 1st Force Service Support Group, in Dec. 2004. While there Edwards was selected to sergeant major in Nov. 2005.

In Dec. 2005, Edwards was transferred to 1st Bn., 11th Marines, 1st Marine Division. There Edwards completed a deployment to Iraq in support of Operation Iraqi Freedom II.

In June 2008, Edwards reported to RS Fort Worth, for duty as the RS Fort Worth

Sergeant Major.

In May 2010, Edwards reported to the 8th Marine Corps District to serve as the District Sergeant Major.

Edwards' personal awards include the Meritorious Service Medal with gold star in lieu of second award, the Navy and Marine Corps Commendation Medal, and the Navy and Marine Corps Achievement Medal with two gold stars in lieu of third award.





Lance Cpl. E. Ramirez Glendale, Ariz. Recruited by Sgt. L. Banks

Lance Cpl. M. C. Espanol Harbor City, Calif. Recruited by Staff Sgt. K. Thomas Pfc. L. G. Meath III Cottage Grove, Minn. Recruited by Sgt. J. C. Gonzalez

Pfc. I. Diaz Las Vagas Recruited by Staff Sgt. B. C. Prettyman

Pfc. D. Jerez Arleta, Calif. Recruited by Staff Sgt. R. Duran

Pfc. N. P. Alfaro Castroville, Calif. Recruited by Sgt. R. M. Dusenberry

Pfc. E. Argote Los Angeles Marksman Instructor Cpl. J. A. Walke

HIGH PFT (300) Pfc. D. Jerez Arleta, Calif. Recruited by Staff Sgt. R. Duran



# FOX COMPAN

2nd RECRUIT TRAINING BATTALION

Commanding Officer Sergeant Major Battalion Drill Master

Lt. Col. D. J. Erickson Sgt. Maj. T. C. Whitcomb Staff Sgt. B. D. Luna



#### **COMPANY F**

Commanding Officer Capt. A. J. Rosenblatt Company First Sergeant 1st Sgt. T. L. Hamilton

#### **SERIES 2121**

Series Commander Capt. R. A. Hollenbeck Chief Drill Instructor Gunnery Sgt. A. C. Pittman

#### **PLATOON 2121**

Senior Drill Instructor Staff Sgt. J. C. Geidel **Drill Instructors** Staff Sgt. T. W. Lunsford Staff Sgt. P. B. Jackson Staff Sgt. B. M. Nascimento Sqt. A. Malave Jr.

#### **PLATOON 2122**

Senior Drill Instructor Staff Sgt. J. K. Spangler Drill instructors Staff Sgt. M. E. Brown Sgt. G. E. Allen Jr. Sgt. A. W. May Jr.

#### **PLATOON 2123**

Senior Drill Instructor Gunnery Sgt. J. Garcia Drill instructors Gunnery Sgt. J. A. Pendley Staff Sgt. G. K. Belton Staff Sgt. C. A. Fuentes

**SERIES 2125** Series Commander Capt. D. L. Shivers Chief Drill Instructor Gunnery Sgt. B. E. Campbell

#### **PLATOON 2125**

Senior Drill Instructor Sgt. J. Y. Chambers **Drill Instructors** Sgt. A. B. Childree Sgt. A. J. Juedes Sgt. S. I. Pottinger Sgt. J. Soto

#### **PLATOON 2126**

Senior Drill Instructor Sgt. J. A. Sabater **Drill Instructors** Sgt. T. B. Morris Sgt. G. W. Pro Sgt. B. M. Rosati Sgt. J. K. Harkins

#### **PLATOON 2127**

Senior Drill Instructor Sgt. B. W. Havenar **Drill Instructors** Sgt. K. A. Ford Sgt. A. S. Gomez Sgt. B. W. Hayes Sgt. D. D. Poldoski

\* Indicates Meritorious Promotion

#### PLATOON 2121

Pfc. M. A. Aguilar Jr. Pvt. A. D. Alfone Pfc. P. C. Allen Pvt. A. E. Alvarez Pvt. F. Aquino-Alonso Pfc. K. N. Arbas Pvt. J. J. Austin Pfc. C. C. Ayhens Pfc. J. L. Barnes Pvt. J. M. Belch Pvt. B. T. Bennett \*Pfc. J. L. Bruni Pvt. M. A. Burr Pfc. W. B. Burrow Pfc. T. J. Butterfield Pvt. A. Camacho Pvt. J. F. Campe Pfc. A. T. Carrillo Pvt. M. A. Castillo Pfc. I. Cisneros Pvt. H. S. Cluff Pfc. M. C. Cook Pvt. F. E. Cuzner-Lopez Pvt. D. R. Davis III Pvt. K. W. Davis Pfc. M. L. De La Cruz Pvt. R. Espinosa-Melgoza Pvt. S. Esreepersaud Pvt. C. T. Etsittv Pfc S G Fzzell Pvt. Z. A. Fitch Pvt A I Flores Pvt. C. E. Foley Pvt. G. A. Ford Pvt. M. M. Frani Pvt. B. J. French Pvt. R. A. Garcia Pfc. M. D. Garnett III \*Pfc. S. B. Gavoma Pfc. C. A. Gerst Pvt. Z. J. Gibson Pvt. J. T. Gieswein Pvt. G. M. Gomez Pvt. E. A. Gonzales Pvt. J. J. Gonzalez Pvt. M. A. Gonzalez Pvt. M. J. Grav \*Pfc. Z. S. Grulli Pvt. J. R. Hahn Pfc. C. A. Hargrove Pvt. J. J. Hazard Pvt. W. A. Henry Pfc I R Holmes Pvt. A. M. Huddleston Pvt. S. J. Jackson Pvt G P. Johnson Pvt. C. M. Kaminski Pvt W I Khuu Pfc. J. T. Konkle Pvt. J. D. Lashmett Pvt. R. Li

\*Pfc. B. I. Link

Pfc. M. D. Lockett

Pvt. M. L. Madison-

Pfc. A. V. Lopez Pvt. B. A. Luna-Salcido

Savage Pvt. D. Marquez Pvt. C. G. Martin Pfc. M. Matviychuk \*Pfc. L. G. Meath III Pvt. Z. M. Menefee Pfc. J. A. Mickelson Pfc. S. J. Miller Pfc. A. X. Montano Pvt. C. J. Morales Pvt. J. E. Navarro-Ramos Pfc. H. V. Nguyen Pvt. M. W. O'Loughlin Pvt. R. C. Olson Pvt. R. L. Patterson III Pvt. D. R. Pyles III Pvt. N. A. Quinteros Jr. Pvt. K. A. Rakers Pvt. J. M. Stroeher Pvt. C. D. Trevino **PLATOON 2122** 

Pfc. J. L. Adams \*Pfc. C. D. Aden Pfc. J. J. Alfaro Jr. Pvt. C. A. Allen Pvt. A. W. Applegate Pfc. R. L. Arce \*Pfc. J. M. Balthrop Pvt. A. A. Banda Pvt. B. L. Baribeau Pvt. S. R. Baylash Pvt. A. J. Bechtel Pvt. G. M. Blanco II Pvt. F. Carrillo Pvt. G. Chaverri Jr. Pvt. M. B. Clemons Pvt. S. A. Colgrove Pvt. M. L. Cook Pvt. T. B. Cooley Pvt. W. E. Coulombe Pvt. A. J. Degrenia \*Pfc. I. Diaz Pvt. B. A. Duenas-Ortiz Pvt. S. T. Forman Pvt. C. N. Galvis Pvt. A. C. Garcia Pfc. R. D. Gonzales Pvt. E. Gonzalez III \*Pfc. I. A. Gordziei Pvt. G. C. Hanson Pvt. S. T. Hendricks Pvt. D. M. Howard Jr. Pvt. Z. C. Hughes Pfc. A. J. Ickes Pfc. E. Iniguez Pvt. K. R. Jeffs Pfc. M. R. Jones

Pvt. W. C. Jones

Pfc. D. M. Jumper

Pvt. T. D. Kempf

Pvt. A. S. Kiefert

Pfc. D. B. Korth

Pvt. C. A. Lauben

Pvt. B. C. Laube

Pvt. J. H. MacArthur

Pfc. A. G. Maneeraj

Pvt. T. M. Massey Pvt. J. T. McAmoil Pfc. T. J. McCann Pvt. C. J. McKinzie Pfc. J. L. Mendez Pfc. J. D. Middleton-Garces Pfc. L. H. Mikkelsen Pfc. R. Miramontes Pvt. J. R. Oedewaldt Pvt. S. A. Pereira Pfc. U. O. Perez-Perez \*Pfc. W. P. Price Pvt. F. M. Quiroz Pvt. J. B. Rivera Pfc. C. D. Robinson Pvt. N. N. Rodriguez Jr. Pfc. J. R. Roub Pvt. M. A. Santibanez Pvt. M. I. Sauceda Pvt. C. J. Schreck Pvt. A. D. Semplowski Pfc. M. Soto Pfc. M. K. Stanton Pvt. T. H. Swett Pvt. S. A. Tarantino Pfc. C. M. Taylor Pvt. D. R. Taylor Pfc. B. B. Tilden Pvt. J. D. Toney Pfc. J. T. Tran Pvt. J. E. Valencia Pfc. M. J. Vallejo Pvt. P. M. Vanslette Pvt. D. Vega Pfc. J. F. Vermillion Pvt. C. A. Vigil Pfc. A. Villarreal .Ir Pvt. C. L. Walkenford Jr. Pvt. K. A. West Pvt. A. A. Wilson

#### PLATOON 2123 Pfc. M. T. Aleksy

Pvt. A. M. Ali Pvt. J. S. Alvarez Pvt. T. S. Anderson-Stowell Pvt. J. R. Barkwill Pvt. M. A. Barnes Pvt. A. P. Beaverson Pvt. C. A. Becker Pvt. T. N. Beneker Pvt. T. A. Bingham Pfc. G. E. Botts Jr. Pvt. W. R. Burns Pvt. A. J. Busse Pvt. J. T. Cardwell Pfc. A. R. Carrasco Pvt. J. D. Castilleja Pvt. G. A. Cirka Pvt N A Clark Pfc. T. W. Cochran Pvt. E. J. Colon Pvt. A. M. Comte \*Pfc. J. S. Cone Pvt. E. J. Contreras

Pvt. C. W. Cowdrey Pfc. T. W. Crowel \*Pfc. B. L. Day Pvt. S. T. Dees Pfc. R. K. DeLeon Pfc. N. B. Dover Pvt. T. L. Embry Pvt. A. Estes Pvt. J. H. Fela Pvt. K. J. Fenenbock Pvt. T. R. Flannery Pfc. J. M. Gilbreath Pvt. A. C. Goddard Pfc. A. R. Gomez III Pvt. K. E. Gomez-Valdez Pvt. K. A. Gonzalez Pfc. B. J. Goode Pvt. T. P. Gural Pvt. E. Guzman Pvt. E. A. Guzman Pfc. D. L. Hamilton Pfc. M. D. Harnage Pvt. C. D. Heikkenen \*Pfc. H. Hoblik Pfc. T. C. Hoffarth \*Pfc. A. T. Janetske Pfc. R. M. Jones Pvt. B. T. Katschman Pvt. C. T. Ketelsen Pvt. D. J. Kope Pfc. D. N. Korn Pvt. D. T. Kroupa Pvt. D. A. Kubina Pvt. D. R. Larranaga Pvt. J. C. Lome Pvt. J. D. Mabey Pfc. L. T. McClung Pvt S A Morris \*Pfc. J. W. Moss Pfc. H. R. Mounce Pvt. C. T. Murillo Pfc. J. C. Nations Pvt. J. L. Neethling

Pvt. O. C. Ruiz

Pfc. T. J. Nelson

Pfc. J. A. Onesi

Pfc. E. A. Orozco

Pvt. Z. J. Osland

Pvt. R. O. Palma

Pvt. W. J. Payne

Pvt. D. B. Perry

Pfc. R. G. Palmer III

\*Pfc. C. N. Peterson

Pvt. K. A. Peterson

Pvt. J. O. Quinn

Pfc. E. W. Rachell

Pvt. R. Z. Ramirez

Pvt. A. S. Poehlman

\*Lance Cpl. E. Ramirez

Pfc. A. G. Abarca Pfc. R. B. Aguilar Pvt. E. Alvarez Pvt. J. D. Arias \*Pfc. M. Aros Pvt. J. T. Bording Pfc. W. L. Bowling Pfc. D. T. Brown Pfc. R. L. Brown Pvt. T. R. Byers Pvt. L. M. Canez Pvt. Z. R. Caravan Pvt. J. D. Castillo Jr. Pfc. E. Cerda Jr. Pvt. K. C. Cerna-Chavez Pfc. A. S. Cerulle Pvt. M. A. Chiquete-Valdez Pvt. C. L. Cook \*Pfc. A. F. Cordero Pvt. N. M. Diego Pvt. B. R. Edwards Pfc. K. A. Ellis \*Lance Cpl. M. C. Espanol Pfc. A. E. Garcia

Pvt. J. T. Gibson Pvt. C. K. Gipson Pfc D F Grav Pvt. K. D. Gray Pvt. F. Guerrero-Arzola Pvt. D. R. Harris Pvt. R. J. Harris Pvt. A. C. Hebert Pvt. R. L. Hester Pfc. B. J. Hill Pvt. L. M. Howell Pfc. J. J. Humphrey Pvt. N. A. Ingram Pvt. G. D. Kupcak Pvt. C. A. Lake Pvt. A. Leday Jr. Pvt. T. C. Lightfoot \*Pfc. J. R. Lookingbill Pvt. M. T. Lundberg

Pvt. C. D. Gatterson

Pfc. J. Malo Jr. Pvt. B. L. Martinez Pfc. M. J. Martinez-Morales Pvt. M. J. Meehan \*Pfc. K. E. Meier Pvt. C. E. Menjivar Pfc. R. A. Menzel Pfc. M. P. Merhoff Pfc. C. L. Monholland \*Pfc. A. P. Morgan Pvt. R. B. Muhammaddi Pfc. S. P. O'Brien Pvt. A. M. Olivarez Pvt. N. J. O'Neill Pfc. T. D. Osnes Pvt. R. A. Paquin

Pvt. M. K. Park

Pvt. M. D. Pitman

\*Pfc. E. E. Pizarro

Pvt. D. A. Prado

Pvt. N. D. Rand

Pvt. R. Randall

Pvt. H. S. Reed

Pvt. C. K. Rizzo

Pvt. X. B. Rocha

Pfc. D. A. Romero

Pvt. N. D. Rubida

PLATOON 2125

Pfc. L. F. Sanches-Detagle Pfc. C. A. Sanchez-Pando Pvt. G. G. Scheer Pvt. J. Schilling Pvt. X. M. Schucker

#### **PLATOON 2126** Pvt. B. J. Alferi

Pvt. D. Anaya Pfc. E. Argote Pvt. B. D. Beaver Pvt. J. A. Billingsley Pvt. J. K. Blair Pvt. K. M. Blanding Pfc. N. S. Bolka Pvt. D. Castro Pvt. E. Chavez Pvt. D. R. Chumley Pvt. P. J. Cooke Pvt. R. R. Dalut Pvt. P. C. Feigle Pvt. L. S. Gamez Pvt. A. P. Gomez Pvt. B. Gonzalez-Carretero Pvt. J. A. Guffey Pvt. O. A. Gutierrez Jr. Pvt. C. R. Hicksjr \*Pfc. D. Jerez Pvt. T. D. Karczewski Pfc. J. H. Leeper Pvt. D. I. Lopez Pvt. I. Lopez Pvt. J. Martinez Pvt. M. V. Martinez Pfc. L. B. Mattos Pvt. E. E. Medina Pvt. M. E. Merry Pfc. B. T. Mitchell Pvt. J. L. Mitchell Pvt. D. Morris Pvt. C. M. Morton Pvt. I. Mtsweni Pvt. C. A. Neuzil Pvt. K. L. Osborn Pfc. E. S. Puefua Pvt. T. Ramirez Pfc. G. B. Ramos Pfc. E. Rivas Jr. Pvt. V. M. Rodriguez Pvt. P. N. Russell

Pvt. T. C. Rvan

Pvt. T. C. Sakaida

\*Pfc. C. J. Schultz

Pvt. A. F. Scribner

Pvt. S. J Serratore

\*Pfc. A. R. Simpson

Pfc. K. M. Skinner

Pvt. K. C. Smith

Pvt. K. J. Smith

Pvt. L. S. Soun

Pvt. B. A. Spencer

Pfc. J. S. Spratlen

Pfc. M. J. Spiller

Pfc. J. B. Sikel

Pvt. N. A. Schlabaugh

Pfc. H. L. Stewart V Pvt. K. A. Tadlock Pfc. R. K. Tanno Pvt. J. M. Tellez Pfc. N. J. Templeton Pvt. C. J. Thomas Pvt. R. M Torres Pvt. J. T. Valdez-Wages Pfc. J. D. Valintine Pvt. J. D. Vargas Pvt. C. E. Vaughn Pfc. D. T. Vigil Pvt. B. C. Vogel Pvt. E. Vogl Pvt. Z. A. Waggoner Pvt. D. W. Walters Pvt. D. T. Walton \*Pfc. R. M. Webbe Jr. \*Pfc. I. B. Weber Pvt. B. W. Whiteley-Easter Pfc. S. M Wiersma Pvt. M. A. Williams Pfc. T. C. Wright Pvt. C. G. Yenney Pvt. I. D. Zauner

Pvt. N. N. Steele

#### **PLATOON 2127** \*Pfc. N. P. Alfaro

Pfc. Z. A. Axelson Pvt. S. B. D. Beard Pfc. J. D. Benton Pfc. D. S. Brennan Pvt. T. D. Butler Pfc. J. W. Covey \*Pfc. C. E. DeLeon Pvt. D. S. Eberlein Pfc. J. K. Gibson Pfc. A. R. Gill Pvt. D. J. Guv Pvt. K. R. Harvev Pvt. R. F. Hernandez Pvt. R. V. Hernandez Pvt. T. B. Hodges Pvt. M. R. Janniche Pvt. C. E. Johnston Pfc. T. R. Keyser Pvt. T. I. Langohr Pvt. B. J. LeClair Pvt. L. T. May Pvt. N. R. Medellin Pfc. C. S. Nieves Pvt. L. T. Olsen III Pvt. K. S. Osborne Pfc. C. D. Plank Pfc. A. L. Prokop Pvt. B. L. Rabatine Pvt. D. R. Rauch-Bauer Pvt. V. R. Ricci Pvt. E. B. Rios Pfc A I Robbins Pvt. J. Rodriguez Jr. Pvt. D. L. Runge Pfc. R. Saenz

# Co. I recruits send rounds down range

STORY & PHOTOS BY CPL. PEDRO CARDENAS Chevron staff

MARINE CORPS BASE CAMP PENDLETON, Calif.— The Marine Corps is known for having one of the best marksmanship courses in the world. "The deadliest weapon in the world is a Marine and his rifle," said Army Gen. John J. Pershing, highlighting the in-depth marksmanship training every Marine receives.

Recruits of Company I, 3rd Recruit Training Battalion,

armed with marksmanship fundamentals sent rounds down range during Firing Week at Edson Range aboard Marine Corps Base Camp Pendleton, Calif. Oct. 7.

Rifle qualification is a graduation requirement. That is one reason recruits must

be mentally prepared to focus on every shot and attempt to obtain the highest possible score. Relaxation is a key component not only in shooting fundamentals but also in keeping the mind focused on the target.

"If you are not relaxed you tend to revert back to your bad habits," said Staff Sgt.
Andre D. Henry, drill instructor, Platoon 3206. "If you are calm, collected and focused, you are going to think clearly; what the mind thinks it can do."

Mental fortitude is essential as recruits must become resilient despite mistakes.

"When they miss the target, it's hard to get them to focus on the next round," said 29-year-old Henry, a Queens, N.Y. native. "Recruits get too caught up in those misses."

Recruits spent the previous week dry-firing and applying the fundamentals of marksmanship. They practiced several hours a day adjusting and finding the proper firing position with the help of a Primary Marksmanship Instructor; a Marine who specializes in marksmanship. A full week was devoted to the process to help recruits get comfortable in their firing positions, allowing them to focus on the mental aspect of shooting livefire and become proficient in every facet of marksmanship.

Some recruits have never fired a weapon before and experienced recoil for the first time. Getting accustomed to the recoil allowed them to stay focused for the most important shot they will take, the next one.

"After the first shot, there is no reason to be scared anymore," said Recruit Timothy B. Do, Plt. 3205. "The shot is down range. It's too late to think about it. Just revert back to your training and the next round will go where you want it to go."

The recruits practiced firing at a known-distance course with ranges of 200, 300 and 500 yards. They also fired in different positions including the sitting, kneeling, standing and prone and at different rates such as rapid and slow fire.

At the end of Firing Week, the recruits of Co. I qualified for their first official scores. Their final scores are computed into a promotion formula. The more points obtained during qualification, the more points earned toward promotion. Staying relaxed and focused on every shot is key throughout qualification.

"Marines are riflemen first and recruits can't be afraid of the weapon," said Henry. "Recruits need to stay in a relaxed state of mind and know how to handle the weapon."



A Company I recruit shoots from the sitting position while a marksmanship instructor checks his position. During training recruits shoot from various positions at distances of 200, 300, and 500 yards.



Recruit Mathew A. Jonston, Plt. 3205, Company I, 3rd Recruit Training Battalion, shoots from the standing position from the 200-yard line during Firing Week at Edson Range aboard Marine Corps Base Camp Pendleton, Oct. 7. During qualification, recruits shoot from the 200-yard line a total of 15 rounds, five rounds each in the sitting, kneeling and standing positions.

### CON'T FROM ◀ 7

Pvt. M. D. Scalise Pvt. J. A. Scheid \*Pfc. A. M. Schow Pvt. C. C. Segraves Pvt. J. R. Shaw Pvt. J. T. Shearer Pfc. D. O. Sinvula Pvt. Z. K. Sliger Pfc. B. A. Smith Pvt. B. J. Solmon Pfc. C. R. Soto Pfc. A. J. Sowers Pfc. M. A. Sroufe

Pvt. B. A. Stadler

Pvt. J. D. Shellman

Pfc. R. J. Stebner
Pfc. M. A. Stehno
Pvt. J. D. Stewart
Pvt. T. J. Stoecker
Pfc. K. A. Stoecklein
Pfc. C. W. Strickland
Pvt. A. L. Strockis
Pvt. C. W. Sullinger
Pvt. N. D. Sullivan-Helm

Pvt. M. W. Swan
Pvt. T. A. Swihart
Pfc. D. J. Taylor
Pvt. T. W. Thomas
Pvt. J. P. Thompson
Pvt. B. A. Tlazalo
Pvt. E. Torres
Pvt. D. J. Unden
\*Pfc. C. W. I. Vander-Bush

\*Pfc. S. D. Vander-Weide Pvt. P. Vang Pfc. P. J. Vaughn Pvt. J. R. Veenhuis Pvt. J. M. Voss Pfc. J. J. Walczynski

Pfc. S. T. Ward

Pfc. B. K. Watson

Pvt. L. D. White Jr.

\*Pfc. B. J. Wilson Pvt. J. D. Wilson Pvt. J. D. Wisdom Jr. Pfc. K. G. York Pfc. A. T. Yoshimura Pvt. A. Zavala Pfc. W. Zeng Pvt. D. S. Zundel