



Co. I recruits demonstrate combat fitness with CFT
Pg 8

MARINE CORPS RECRUIT DEPOT SAN DIEGO

CHEVRON

AND THE WESTERN RECRUITING REGION



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“WHERE MARINES ARE MADE”

FRIDAY, AUGUST 16, 2013

Future Marines demonstrate power of teamwork

STORY & PHOTOS BY
CPL. WALTER D. MARINO II
Chevron staff

MARINE CORPS BASE CAMP PENDLETON, Calif. -- Recruits of Company I, 3rd Recruit Training Battalion, worked together to complete 12 team building exercises during the Crucible at Edson Range Aug. 7.

The 12 exercises make up 12 Stalls. During the event, recruits are broken up into small groups, given a mission, a set of tools and guidelines in order to complete a task.

Twelve Stalls is one of many events during the Crucible, a 54-hour endurance test, in which recruits must conquer more than 30 different obstacles while they experience food and sleep deprivation.

“All of these exercises require teamwork,” said Sgt. Andrew B. Lauck, field instructor, Field Company, Weapons Field Training Battalion. “The (exercises) challenge their leadership and critical thinking skills. They are basically given an order and have to accomplish it without any input but themselves.”

While the tools differ from station to station, the rules stay the same throughout the event. One rule is that if a recruit touches anything red, it is to simulate death.



Recruits of Company I, 3rd Recruit Training Battalion, work together to accomplish one of six exercises included in 12 Stalls aboard Edson Range, Marine Corps Base Camp Pendleton, Calif., Aug. 7. Exercise six required recruits to utilize a plank and each other to get across an obstacle without touching any red.

Another rule is if you're a simulated casualty, you must run carrying two ammunition cans approximately 100 yards before returning

to attempt the exercise again. It may not seem difficult, but the recruits of Co. I were already exhausted at approximately hour

38 of the Crucible. For exercise six of 12 Stalls, recruits are given two wooden planks with the mission of moving

a group of wounded civilians over a footbridge that has been

see STALLS ▶ 2



Donnie Edwards, former Chargers linebacker from 2002-2006, spoke with Marines and Sailors about his experiences in the NFL and his appreciation for the military at the Chargers training camp facility Aug. 6. After his speech, Edwards opened up the conversation to questions about the NFL.

San Diego Chargers work with USAA to provide military appreciation day

STORY & PHOTO BY
CPL. WALTER D. MARINO II
Chevron staff

SAN DIEGO, Calif. – San Diego Marines and sailors had the chance to meet the San Diego Chargers during a military appreciation training camp aboard the Chargers' training camp facility, Aug. 6. The United Services Automobile Association coord-

inated with the Chargers origination to make the visit possible.

The visit included a free lunch, a gift bag, autograph signing from players, cheerleaders, as well as an interaction with a popular former Chargers Pro Bowl player, Donnie Edwards.

Edwards, a Chargers linebacker from 2002-2006,

see CHARGERS ▶ 2

Recruits learn self-aid, buddy care fundamentals

STORY & PHOTO BY
LANCE CPL. TYLER VIGLIONE
Chevron staff

Recruits of Company K, 3rd Recruit Training Battalion, learned combat care aboard Marine Corps Recruit Depot San Diego, July 31.

The purpose of the Combat Care Class is to provide recruits with a basic understanding of how to aid injured Marines in a combat situation.

“This class prepares recruits and makes them more proficient; getting them ready to be able to save a life,” said Gunnery Sgt. Charles N. Pena, drill instructor, Platoon 3231.

The Combat Care Class teaches recruits how to carry a wounded Marine either by themselves or with another person. Recruits also learn how to look and treat some common wounds that one would see in combat such as sucking-chest wound, splints and lacerations.

“Knowing is half the battle,” said Recruit Tanner D. Lavalliere, Plt. 3229.

During the class the instructor had the recruits volunteer to practice buddy carries and treating specific injuries.

Although the class is thorough, drill instructors know practice builds muscle memory.

“Whenever we have some spare time, we remediate with the recruits and let them practice on each other using the equipment we have,” said Pena.

Drill instructors make sure to spend extra time on any techniques their recruits are struggling to learn.

“Most recruits will not be able to understand the techniques until they do it,” said Lavalliere. “The actual process will take time to learn.”

Not all recruits learn the same. While some may learn from listening and watching examples, others may learn by practical application on a real person.

In the squad bay, drill instructors are equipped with

see CARE ▶ 2



Recruits of Company I, 3rd Recruit Training Battalion, decide on the best way to utilize their tools, a rope and tire, to approach an exercise requiring them to swing across an obstacle included as one of twelve 12 Stalls exercises aboard Edson Range, Marine Corps Base Camp Pendleton, Calif., Aug. 7. Each of the 12 exercises require recruits to use tools for their mission.

STALLS ◀ 1

damaged but is still passable—replicating the wounded civilians are the recruits.

Recruit Tanner H. Snyder, Platoon 3215, said he believed exercise six was the hardest to accomplish of all 12.

“Developing a strategy and balancing the boards was hard,” he said. “It was mentally draining trying to figure out different strategies after repeated failure. The Twelve Stalls is definitely about teamwork and trying to adapt and overcome. We just kept trying to finish the mission because failure was not an option.”

The event allows the recruits to see the bigger picture in relation to combat operations.

“These scenarios could eventually happen,” said Recruit Zachary L. Warren. “Some of these exercises make me feel like if I didn’t do it here (with a team), I wouldn’t know how to figure it out on my own. Ideas from other recruits broaden the way you think.”

Marines supervise on a platform overlooking all the exercises to ensure recruits follow the mission and are completing ammo can runs if they touched red.

During each exercise a squad leader is appointed to lead the group through the

exercise. After each exercise, the squad leader changes so every recruit has an opportunity to lead.

Lauck explained that most recruits fail due to overthinking and not allowing the squad leader to lead.

“We try to tell the (squad leaders) to accept input from everyone, but ultimately it’s up to the squad leader to make the decisions,” he said.

After completing the Crucible these new Marines will soon have the opportunity, in the Marine Corps, to improve upon the leadership and teamwork skills practiced during recruit training and the Crucible.

CHARGERS ◀ 1

was the honorary guest speaker. He spoke to the Marines and sailors about his appreciation for their military service and described his experiences as a linebacker in the National Football League.

For many, the opportunity to speak with Edwards was an opportunity of a lifetime that brightened their day.

“(Edwards) showed a different side to football,” said Lance Cpl. Joshua C. Franco, Marine Corps Recruit Depot San Diego. “It’s a side you never hear or see (in media). He’s a really cool person and it was interesting to see how much work an NFL player does.”

For Edwards, whose father is a Marine, the feeling was mutual.

“They don’t know that they are making the day for me. It’s interesting because I’m so enamored with the military and Marines and I’m so happy to be in the same presence as them,” said Edwards. “I’m so grateful for the sacrifices they make for our country.”

After Edwards talked with the Marines and sailors, they watched the Chargers practice offensive and defensive plays.

When the Chargers’ practice finished, the head coach and players walked down with broad smiles, signing autographs and meeting everyone that came.

The interaction had an evident impact on the morale of the troops.

“It meant a lot to the (Marines), especially the Chargers’ fans, to meet them and shake their hands,” said Master Gunnery Sgt. Miguel T. Bridges, MCRD San Diego. “It’s definitely something all Marines should have the opportunity to do because of what we do—working hard all the time. To see your hero and then find out they believe you are a hero lets you know it’s worth it, I know it lets me know.”

The mutual respect between the professional athletes and servicemembers could be seen in each smile, laugh and handshake.

“It’s an honor every time (I meet a servicemember) because of what they do for us. Words can’t explain that,” said Robert Meachem, Chargers wide receiver. “They risk their lives for us and the world. It’s an honor.”

CARE ◀ 1

an individual first aid kit, which is issued to every Marine that goes into combat. The kit includes items such as a tourniquet, bandages, quick-clot and pressure bandages. Drill instructors make the kit available for recruits to practice what they have learned.

Even though these techniques are just the basics, with this knowledge recruits may be able to save lives in a combat situation.

“They have to be ready for anything,” said Pena. “In a combat situation or even in everyday life, no one knows what is going to happen.”



Recruits with Company K, 3rd Recruit Training Battalion, execute a proper fireman’s carry during a Combat Care class aboard Marine Recruiting Depot San Diego July 31. Recruits were given the opportunity to get hands-on practice with some of the combat care techniques.

BRIEFS

Brown Bag Seminar

The next Financial Brown Bag Lunch Seminar is scheduled for Wednesday from 11:30 a.m. until 1 p.m., in the Personal & Professional Development Classroom, Building 14.

“Becoming a Successful Investor – Strategies & Techniques” will be addressed. Light snacks and drinks will be provided.

Register for the event by calling (619) 524-5728.

For more information, contact Michael McIsaac via telephone at (619) 524-1204. Information is also available on the net at www.mccsmcrd.com/personalandprofessionaldevelopment/personalfinancialmanagement/index.html.

CG Cup Basketball League

The six week CG Cup Basketball season starts Tuesday at the MCRD Fieldhouse. Participation is open to MCRD active duty members and depot DoD and NAFI employees only.

The league will consist of a six-week season and playoffs.

Earn CG Cup points for participating, and extra points for female participation.

For more information or to register your team, contact Rachel Dickinson at dickinsonr@usmc-mccs.org, or by calling (619) 524-0548.

Barracks Bash

The Single Marine Program sponsors a Barracks Bash August 23, from 4 until 7 p.m., in the Duncan Hall Common Area. Single servicemembers and geographic bachelors are welcome.

For information, check out the event on Facebook: <http://on.fb.me/185yNiM>.

Baby Boot Camp

The next Baby Boot Camp, is slated for August 28, in Building 6E from 8:30 a.m. until 4 p.m.

Baby Boot Camp Classes are for expectant parents addressing questions they may have about taking care of a new baby.

For more information, or to register, call The New Parent Support Program at 619-524-0805.

MCRD Bowling League

It’s back by popular demand. The MCRD Bowling League kicks off Wednesday, Sept. 18 from 4:30 to 7:30 at the Recreation Center.

Get your team registered today for this 12 week league.

For information, or to register, contact Brent Poser at [Semper Fit \(poserb@usmc-mccs.org\)](mailto:poserb@usmc-mccs.org) or by calling (619) 524-8237.

Story Time

The depot library hosts Children’s Story Time every Wednesday at 10:30 a.m., until August 28.

For information call (619) 524-1849, or check the website at <http://www.mccsmcrd.com/PersonalAndProfessionalDevelopment/Library/index.html>

Send briefs to:

rdsd_pao@usmc.mil. The Chevron staff reserves the right to publish only those briefs that comply with Department of Defense regulations and the standards of the U.S. Government.

Around the depot

This week the Chevron asks: "Now that the PFT is over what are you doing to better yourself for the CFT?"



"Ammo can lifts and sprints with my little brother." Lance Cpl. Brooks A. Crittenton, postal clerk, Service Company, Headquarters and Service Battalion



"I'm doing ruck runs, ammo can lifts, squat exercises and push-ups." Sgt. Jose E. Castellon, Combat Camera, Service Company, Headquarters and Service Battalion



"(Camouflage utilities) run, ammo can lifts, getting more rest and performing actual exercises on CFT." Gunnery Sgt. Jonathan Collins, acting Headquarters Company first sergeant, Headquarters and Service Battalion

HQ Company Change of Command



Cpl. Bridget M. Keane

Maj. Andrew Treptow, left, receives the Headquarters' Company guidon and duties as Commanding Officer of Headquarters Company, Headquarters and Service Battalion, from Maj. Richard D. Vallee, right, during a change of command ceremony at the Command Museum courtyard aboard Marine Corps Recruit Depot San Diego, Aug. 13. Vallee's next assignment will be as future operations officer for MCRD San Diego and Western Recruiting Region.

SMP Volunteers Help Fight Cancer



Courtesy Joshua P. Davis, Single Marine Program

Cpl. Michael McKown, right, a Recruiters School staff member, passes out T-shirts with civilian volunteer Maile Dexheimer. McKown was one of the 18 Single Marine Program volunteers who went to Point Loma Saturday, to help support the American Cancer Society 24-hour Relay For Life fund raising event. With Marines manning the registration booth and helping out where needed, the 24 teams of race participants (182 individuals) raised about \$22,700.

CHEVRON

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Recruits with Company G, 2nd Recruit Training Battalion, make their way up the Stairway to Heaven aboard Marine Corps Recruit Depot San Diego, Aug. 6. This is just one of many obstacles recruits must overcome during the Confidence Course. The purpose of the course is to help recruits gain confidence by overcoming tall obstacles.

Confidence Course helps recruits overcome fears

STORY & PHOTOS BY
PFC. JERICHO W. CRUTCHER
Chevron staff

The recruits of Company G, 2nd Recruit Training Battalion, overcame their fears as they worked through the Confidence Course aboard Marine Corps Recruit Depot San Diego, August 6.

Recruits face many challenges during the course, such as the A-frame, stairway to heaven and the slide for life among many others. Even though the Confidence Course can seem intimidating to many, recruits understand that there is greater purpose than just completing the obstacles.

"A lot of recruits are afraid of heights and the Confidence Course obstacles are designed to challenge that fear," said Staff Sgt. Dewayne D. Carilno, drill instructor, Plt. 2154.

After being divided into smaller groups, recruits sprinted behind their drill instructor to their first obstacle on the course.

While each obstacle contains its own unique challenge, there were two that tested the recruits' courage the most.

"The A-frame tower and the Slide for Life were the two toughest obstacles to complete," said Recruit Brandon Eto, Platoon 2153.

The A-Frame is a structure that starts with a 15-foot rope recruits have to climb to get to horizontal logs. They must balance and walk across the logs to get to the A-shaped ladder that they climb to get to a 30-foot rope where they descend to the ground.

During the Slide for Life, recruits climb to a platform on top of a 25-foot

tower where they pull their selves across a 90-foot cable to the ground above a 4-foot deep pool. A cargo net is placed below as a safety precaution. In the middle of their descent, recruits are instructed to change hand grips from forward to backwards and continue to pull themselves across the rope. If a recruit loses his grip he falls into the cargo net or pool.

"This course is built to boost everyone's confidence," said Eto. "It proves that we can do it even if we're afraid. The obstacles may seem impossible but they are achievable."

While recruits waited for others to finish, they practiced Marine Corps Martial Arts Program techniques. Once every recruit in the group was finished, they sprinted to the next obstacle. Exhaustion set in quickly due to the rigors of the course, however they had to push forward.

"It may be physically tiring but your mind can push your body further," said Eto.

Recruits get two attempts to conquer the Confidence Course throughout training, however there is no method to completing it. They must find their inner drive to break through the physical and mental challenges the course poses, according to Recruit Janquith Highline, Plt. 2153.

"My motivation is to be a Marine," said Highline. "I know the course is tough and so is recruit training, but I'll keep pushing forward to earn the right to be called a Marine."

With the Confidence Course completed, Co G. moves on to the Second Phase of training in which they will learn the fundamentals of marksmanship at Edson Range aboard Marine Corps Base Camp Pendleton, Calif.



Recruits climb down a cable during the Slide for Life in hopes of not falling. If recruits fall from the cable they are using to cross the gap, they land on either a suspended cargo net or in a pool of water.



Recruits climb three levels of logs for the Dirty Name obstacle, by leaping from the lower level to the higher, and pulling themselves up. Once they reach the top, they dismount by clinging to the underside of the top log and then dropping to their feet.



Recruits make their way up the A-Frame obstacle using a rope and ladder. They complete the obstacle by rappelling from the top.



While waiting their turn at the obstacles, recruits practice their Marine Corps Martial Arts Program techniques by sparring with each other.

Marine witnesses' transformation in himself

STORY AND PHOTOS BY
LANCE CPL. TYLER VI-
GLIONE
Chevron staff

With no stable home life and the looming question of where he would sleep each night Pvt. Johnny Rodriguez enlisted in the Marine Corps.

Rodriguez, Platoon 3215, Company I, 3rd Recruit Training Battalion, came to the realization that the Corps was his best option if he wanted to be successful in life.

"I felt like (the Marine Corps) would provide a good future for me, at the same time I could grow as a person and do something better than my parents and the people before me," said the 19-year-old Show Low, Az. native.

Rodriguez grew up without his father from the age of five.

At the age of 14 Rodriguez left home and started his life on his own.

"I was homeless. I slept at friends' houses and any place that I could find to sleep for the night," said Rodriguez.

With no structure in his life, Rodriguez turned to a life of partying while in high school. Since he had no real place to call home, Rodriguez was on his own with no rules to abide by.

"I was not doing very well in high school," said Rodriguez. "I knew I needed to do something to better myself."

One of his teachers, a retired servicemember, invited a Marine Corps recruiter for Rodriguez to speak to.

"The recruiter would always come into school and pull me out of class to talk," explained Rodriguez.

He scored high on the Armed Services Vocational Aptitude Battery and Rodriguez's recruiter knew he had the potential to graduate high school and become a Marine.

Rodriguez arrived at Marine Corps Recruit

Depot San Diego, May 20 and began recruit training.

For Rodriguez, adapting to the Marine Corps way of life was something that did not come easy to him.

"I didn't listen, I didn't do what I was told, I just didn't care about anything they told me to do, and it's probably because of the way I've been raised," said Rodriguez.

Coming from a background of no rules nor guidelines, Rodriguez didn't know how to handle a structured lifestyle such as the Marine Corps.

"We put a close eye on him, we paid more attention to him than most of the recruits," said Sgt. Caesar Lopez, drill instructor, Plt. 3215.

Rodriguez soon realized that his actions not only affected himself but everyone else in the platoon. Others were getting punished for things he did or didn't do.

Rodriguez received numerous talks from his drill instructors about his actions. During those conversations he saw the error in his ways. He realized his behavior was not where he wanted it to be.

"When he came out from talking with the senior drill instructor one day, I could see the change in him," said Pfc. Marcus Neosen, guide, Plt. 3215.

From that point forward in recruit training, Rodriguez communicated better with the platoon and participated in activities that he hadn't done before.

"He showed more effort and discipline, something just clicked in his head," said Lopez.

Rodriguez showed his progression in events during recruit training such as final drill, practical application and the Crucible.

Now Rodriguez has successfully earned the title United States Marine. He will continue on this path by going on to Marine Combat Training and then military occupation school.



Pvt. Johnny Rodriguez, Platoon 3215, Company I, 3rd Recruit Training Battalion, was described by his drill instructors as the most improved recruit for Platoon 3215.

Sgt. Maj. Rogelio De Leon

Parade Reviewing Officer

Sgt. Maj. Rogelio De Leon attended Marine recruit training in August 1994, at Marine Corps Recruit Depot San Diego, Calif. Upon graduation, De Leon received orders to Marine Corps Base Camp Lejeune, N.C., where he received the military occupation specialty of combat engineer.

In January 1995, De Leon reported to 2nd Combat Engineer Battalion and deployed with the 26th Marine Expeditionary Unit in support of Operation Deny Flight.

In June 1997, De Leon received orders to 8th Engineer Support Battalion at Camp Lejeune. During this

period, De Leon deployed in support of a humanitarian mission to Central America.

From October 1999 to October 2002, De Leon served as a canvassing recruiter at 8th Marine Recruiting District, Recruiting Station Houston, Houston, Texas.

From November 2002 to December 2004, De Leon served at Marine Expeditionary Force where he deployed in support of Operation Iraqi Freedom I and II.

In January 2005, De Leon requested and received orders to Drill Instructor School. During this period he served as a drill instructor, senior drill instructor, chief instructor, and instructor at Drill Instructor School.

In March of 2008, De Leon requested orders to 3rd Combat En-

gineer Battalion, Marine Corps Air Ground Combat Center Twentynine Palms, Calif., where he served as the company gunnery sergeant.

In January 2009 De Leon received orders to 3rd Battalion, 4th Marines where he deployed with Weapons Company in support of Operation Enduring Freedom. In 2011, De Leon deployed to Jordan with India Company in support of Task Force 300.

De Leon requested and received orders in October 2011, to the School of Infantry West. There he served as the company first sergeant for Fox Company and Combat Instructor School.

In June 2013, De Leon was promoted to his current rank and on July 1 he assumed his post as the sergeant major of 1st Battalion, 5th Marine Regiment.





Platoon 3211 COMPANY HONOR MAN Lance Cpl. J. G. Loseke Oregon City, Ore. Recruited by Sgt. N. A. Weber
Platoon 3213 SERIES HONOR MAN Pfc. Z. W. Vick Topeka, Kan. Recruited by Sgt. M. McKenzie
Platoon 3209 PLATOON HONOR MAN Pfc. V. P. Abuakehav Wausau, Wis. Recruited by Sgt. D. R. Frey
Platoon 3210 PLATOON HONOR MAN Pfc. A. E. Kendall Grand Rapids North, Mich. Recruited by Sgt. C. A. Jeffers
Platoon 3214 PLATOON HONOR MAN Pfc. C. D. Turman Longview, Texas Recruited by Staff Sgt. T. Davis
Platoon 3215 PLATOON HONOR MAN Pfc. M. E. Noesen Rochester, Minn. Recruited by Sgt. J. S. Bucinski
Platoon 3213 HIGH SHOOTER (334) Pfc. D. F. Chung Tumon, Guam Recruited by Sgt. E. Estrada
Platoon 3213 HIGH PFT (300) Pvt. K. M. McQinn Coupeville, Wash. Recruited by Sgt. D. D. Dickerson



INDIA COMPANY

3rd RECRUIT TRAINING BATTALION

Commanding Officer
Sergeant Major
Battalion Drill Master

Lt. Col. T. Carlos
Sgt. Maj. J. D. Ferriss
Gunnery Sgt. S. M. Battiest



COMPANY I Commanding Officer Capt. R. M. Barclay Company First Sergeant 1st Sgt. D. R. Coan	SERIES 3209 Series Commander Capt. K. M. Gallagher Chief Drill Instructor Staff Sgt. J. Lerma	PLATOON 3209 Senior Drill Instructor Staff Sgt. H. Jimenez Drill Instructors Staff Sgt. C. S. Cornish Staff Sgt. A. C. Curtis Sgt. T. J. Anderson Sgt. A. Tupou	PLATOON 3210 Senior Drill Instructor Staff Sgt. R. G. Rivas-Chacon Drill instructors Staff Sgt. R. A. Fromherz Staff Sgt. A. R. Hopkins Staff Sgt. J. P. Leiva Sgt. W. L. Taylor	PLATOON 3211 Senior Drill Instructor Sgt. C. Q. Hye Drill instructors Sgt. B. T. Cox Sgt. K. R. Caito Sgt. D. Hernandez Sgt. E. Uribe
	SERIES 3213 Series Commander Capt. N. J. Morrissey Chief Drill Instructor Staff Sgt. K. Pryor	PLATOON 3213 Senior Drill Instructor Staff Sgt. J. L. Fair Drill Instructors Staff Sgt. A. G. Rihn Staff Sgt. D. C. Rivera Sgt. M. A. Muller	PLATOON 3214 Senior Drill Instructor Staff Sgt. J. R. Lansdon Drill Instructors Sgt. P. T. Brown Sgt. J. G. David Sgt. A. R. Klco Sgt. F. X. Marnell	PLATOON 3215 Senior Drill Instructor Sgt C. M. Hutson Drill Instructors Sgt B. Castillo Sgt P. E. Gibson Sgt C. A. Lopez Sgt J. A. Tarvis

* Indicates Meritorious Promotion

PLATOON 3209

- Pvt. M. T. Alexander
- Pvt. A. Anaya III
- Pvt. J. J. Anderson Jr.
- Pvt. J. L. Andrews
- Pfc. V. P. Apuakehav
- Pfc. W. L. Auble
- *Pfc. M. A. Bernal II
- Pvt. K. W. Burke
- Pvt. T. W. Carlson
- Pvt. C. C. Carrizales
- Pfc. N. A. Caton
- *Pfc. T. R. Cavanaugh
- Pfc. I. D. Conteh
- Pvt. P. Cortez
- Pvt. J. L. Creighton
- Pvt. T. C. David
- Pvt. S. G. Desgranges
- Pvt. J. A. Echeverry
- Pvt. J. E. Edgerton
- Pfc. A. C. Eisleben
- Pvt. A. Espinoza
- Pfc. A. Eubank
- Pvt. L. C. Francislandis
- Pvt. F. R. Galindo
- Pfc. S. Garza Iv
- Pfc. J. E. Gerles
- Pvt. E. Guevara
- Pfc. A. E. Guidry
- Pfc. D. L. Harberts
- Pvt. D. K. Hastey
- Pvt. W. M. Haynes
- Pfc. J. J. Hegre
- Pvt. V. Heu
- Pvt. G. J. Hicks
- Pvt. S. M. Hinkle
- Pvt. K. M. Huels
- Pfc. J. A. Hughes
- Pvt. J. D. Hundtoft
- Pvt. M. E. Jacksonhisle
- Pvt. S. S. Juarez
- Pvt. J. J. Juniel
- Pvt. N. Keago
- *Pfc. A. Korolev
- Pvt. J. P. Krick
- Pfc. D. J. Krievs
- Pfc. W. J. Lane
- Pfc. C. J. Later
- Pvt. C. J. Latimore
- Pvt. R. A. Leclair
- Pvt. A. R. Libicer
- Pvt. D. T. Loggins
- Pfc. B. S. Mayberry
- Pfc. W. A. Timm

PLATOON 3210

- Pfc. J. L. Alexander

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- Pfc. Y. K. Almutairi
- Pvt. C. W. Baker
- Pfc. M. Barragan-Rodriguez
- Pvt. K. W. Bergmeier
- Pvt. J. H. Buehler
- Pvt. P. J. Burke
- Pvt. R. D. Buttron Jr.
- *Pfc. O. D. Cardenas-Hernandez
- Pfc. T. N. Carmichael
- Pvt. D. R. Casey
- Pfc. R. C. Cashen
- Pvt. C. H. Castleberry
- Pfc. M. A. Cerrillo
- Pvt. A. M. Clubb
- Pfc. Z. A. Compton
- Pvt. B. M. Copeland
- Pvt. B. D. Crittenden
- Pfc. D. S. Delgado
- Pvt. S. R. Dixon
- Pvt. S. T. Eldred
- Pvt. E. D. Elia
- Pvt. E. R. Emmerich
- Pvt. J. B. Farmer
- Pvt. R. P. Finken
- Pfc. B. A. Finkle
- Pvt. T. M. Fuller
- Pfc. J. I. Garcia
- Pfc. J. S. Gaus
- Pvt. A. D. Gowens
- Pfc. W. A. Hamilton
- Pvt. S. R. Harruff
- Pvt. J. C. Haugen
- Pfc. D. M. Hearon
- Pvt. S. S. Howard
- *Pfc. J. J. Hunter
- Pfc. E. I. Iturralde
- Pfc. A. J. Jaber
- Pvt. D. L. Johnson
- Pfc. W. A. Johnson
- Pvt. M. T. Jones
- Pvt. M. M. Joyce Jr.
- Pfc. D. J. Kemmerer
- Pfc. A. E. Kendall
- Pvt. A. G. Kennedy
- Pvt. E. J. Kimbrough
- Pfc. D. J. Kirkey
- Pvt. B. A. Kitching
- Pvt. A. R. Kuhns
- Pvt. P. M. Kusibab
- Pfc. V. Z. Lacap
- Pfc. M. T. Langguth
- Pvt. C. T. Leishman
- Pvt. T. D. Leuallen
- Pfc. T. W. Lusk
- *Pfc. R. P. Lyman

PLATOON 3211

- Pvt. J. R. Adrian
- Pfc. D. Arteaga
- Pvt. L. J. Baumgartner
- Pvt. C. J. Bell
- Pfc. S. J. Benson
- *Pfc. K. M. Call
- Pfc. M. B. Clemons
- Pvt. R. L. Criss
- Pvt. Z. W. Cryer
- Pfc. A. A. Cuevas
- Pvt. B. P. Davis
- *Pfc. C. T. Edwards
- Pfc. R. L. Ehlers Jr.
- Pfc. J. J. Fortier
- Pvt. D. J. Franta
- Pvt. T. N. Freeman
- Pfc. M. F. Garcia Jr.
- Pvt. R. Garcia
- Pvt. C. C. Goodwin
- Pvt. J. W. Grummitt
- Pfc. J. A. Gutierrez-Rivas
- Pvt. J. Hernandez III
- Pvt. J. B. Hogan
- Pvt. M. J. Hullett
- Pfc. P. K. Hydesmith
- Pvt. D. E. Johnson
- Pfc. L. R. Lariosbenites
- Lance Cpl. J. G. Loseke
- Pfc. J. C. Macy III
- Pvt. A. I. McCay
- Pfc. E. K. Mode
- Pvt. S. V. Parmley
- Pvt. J. S. Plank
- Pvt. F. H. Prown
- Pfc. I. M. Quilantang
- Pvt. K. J. Ralston
- Pvt. D. J. Reynolds
- Pvt. S. Romero-Preciado
- Pfc. R. T. Sager
- Pvt. T. T. Sartwell
- Pvt. Z. A. Skaggs
- Pfc. W. L. Smith Jr.
- Pvt. M. D. Smithey
- Pfc. N. P. Snoozy
- Pvt. J. P. Stamper
- Pvt. K. J. Stoneburner
- Pvt. M. A. Vanlaar
- *Pfc. P. S. White
- Pfc. A. J. Wright
- Pfc. B. L. Wright
- Pfc. J. Yang
- Pvt. Y. Yang

PLATOON 3213

- Pvt. B. B. Acosta
- Pvt. D. M. Anetipacabera

- Pfc. S. Araujo
- Pvt. N. C. Bailey
- Pvt. J. A. Benne Jr.
- Pvt. A. J. Bonner
- Pfc. D. J. Brenn
- Pfc. S. Brown
- Pvt. A. Chavez-Ruiz
- Pfc. D. F. Chung
- Pfc. J. S. Cordova
- Pfc. K. G. Cruz Jr.
- Pfc. C. A. Dekker
- Pvt. J. A. Enriquez li
- *Pfc. C. P. Esparza
- Pvt. M. I. Fletcher
- Pvt. D. R. Garcia
- Pvt. S. Garcia
- Pfc. M. D. Krasnican
- Pfc. D. Lopez
- Pvt. T. B. Manner-Kalilikane
- Pfc. F. M. Maratita
- Pfc. J. M. Martin
- Pvt. Z. T. Martin
- Pfc. K. S. Matul
- Pvt. C. N. Mcdaid
- Pvt. K. M. Mcquinn
- Pfc. A. L. Mehringer
- Pfc. D. A. Meyer
- Pvt. Z. T. Miller
- Pvt. T. J. Mills
- Pvt. B. R. Mock
- Pvt. D. L. Moniak
- Pvt. G. M. Morales
- Pvt. N. J. Morris
- Pfc. G. D. Muehlstein
- Pfc. E. C. Muntzing
- Pfc. K. M. Murphy
- Pvt. C. D. Nava
- Pvt. F. O. Ngrirutoi
- Pfc. J. E. Norman
- Pvt. J. R. Nunez
- Pvt. M. K. O'Grady
- *Pfc. D. Pacheco
- Pfc. Z. L. Parker
- Pvt. L. D. Ramos
- Pvt. D. M. Robertson
- *Pfc. M. A. Rogers
- Pfc. T. E. Sands
- Pfc. N. E. Shandy
- Pfc. Z. W. Vick
- Pvt. A. M. Weston

PLATOON 3214

- Pfc. J. A. Duarte
- Pvt. A. L. Galyean
- Pfc. C. Y. Lopez
- Pvt. R. Lopez
- Pfc. J. Lovelady

- Pvt. J. D. Luenig
- Pfc. J. E. Luna
- Pvt. D. J. Maas
- Pfc. J. R. Marek
- Pvt. N. J. Martell
- Pfc. K. A. Maynard
- Pvt. R. D. McMicken
- Pvt. R. G. Meadows Jr.
- Pvt. C. A. Moore
- Pvt. C. A. Moran-Rosales
- Pvt. C. Munoz
- Pvt. J. W. Napier
- *Pfc. J. A. Nonato Jr.
- Pvt. N. R. Odeh
- Pvt. J. D. Orellana Jr.
- Pvt. A. W. Pane
- Pvt. D. M. Parker Jr.
- Pvt. R. S. Pena
- Pfc. R. A. Peralta
- Pfc. P. Pineda
- Pvt. D. J. Pontremoli
- Pvt. D. M. Powers
- Pfc. W. E. Przybyla
- Pfc. A. D. Ramon
- Pvt. C. M. Ramos
- Pvt. M. D. Reynolds
- Pvt. J. M. Riggs
- Pvt. E. P. Robinson-Norris
- Pvt. A. J. Salamanca
- Pfc. F. E. Salvador
- *Pfc. L. A. Sanchez
- Pvt. F. Sandoval Jr.
- Pfc. J. F. Sandoval
- Pvt. J. T. Schlangen
- Pvt. A. W. Slang
- Pvt. A. L. Smith
- Pfc. B. H. Smith
- Pfc. R. C. Smith
- Pfc. R. T. Somerville
- Pfc. S. A. Sullivan
- *Pfc. J. G. Taylor
- Pfc. C. R. Toalson
- Pfc. J. J. Tremblay
- Pvt. D. A. Trisciuzzi
- Pvt. M. H. Tromp
- *Pfc. C. D. Turman
- Pfc. H. A. Vela
- Pfc. R. Vera
- Pfc. S. E. Voegele
- Pvt. D. L. Washington Jr.
- Pvt. J. B. Weemes
- Pvt. A. M. White

PLATOON 3215

- Pvt. B. S. Bardonnex
- *Pfc. R. D. Branam III
- Pvt. J. P. Dipippo

- Pvt. J. G. Farquhar
- Pvt. D. M. Griffin
- Pvt. T. J. Hubbs
- Pfc. C. G. Johnston
- Pvt. B. A. Juarez
- Pvt. T. W. Long Jr.
- Pvt. K. Lopez
- Pfc. J. K. Luze
- Pvt. J. Mansfield
- Pfc. M. E. Noesen
- Pfc. A. Y. Perry Jr.
- Pvt. L. S. Peterson
- Pvt. K. A. Petet
- Pfc. W. R. Pla
- Pfc. A. M. Popyk
- Pvt. J. D. Prado
- Pvt. N. T. Rahm
- Pvt. J. R. Ramirez
- Pvt. B. W. Remington
- Pvt. J. E. Rodriguez Jr.
- Pfc. C. M. Rollins
- Pvt. D. C. Romero Jr.
- Pvt. A. G. Sanborn
- Pvt. G. M. Sanchez
- Pvt. A. Sarali
- Pfc. J. A. Schaedel
- Pfc. C. A. Schipper
- Pfc. R. J. Schmollinger
- Pfc. I. Seddouki
- Pvt. J. J. Slay
- Pfc. A. L. Smith
- Pfc. T. R. Smith
- Pfc. T. H. Snyder
- Pvt. M. M. Steele
- Pfc. C. M. Swogger
- Pvt. M. T. Tah
- *Pfc. Z. A. Taylor
- Pfc. D. K. Tindle
- Pvt. A. M. Torres
- Pvt. T. C. Trapp
- Pfc. M. T. Upah
- Pfc. S. Vachon
- Pfc. A. S. Vandivier
- Pfc. R. J. Wade
- Pfc. Z. L. Warren
- Pvt. J. M. Wilson
- *Pfc. T. A. Winfrey
- Pvt. J. L. Young
- *Pfc. M. Zuniga-Cisneros

Co. G recruits are tested for combat readiness

STORY & PHOTOS BY
PFC. JERICO W. CRUTCHER
Chevron staff

Adrenaline coursed through recruits from Company G, 2nd Recruit Training Battalion, as they worked their way through a Combat Fitness Test aboard Marine Corps Recruit Depot San Diego, July 31.

"This course introduces combat readiness. It trains them to work under stress," said Staff Sgt. Dewayne D. Carilno, drill instructor, Platoon 2154. "It's physically and mentally demanding. They must learn to operate when tired."

The CFT is made up of three events, a half-mile-sprint, ammunition can lifts and maneuver under fire. Its purpose is to give recruits physical tests similar to what they could encounter in a combat environment.

The first event is the half-mile sprint in desert utilities and boots. After a short rest period, recruits line up to do a max set of ammunition can lifts.

The third and final event is the maneuver under fire course.

During this timed event

recruits have to low crawl, high crawl, sprint, buddy drag and fireman carry another recruit. They are also given an opportunity to knock five seconds off their time by throwing a fake grenade into a square box.

"I started to prepare myself mentally before running the CFT," said Recruit Gregory E. Bledsoe, Plt. 2153. "I wanted to be ready to give it all I had."

The CFT is a scored event that is placed in a Marines basic training record. This score helps with promotions in the Corps.

"You have to give everything you've got without stopping. You've got to push your body even when it's hurting," said Recruit Szymon J. Sochacki, Plt. 2154. "It's 20 percent physical and 80 percent mental."

Sochacki explained it felt good once the CFT was over because he knew he gave it his all. However, he also explained there is always room for improvement.

"This is where you prepare for combat. When your mind says, 'I don't know if I can do this,' you have to break through that mental wall," said Bledsoe. "I know I'm not combat ready yet, but the CFT is great training to get ready."



A Company G recruit carries a simulated casualty to safety using the fireman's carry. This is one of the activities recruits must be able to perform for the CFT.



Recruits with Company G, 2nd Recruit Training Battalion, start a half-mile sprint aboard Marine Corps Recruit Depot San Diego, August 6. The half-mile sprint is the first exercise in the Combat Fitness Test. The purpose of the CFT is to evaluate the physical fitness levels of recruits and Marines to ensure they are combat ready.



A Company G recruit low crawls during a CFT. The low crawl is only one part of this test. During the CFT participants also engage in the high crawl. Each crawl is 25-meters long.



Recruits perform ammunition can lifts as one part of the CFT. Other portions include the maneuver under fire and a half-mile sprint.