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Copeland's Assault Course instills combat mindset



Lance Cpl. Bridget M. Keane

BY LANCE CPL. BRIDGET M. KEANE
Chevron staff

Communication in a combat environment is crucial to mission accomplishment and could be a determining factor in the life of a Marine, especially when the environment is chaotic.

During the Crucible, a 54-hour field training exercise, recruits of Company C, 1st Recruit Training Battalion, were required to use communication skills that were instilled in them throughout training to work together and complete any mission at hand.

Recruits put their skills to use during Copeland's Assault Course, a simulated combat environment with obstacles such as tunnels, walls, barbed wire and trenches.

“The purpose of (Copeland's Assault Course) is to maneuver through the course with your fire team, while practicing communication skills,” explained Staff Sgt. Cody Romriell, drill instructor, Platoon 1054, Co. C, 1st RTBn.

Recruits of Company C, 1st Recruit Training Battalion, wait inside a trench for the fourth member of their fire team during “Copeland's assault”, an event part of the Crucible, at Edson Range aboard Marine Corps Base Camp Pendleton, Calif. March 5. This event teaches recruits the importance of teamwork and communication through a simulated combat environment.

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Future Marines learn basics of Corps's ethics

BY CPL. WALTER D. MARINO II
Chevron staff

No matter where you are in the world, ethics are intertwined to some degree in day-to-day life. While ethical codes may differ slightly from country to country, it is undeniable that ethics are an important part of society. In the Marine Corps, recruits are taught early in recruit training how and why Marines should live to a high ethical standard.

Recruits of Company H, 2nd Recruit Training Battalion, received an hour-long class on combat and stateside ethics aboard Marine

Corps Recruit Depot San Diego March 6.

“Ethics are in everything we do,” said Capt. Michael J. Standafer, company commander, Co. H, 2nd RTBn. “Even in fire fights we still value our ethical principles and we never lose sight of what guides our decision making.”

During the class, recruits learned Marines do not attack civilians, torture prisoners, and learned about the overall collective ethics of the United States.

To further display the Marine Corps' stand on ethics, Standafer showed the

see ETHICS ▶2



Lance Cpl. Pedro Cardenas

Sgt. Joshua P. McGee, senior drill instructor, Platoon 1062, Company D, 1st Recruit Training Battalion, Recruit Training Regiment, speaks to his platoon during core values class. Core values class is a tool used to let recruits that a higher standard of personal conduct is expected of them once they become United States Marines.

Core Values class guides Co. D recruits

BY LANCE CPL. PEDRO CARDENAS
Chevron staff

Graduating recruit training with the title “Marine” requires developing different types of leadership including mental, physical and moral.

Core values classes are taught early in recruit training and are one of the primary ways used for recruits to develop leadership qualities.

Each platoon's senior drill instructor leads the discussions by using their own life experiences and having the recruits analyze hypothetical scenarios using core values to find a solution.

Recruits of Company D, 1st Recruit Training Battalion, recruits discussed and analyzed the core value of courage aboard Marine Corps Recruit Depot San Diego Feb. 27.

Recruits discussed different types of courage with Sgt. Joshua P. McGee, senior drill instructor, Platoon 1062, Co. D, 1st RTBn. McGee said the textbook definition of courage is “the moral, mental and physical strength to do what is right; to adhere to a higher standard of personal conduct and to make tough decisions under stress and pressure.”

The main focus in this particular discussion was moral courage. According to McGee, moral courage is more than just right or wrong actions but having self-discipline.

“It takes moral courage to stand up and say ‘hey, that's not right.’ Courage is doing the right thing when it may not be easy,” said McGee, a Sebring, Fla. native. “When faced with tough decisions you

see VALUES ▶2



Cpl. Walter D. Marino II

Capt. Michael J. Standafer, company commander, Company H, 2nd Recruit Training Battalion, gives a class on ethics to recruits of Co. H aboard Marine Corps Recruit Depot San Diego, March 6.



Lance Cpl. Bridget M. Keane

A recruit of Company C, 1st Recruit Training Battalion, rushes from one obstacle to the next during Copeland's Assault Course at Edson Range aboard Marine Corps Base Camp Pendleton, Calif. March 5. Recruits are put through a simulated, stressful combat environment to better their communication skills.

CRUCIBLE ◀ 1

"It also teaches them how to stay focused through the fog of war."

The fog of war is a term used by service members to describe the uncertainty in situational awareness experienced by an individual in a war zone. From bombs bursting to bullets flying over head, one could easily lose focus.

Sounds of simulated gun fire and explosions replaced what was once silence. The recruits ran the course in teams of four and began to maneuver their way through the obstacles, while using verbal and hand commands to communicate with each member of their team.

As one recruit moved forward, others would provide security and maintain situational awareness.

"I feel the course teaches us about staying focused on the objective, being aware of your surroundings and keeping a good combat mindset through all of it," said Pfc. Walter Frazier, Plt. 1054, Co. C, 1st RTBn.

Frazier, a 22-year-old Chicago native, explained that with all the noise and smoke, it was difficult to stay loud while communicating with the other members of the fire team.

"It's hard when you're running around and you're out of breath," said Frazier. "But it's part of the mission. My main concern was making sure everybody else was cool as we went through the course."

While the course introduces recruits to communicating and maneuvering in a chaotic combat environment, it also allows them to understand the importance of teamwork and staying together.

"You'll see (recruits) work together and push each other along so they can get through each event," said Romriell, a 27-year-old Inkom, Idaho native. "That's one purpose of the Crucible and (teamwork) is something (of which) I always stress the importance."

Completing the assault course allowed Co. C to move on to other teambuilding events of the Crucible. The final challenge of the Crucible was the 10-mile Reaper Hike, where Co. C earned their Eagle, Globe and Anchors and the title Marine.

VALUES ◀ 1

have to bring upon that moral courage. Courage is having self-discipline to do the right thing."

Moral courage is used every day by Marines in ensuring fellow service members are upholding standards, making good decisions and encouraging proper behavior and seeking self-improvement.

"It's like the cowardly lion in the 'Wizard of Oz.' He wanted to be courageous. He

wanted to change," said McGee. "A positive change in our lives takes moral courage."

Regardless of background, every Marine is expected to follow a set of core values; Honor, Courage and Commitment. For Recruit Maurice E. Edmonds, Plt. 1062, Co. D, 1st RTBn, moral courage is a tool he constantly uses for guidance.

"It's the strength to follow your code of conduct, your values, ethics, beliefs and decisions that you make regardless of what others say or think about them," said

Edmonds, a Santa Rosa, Calif., native. "I use moral courage as guidance for the billet I hold in my platoon, guide"

Recruits of Co. I have learned about moral courage, however, recruit training still holds plenty of challenges for them. They must muster strength and apply moral courage during their quest to become United States Marines. "As moral courage gets stronger, it makes you a better person," said Edmonds. "In turn it makes a better Marine."



Lance Cpl. Pedro Cardenas

Recruit Maurice E. Edmonds Jr., Platoon 1062, Company D, 1st Recruit Training Battalion, shares an experience during a core value class on Marine Corps Recruit Depot San Diego.

ETHICS ◀ 1

recruits a quote from the Commandant of the Marine Corps.

"Our core values do not diminish our ability to fight and win; indeed, ethical conduct on the battlefield is a combat multiplier," as stated Gen. James F. Amos, commandant of the Marine Corps.

Standafer cited mishaps in military history where ethical code was not followed and spoke of the consequences and negative impact it could have on the Corps. Standafer explained the importance of each Marine embodying an ethical code not just for themselves but for the Corps as well.

The weight of responsibility was not intimidating for many recruits. In fact, some believed it would be an honor.

"That's the reason why I joined the Marine Corps; the high standards," said Recruit Richard Luna Jr., Plt. 2161, Co. H, 2nd RTBn.

"I heard the Marines are the best and I didn't want to do anything less."

Staff Sgt. Henry E. Rogel, drill instructor, Plt. 2161, Co. H, 2nd RTBn, explained one reason Marines live to a higher standard is because ethics add on to those Marines already have coming into the Corps.

"I believe this class is going to make my ethics stronger because the Marine Corps is adding on to what we have already learned from our families," said Recruit Zachary A. Saenz, squad leader, Plt. 2166, Company H. "I expected to be held to a higher standard because my dad was in the Army and he was strict and I knew the Marines were more strict."

Rogel believes the Marine Corps is an outstanding example of good ethics.

BRIEFS

Tuition assistance suspended

The Marine Corps has suspended the Tuition Assistance Program until further notice.

For information call the Lifelong Learning Education Center at (619) 524-1275.

Library hours of operation

New library hours effective immediately and until further notice, are:

Monday to Friday
8:30 a.m. until 5 p.m.

Weekend hours have not changed.

For more information call (619) 524-1849.

Tax service open

The tax service trailer is located between the Main Exchange (Building 11), and Starbucks (Building 10).

The service is open Tuesdays through Saturdays 10 a.m. to 5 p.m.

Call (619) 725-6396 for an appointment, or stop by the trailer.

Scholarship opportunities

The depot Education Center is offering a number of Military and Family scholarships, and financial aid programs.

To take advantage of these opportunities call (619) 524-8158 or 8280, or stop by the Education Center in Building 111 (across from the gas station). Hours of operation are Monday - Friday, 7:30 to 4 p.m.

Exchange Closures

Starbucks, the Uniform Shop, the Cellar and Coles Carpet will be closed all day March 25 due to a scheduled power outage.

All other MCX and MCCS Depot locations will be open for business.

Month of the Military Child

"Our Children, Our Future, Our Responsibility" is the theme for April's "Month of the Military Child."

For information on planned events call Tracy Genica at (619) 524-8030 or 0916, or contact her via e-mail at genicate@usmc.mccs.org.

To register online go to <http://momc2013.eventbrite.com>.

Train the Trainer

Want to become a High Intensity Tactical Training trainer? HQMC MTT at MCAS Miramar is teaching a full certification course. March 18 through 21, from 8 a.m. until 5 p.m. daily.

For information contact one of the HITT trainers (Willie, Marlise, Joshua, or Ron) at the MCRD Fitness Center (619) 524-4427. Or check out the website at <http://www.mccsmiramar.com/fitness.html>.

Financial Brown Bag Lunch Seminar

There will be a Financial Brown Bag Lunch Seminar March 20 from 11:30 a.m., to 1 p.m., in the Personal and Professional Development Classroom, Building 14.

The scheduled topic is "How to Establish a Budget and Take Charge of Your Finances."

Register at (619) 524-5728.

Light snacks and drinks will be provided free of charge. For information call Michael McIsaac at (619) 524-1204.

Send briefs to:

rdsd_pao@usmc.mil. The Chevron staff reserves the right to publish only those briefs that comply with Department of Defense regulations and the standards of the U.S. Government.

Around the depot

This week the Chevron asks: "What are your plans for Spring Break?"



"At age 83 I don't plan too far ahead. But I do have a friend coming down from St. Louis, and I am going to show her around Los Angeles." *Maury Starr, former Marine, civilian sales representative*



Surfing vacation in Huntington Beach, I've been there before and the surf is amazing. It's widely known as 'Surf USA.' *Sgt. Josh Eilhardt, protocol non commissioned officer, Headquarters Company, Headquarters and Service Battalion*



"Going with the wife and son to Disneyland for his birthday." *Cpl. Robert L. Hardt, Defense Travel System clerk, Service Company, Headquarters and Service Battalion*

Depot hosts 6th Annual Father-Daughter Dance

BY LANCE CPL. BRIDGET M. KEANE
Chevron staff

Fathers from every branch of service were invited to escort their daughters to the 6th Annual Father-Daughter Dance at the Fieldhouse aboard Marine Corps Recruit Depot San Diego March 8.

The night out included a pasta dinner, beverages, desserts and a dance floor where fathers and daughters could dance to a variety of music. Fathers were encouraged to wear their dress uniforms while their daughters, from ages as young as eight months to 19 years old, wore prom-style dresses.

"This is a night set aside for fathers and daughters to have a chance to bond," explained Patty Kalaye, trainer and event coordinator, Lifestyle, Insights, Networking, Knowledge and Skills. "We have so many drill instructors on base and a lot of them don't get to spend time with their (children)."

Although drill instructors committed to the training of recruits are known to work demanding hours for each 13-week cycle with sometimes no breaks in between, all Marines aboard the depot spend time dedicated to their duties. It

can be difficult for them to establish a good relationship with their children, being away from them due to work commitments.

The relationship between a father and daughter can leave a significant impact on the development of the child. Events like this encourage family interaction, bonding and team building, explained Kalaye.

"I met a woman in her late 50s who said that one of her favorite memories of her father was a father-daughter dance," said Kalaye. "It's very important for them to have these memories of their fathers."

Daughters looked lovingly up at their fathers as they danced, laughed and took photos with each other.

"I love it, events like this are great for the family," said Sgt. James Figueroa, musician, Service Company, Headquarters and Service Battalion. "I think it's really important for daughters to have this time with their dads."

This was Figueroa's first time attending the dance. He brought his 17-month-old daughter, Bella. Figueroa is new to the depot and felt that Father-Daughter dance was a great opportunity to bond.

"There are a lot of



Lance Cpl. Bridget M. Keane

Staff Sgt. David Morales, Marine Aviation Logistic Squadron Individual Material Readiness List manager, Marine Corps Air Station Miramar, holds his daughter Nidae, 2, during the 6th Annual Father-Daughter Dance aboard Marine Corps Recruit Depot San Diego March 8. The event gives busy fathers a chance to bond with their daughters.

programs that have father-son activities, not so much with daughters," said Figueroa. "So this is just a good time; we're having fun."

Due to its success every

year, the Father-Daughter Dance will continue to be an occasion that will be hosted for families aboard the depot for years to come.

Royal Greetings



Gunnery Sgt. Jefferson Edouasie

Maj. Gen. Ed Davis, Commandant General Royal Marines and Commander United Kingdom Amphibious Forces, shakes the hand of Recruit Hector Rodriguez, Platoon 2126, Company F, 2nd Recruit Training Battalion, during a visit to Walker Hall aboard Marine Corps Recruit Depot San Diego March 4. Davis toured the depot and witnessed recruit training events such as swim qualification, Confidence Course and visited Walker Hall, a sports medicine facility devoted to the rehabilitation of injured recruits.



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Cpl. Walter D. Marino II

A recruit with Company D, 1st Recruit Training Battalion, struggles with the weight of a log during an exercise aboard Marine Corps Recruit Depot San Diego March 5. Recruits were required to carry the log one half mile and conduct various exercises such as log side dips, log squats and log bicep curls.



Cpl. Walter D. Marino II

Company D recruits attempt to lift a log together in order to move more effectively. Recruits also attempted to stay in step with one another while carrying the log a half mile.



Not your average workout: Log exercises encourage communication, teamwork

BY CPL. WALTER D. MARINO II
Chevron staff

In today's society, gyms are becoming increasingly abundant. Despite that abundance, it would be hard to find a gym that utilizes log exercises.

Besides the training being of a non-orthodox nature, log drills provided unique benefits for recruits of Company D, 1st Recruit Training Battalion, aboard Marine Corps Recruit Depot San Diego March 5.

"It challenges their endurance, strength, mental toughness and forces them to work as a team," said Sgt. Justin R. Urbany, Co. D, Plt. 1066, 1st RTBn.

Their training started with stretching and an approximately half-mile jog. Once their warm-up was completed, recruits learned how to properly grip and lift the logs and worked in groups of 10.

To get into step with one another recruits yelled, "Left, right! Left, right! Left, right!" With each chant,

recruits attempted to step in unison in order to smoothly carry their logs to their destinations.

Differences in recruits' height and arm length make the log unbalanced if no adjustments are made. Recruits overcome this hurdle by grouping taller and shorter recruits together. Once organized and in step with one another, the load is easier for recruits to carry.

Drill instructors stressed teamwork to recruits and, if a recruit appeared not to be helping his team, he was corrected immediately.

Recruits were tasked with carrying their log to multiple exercise locations. Once at their destination, they completed exercises such as log bicep curls, log squats and log side benders.

As the exercises continued, recruits groaned and scrunched their faces with such intensity it appeared some thought it might help ease the pain.

Ferguson explained he believes being pushed is a good thing not only in recruit training but in the gym and

in the office.

"Ideally, if everyone does their part it shouldn't be that bad," said Recruit Blake A. Ferguson, Platoon 1062, Co. D, 1st RTBn. "But if they're not, you have to pick up (the slack) for them and get them to push."

Words of encouragement between recruits were exchanged throughout the exercise. Some recruits credited their backgrounds in sports to their natural ability at working together.

"My high school baseball team went to the state championship; I'm used to working as a team for a common goal," said Recruit Corey L. Brazile, Plt. 1062, Co. D, 1st RTBn.

If having to carry an approximately 250-pound log for a half mile challenged recruits, various exercises intertwined in the training, such as log bicep curls, pushed many recruits to their physical limits.

"I expected it to be hard but I wasn't expecting it to be that difficult," said Brazile.



Cpl. Walter D. Marino II

Company D recruits work in teams to carry logs weighting approximately 250 pounds each, during a March 5 exercise promoting teamwork and physical fitness.



Cpl. Walter D. Marino II

Company D drill instructors demonstrate the proper way to hold and lift logs before recruits begin an exercise session using logs to promote teamwork and physical fitness. The drill instructors also demonstrated various exercises such as log bicep curls and log side dips.

Marine overcomes troubled past

BY CPL. CRYSTAL DRUERY
Chevron staff

Like those who choose a path, the young men and women who join the Marine Corps do so possibly because of influences they have encountered. While some of those influences are more impacting than others, each one is important in shaping their futures.

Pfc. Pierre A. Washington came to his decision to join the Corps was out of necessity and a realization that he needed to support himself.

While growing up, Washington did not have the support that many kids do as a youth.

Before Washington joined Platoon 1051, Company C, 1st Recruit Training Battalion, his family life was almost nonexistent.

"My mother gave me up at birth," said Washington, 20-years-old. "I lived with my aunt until she gave me up when I was thirteen. I won't lie. It's not like she just gave me away. I was a bad kid always getting into trouble."

Without a real solid foundation, Washington regularly got in trouble at school and home. Between the ages of 13-to-17 he bounced around from one foster family to the next. Not having direction or anything to take pride in, Washington could have gone down a dangerous road.

The tide changed when Washington found a passion. "When I was in my freshman year of high school I saw this boy playing piano. It was tight. All the girls surrounded him," said the Minneapolis native. "That's when I knew I wanted to learn to play the piano."

Unaware of his natural musical talent, Washington was surprised when he quickly taught himself to play piano.

"I would stay after school and use the school's piano until the janitor would come in and say it was time to close



Cpl. Eric C. Quintanilla

Pfc. Pierre Washington, Platoon 1051, Company C, 1st Recruit Training Battalion, stands at parade rest while waiting to be inspected during the Battalion Commander's Inspection March 12 aboard Marine Corps Recruit Depot San Diego. Washington has used his life obstacles as motivation to reach his goal of becoming a United States Marine.

up," said Washington.

By his sophomore year, the school's band wanted him to play with them.

"When I was sixteen maturity started to kick in, he said. "No one was going to take care of me, so I would have to do it myself if I wanted to get anywhere in life."

Soon Washington was playing for charities and was even able to play solo at a state governor's inauguration during his senior year.

Although Washington was accepted into a college music program, he did not have enough money to attend.

Washington had to get a job in order to support himself and to cover any expenses his foster home didn't cover.

He decided to join what he believed was the hardest service — The Marine Corps.

But a speed bump slowed down the process.

"It took me a year-and-a-half to be able to go to court and clear up all the legal issues I had built up so I could enlist," explained Washington.

Despite the legal issues, Washington made it to recruit training.

Alone, recruit training is 13 weeks of mental and physical challenges, but Washington encountered another obstacle he couldn't have predicted while at Marine Corps Recruit Depot San Diego.

He received a letter in the middle of training informing him his foster brother, whom

he had been living with for the past two years, had died.

Unaware he had a new brotherhood he could lean on, Washington kept the tragedy to himself.

The recruits of Platoon 1051 quickly realized their Marine brother wasn't himself and informed their senior drill instructor.

"My senior drill instructor brought me into his office and asked me what's wrong. I didn't understand what he meant at the time," explained Washington. "Once I told him though, he asked me why I hadn't already told him. But I've never had anyone to tell things to. I usually just try to get through it myself."

Throughout the remainder of recruit training, Washing-

ton leaned on the support of his fellow recruits and on the small talks he had with senior drill instructor Sgt. Alfonso Torres.

Now, Washington will walk with his head high today, as he graduates recruit training with his fellow new Marines from Co. C.

"Now I want to give back to Sergeant Torres by reflecting what he instilled in me during my Marine Corps career," said Washington.

Next, Washington will go to Marine Combat Training and combat engineering school.

His primary goal is to use this as a stepping stone and to tryout for the Presidents Own.

"I want to share my gift," said Washington.

Timothy T. Day

Parade Reviewing Officer

Tim Day is the principal founder of Bar-S Foods Company, and is chairman of the board of directors.

Day served as chief executive officer of the company for 31 years, from the time it began operations in August 1981 through 2012.

In September 2010, Bar-S was merged with Sigma Alimentos, a subsidiary of Alfa, a large Mexican conglomerate, in what was reportedly the biggest transaction in Arizona that year.

Bar-S is a leading manufacturer and marketer of ham, franks, bacon, sliced lunch meat, smoked sausage, corn dogs and dairy products. The company has a substantial market share throughout the

United States, serving the value segment of the processed food industry.

Bar-S maintains its corporate headquarters in Phoenix, Ariz., but owns manufacturing plants in Oklahoma and Wisconsin; central distribution facilities in Oklahoma and Texas; and regional sales facilities with direct store distribution operations located across the country.

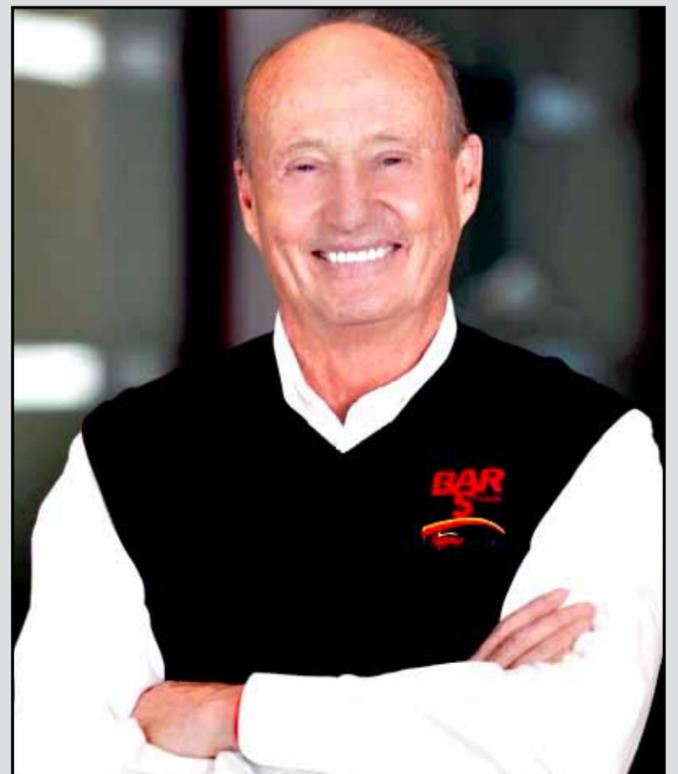
Day is also the chairman and president of the Timothy T. Day Foundation, Inc., an organization that primarily supports Marine Corps and animal rescue activities.

Day is past chairman of the Goldwater Institute, Greater Phoenix Leadership; the Arizona Chapter of the Young Presidents' Organization; the Executive Council for the Southwest Food Industries Circle for City of Hope; and past President of the Harvard

Business School Club of Arizona. He was on the board of directors of the American Meat Institute for 37 years; and is a Founder of the Marine Corps Heritage Foundation.

Day served as a line officer in the U.S. Marine Corps from 1959 through 1962, attaining the rank of captain. He graduated from Deerfield Academy, an independent college-preparatory boarding school in Deerfield, Mass., in 1955. He earned a B.A. from Wesleyan University in 1959, and an M.B.A. from Harvard Business School in 1964.

Day is the father of four children, and grandfather to eight. He and his wife, Sandy, enjoy spending time in their homes in Jackson, Wyo; Paradise Valley, Ariz; and La Jolla, Calif., with their pug, Lulu.





Platoon 1055
COMPANY HONOR MAN
 Pfc. P. C. Wilson
 Flagstaff, Ariz.
 Recruited by
 Sgt. A. J. Curtis

Platoon 1049
SERIES HONOR MAN
 Pfc. J. A. Oroasco
 Sacramento, Calif.
 Recruited by
 Sgt. B. Cahill

Platoon 1050
PLATOON HONOR MAN
 Pfc. J. M. Patrick
 Chicago
 Recruited by
 Sgt. K. Abdelbaki

Platoon 1051
PLATOON HONOR MAN
 Pfc. C. K. Buendicho
 Vancouver, Wash.
 Recruited by
 Sgt. A. J. Wright

Platoon 1053
PLATOON HONOR MAN
 Pfc. S. H. Sallee
 El Cajon, Calif.
 Recruited by
 Sgt. R. R. Ricketts

Platoon 1054
PLATOON HONOR MAN
 Pfc. R. M. Clayton
 Aurora, Ill.
 Recruited by
 Sgt. N. M. Carrillo

Platoon 1049
HIGH SHOOTER (341)
 Pfc. M. J. Mohr
 Boise, Idaho
 Marksmanship Instructor
 Sgt. A. E. Marsh

Platoon 1049
HIGH PFT (300)
 Pfc. J. A. Oroasco
 Sacramento, Calif.
 Recruited by
 Sgt. B. Cahill



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1st RECRUIT TRAINING BATTALION

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 Sergeant Major
 Battalion Drill Master

Lt. Col. D. R. Kazmier
 Sgt. Maj. M. S. Seamans
 Gunnery Sgt. S. C. Chromy



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* Indicates Meritorious Promotion

- PLATOON 1049**
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 Pvt. A. R. Alonso-Perez
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 Pfc. M. A. Anguloroman
 Pvt. Z. T. Annis
 Pvt. S. P. Archangelo
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 Pfc. A. W. Harsh
 Pfc. D. M. Hernandez
 Pvt. J. Hernandez
 Pvt. R. A. Higareda
 Pvt. C. M. Hines
 Pvt. A. D. Holland Jr.
 Pvt. J. A. Ingle Jr.
 Pfc. A. Jimenez
 Pvt. E. I. Joaquin-Jauregui
 Pvt. J. P. Jones
 Pfc. J. R. Kearney
 Pvt. C. T. Kelley
 Pvt. L. Kolomanski
 Pvt. T. J. Kramarczyk
 Pvt. C. R. La Bonne
 Pvt. C. J. Lagunas
 *Pfc. X. A. Lopez
 Pvt. D. L. May
 Pfc. M. J. Mohr
 Pvt. I. Monroy-Hernandez
 Pvt. D. T. Nunez
 *Pfc. J. A. Oroasco
 Pvt. C. E. Orozco Jr.
 Pfc. J. C. Willis

- PLATOON 1050**
 Pvt. D. S. Lane
 Pfc. E. M. Larson
 Pvt. A. J. Lehker
 Pfc. K. M. Leonard
 Pvt. B. G. Lewis
 Pvt. R. A. Lopez
 Pvt. R. Lopez-Castillo
 Pfc. F. A. Martinez
 Pvt. J. A. Martinez
 Pvt. J. A. Mateos
 Pfc. N. J. Matiatos
 Pfc. I. J. McHardy
 Pfc. C. M. Meyers
 Pvt. J. M. Millan
 Pvt. C. M. Miller
 *Pfc. J. W. Molt
 Pvt. A. J. Moore
 Pfc. M. A. Morris
 Pvt. M. I. Mullen
 Pfc. E. L. Nassar
 Pvt. F. T. Nguyen
 Pfc. W. E. Nims
 Pvt. C. D. Nola
 Pvt. E. E. Nuechterlein
 Pvt. B. R. Oslin
 *Pfc. J. M. Patrick
 *Pfc. W. D. Piercey
 Pfc. J. M. Potter
 Pfc. K. C. Prasad
 Pfc. J. C. Ramirez
 Pvt. T. M. Raney
 Pvt. M. J. Reczek
 Pvt. A. M. Reynoso
 Pvt. H. R. Rhodes III
 Pvt. R. Rios
 Pvt. B. S. Rippeto Jr.
 Pfc. J. L. Robinson
 Pvt. M. Rodriguez
 Pvt. J. E. Rogers Jr.
 Pfc. M. T. Sammut Jr.
 Pvt. L. M. Sanders
 Pfc. A. Sarkisian
 Pvt. K. J. Schilling
 *Pfc. I. A. Schmidt
 Pvt. C.G. Shafer
 Pfc. T. J. Simmons
 Pvt. J. A. Smith
 Pvt. T. B. Smith
 Pfc. B. L. Southards
 Pvt. A. M. Stahl
 Pvt. S. L. Stratton
 Pvt. C. N. Sutter
 Pvt. H. R. Trevino
 Pvt. L. J. Tuttle
 Pvt. N. R. Valdez
 Pvt. J. J. Vazquez
 Pvt. R. J. Verdore
 Pfc. B. L. Verrett
 Pvt. R. H. Washington
 Pvt. A. T. Webb
 Pvt. C. T. Whitley
 Pvt. D. F. Wong

- PLATOON 1051**
 Pfc. M. D. Alley
 Pvt. D. A. Aranda
 Pvt. N. A. Ashman
 Pvt. S. R. Baker
 Pfc. N. J. Barsness
 Pfc. C. A. Birdsbill
 Pfc. I. G. Bloom
 Pvt. D. M. Boldt
 Pfc. C. C. Bonar
 Pfc. A. J. Bowen
 Pfc. J. D. Bowman
 Pvt. M. T. Brennan
 Pvt. T. Broussard
 *Pfc. C. K. Buendicho
 Pfc. C. R. Burks
 *Pfc. A. S. Cariman
 Pvt. E. L. Cisneros
 Pfc. J. J. Cutshaw
 Pvt. S. A. Delano
 Pvt. C. V. Demarco
 Pvt. R. A. Dickerson Jr.
 Pvt. C. C. Dooley
 Pvt. G. M. Doss
 Pvt. G. G. Duncan
 Pvt. C. A. Eisele
 Pvt. L. T. Fox
 Pvt. B. S. Fraleigh
 Pfc. D. R. Fullerton
 Pfc. A. L. Hamilton
 Pvt. J. W. Hansonbain
 Pvt. W. E. Heath
 Pvt. J. S. Jester
 Pvt. N. R. Johnson
 Pvt. A. M. Ledesma
 Pvt. C. R. Lemieux
 Pvt. L. M. Lidy
 Pvt. M. Lockhart Jr.
 Pvt. D. J. Lowery
 Pvt. J. A. Lowrance
 Pfc. B. P. Martin
 Pvt. M. R. Massaglia Jr.
 Pvt. J. S. McCain
 Pfc. S. D. McGowan
 Pvt. R. J. McKeever
 Pvt. J. R. Meier
 Pvt. S. Melendrez
 Pvt. R. N. Mendiola
 Pvt. K. J. Menzies
 Pvt. D. M. Misheski
 Pfc. J. C. Miskulin
 Pfc. J. D. Moore
 Pvt. J. E. Musgrove
 Pvt. C. R. Owen
 Pfc. A. T. Schutz
 *Pfc. A. M. Torabpour
 Pfc. C. J. Turner
 *Pfc. P. A. Washington
 Pvt. C. P. Wayman
 Pfc. D. J. Wertish
 Pvt. A. P. Wilson
 Pvt. J. L. Wnek
 Pvt. B. J. Wright

- PLATOON 1053**
 Pfc. C. J. Aultman
 *Pfc. N. J. Belanger
 Pvt. D. A. Bennett
 Pfc. A. J. Bitter
 Pfc. K. S. Bonilla-Ortiz
 Pvt. A. T. Bowman
 Pvt. B. C. Buehlman
 Pvt. V. J. Corena
 Pvt. G. T. Corle
 Pfc. D. J. Cuevas
 *Pfc. J. A. Davila
 Pvt. M. Delgado-Martinez
 *Pfc. D. B. Fields
 Pvt. M. Franco
 Pvt. N. A. Gengler
 Pfc. M. A. Gomes
 Pvt. C. M. Izquierdo
 Pvt. M. A. Jaramillo-Acuna
 Pvt. C. Jones
 Pvt. G. T. Kieling
 Pvt. S. M. Lusso
 Pvt. K. C. Martinez
 Pfc. G. E. Mejia Jr.
 Pfc. A. D. Mitchell
 Pvt. A. I. Negrete
 Pvt. R. J. O'Brien
 Pfc. C. W. Olsen
 Pvt. A. A. Osborn-Alejandre
 Pvt. J. P. Palmeri
 Pfc. D. L. Pham
 Pfc. C. A. Pollnow
 Pfc. L. E. Poreider IV
 Pvt. M. J. Potter
 Pvt. B. A. Poyorena
 Pvt. C. M. Quintanar
 Pfc. G. Ravell
 Pvt. M. J. Redfern
 Pvt. C. B. Reprado
 Pvt. A. P. Roddini
 Pvt. A. Rodriguez-Del Rio
 *Pfc. S. H. Sallee
 Pvt. M. Sanchez
 Pvt. A. C. Sanders
 Pvt. D. L. Schmidt
 Pfc. M. S. Schmidt
 Pvt. W. J. Siess
 Pvt. D. D. Smith
 Pvt. J. V. Smith
 Pvt. C. Soria
 Pvt. J. T. Spradley
 Pvt. J. J. Stephens
 Pfc. T. E. Steppan II
 Pfc. D. L. Stevenson
 Pfc. J. M. Stewart
 Pvt. J. M. Stidman
 Pvt. R. N. Swanson
 Pvt. L. D. Sweat Jr.
 Pvt. V. A. Tinoco
 Pvt. R. V. Urquica
 Pvt. B. M. Walters

- PLATOON 1054**
 Pvt. J. A. Anderson
 Pvt. J. A. Anthony
 Pfc. J. L. Armstrong
 Pfc. C. D. Barefield
 Pvt. A. J. Bennett
 Pfc. O. E. Blanco
 Pvt. M. B. Bottoms
 Pvt. M. F. Burns
 *Pvt. S. K. Calcut
 Pvt. C. E. Canen
 Pvt. J. P. Carlson
 Pvt. C. Castro
 Pvt. A. Cazares
 Pvt. M. J. Christmas
 Pfc. R. M. Clayton
 *Pvt. T. B. Clements
 *Pvt. B. D. Collins
 Pfc. J. G. Counes
 Pvt. T. K. Covington
 *Pvt. J. P. Cox
 Pfc. S. R. Craig Jr.
 Pfc. B. J. Danczyk
 Pvt. T. J. Denn
 Pfc. Z. R. Dennis
 Pfc. H. Duran
 Pvt. R. Elizondo
 Pvt. Z. R. Ernesti
 Pvt. S. J. Evans
 Pvt. M. J. Faber
 Pfc. P. H. Fitzsimmons
 Pvt. P. A. Flores
 Pvt. S. S. Franse
 Pfc. W. C. Frazier
 Pvt. N. F. Garcia
 Pvt. X. P. Garcia
 Pvt. C. I. Garcia-Hernandez
 Pvt. D. B. Garwood
 Pfc. C. A. Gerlach
 Pvt. D. D. Gillings
 Pvt. A. Godinez
 Pvt. M. Gomez-Gonzalez
 Pfc. D. T. Gordon
 Pfc. R. J. Gordon
 Pvt. T. B. Gorman
 Pfc. S. A. Greeson
 Pvt. I. C. Griffin
 Pvt. D. S. Gubarik
 Pvt. J. M. Guimond
 Pvt. D. O. Harris
 Pvt. J. E. Hernandez-Hisatake
 Pvt. T. J. Hoyt
 Pvt. J. E. James
 Pfc. A. B. Joe
 Pvt. J. J. Kane
 Pvt. K. S. Kenny
 Pvt. G. J. Kevorkian
 Pfc. A. J. King
 Pfc. J. H. Koon
 Pvt. C. L. Lamb
 Pvt. A. M. Langham

- PLATOON 1055**
 Pvt. J. A. Adams
 Pfc. T. R. Beechler Jr.
 Pvt. D. J. Berg
 Pvt. D. A. Blesi
 Pvt. A. J. Guerrero
 Pfc. K. B. Hallett
 Pvt. C. K. Leiner
 Pfc. M. R. Lising
 *Pfc. T. J. Little
 Pvt. M. C. Myhre
 Pfc. Z. D. Nagel
 Pvt. J. S. Newman
 Pvt. P. J. Ortega
 Pvt. A. G. Ortiz
 Pvt. M. Osornio Jr.
 Pfc. E. M. Park
 *Pvt. A. K. Payne
 Pfc. K. D. Perkins
 Pvt. G. R. Peterson
 Pfc. J. S. Pineda
 Pvt. A. A. Poston
 Pvt. E. J. Proud II
 Pvt. G. E. Ramirez
 Pvt. A. D. Ramirez-Gutierrez
 Pvt. K. P. Ramsey
 *Pfc. J. A. Rangel
 Pfc. A. J. Raygoza
 Pvt. B. T. Rego
 Pvt. D. T. Reust
 Pfc. J. D. Reyes
 Pfc. B. B. Reyna
 Pfc. J. C. Ring
 Pfc. E. Ribleo
 Pvt. A. Rodriguez Jr.
 Pvt. L. Rogers Jr.
 Pvt. P. S. Ross
 Pvt. C. S. Rueffer
 Pvt. D. R. Sanchez
 Pvt. R. G. Sandaker
 Pvt. J. A. Shedaker
 Pvt. J. L. Sinclair
 Pfc. J. A. Skroko
 Pvt. M. L. Smith
 Pfc. A. K. Stensland
 Pvt. S. M. Stephens
 Pvt. S. D. Sublett
 Pvt. N. A. Tippins
 Pfc. E. E. Toralba
 *Pfc. M. A. Torres
 Pfc. J. L. Valencia
 Pfc. P. T. Valeri
 Pfc. J. A. Velasco
 Pvt. J. Velasquez Jr.
 Pvt. T. A. Villarreal Jr.
 Pvt. J. D. Walker
 Pvt. R. E. Willrich
 *Pfc. P. C. Wilson
 Pfc. J. Yen
 Pvt. J. A. Yokum
 Pvt. S. K. Yost
 Pvt. N. D. Zachariason

Motivation keeps recruits going through O-Course

BY CPL. WALTER D. MARINO II
Chevron staff

Marching, drill instructor motivation and obstacle courses are parts of recruit training. Recruits received a dose of both drill instructor encouragement and obstacle course exercises aboard Marine Corps Recruit Depot San Diego Feb. 28.

Prior to attempting the obstacle course, recruits were required to run approximately a half mile and perform combat carries such as the fireman's carry and buddy drag.

Although drill instructors attempted to partner recruits according to similar weight, it wasn't uncommon to see a recruit struggling with someone much heavier than themselves. Despite their physical duress, recruits understood the message behind the training.

"In a combat situation they could be a lot heavier than you and then you have to account for all the gear they would be wearing," explained Recruit Corey R. Gonzalez, Plt. 1067, Co. D, 1st RTBn.

Despite the reasoning, the knowledge didn't make the training any less difficult for recruits.

"For me, buddy dragging and the fireman's carry was the

hardest part," said Recruit Eddie A. Robinson, Plt. 1067, Co. D, 1st RTBn. "The person I had to carry was about 15 pounds heavier than me and you just have to push yourself through it."

Robinson explained the drill instructors ordering them to "keep going," helped at times.

Following their warm-ups, recruits lined up beaded in sweat for the obstacle course. Recruits were then required to hurdle over logs, pull themselves up, over and down bars of varying in height and finished with a rope climb.

Although many recruits wished their physical training was over, it wasn't. Drill instructors ordered their recruits to push through the obstacle course once more.

"It's a defining moment," said Staff Sgt. Timothy R. Jackson, senior drill instructor, Plt. 1065, Co. D, 1st RTBn. "Some recruits lack confidence and we try and motivate them to get through the obstacles. Hopefully them getting through the obstacle course will give them confidence that will get them through recruit training."

For many, that defining moment came at the very end of the obstacle course when recruits were required to climb up and down the rope. Although recruits learned rope climbing techniques such as the wrap-around and

J-hook, fatigue challenged recruits like a strong ocean current to a swimmer.

"The rope was the hardest part," said Gonzalez. "You're already tired and you have to use the last bit of your strength to finish. I was about three-fourths of the way up and my arms started to give out. I was scared I was going to fall down."

Although Gonzalez ultimately fell a portion of the ways down, he was not injured. Shredded pieces of rubber surrounded the floor around the ropes and protect recruits from injury. In addition to the rubber, navy hospital corpsmen watch over all training events aboard the depot.

Whether motivated by drill instructors, combat readiness or family, it appeared all recruits utilized some sort of motivation to finish strong.

For Jackson, a Springfield, Ill., native, his motivation came from his family.

"I'm the bread winner for my family," said the 20 year old Jackson. "I have to support my brothers and my mom. My motivation through this has been my goal of improving our finances and making our lifestyle better than what it is."



Cpl. Walter D. Marino II

A Company D drill instructor encourages recruits to run faster. The recruits ran one half mile as a warm-up prior to the obstacle course.



Cpl. Walter D. Marino II

Recruits of Company D, 1st Recruit Training Battalion, climb a rope as their last segment of the obstacle course aboard Marine Corps Recruit Depot San Diego Feb. 28. After the rope climbing recruits were required to conduct fireman's carries and buddy drags.



Cpl. Walter D. Marino II

Company D recruits work their way over poles and hurdles during an obstacle course work-out. If a recruit went through a segment of the obstacle course incorrectly drill instructors ordered them to do the exercise once more.