Co. D takes the CFT

Pg 4

MARINE CORPS RECRUIT DEPOT SAN DIEGO

# CHEVRON

AND THE WESTERN RECRUITING REGION

Thomas Jefferson Awards

*Winner of the 2011 Thomas Jefferson Award For Excellence in Print Journalism*

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"WHERE MARINES ARE MADE"

FRIDAY, NOVEMBER 22, 2013


# Recruits use teamwork to succeed during Crucible

Story & Photos by
Lance Cpl. Jericho W. Crutcher
Chevron staff

**A fire team of Company I recruits, 3rd Recruit Training Battalion, work to transport a simulated casulity across a rope bridge while solving one of the obstacles presented by the 12 Stall course during the Crucible at Edson Range, Nov. 13. Only one rule applied to all station of the 12 Stall; that the recruits could not touch anything painted red.**

**MARINE CORPS BASE CAMP PENDLETON, Calif.** – Recruits of Company I, 3rd Recruit Training Battalion, worked in fire teams to accomplish the 12 Stall obstacle course during the Crucible at Edson Range, Nov. 13.

The Crucible is a 54-hour test of endurance in which recruits must conquer more than 30 different obstacles while they experience food and sleep deprivation. During the Crucible, recruits learned the importance of teamwork and small unit leadership.

"All Marines are leaders and must train to lead their fellow Marines even as a private first class or lance corpal," said Sgt. Preston T. Brown, Platoon 3205. "The platoon breaks into small fire teams which helps develop leadership in the recruits, helping produce well-rounded Marines."

Each exercise was within a stall which made up 12 obstacles all together. During each obstacle, fire teams were given a set of tools and instructions to complete each mission. They had to abide by the instructions to successfully complete the mission.

If recruits operated the mission against any of the set rules, they automatically failed and had to restart from the beginning, explained 25-year-old Brown, a New Orleans, Louisiana native.

Each station held a different set of rules, but one that stayed the same was not touch anything painted red on the obstacle. If they did, they were considered dead and had to run approximately 100 yards with two ammunition cans and then buddy drag a fellow recruit back before returning to retry the event.

In stall 12 of the course, recruits crawled through two tunnels and used two planks to maneuver across three erect wooden

see CRUCIBLE ▸2

## *Marines, sailors give back*

Story & Photo by
Lance Cpl. Tyler Viglione
*Chevron staff*

**SAN DIEGO, Calif.** – The Single Marine Program helps servicemembers live a better life by planning recreational, social and other activities that offer servicemembers the opportunity to participate and help their local communities.

Marines and sailors from the area helped Father Joe's Village and the Saint Vincent De Paul's homeless shelter feed the homeless, Nov. 11.

Father Joe's Village and its partner St. Vincent de Paul Village are Southern California's largest residential homeless services providers. Their mission is to empower people to achieve self-sufficiency. The agencies prepare

see SMP ▸2

**Joshua P. Davis, left, Single Marine Program coordinator and Petty Officer 3rd Class Thomas Meredith, Yoeman, serve drinks to clients at the Saint Vincent De Paul's homeless shelter, Nov. 11.**

**Recruit Sergio Rios Jr., Platoon 3227, lays in a prone position during the Bayonet Assault Course aboard the depot, Nov. 6. Recruits learned the techniques in a classroom setting at first and then to performed it on the course using rubber tires as targets.**

## Company H learns bayonet techniques

Story & Photos by
Lance Cpl. Tyler Viglione
*Chevron staff*

Recruits of Co. H, 2nd Recruit Training Battalion, sliced and diced bayonet techniques aboard the depot, Nov. 6.

Recruits learned first-hand how to use the bayonet in a close quarter combat situation. Various techniques were taught from the slash to the vertical and horizontal butt stroke.

Before recruits performed the techniques, they were sat down by Marine Corps Martial Arts Program Instructor and taught the proper execution and importance of each technique.

"There was a lot of attention to detail in each technique that we learned and the most important part was executing it aggressively," said Recruit Sergio Rios Jr., Platoon 3227.

While executing the techniques, recruits were closely watched by their drill instructors to ensure each technique was properly performed.

Recruits performed these techniques numerous times to create muscle memory.

Once recruits had learned everything from the MCMAP instructor, they were then taken to the Bayonet Assault Course and applied their new skills.

see BAYONET ▸2

**Recruits of Company I, 3rd Recruit Training Battalion, worked in fire teams to accomplish the 12 Stall obstacle course during the Crucible at Edson Range, Nov. 13. Each exercise was within a stall which made up 12 obstacles all together. During each obstacle, fire teams were given a set of tools and instructions to complete each mission. They had to abide by the instructions given to successfully complete the mission.**

**CRUCIBLE ◂ 1**

posts of different heights. Recruits had to ensure everyone got across including all the gear.

Without teamwork none of the obstacle would have been possible to accomplish, explained Recruit Andrew B. Hernandez.

Throughout the event, recruits grasped the importance of mission accomplishment and teamwork.

"Each obstacle requires communication between the recruits to assure everyone is working together on the same page," said 19- year-old Hernandez, a Rockwall Texas native. "Communication within your unit is the determining factor between success or failure, and failure is not an option in the Marine Corps."

As recruits went through the 12 stalls, Marines supervised the recruits on a platform that over saw the entire course, ensuring recruits performed the obstacles correctly and safely.

Once recruits of Co. I completed the Crucible, they earned the title Marine.

Next they will progress their Marine Corps career by attending Marine Combat Training or Infantry Training Battalion to learn basic combat skills.

Then they will head to their Military Occupation Specialty schools where they will learn the job they will perform daily as United States Marines.

**BAYONET ◂ 1**

"We use the bayonet assault course to get the recruits in that combat mindset," said Staff Sgt. Cesar Gonzales, drill instructor, platoon 3227. "The BAC lets recruits apply what they had just learned in the class."

The BAC consists of obstacles, barbed wire, dirt tunnels and fox holes where recruits ran, low-crawled, buddy rushed in fire teams of four, using rubber tires as targets.

During the course, sound effects screamed from the speakers placed around the course. Sounds of gunfire, war cries and explosions echoed as the recruits pushed through the course.

"It was really motivating," said Rios, a native of Mexia, TX. "Hearing the Saving Private Ryan introduction and war crying, made it almost feel real."

**Company H recruits practice the horizontal butt stroke technique during the bayonet techniques class. Recruits learn everything for their tan belts in First Phase and reiterate it with their drill instructors until 3rd Phase when they test out.**

While this was Co. H's first taste of bayonet training, they have to hold on to their skill. With each MCMAP belt the recruits go for when they become Marines they will apply the techniques they learned during recruit training and also learn new ones.

**SMP ◂ 1**

up to 4,000 meals and provide care for nearly 1,500 individuals daily. The organizations' mission is made possible only through the efforts of staff, volunteers, and generous public and private donors.

Marines helped the kitchen staff prepare plates comprised of pizza, chicken tenders and vegetables. Other Marines and sailors passed out drinks, handed the plates to all of the clients and served sides to the meal like pasta salad and tuna.

"I love doing this, it makes me feel whole, I like knowing that I am giving back to the community," said Cpl. Nallely A. Lopez-Escobedo with Expeditionary Warfare Training Group, Pacific.

Marines, who volunteered through the Single Marine Program, help out Saint Vincent De Paul's homeless shelter the first Monday of every month. Marines have volunteered for the past two years, according to Joshua P. Davis, Marine Crops Recruit Depot San Diego SMP Coordinator.

"It's always good to give back to a city like San Diego," said Davis, a native of Atlanta, Ga. "The city of San Diego does a lot for servicemembers so it's our way of giving back."

The single Marine program has three different types of community service activities such as feeding the homeless, habitat for humanity and beach clean-up.

"It's good to have Marines go out there and show people and the community that we do other things than Marine (activities), said Cpl. Marvel Thompson from MCRD San Diego.

Saint Vincent De Paul's cafeteria serves three full meals a day to their clients. During lunch anyone can come eat.

Feeding the homeless is only a small token for the servicemembers to show their appreciation for all that the city does for them. They encourage more people to come out and do the same.

"I think more people should come out and do this with us," said Lopez-Escobedo, a native of San Jose, Calif. "Helping people is always a good thing."

## BRIEFS

### Open enrollment

Open enrollment is underway for eligible civilian employees who wish to enroll, make changes, or cancel current benefit coverage for the 2014 calendar year.

Changes may be made until November 29.

For information and to make changes go to http://www.mccsmcrd.com/OpenEnrollment/index.html

### Semper Fit 5K Turkey Trot

The annual Semper Fit 5K Turkey Trot runs from 1 to 4 p.m., Nov. 22. Runners will begin at the recreation center parking lot.

The event is free for all depot personnel and $10 for guests.

The race starts and ends at the Recreation Center. There are free T-shirts, beverages and prizes at the conclusion of the race.

To pre-register go to http://www.mccsmcrd.com/ or http://mcrdruns.eventbrite.com.

### Great American Smokeout

Today marks the 37th celebration of the Great American Smokeout. There will be a Smokeout Booth on the recreation center parking lot from 1 until 4 p.m., during the Turkey Trot.

Everyone is invited and encouraged to visit the booth and take the pledge to be smoke free!

### Thanksgiving Day Celebration

The Single Marine Program sponsors a Thanksgiving Day Celebration at the depot's recreation center on Nov. 28, from noon to 9 p.m.

All single service members and geographical bachelors who are unable to make it home are welcome. Join your 'family for a day,' and enjoy football on the big screen, free bowling and a traditional turkey dinner to be served at 4 p.m.

For information contact Josh Davis via telephone at (619) 524-8240, or via e-mail at davisjp@usmc-mccs.org.

### Thanksgiving buffet

The Bayview Restaurant is offering a Thanksgiving buffet from 11 a.m. until 2 p.m., November 28.

The meal will cost:

- $24.95 for Active Duty
- $29.95 for adults
- $24.95 for seriors
- $14.95 for children (ages 4 to 12)

For information go to http://mccsmcrd.com/dining/BayViewRestaurant/Brunch/index.html

### Vehicle Registration Office closure

The Vehicle Registration Office will be closed on Nov. 29. For information call extension 4202.

### Personal & Professional Development

The depot Library offers Universal Class Online. This is a free service, available to all patrons with active Marine Corps library accounts. Patrons can study more than 500 online continuing education courses on any computer. Courses include computer training, business, health services, personal finance, professional development, GED training, etc.

For information, course listing or to sign up call (619) 524-1849 Monday through Saturday from 8:30 a.m., until 5 p.m., and from 1 until 5 on Sunday. Information is also available at http://www.facebook.com/mccsmcrdsd.ppd http://www.mccsmcrd.com/PersonalAndProfessionalDevelopment/Library/index.html.

### Send briefs to:

rdsd_pao@usmc.mil. The Chevron staff reserves the right to publish only those briefs that comply with Department of Defense regulations and the standards of the U.S. Government.

# 31st MEU assesses remote sites with Osprey, delivers help

Story & Photo by
Capt. Caleb Eames
*III Marine Expeditionary Force/Marine Corps Installations Pacific*

**LEYTE, Philippines –** A bilateral assessment team traveled to remote areas in and near Leyte using an MV-22B tiltrotor Osprey aircraft to assess the needs of people isolated by Typhoon Haiyan Nov. 18, as part of Operation Damayan.

U.S. Marine Col. John Merna, commanding officer of the 31st Marine Expeditionary Unit and other U.S. Marines, assisted Angel Pana, of the Philippine Department of Social Welfare and Development, and members of the Armed Forces of the Philippines in checking the needs of three small villages, which were destroyed in the storm.

During the assessment, the team also delivered U.S. Agency for International Development relief supplies.

Elements of the 31st MEU, traveling aboard USS Germantown and USS Ashland, are expected to arrive in a day or so.

The 31st MEU brings approximately 1,000 Marines and sailors to add to the relief efforts in support of the government of the Philippines response to the massive typhoon, which has affected more than 4 million people.

"The assessment team determined requirements for food, water and medical support, basic needs that the 31st MEU, in coordination with USAID and in support of the ongoing efforts of the Philippine government, might be able to assist with," said Merna. "The team was able to travel quickly to these remote areas because of the speed of the MV-22 Osprey when compared to traditional helicopters."

**U.S. Marine Capt. Joseph White, left, of Barstow, Calif., the deputy logistics officer of the 31st Marine Expeditionary Unit and Philippine Army PFC Vic D. Victorlano carry U.S. Agency for International Development relief supplies from an MV-22 Osprey tiltrotor aircraft, Nov. 18. A bilateral assessment team landed to deliver relief and determine needs in remote areas in and near Leyte to assess the needs of people isolated by Typhoon Haiyan. U.S. military assets have delivered relief supplies provided by the U.S. Agency for International Development since the start of Operation Damayan, in support of the Government of the Philippines in the wake of Typhoon Haiyan.**

The 31st MEU last assisted with a humanitarian assistance and disaster relief mission in 2011, after the Great East Japan Earthquake and subsequent tsunami.

The team traveled to Casuguran, on Homonhon Island; Buena Vista, on Mamicami Island; and Pandan, Burawen, on Leyte Island.

At each site, the bilateral team met with local leadership to record needs, take requests, and determine emergent medical requirements.

"The aid is quickly getting to these people in need due to the speed and range of the Osprey," said Pana. "Most of the remote areas are now being reached through our united efforts."

Midway through the assessment flight, the Osprey refueled aboard the USS George Washington aircraft carrier. Operation Damayan is the first event where Ospreys have landed on the ship.

The MEU will supplement the ongoing efforts of the 3rd Marine Expeditionary Brigade as part of Joint Task Force-505, operating in support of the Government of the Philippines in coordination with USAID.

# *AFP, US servicemembers evacuate injured people in wake of Haiyan*

**Members of the Armed Forces of the Philippines, U.S. servicemembers and medical personnel from Makati Medical Center transport an injured person from a KC-130J Super Hercules Nov. 18 at Villamor Air Base.**

Story & Photo by
Cpl. Brandon Suhr
*III Marine Expeditionary Force / Marine Corps Installations Pacific*

**PHILIPPINES -** The Republic of the Philippines was struck by Typhoon Haiyan Nov. 7, bringing with it some of the most damaging winds and rain in recorded history. The storm impacted millions of people, and left hundreds of thousands homeless in desperate need of assistance.

Since the storm struck, militaries and volunteers from across the world have assisted the Armed Forces of the Philippines and the Government of the Philippines to evacuate homeless citizens looking to travel to safety.

The role of U.S. military forces during any foreign humanitarian assistance event is to rapidly respond with support to help mitigate human suffering and prevent further loss of life, and mitigate greater property damage. The first stop for the majority of people being evacuated by Marine aircraft during Operation Damayan is Villamor Air Base in the capital city of Manila.

Upon arrival, evacuees are triaged to determine their health status and care needs.

Medical staff with the AFP, U.S. Navy and countless volunteers process about 2,000 evacuees daily at Villamor, according to Lt. Cmdr. Eduardo M. Jimenez, the medical planner for 3rd Marine Expeditionary Brigade, III Marine Expeditionary Force, currently in support of Joint Task Force 505.

"Casualty evacuations are part of the most important thing in any type of mission," said Jimenez, who was born in the Philippines.It takes both the U.S. personnel and AFP working together to ensure everyone who needs medical attention receives the appropriate care.

The AFP assists people who needed medical attention to the ambulance if necessary and the U.S. service members provided any needed support, according to Jimenez.

"We had multiple (injured people) coming in today, and I was out on the flight line coordinating to get the ambulances to the aircraft," said Master Gunnery Sgt. Jay Elliott, the operations chief for 3rd MEB and native of Bellows Falls, Vt.

The crew chief of the ambulance gave one of the injured persons his cell phone so he could call his wife and arrange plans to link up with her after she arrived on a later flight, according to Elliott.

"There have been six different times I have carried people out of planes since arriving here," said Lance Cpl. Christopher E. Pring, a landing support specialist with Combat Logistics Battalion 4, assigned to 3rd MEB, currently in support of JTF-505. "I have never been able to help this many people before, and after doing it for the first time, it has been a humbling experience. The ability to see someone smile when you smile, it feels amazing," said Pring, a native of Tacoma, Wash.

Members of the AFP greatly appreciate the assistance the international community is providing to their country.

"The Marines are able to help us transport all of the people who are in need here," said Pvt. Lanaque R. Damilo, a security guard with the 1305th Community Defense Group, Army Reserve Command, 501st Battalion, 15th Infantry Division, Philippine Army.

CHEVRON
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**COMBAT CORRESPONDENTS**
Lance Cpl. Tyler Viglione
Lance Cpl. Jericho Crutcher

**EDITOR**
Roger Edwards

CHEVRON/PUBLIC AFFAIRS OFFICE
1600 HENDERSON AVE. #120
SAN DIEGO, CA. 92140
(619) 524-8722
WWW.MCRDSD.MARINES.MIL

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Recruits run and jump, latching on to a rope to swing across the Run Jump Swing obstacle. During the Confidence Course recruits were divided into groups, each led by a different drill instructor.

Recruits climb their way across the Arm Walk obstacle during the Confidence Course. When it comes to the mission, Marines must do what it takes for mission accomplishment which takes courage and confidence.

Recruits climb their way up and over a wall while running the Confidence Course Nov. 4. If a recruit fails any part of an obstacle, drill instructors send him back to the begining to try it again.

Company G recruits climb the three story Skyscraper obstacle during the Confidence Course. Before recruits start the course, drill instructors guide the recruits around each obstacle and demonstrate how each overcome each obstacle using the proper technique

# Recruits learn meaning of confidence

Story & Photos by
Lance Cpl. Jericho W. Crutcher
*Chevron staff*

Confidence is something every recruit must develop to become a Marine. For recruits one aid in building this is through the Confidence Course.

Recruits of Company G, 2nd Recruit Training Battalion, battled their way through the Confidence Course aboard the depot, Nov. 4.

"The Confidence Course is designed to let the recruits know anything is possible if you just push through your limits with confidence and courage," said Sgt. Carlos Chavez, drill instructor, Platoon 2145. "It gives the recruits a chance to see their abilities of completing the course, as the fear of each obstacle goes away."

Before recruits start the course, drill instructors guide the recruits around each obstacle and demonstrate how each station works using the proper technique. Recruits are then divided up and led around the course by a drill instructor.

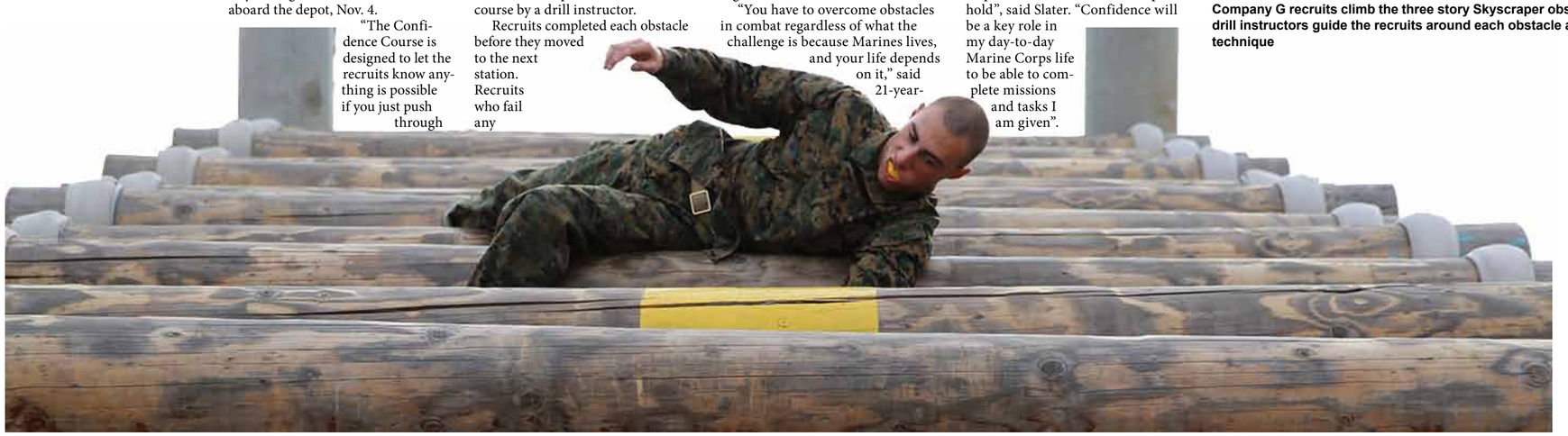
Recruits completed each obstacle before they moved to the next station. Recruits who fail any part of an obstacle were sent back to the begining of the obstacle to try it again.

"There are no breaks and there is no rest time. You have to continuously push through the entire course putting forth everything you have," said 26-year-old Chavez, a South Padre, Texas native. "There are no breaks on a combat deployment so we train as such during recruit training."

"You have to overcome obstacles in combat regardless of what the challenge is because Marines lives, and your life depends on it," said 21-year-old Slater, a Provo, Utah native. "Whether you're jumping out of a helicopter or climbing over a wall, you have to get the mission done."

Some recruits show up to the course nervous, but once they complete the course most recruits became more confident in their abilities.

"I will soon be a United States Marine and that comes with a lot of responsibilities I will have to uphold", said Slater. "Confidence will be a key role in my day-to-day Marine Corps life to be able to complete missions and tasks I am given".



Company G, 2nd Recruit Training Battalion, recruits climb over and under every other log on the Weaver obstacle while running the depot's Confidence Course Nov. 4.

Recruits make their way up and over the Cargo Net Climb during the Confidence Course.

**Pvt. Daniel R. Toman, Co. I, 3rd Recruit Training Battalion, low crawls after throwing a simulated grenade during the Crucible at Edson Range aboard Marine Corps Base Camp Pendleton, Calif., Nov. 13.**

# Marine follows father's footsteps

Story & Photo by
Cpl. Pedro Cardenas
*Chevron staff*

Discipline starts at home and for Pvt. Daniel R. Toman, there's no better person to learn from but his father, a former Marine sergeant.

Toman, Platoon 3201, Company I, 3rd Recruit Training Battalion, admired his father and followed his footsteps in the Marine Corps.

"My dad always had strict discipline, I remember I was never late anywhere," said Toman. "I was always 15 minutes early to school."

A popular phrase in the Corps is "If you are on time, you are late."

Toman also learned about brotherhood and camaraderie.

"If he ever ran into a Marine, he treated them like he knew them," said 20-year-old Toman.

His father's pride resonated with Toman and he became inspired to join the Marine Corps.

"I always wanted to join because I wanted to be like my dad, the man I looked up to," said Toman.

Toman recalled during his childhood, his father stood up to a gang of bikers who were harassing a family and forced the bikers to leave, ending the altercation.

Toman said, courage and bravery is something he admired from his father and made him more realize the meaning of the phrase Once a Marine; Always a Marine.

"My father has a strong sense of belonging whenever he saw something about the Marine Corps anywhere," said Toman. "You could see him glow, the unbelievable pride that radiated from him."

However, Toman had long struggled with weight issues which initially prevented him from enlistment. Toman worked hard and spent two years getting in shape and dropped 66 pounds. He exercised daily at his local Young Men's Christian Association in order to enlist and ship off to recruit training.

His father developed an alcohol problem which led to differences in opinion and verbal altercations.

"We got into arguments because (with his alcohol problem) he was not himself," said Toman.

Toman explained he became more motivated to prove he was worthy to become a Marine, and hopefully help his father come back to his old self when he sees him as a Marine.

"I always tried to do everything to make him proud," said Toman.

Toman did not tell his father he would join the Marine Corps. According to Toman, he was afraid to tell him because of the lingering possibility of failure.

"He had a hard time at the beginning of training," said Staff Sgt. Hector Jimenez, a Los Angeles native. "Becoming a Marine like his father, kept him from quitting."

For Toman, becoming the best Marine possible was more than self-rewarding. One of his strengths was his shooting ability. He scored 325 points out of 350 possible during rifle qualification to become one of the best shooters of his company.

"I really wanted to push myself and see how far I could make it," said Toman.

Toman explained, his father has sobered-up and that their relationship has improved. However, his family was not able to make it to graduation but they are waiting for him to get home. Toman is looking forward to seeing his father and his reaction when he finally sees him for the first time as a Marine.

"I couldn't have asked for a better father," said Toman. "I want to see his face when I show up wearing my dress blue uniform and I know he will say, 'I'm proud of you.'"

## Sgt. Maj. Paron A. Lewis

### Parade Reviewing Officer

Sgt. Maj. Paron A. Lewis attended Mount Vernon High School and upon graduation he enlisted in the United States Marine Corps and reported to Recruit Training on Nov. 27, 1984.

Upon completion of Recruit Training at Marine Corps Recruit Depot Parris Island, S.C., and subsequent training as an infantryman at Infantry Training School, Camp Geiger, Camp Lejeune, N. C., Lewis was assigned to Marine Barracks Puerto Rico, Roosevelt Roads where he served as a sentry and corporal of the guard.

Meritoriously promoted to corporal in August 1986, Lewis was reassigned to Bravo Company, 1st Battalion, 7th Marine, Marine Corps Base Camp Pendleton, Calif., where he served as an infantry squad leader, guide and platoon sergeant. While at 1/7, Lewis attended the Infantry Squad Leaders Course, and participated in a Unit Deployment Program deployments to Okinawa, Japan and various training exercised in the Far East.

In November 1988, Lewis reenlisted and volunteered for the Marine Security Guard Program. After completing MSG School he was assigned to the embassies in Vatican City, Italy; Casablanca, Morocco; Baghdad, Iraq; and Amman, Jordan. While on the program he served as a watch stander, and assistant detachment commander.

On Aug. 21, 1990, Lewis assisted in the evacuation and deactivation of the American Embassy Baghdad, Iraq in preparation for the Gulf War.

After completing MSG in October 1991 Lewis was assigned to Company G, 2nd Battalion, 7th Marines at Twentynine Palms, Calif. While in 2/7 Lewis served as a platoon sergeant, platoon commander, and intelligence analysts. While at 2/7 Lewis also deployed in support of many exercises with the Unit Deployment Program.

He attended the NCO Basic Course, where he was the Honor Graduate.

In December 1993, Lewis received orders to recruiting duty.

After completing the required training in May 1994 Lewis was assigned to Recruiting Station Nashville, Recruiting Sub Station Rivergate. While on recruiting duty Lewis received many awards and accolades and was promoted to staff sergeant in October 1996.

After a successful tour as a recruiter in May 1997, Lewis was reassigned to Twentynine Palms for duty with Company K, 3rd Bn., 7th Marines. While with 3/7, Lewis served as platoon sergeant, platoon commander, company gunny and assistant operation chief.

Lewis trained and led a platoon on deployment in support of many training exercises in the Far East. Lewis also attended the Infantry Platoon Sergeant Course, Career Course, Advance Course and Ground Operation Chief Course. In December 2001, Lewis was assigned to inspector and instructor duty, San Bruno, Calif. There he served with 2nd Bn., 23rd Marines and Headquarters and Service Co., 23rd Marines. Lewis's billets included gunnery sergeant, operations chief, and company first sergeant.

In December 2003, Lewis was selected to first sergeant.

In May 2004, Lewis was reassigned to 7th Engineer Support Bn., 1st Marine Logistic Group, Camp Pendleton. He served first sergeant for Bulk Fuel Company, Engineer Support Company and Headquarters and Service Company. He was selected for an Advisory Support Team mission with the Iraqi Intervention Force, from November 2004 until July 2005 in Fallujah, Iraq.

Lewis also served as 7th Engineer Support Battalion sergeant major from February to August 2006 for the battalion rear, while half the command was forward deployed.

In April 2007, Lewis was selected to his current rank, and was reassigned to 1/7. While serving as the battalion sergeant major he deployed in support of Operation Iraqi Freedom 9.01, back to Fallujah. He most recently completed a deployment in January 2011, in support of the 31st Marine Expeditionary Unit, as the battalion landing team sergeant major.

In May 2011, Lewis posted as the Marine Aviation Logistic Squadron 16 sergeant major. Lewis assumed his duties as the sergeant major of Marine Aircraft Group 11, 3rd Marine Aircraft Wing on October 13, 2011.

His personal decorations include the Bronze Star, the Meritorious Service Medal, the Navy and Marine Corps Commendation Medal with 3 gold stars in lieu of fourth award, the Navy and Marine Corps Achievement Medal with 3 gold stars in lieu of fourth award, and the Combat Action Ribbon.

| Platoon 3203 | Platoon 3205 | Platoon 3201 | Platoon 3202 | Platoon 3206 | Platoon 3207 | Platoon 3206 | Platoon 3203 |
|---|---|---|---|---|---|---|---|
| **COMPANY HONOR MAN** Pfc. D. V. Bernard San Diego Recruited by Sgt. J. Maltez | **SERIES HONOR MAN** Pfc. S. Lopez III Yuma, Ariz. Recruited by Sgt. G. Avellaneda | **PLATOON HONOR MAN** Pfc. B. E. Barnes Longmont, Colo. Recruited by Sgt. A. Thomas | **PLATOON HONOR MAN** Pfc. K. D. Bradford Gary, Ind. Recruited by Sgt. C. Fuller | **PLATOON HONOR MAN** Pfc. N. M. Krause Los Angeles Recruited by Sgt. P. Gregory | **PLATOON HONOR MAN** Pfc. C. C. Roper Elk Grove, Calif. Recruited by Sgt. S. Cisnerio | **HIGH SHOOTER (336)** Pvt. A. C. White Santa Monica, Calif. Marksman Instructor Sgt. K. Silva | **HIGH PFT (300)** Pfc. B. M. Moonen Sturgeon Lake, Minn. Recruited by Sgt. Z. Penny |

# INDIA COMPANY

**3rd RECRUIT TRAINING BATTALION**

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*Sergeant Major* Sgt. Maj. J. D. Ferriss
*Battalion Drill Master* Gunnery Sgt. R. Rangel

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Capt. N. J. Morrissey
*Company First Sergeant*
Gunnery Sgt. E. D. Ramirez

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Capt. K. M. Gallagher
*Chief Drill Instructor*
Staff Sgt. J. Lerma

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Staff Sgt. H. Jimenez
*Drill Instructors*
Staff Sgt. A. R. Hopkins
Staff Sgt. A. P. Carnett
Sgt. P. E. Gibson

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Sgt. B. T. Cox
*Drill instructors*
Sgt. B. Castillo
Sgt. J. G. Nickell
Sgt. W. Taylor

**PLATOON 3203**
*Senior Drill Instructor*
Sgt. C. M. Hutson
*Drill instructors*
Sgt. D. Hernandez
Sgt. J. M. Johnston
Sgt. A. Tupou

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*Chief Drill Instructor*
Staff Sgt. J. Munoz

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Sgt. C. Q. Hye
*Drill Instructors*
Sgt. P. T. Brown
Sgt. F. E. Macias
Sgt. M. A. Mueller
Sgt. E. Uribe-Coronado

**PLATOON 3206**
*Senior Drill Instructor*
Staff Sgt. A. C. Curtis
*Drill Instructors*
Sgt. K. R. Caito
Sgt. F. X. Marnell
Sgt. C. D. Osoria

**PLATOON 3207**
*Senior Drill Instructor*
Staff Sgt. A. G. Rihn
*Drill Instructors*
Staff Sgt. R. A. Fromherz
Staff Sgt. D. C. Rivera
Sgt. C. A. Lopez

* Indicates Meritorious Promotion

**PLATOON 3201**
Pvt. A. V. Alegria
Pfc. Y. M. Anacay
Pvt. K. C. Bailey
*Pfc. B. E. Barnes
Pvt. A. Barron-Munguia
*Pfc. C. J. Bensley
Pvt. C. J. Boulware
Pvt. R. Bynum
Pvt. C. Calderon
Pfc. W. T. Chaudion
Pvt. I. A. Chavez
Pvt. C. D. Considine
Pfc. C. H. Corneille
Pfc. M. D. Cox
Pvt. J. L. Davis
Pfc. T. A. Davis
Pvt. M. J. Dilg
Pfc. M. R. Fairweather
Pvt. C. I. Fernandez
Pfc. C. A. Fiddler
Pvt. J. A. Flores
Pvt. M. S. Gardner II
Pvt. A. H. Gaub
Pfc. T. G. Gorrell
Pfc. C. A. Grotem
Pfc. J. J. Hall
Pvt. C. R. Hanson
Pvt. A. Harris
Pvt. D. M. Herod
Pvt. J. M. Hill
*Pfc. B. C. Holmes
Pvt. H. B. Hoopes
Pfc. E. Johnson
Pvt. J. D. Jones
Pfc. Q. M. Keener
Pvt. M. A. Knudtson Jr.
Pvt. K. A. Kohler
Pvt. M. C. Lamberte
Pfc. M. A. Larson
Pvt. D. M. Lewis
Pvt. K. R. Lewis
Pfc. J. B. Logan
Pvt. R. M. Martinez
Pfc. S. E. Massad
Pvt. D. P. Meyer
Pvt. J. M. Mihm
Pfc. R. D. Moore
Pvt. M. G. Mueller
Pvt. S. Naranjo
Pvt. J. B. Nye
Pvt. A. A. Osoria
Pvt. A. M. Otero
*Pfc. R. C. Perez
Pvt. G. J. Persons
Pvt. N. R. Platt
*Pfc. Z. J. Pruhs
Pvt. C. E. Quintero
Pvt. J. F. Rangel Jr.
Pvt. L. L. Reed
Pvt. T. K. Rivers
Pvt. C. R. Rodriguez
Pvt. A. J. Salazar
Pvt. D. L. Schiltz
Pfc. S. L. Schmalz
Pfc. T. R. Setere
Pvt. A. C. Shillito
Pfc. M. D. Simmons
Pvt. J. N. Smith
Pvt. G. Soto
Pfc. A. L. Speckman
Pvt. D. R. Toman

**PLATOON 3202**
Pvt. A. Barragan
Pfc. R. J. Belton
*Pfc. D. R. Bill
Pfc. R. Borja
*Pfc. K. D. Bradford
Pvt. J. O. Campa
Pvt. J. P. Conklin
Pvt. M. A. Cuara
Pfc. C. A. Dey
Pvt. D. W. Eady
Pfc. J. T. Gillen-Shaffer
Pvt. D. S. Green
Pvt. C. M Greene
Pfc. M. L. Gundrum
Pvt. J. V. Harper III
Pfc. R. H. Howard
Pvt. A. J. Howard-Koppes
Pfc. G. T Hutches
Pfc. D. D. Jeffrey
Pvt. K. C. Jones
Pvt. M. D. Kielek
Pvt. J. E. Landis
Pvt. E. Leon
Pfc. D. C. Licudine
Pvt. D. R. McDaniel
Pvt. D. A. Mendoza
Pvt. J. T. Narragon
Pfc. M. T. O'Connel
Pvt. R. M. O'Connel
Pvt. N. A. Ogborn
Pvt. J. Palacios
Pvt. C. L. Phillips
Pvt. X. M. Pulliam
Pvt. L. S. Rice
Pvt. S. E. Rodarte
Pfc. J. Saldivar
Pvt. R. Salgado
*Pfc. J. M. Santisteven
*Pfc. H. E. Schuljak
Pvt. D. M. Seymour
*Pfc. H. M. Sherman
Pvt. B. I. Smith
Pvt. S. C. Smith
Pvt. S. B. Snider
Pvt. L. M. Snyder
Pvt. K. Sok
Pvt. W. F. Stan
Pvt. S. E. Stansberry
Pvt. Z. J. Steinmetz
Pvt. Z. M. Stewart
Pvt. T. T. Stroup
Pvt. B. D. Stubbe
Pvt. R. G. Swank
Pvt. B. C. Tarver
Pvt. C. S. Tate
Pfc. J. C. Thomas
Pvt. J. T. Vanhook
Pvt. D. M. Vargas
Pvt. J. S. Vega
Pvt. M. W. Vela
Pfc. J. A. Villa
Pfc. I. V. Villalva
Pvt. D. T. Vo
Pvt. K. G. Walker
Pvt. T. G. Walker
Pvt. T. A. Wells II
Pvt. A. S. Whitbeck
Pfc. J. W. Williamson
Pvt. A. C. Winecke
Pvt. D. L. Wolcott
Pvt. N. M. Wyrwas

**PLATOON 3203**
Pvt. I. Alcala
Pvt. M. A. Alonzo
Pvt. J. Alvares
Pvt. S. M. Armstrong
Pvt. C. C. Arrow
Pfc. B. A. Ashley
Pvt. J. S. Asuncion
Pfc. Z. C. Banning
Pfc. C. T. Barham
Pfc. B. M. Bartelmie
Pvt. D. L. Bauer
Pvt. T. M. Beebout
Pvt. J. C. Beerman
*Pfc. D. V. Bernhard
Pvt. M. Y. Bjorlin
Pvt. L. M. Boerner
Pfc. G. T. Bontjes
Pfc. E. E. Briones
Pvt. J. W. Brooks
Pfc. M. R. Buelow
Pvt. K. A. Casto
Pfc. S. M. Cervantez
Pvt. B. Cespedes
Pvt. C. K. Corales-Agbayani
Pfc. E. Corona
Pvt. O. A. Cruz-Rivera
Pvt. K. W. Deer
Pvt. M. C. Dillard
Pvt. D. R. Dudock
Pvt. M. Escobar
Pvt. J. M. Esqueda
*Pfc. R. R. Felix
Pfc. S. M. Fennessy
Pfc. A. C. Fernandez
Pfc. F. Fernandez
Pfc. I. M. Fidino
Pvt. D. R. Flott
*Pfc. C. P. Foo
Pvt. W. J. Forcht
Pvt. A. S. Foreman
Pvt. J. W. Fox
Pfc. S. J. Gager
Pvt. E. P. Garcia Jr.
Pvt. W. F. Gordon
Pvt. E. G. Guevara
Pfc. T. C. Ha
Pvt. D. A. Haddad
*Pfc. A. W. Haefner
*Pfc. W. D. Harris Jr.
Pvt. S. D. Hemphill
Pvt. A. Hernandez-Garibay
Pvt. L. D. Hiemstra
Pvt. B. L. Hillyard
Pvt. E. L. Holland
Pfc. I. D. Hubbard
Pfc. J. C. Hughes
Pvt. D. M. Jarrell
Pfc. D. W. Jorgensen
Pvt. Z. S. Kidder
Pfc. D. K. Kirk
Pfc. D. J. Kodad
Pvt. D. A. Lansing
Pfc. L. C. Lee
Pvt. Z. M. Lewis
*Pfc. D. J. Leudke
Pfc. B. W. Manuel
Pvt. J. D. Marshall
Pvt. J. P. Matyas
Pvt. J. P. Medina
Pvt. J. E. Mercer
Pvt. P. E. Middlerider
Pfc. B. M. Moonen
Pvt. E. Morales
Pfc. M. Mori

**PLATOON 3205**
Pfc. R. E. Anaya
Pvt. E. E. Angeles
Pvt. V. R. Aquino
Pvt. A. E. Ashley
Pvt. D. A. Bahr
Pvt. D. B. Baker
Pfc. N. D. Bartholomew
Pvt. R. C. Bates
Pvt. B. T. Benavidez Jr.
Pvt. G. Bocanegra-Rodriguez
Pvt. D. Borrego III
Pvt. J. S. Breithaupt
Pvt. M. C. Briggs,
*Pfc. J. R. Bullard.
Pvt. E. F. Calderon
Pfc. C. J. Carroll
Pvt. J. C. Click
Pvt. J. W. Cribbs
Pfc. A. V. Culp
Pfc. T. B. Do
Pvt. B. P. Doren
Pvt. M. R. Doruff
Pvt. C. R. Flores
Pvt. J. Flores
Pfc. K. A. Flores-Hernandez
Pvt. D. J. Gabrych
Pvt. A. L. Garcia
Pvt. I. V. Garcia
Pvt. M. A. Garcia
Pvt. J. G. Garcia-Serrano
Pvt. J. N. Gavette
Pfc. R. J. Gonzalez
Pfc. U. C. Guadarrama
Pvt. M. A. Gutierrez
Pvt. T. J. Harms
Pvt. S. Haro
*Pfc. C. L. Herbeck
*Pfc. A. B. Hernandez
Pvt. A. J. Hollenback
Pvt. B. D. Hoyt
Pfc. A. R. Ibendahl
Pfc. M. J. Johnson
Pvt. P. A. Johnson
Pvt. M. A. Johnston
Pvt. K. G. Jokkel
Pvt. Z. T. Jones
Pvt. M. T. Kensett
Pvt. J. F. Kozielski
Pvt. K. C. Labang
Pvt. J. W. Larue
Pvt. K. M. Lawhon
Pvt. C. M. Lee
Pvt. K. P. Lee
Pfc. R. D. Lee
Pvt. K. A. Leinberger
*Pfc. S. Lopez III
Pvt. D. Lopez
Pvt. G. A. Lopez
Pvt. J. S. Mahurien
Pvt. D. Maldonado-Rodriguez
Pfc. K. D. Matthews
Pvt. T. M. Miles
Pvt. A. Mireles
Pvt. E. D. Moates
Pfc. G. A. Morales-Salas
Pvt. S. R. Mulkey
Pfc. C. A. Murguia
Pvt. R. M. Naranjo
*Pfc. G. C. Nava-Hamilton
Pvt. C. Olvera
Pfc. A. D. Pagel
Pvt. K. A. Perez

**PLATOON 3206**
Pvt. M. A. Benitez
Pvt. D. M. Brown
Pvt. K. F. Buss
Pvt. B. R. Bustos
Pvt. F. J. Cano
Pvt. A. D. Clursky
*Pfc. J. A. Cole-Grove
Pvt. M. A. Contreas
Pfc. E. K. Covington
Pvt. J. M. Cranston
Pvt. P. L. Crawford
Pfc. E. E. Davis
Pvt. R. J. Dulaney
Pvt. N. F. Dunphy
Pfc. J. A. Enanoria
Pvt. A. P. Etter
Pvt. J. J. Fleming
*Pfc. C. B. Fletcher
Pvt. H. Garcia Jr.
Pvt. R. T. Garcia
Pvt. J. M. Gladieux
Pvt. H. Gonzalez-Martinez
Pvt. Z. A. Graston
Pvt. I. Gutierrez
*Pfc. M. S. Hartman
Pvt. K. C. Helms
Pfc. A. M. Hirsh
Pvt. T. A. Hoffman
Pvt. G. A. Johnson
Pfc. N. M. Krause
Pfc. J. A. Lacaden
Pfc. N. Lawlor
Pvt. S. N. Leota
Pfc. C. Maafala
Pvt. A. J. Maldonado
Pfc. C. D. Marquez
Pvt. Z. R. McFadden
Pvt. T. M. Menseitov
Pvt. E. R. Mitchell
Pvt. A. B. Osorio
Pfc. L. P. Pajimola
Pvt. J. D. Pereida
Pvt. C. W. Perkins III
Pfc. B. J. Perryman
Pfc. V. B. Perpose
Pvt. D. A. Peterson
Pvt. D. A. Peterson
Pvt. J. J. Peterson
Pfc. N. E. Praglin
Pfc. E. A. Quinones
*Pfc. D. G. Quintana
Pvt. W. D. Radich
Pvt. A. Ramirez
*Pfc. M. L. Ramirez
Pfc. J. R. Raymundo
Pvt. J. A. Reeves
Pvt. K. E. Rios
Pvt. J. V. Schermerhorn
Pfc. C. S. Sene
Pvt. E. L. Shelton
Pfc. C. M. Stone
Pvt. J. A. Tenorio
Pvt. M. A. Ungson
Pvt. A. P. Valdez

CON'T 8

**Recruits of Company D, 1st Recruit Training Battalion, run their 880-meter sprint during their Combat Fitness Test aboard the depot, Nov. 7. Recruits run two combat fitness tests during recruit training.**

# Co. D tests combat readiness

Story & Photos by
Lance Cpl. Tyler Viglione
*Chevron staff*

Recruits of Company D, 1st Recruit Training Battalion, put their speed and agility to the test during their final Combat Fitness Test, Nov. 7.

The purpose of the CFT is to gauge recruit's physical fitness in a simulated combat environment.

The first thing the recruits had to do during their CFT was the movement-to-contact which is a timed 880 yard sprint. A time below 2 minutes, 45 seconds earned recruits a maximum score for the event. Then, recruits performed a maximum amount of ammunition can repetitions in a time limit of two minutes. They aimed to perform 91 repetitions, a perfect score. The last part of the test was the maneuver-under-fire, comprised of simulated combat situations.

To begin the Maneuver-under-fire portion of the CFT the recruits have to push through obstacles such as low and high crawls. They ran around staggered cones to reach their buddy at the end of the lane.

Once the recruits reached their buddy, they were expected to drag them and then firemen carry them back to the starting point.

At this point, recruits are normally breathless and exhausted, but they are only half way done. They had to pick up two 30-pound ammunition cans and run as fast as they could back to where they had picked up their buddy. Once there, they dropped the cans and threw a simulated grenade to a designated target. If they missed, they would get five seconds added to their final time and if they hit the target they would get five seconds subtracted off their time. Recruits then had to grab the ammunition cans and run back to complete the test.

"Recruits run the CFT twice in recruit training, one to see where they are and another one for score which will follow them for the year after they become Marines," said Gunnery Sgt. Ayodele N. Smith, senior drill Instructor, Platoon 1061.

Drill instructors try to get the recruits as ready as they can by making the recruits do pull-ups, push-ups, incentive training and recovery time according to Smith, a native of Brooklyn, N.Y.

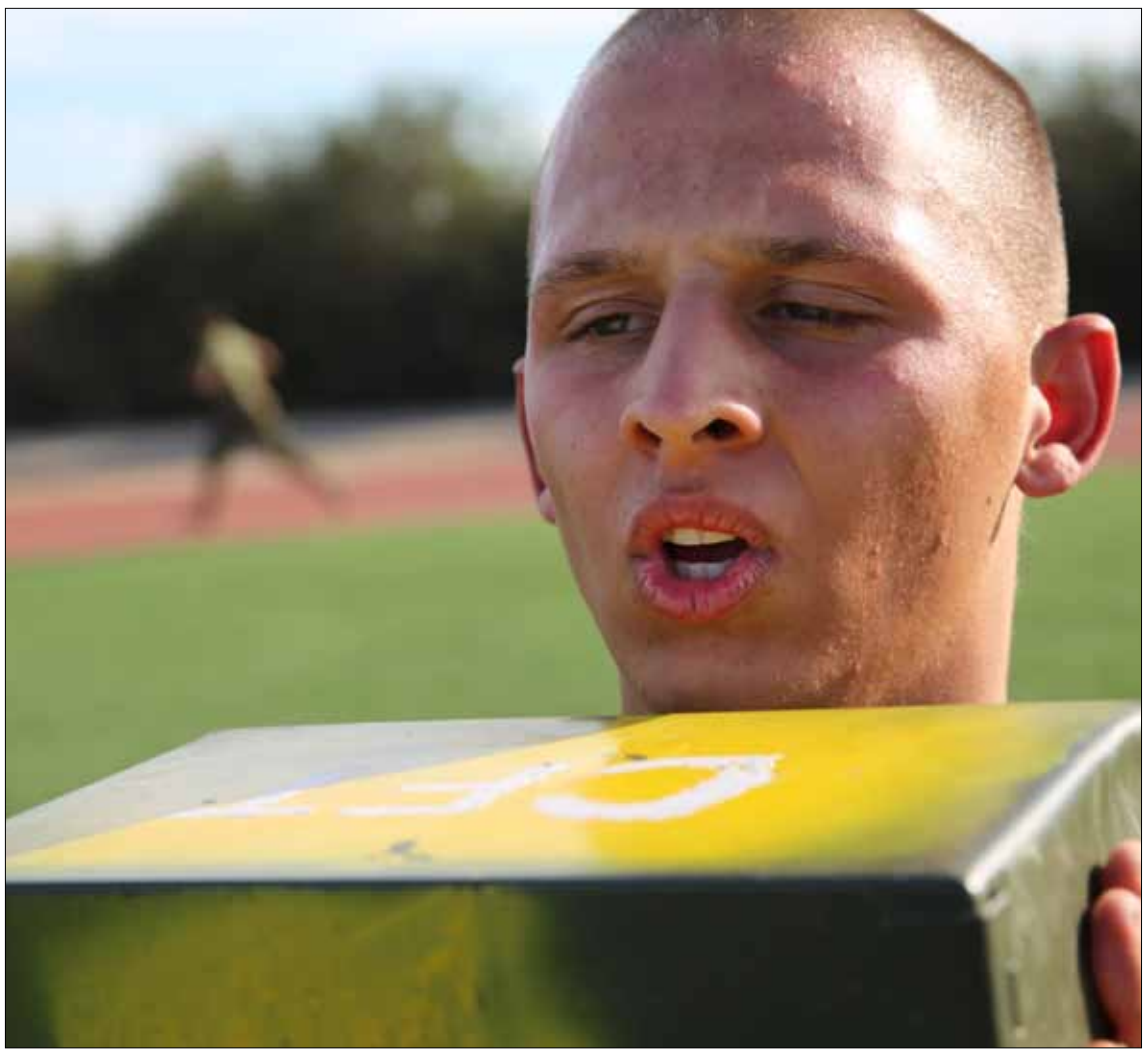
"We worked on the things we struggled with on our own time as well," said Recruit Jared P. Oldag, Platoon 1062. "It is just different from training for the Physical Fitness Test because of the different muscles you use."

When it comes to training, the PFT is more of a long endurance type of training. The CFT is shorter, however, it requires more agility and explosive movements according to Oldag, a native of New Braunfels, TX.

The CFT plays an important role in the recruits future careers as Marines because not only does the CFT keep one in shape, their score also helps for promotions. The higher the score the more points earned toward promotion.

Though this is just one test that Co. D had to pass in order to graduate recruit training, the main upcoming challenge is, the Crucible. This event is a 54-hour test of endurance in which recruits must conquer more than 30 different obstacles while they experience food and sleep deprivation.

"No matter what your job in the Marine Corps, everyone has to be combat ready," said Oldag. "The CFT tests everyone's combat readiness."



**Recruit Jared P. Oldag, Platoon 1062, performs the ammunition can lifts during the Combat Fitness Test aboard the depot, Nov. 7. The score for the Combat Fitness Test that the recruits get in recruit training will stay with them for a year.**

CON'T FROM 7

Pvt. J. Vera
Pvt. R. P. Wagner Jr.
Pfc. A. D. Wagner
Pfc. P. Wang
Pvt. K. D. Wheelock
Pvt. A. C. White
Pvt. R. A. Wiggins

**PLATOON 3207**
Pvt. D. J. Antle
Pvt. A. L. Baker
Pfc. S. Z. Benson
Pfc. M. M. Brennan
Pvt. T. Bush
*Pfc. M. D. Clark
Pfc. M. A. Dominguez
Pvt. E. Dozal
Pfc. O. Flores
Pfc. P. A. Forler
Pfc. C. S. Freeman
Pvt. N. A. Fuller
Pfc. C. A. Garcia
Pfc. M. T. Griffith
Pfc. L. G. Haag
Pvt. K. A. Hosler
Pvt. D. J. Jaegers
Pvt. R. A. Jones
Pvt. A. M. Kropiewnicki
Pvt. C. E. Lecesne
Pvt. I. J. Levorson
Pfc. T. J. Lowry
Pvt. J. E. Mora Lopez
Pvt. G. F. Morris
Pvt. W. J. Norris
Pfc. J. M. Nunes-Flores
Pfc. N. K. Osborne
Pvt. J. W. Owens
Pfc. D. T. Pafford
*Pfc. J. R. Paulson
Pvt. A. J. Pedersen
Pvt. G. S Porcaro
Pvt. G. Ramos
Pvt. C. J. Reyes
Pvt. D. J. Reyes
Pvt. V. H. Rivera-Pina
Pvt. J. E. Roberts
Pvt. D. J. Rockett
Pvt. C. J. Rockwell
Pvt. H. C. Rodriguez
Pvt. C. A. Rogers
*Pfc. C. T. Roper
*Pfc. A. J. Rousu
Pfc. R. Rueda