



Hello!

I am so excited to have been presented with the opportunity to serve you and your family during your time at the depot. It is my goal to provide the information, tools, and resources necessary to assist you in facing the challenges of military life. I am here to ensure you are aware of community, base, and battalion events, as well as resources such as education, childcare, counseling, and healthcare. I am also here to help with any issues you feel comfortable bringing to me. If you have any questions and do not know where to go, please give me a call and I will help in any capacity I can.

My background is in education. I was a College and Career Advisor at a high school in the South San Francisco Bay Area for three years. There, I served and counseled students and parents on after high school options. Due to the nature of the position, I was fortunate enough to simultaneously obtain my Master's Degree in Counselor Education. My husband and I moved to San Diego with the Coast Guard in June of 2010. My family is large and close, so the move was not easy, but has built character and fostered growth. I now understand the importance of finding a niche and a feeling of purpose in a new place.

Volunteering with the battalion can make a hard tour a little easier. We have a variety of opportunities ranging from helping out at events, attending our monthly meetings, and helping out from home. While volunteering you are welcome to give as much or as little time as you'd like and have available. We are sure to make every opportunity kid friendly; whether you can have your child with you, or we provide care. Please talk to me about it if you are at all interested.

Email and eMarine (a unit based website that you will soon learn more about if you are not already familiar) are primarily used to pass on important information. Once your Marine checks in with me, if you are not receiving my emails at least once a week, please let me know so I can add or update your email in our distribution list. We also have a battalion Facebook account where important information and opportunities are posted. If we are not friends, let me know so I can add you!

We would like to see you at Final and Initial Drills, family days, graduations, and any other events that the companies and battalion put on. I look forward to working with you and hope to help make your time with First Battalion a great one!

Sincerely,

1st Battalion Family Readiness Officer
619-524-8907, office
619-261-5612, cell