RECRUIT TRAINING

MATRIX

MARINE CORPS RECRUIT DEPOT SAN DIEGO

WEEK		MON	TUES	WED	THUR	FRI	SAT	SUN	
PICK UP		RECEIVING WEEK				PICK-UP & INITIAL STRENGTH TEST F1	IN-HOUSE PROCEDURES F2	RELIGIOUS SERVICES F3	
1		M16 ISSUE & INTRO TO CORE VALUES F4	INTERIOR GUARD T1	INTRO TO MCMAP/ INTRO TO ETHICS T2	TACTICAL COMBAT CASUALTY CARE (TCCC) T3	MARINE CORPS HISTORY T4	2 MILE ABILITY RUN/ BASES T5	RELIGIOUS SERVICES S1	PHASE 1
2		SPRINTS T6	CIRCUIT COURSE/ BASES T7	BAYONET TECHNIQUES/ PUGIL STICKS I T8	OBSTACLE COURSE T9	LOWER BODY STRIKES T10	2.5 MILE S&E COURSE T11	RELIGIOUS SERVICES S2	
3		CONFIDENCE COURSE I T12	LOG DRILLS T13	COMBAT CONDITIONING EXERCISE T14	MARINE CORPS MISSION & ORGANIZATION T15	SDI INSPECTION T16	INITIAL DRILL T17	RELIGIOUS SERVICES S3	
4		T18	T19	T20	PUGIL STICKS II T21	INITIAL PFT T22	MOVEMENT TO WFTBN T23	RELIGIOUS SERVICES S4	
		SWIM WEEK							
5		T24	T25	T26	T27	T28	5 MILE/ 8K HIKE T29	RELIGIOUS SERVICES S5	PHASE 2
		GRASS WEEK							
6		T30	T31	T32	T33	QUALIFICATION DAY T34	8 MILE/ 13K HIKE T35	RELIGIOUS SERVICES S6	
		TABLE I							
7		T36	T37	T38	T39	T40	INITIAL CFT T41	RELIGIOUS SERVICES/ MOVEMENT TO MCRD S7	
		FIELD WEEK			TABLE II				
8		SER CMDR'S INSPECTION T42	INITIAL UNIFORM FITTING T43	2.5 MILE S&E COURSE T44	PX/ HAIRCUTS T45	BLOOD DRIVE T46	O-COURSE/ ACADEMIC REVIEW T47	RELIGIOUS SERVICES S8	
		TEAM WEEK/ INTERIOR GUARD							
9		INVENTORY PFT T48	BAC/PUGIL STICKS III T49	MCMAP TEST T50	COMBAT FITNESS TEST T51	SECOND UNIFORM FITTING T52	SUSTAINMENT HIKE T53	RELIGIOUS SERVICES S9	PHASE 3
10		FINAL DRILL T54	COMPREHENSIVE EXAM T55	MUSEUM VISIT/ TRAVEL T56	FINAL PFT/ TRAVEL T57	RAPPEL/ FAST ROPE T58	CO COMMANDER'S INSPECTION T59	RELIGIOUS SERVICES/ MOVEMENT TO WFTBN S10	
11		CONFIDENCE CHAMBER/ FIELD REFRESHER T60	T61	T62	EMBLEM CEREMONY & WARRIOR MEAL T63	GEAR DE-ISSUE M1	MOVEMENT TO MCRD M2	RELIGIOUS SERVICES S11	
			CRUCIBLE						
12		PARADE PRACTICE M3	BN COMMANDER'S INSPECTION M4	LIBERTY BRIEF/ SHARING THE LEGACY M5	MOTO RUN M6	GRADUATION M7			MARINE WEEK

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CREATED BY COMBAT CAMERA MCRD SAN DIEGO, CA