



Co. M recruits taught how to use the bayonette

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Co. M pushes through the Confidence Course

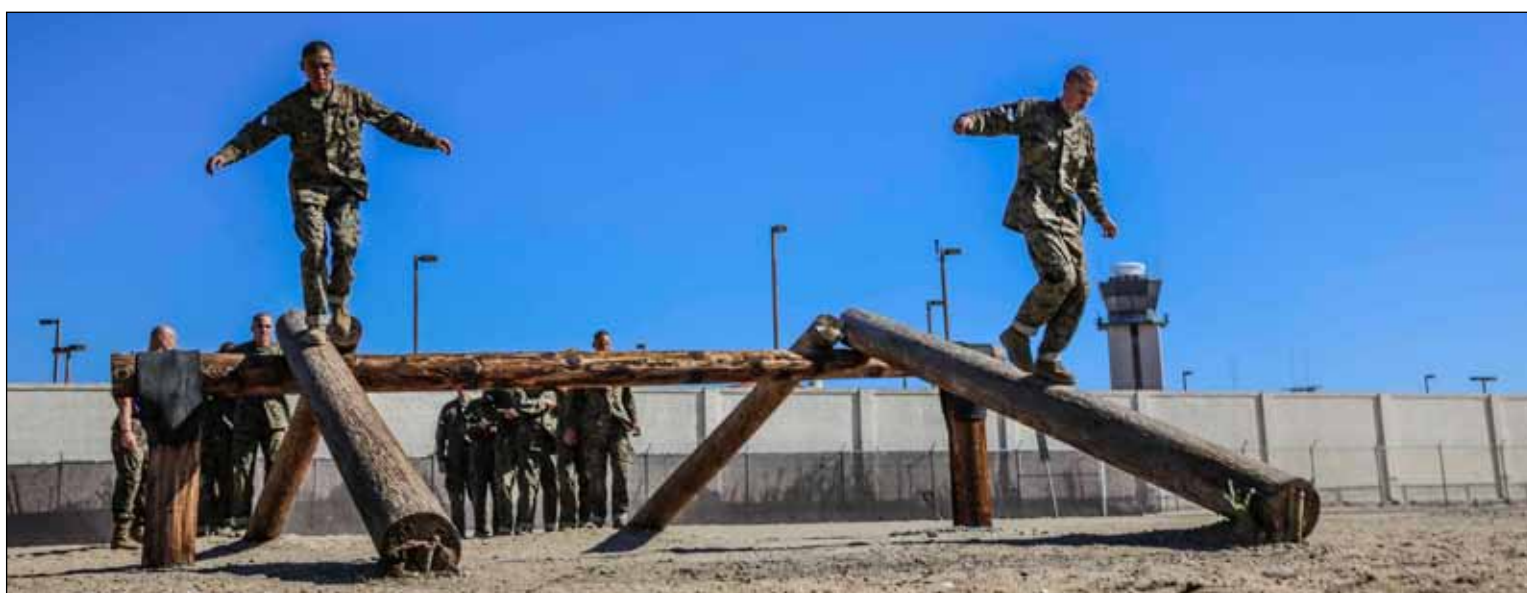
STORY & PHOTOS BY
CPL. JERICHO W. CRUTCHER
Chevron staff

The term "confidence" is stressed to recruits in all different ways. Recruits learn early on in recruit training that to be a Marine, one must be confident because the mission and fellow Marines depend on it.

Recruits of Mike Company, 3rd Recruit Training Battalion, conquered some of their fears during the Confidence Course at Marine Corps Recruit Depot San Diego, Sept. 29.

The Confidence Course is designed to help recruits build confidence within themselves and to help motivate each other to work on team work, explained Sgt. Jason M. May, drill instructor, Platoon 3275.

"This is the recruits first introduction to the Confidence Course, so they will be put through a series of challenges



Company M recruits, 3rd Recruit Training Battalion, cross the Log Walk while running the Confidence Course at Marine Corps Recruit Depot San Diego, Sept. 29. If the recruits fall or stop during their attempt to cross the obstacle, they must begin again.

they have never faced before," said May, a 33-year-old, Bergenfield N.J. native. "As the recruits complete each obstacle, they will

start to gain confidence in themselves, which is the main objective of this course."

Recruits began the event by

receiving a demonstration by their drill instructors on the techniques they will be using to conquer each obstacle.

Obstacles in the Confidence Course included the Monkey

see CONFIDENCE ▶ 2



Recruits from Company A, 1st Recruit Training Battalion, jump rope during the circuit course event at Marine Corps Recruit Depot San Diego, Sept. 25. Before they began the course, the recruits performed the dynamic warm-up series to get their blood flowing.

Recruits pushed past limits during Circuit Course

STORY & PHOTOS BY
CPL. TYLER VIGLIONE
Chevron staff

"Pain is weakness leaving the body," is one of the Marine Corps' well known mottos. For new recruits, learning the limits of what their bodies can accomplish takes a lot of work.

Recruits of Alpha Company, 1st Recruit Training Battalion, began the Circuit Course event at Marine Corps Recruit Depot San Diego, Sept. 25.

The purpose of the circuit course is to work different muscle groups instead of running all the time, explained Sgt. Praseuthsith Phimmasone, drill instructor, Platoon 1015.

"This is the second time these recruits have experienced the course," said Phimmasone, a native of Newark, Calif. "It will teach them how to listen to directions as well as instill discipline."

The Circuit Course is comprised of more than 20 exercise stations, each with its own purpose. These exercises included monkey bars, jump ropes and weight lifting.

Before they began the course however, the recruits performed the dynamic warm-up series to get their blood flowing.

After recruits completed the warm-ups, they lined up by platoon and began a mile-and-a-half run, which was part of the circuit course.

Once recruits completed the run, they moved on to the stations where a drill instructor was waiting a mile-and-a-half run, to demonstrate each exercise to them.

"The form of each exercise is crucial for the recruits to get right because it would be useless if they were doing it wrong," said 32-year-old Phimmasone. "We want to make sure they are get-

ting the most out of this workout."

Once the drill instructors demonstrated each exercise, it was the recruits turn to execute them.

They were split up into groups of 15, and for 30 seconds they pushed themselves as hard as they could.

As much as the recruits wanted to quit, their drill instructors would not let them.

"I was physically and mentally drained," said Recruit Jared D. Williams, guide, Platoon 1014. "Even though I was tired, I still did my best to motivate the other recruits because at the end, you are only as strong as your weakest link."

According to Phimmasone, this course represents one of the key factors of being a Marine.

"Leaders have more success

see CIRCUIT ▶ 2

Recruits take pride in final PFT scores

STORY & PHOTOS BY
SGT. WALTER D. MARINO II
Chevron staff

Two weeks prior to graduation recruits take their final physical fitness test. The test includes a timed three mile run, a maximum set of pull-ups and a timed maximum set of crunches.

Recruits of Fox Company, 2nd Recruit Training Battalion, pushed themselves to their limits for their final physical fitness test at Marine Corps Recruit Depot, Calif., Sept. 25.

For a perfect score of 300, recruits must run three miles under 18 minutes, perform 20 pull-ups and conduct 100 crunches within two minutes. The score is used for promotion purpose in the Fleet Marine Force.

The test begins with pull-

ups, is followed by the three-mile run and concludes with crunches. For many recruits the run is the most challenging portion of the test.

"The run is the hardest to push through. You can feel the burn in your chest after about a mile and a half," said Recruit Austin L. D. Smith, Platoon 2135. "You have to dig deep to find the strength to keep a good pace. The burn is like smoke in your lungs. It hurts to breathe because you're pushing yourself as hard as you can for 20 minutes, or however long it takes you."

After catching their breath from the run, some recruits were all smiles from their accomplishment.

Recruit Jose A. Marin, Platoon 2135, explained he came into recruit training at 200

see PFT ▶ 2



Company F recruits, 2nd Recruit Training Battalion, begin a three-mile run during their final physical fitness test at Marine Corps Recruit Depot San Diego, Calif., Sept. 25. The run is the second exercise of a three-part physical fitness test.



Company M recruits ascend the Reverse Climb obstacle while running the depot's Confidence Course. Once to the top, they cross over and descend. Other obstacles on the Confidence Course included the Monkey Bridge, Skyscraper, Wall Climb, the Rope Jump and several others.

CONFIDENCE ◀ 1

Bridge, Skyscraper, Wall Climb, The Rope Jump and several others. This was the first time the recruits had faced any of the obstacles on the Confidence Course.

After the demonstration, recruits were divided up into groups and assigned a drill instructor who led them through the course.

Recruits sprinted from obstacle to obstacle and while they waited for their turn to tackle the objective, they practiced techniques from the Marine Corps Martial Arts Program.

"After each obstacle, we performed MCMAP techniques, which trains us to fight when our bodies are physically exhausted," said Recruit Gregg L. Hoskins,

Platoon 3275.

The nonstop action during of the course was the most challenging aspect, explained Hoskins, an 18-year-old Chicago native.

"The obstacles are challenging both physically and mentally, so it's important to stay motivated and keep pushing forward through the course," said Hoskins.

One of the toughest obstacles for recruits is the Skyscraper, according to May. It is a 30-foot ladder structure, which recruits have to climb. However, as they go up each step, the gaps between the logs become wider.

The recruits will face this course again during Confidence Course II, but the next iteration will include the Stairway to Heaven and the Slide for Life.

The Slide for Life is the final obstacle in the Confidence Course II. It is a 25-foot tower the recruits climb, then descend by sliding down a 90-foot cable on their stomachs over a pool of water. When they reach the half-way point of the cable they are instructed to swing their bodies down and continue the descent hanging from the cable. Recruits who fall land in the pool below for a little motivation.

Although the recruits of Company M have completed one more step in their journey to become Marines, nothing in recruit training becomes easier. They will take what they learn from the Confidence Course and apply it to the tougher challenges they will face in the near future.



Company F recruits assist each other with sit-ups during their physical fitness test. Scores from the physical fitness test are recorded and are used toward promotion in the Fleet Marine Force.

PFT ◀ 1

pounds and only able to perform 13 pull ups. He said since then his physical transformation has been remarkable.

"I was a fat body before," said Marin, with an accomplished smile. "But now I weigh 180 pounds and can do 18 pull-ups. It feels amazing to be less than 200 pounds. I'm a lot more confident now and feel like I can accomplish anything."

Marin said he used any free time he had doing push-ups, ammunition can lifts and pull-ups, preparing for the PFT, and he wasn't alone in being proud of his physical feats.

Smith, a Peoria, Ill., native, said he felt exceptionally proud of his scores because he surpassed the scores his uncle, a former Marine, received during his time in the Corps.

"To know he was a good Marine and

be able to push a little farther than him makes me feel like I'm going to do well in the Marine Corps," said Smith.

No matter what the recruits score was for their final PFT, it appeared all of the recruits, in some way or fashion, took pride in their performance. The PFT is an annual requirement in the Corps, and these recruits will have the opportunity to improve upon their scores earned in recruit training.

CIRCUIT ◀ 1

with the Marines who can follow orders without question," said Phimmason. "They are easy to lead, putting them on the right path to become better leaders."

Tired, dirty and weak, recruits of Alpha Company completed another physical test and will continue on the path the becoming Marines.

"Recruit training takes you from being a civilian to being a warrior," said Williams. "Hard work and motivation can get you anywhere."

BRIEFS

Jewish holiday services

The following is a listing for upcoming Jewish holiday services to be held in the Jewish Chapel (Bldg. 28):

- Yom Kippur
- Today – 6 to 8 p.m.
Kol Nidre
- Tomorrow – 9 to 10:30 a.m.
Yizkor
- Tomorrow – 6 to 8:15 p.m.
Neilah

For more information, call Anna Torres, Religious Ministries admin support, at (619) 524-8820.

Oxygen for your Relationship seminar

The Oxygen for Your Relationship seminar will teach couples to understand differences, understand strength and growth areas, and improve communication.

The seminar will be held tomorrow from 8 a.m. until 5 p.m. in the MCFTB, Building 6E.

Refreshments and a light breakfast will be served.

For more information call Allison Santiago at (619) 718-3764, or via e-mail at allison.m.santiago@usmc.mil.

Make a Difference Day Walk & Wellness Expo

This is a day to honor those who have been affected by breast cancer and domestic violence.

The day begins at 9 a.m., Oct. 18, at the Marine Corps Exchange Mall on the depot.

The event features food, music, activities and a raffle. Community representatives will be available to provide information.

For information contact Kelley Sitar at (619) 524-5655, or via e-mail at sitark@usmc-mccs.org.

Fashion Show & Ballgown Giveaway

The annual depot Fashion Show and Ballgown Giveaway will be held Oct. 25 from 1 to 5 p.m. in Building 6E.

At the end of the show spouses of active duty military are invited to choose one free gown and an accessory. Those wishing to participate must register at <http://mcrdfashionshow2014.eventbrite.com>.

For those wishing to contribute, gently used ballgown donations are now being accepted at Building 6E.

MMOA Roadshow

The MMOA monitor team will visit the Depot Oct. 31 and Nov. 1.

There will be an all-officer briefing presentation from 8 to 10 a.m. on Oct. 31.

Interviews with ground officers MOS at MCRD SD will be held from 10 a.m. to 4:30 p.m., Oct. 31, and 8 a.m. to 1 p.m., Nov. 1. Briefings and interviews will be held in the depot's conference center, building 7W.

All officers assigned to Headquarters and Service Battalion, the Recruit Training Regiment and the 12th Marine Corps District are required to attend the briefing. Officers assigned to Expeditionary Warfare Training Group Pacific, Coronado, are invited to attend the briefing as well.

Interviews with monitors will be scheduled via SharePoint. An LOI will be published with specific details.

For questions officers should contact their unit adjutant, or the MCRD SD coordinator, Mr. Myrick (Deputy G-1, MCRD SD) at (619) 524-8732 or via DSN at 524-8732.

Send briefs to:

rdsd_pao@usmc.mil. The Chevron staff reserves the right to publish only those briefs that comply with Department of Defense regulations and the standards of the U.S. Government.



Marines retrieve the RQ-11B Raven (small unmanned surveillance systems) after a landing aboard Marine Corps Base Camp Pendleton, Calif., Sept. 8-19. Infantry and intelligence Marines with 1st Marine Division witnessed the capabilities of the aircraft firsthand during a two-week introduction course to the SUASS which is used to pervade timely reliable information.

Division Marines become Eyes in the Skies

STORY & PHOTOS BY
LANCE CPL. ASHTON
BUCKINGHAM
1st Marine Expeditionary Force

CAMP PENDLETON, Calif. – It weighs less than five pounds, is only three feet long and captures hundreds of detailed images and video while flying at a steady 26 knots 1,500 feet above the earth.

The RQ-11B Raven proves that size isn't everything. These small unmanned surveillance systems, better known as SUASS, provide timely and reliable information to military leaders at all levels.

Infantry and intelligence Marines with 1st Marine Division experienced the capabilities of the aircraft firsthand during a two-week introduction course for the SUASS aboard Marine Corps Base Camp Pendleton, California, Sept. 8-19.

Marines became experts on the emergency, flight and maintenance procedures of the aircraft during the course.

After being tested on necessary procedures, Marines spent the day on a computer simulator practicing, assembling and performing all proper procedures and conducting realistic flight simulations with the aircraft.

"The goal of the course is for an individual to walk out qualified to operate that certain class of UASS," said Maj. Gary Shill, the group one integrated

UASS project lead. "Marines leave reassured that they can return for further training and with any questions about the SUASS."

Marines spent the majority of their course time outside conducting practical application exercises with the aircraft. They were required to perform maneuvers such as covert approaches on targets, low-altitude landings, target profiling, tracking moving targets and night operations, all while ensuring that they obeyed Federal Aviation Administration laws.

"The Raven supplies on-demand, real-time intelligence for small unit commanders and allows them to deploy and provide aerial surveillance without having to request it from a higher command. This allows the leaders to make immediate decisions and helps determine the best way to maneuver in a variety of scenarios," Shill said.

One of the students agreed the system is a welcome addition to the Marine Corps surveillance fleet.

"The best part of this training is not only learning how to fly the Raven, but seeing how valuable it is," said Cpl. Mathew Stitch, an intelligence specialist with 1st Battalion, 4th Marine Regiment.

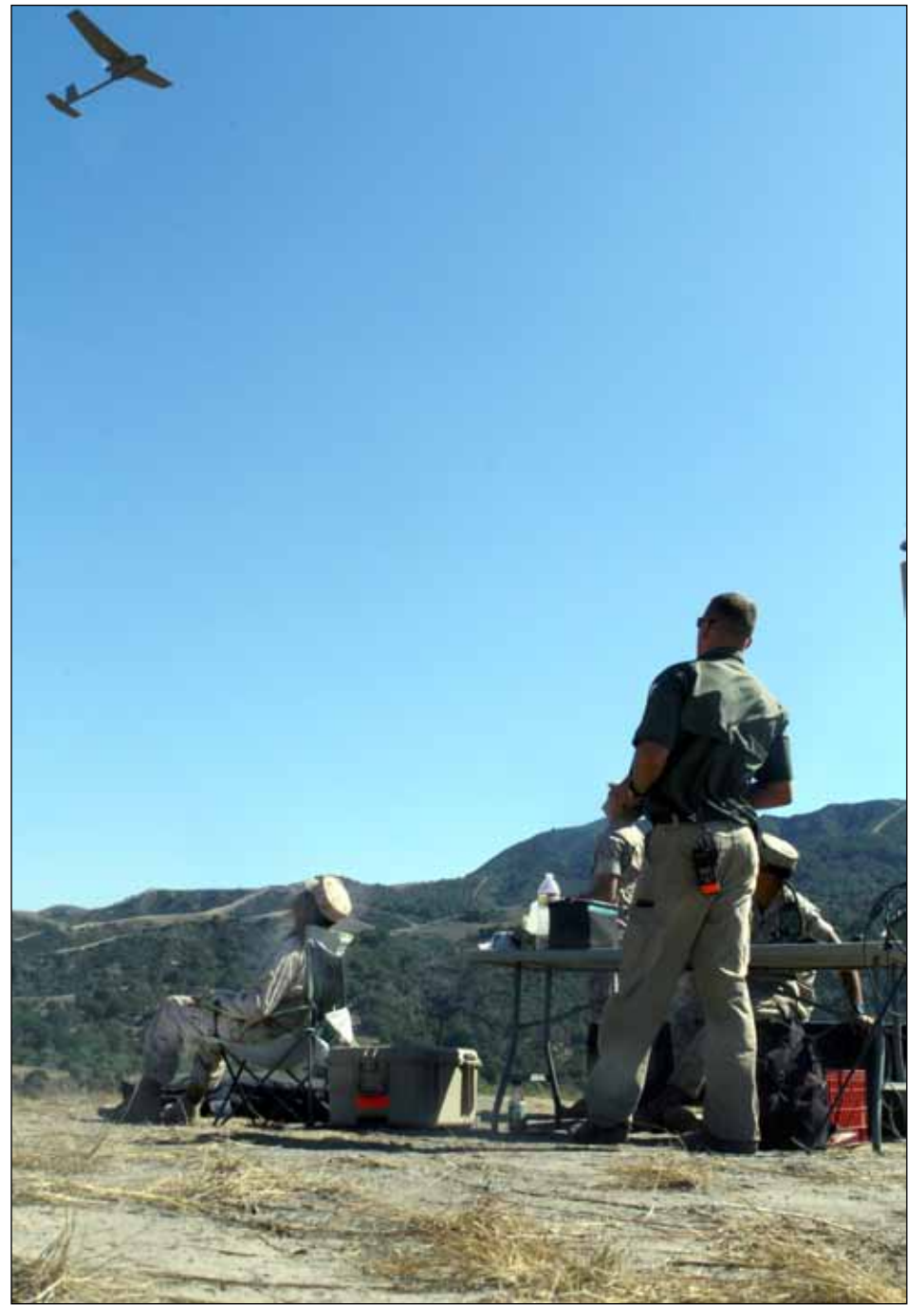
Stitch said the SUASS allows him to provide the commander with an abundance of images and real-time informa-

tion. The system is able to track both friendly and enemy movements on a video feed instead of looking at a static map, allowing commanders to make instant battlefield assessments and up-to-date decisions.

The small unmanned aerial surveillance system courses ensure Marines have the proper training to provide military leaders with timely and accurate information conducted conveniently, quickly and safely.



Private First Class Brian Morales, 19, the mission operator with 2nd Battalion, 5th Marine Regiment launches the RQ-11B Raven (small unmanned surveillance systems).



An instructor demonstrates low altitude approaches with the RQ-11B Raven (small unmanned surveillance systems) to his group. The aircraft is used to provide timely reliable information.

CHEVRON

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13th annual Boot Camp Challenge draws more than 3,000 participants

Marine Corps Recruit Depot San Diego opened its gates for the 13th Annual Boot Camp Challenge, Sept. 27, highlighting some of the training events recruits conduct on their way to becoming Marines.

Participants gathered for the challenge, which consisted of a three-mile run featuring more than 50 obstacles used during training. The obstacles throughout the course included wall climbs, log hurdles, tunnel crawls.

MCRD hosts the Boot Camp Challenge every year for both civilians and military competi-

tors to test their mettle. This year was the largest competition yet, with more than 3000 participants, spectators and volunteers in attendance.

Sixty of the depot's drill instructors were on hand to motivate the competitors through the physically challenging course, which gave them a closer look at what recruits do to earn the title Marine.

The proceeds for the challenge will be used to improve the quality of life for Marines as well as in organizations such as the Single Marine Program.



A participant in the 2014 Boot Camp Challenge gets a recruit-style haircut. The Boot Camp Challenge is an annual obstacle race in which participants experience obstacles used during recruit training.



Drill instructors were stationed at each obstacle along the Boot Camp Challenge course to make sure that runners negotiated the obstacle properly.



More than 3,000 enthusiasts participated in the depot's 13th Annual Boot Camp Challenge Sept. 27. They ran a 3-mile course featuring more than fifty obstacles, and faced motivation by sixty drill instructors who were determined to see that each runner conquered each obstacle and finished the race as expeditiously as possible.



A drill instructor motivates a runner during the depot's 2014 Boot Camp Challenge. More than 60 drill instructors were on hand on the course to encourage runners and ensure they completed each obstacle.



Runners low crawl under an obstacle during the 2014 Boot Camp Challenge.



Boot Camp Challenge runners were offered loud, verbal motivation anytime they reached an obstacle that may have offered a more difficult challenge than they thought.



At the end of the course, Boot Camp Challenge runners could appreciate the part Marine Corps drill instructors play in making Marines.

New lance corporal battles injury to become Marine

STORY & PHOTOS BY
CPL. TYLER VIGLIONE
Chevron staff

Three months in recruit training seems like a long time for some, but one Marine used pure grit and dedication to keep on pushing an extra nine months at Marine Corps Recruit Depot San Diego.

Lance Cpl. London M. Caldwell, Platoon 1041, Charlie Company, 1st Recruit Training Battalion, found that motivation and dedication were the keys that helped push him through nine months of rehabilitation to become a Marine.

Caldwell was born in Casa Grande, Ariz., where he attended and graduated from Casa Verde High School. During his high school years, Caldwell played football and basketball and ran track. As an athletic teenager, he always enjoyed being involved in some kind of sport.

"If I wasn't playing a sport, I felt like something was missing," said Caldwell. "Athletics were always a big part of my life."

While playing in a football game during his junior year, he was tackled and injured, tearing his anterior cruciate ligament, or ACL. His high school athletic career had suddenly ended.

"Right after I was injured, I immediately began to rehabilitate myself," said Caldwell. "I was not going to let this injury ruin my life, especially because of my love for sports."

After physical rehabilitation and surgery, Caldwell's injury began to heal, and before he knew it, he was back to normal. Or so he thought.

The young lance corporal graduated from high school in 2013 and made the decision to join the Marine Corps in hopes to follow some of his family members' footsteps.

"Both of my grandfathers served in the Corps, along with my grandmother's brothers," said Caldwell. "It had always been my dream, so I was excited to be able to earn my place among them."

His injury was cleared and he received a waiver to be able



Lance Cpl. London M. Caldwell, Platoon 1041, Charlie Company, 1st Recruit Training Battalion, provides security for his fellow recruits during the 12 Stalls event at Marine Corps Base Camp Pendleton, Sept. 24. Caldwell suffered a torn anterior cruciate ligament and spent nearly a year in recruit training rehabilitating to prove he had what it took to become a Marine.

to enlist and travel to MCRD San Diego in October 2013, where he joined Platoon 2141, Golf Company, 2nd Recruit Training Battalion.

"Everything started off fine," said Caldwell. "I was passing everything, and nothing was really giving me trouble. I was getting closer and closer to the end of training. I didn't think anything would stop me until it happened again."

While running through the Copeland's Assault obstacle, Caldwell fell down and he immediately he knew what was wrong. The outcome was not good.

"I jumped into a trench during one of the courses and felt a sharp pain shoot through my leg," said Caldwell. "I knew exactly what had happened because I immediately dropped to the ground and screamed in

pain."

Caldwell was dropped from Golf Company and was placed into the Medical Rehabilitation Platoon, Support Battalion on training day 44 with a second torn ACL.

Once again, the lance corporal underwent surgery and started the rehabilitation process. He waited for things to get better, but they only got worse.

"After months of strengthening my leg, I got the news that my grandfather had passed away," said Caldwell. "I was supposed to go and visit him after I was slated to graduate with Golf Company. I had never met him, but he was a big inspiration after I had heard stories of his time in the Marines."

Caldwell was allowed to attend the funeral services and to spend a small amount of time with his family before report-

ing back to MCRD San Diego where more bad news awaited him.

"I was told that I would never be able to go back into training, and they were about to begin the medical separation package," said the young Marine.

Caldwell explained that the news motivated him to push harder and prove to them he had what it needed to defeat the odds and complete training.

"I didn't want to quit. I didn't want to let down my family," said Caldwell.

After almost 11 months on the depot, Caldwell received the news that he would be picking up with a new company, Charlie Company, from the spot he had left off. He explained he was relieved and excited to finish what he had started.

Caldwell successfully

completed the requirements to graduate recruit training and will walk across the parade deck with Charlie Company after nearly a year of being in recruit training.

Following recruit training, Caldwell will attend the School of Infantry in Camp Pendleton, Calif., to pursue his Marine Corps career as an infantryman. He aspires to get as much as he can from the Corps and ultimately become a police officer after he completes his service.

"There was not a day that went by that I did not think of quitting," said Caldwell. "If it weren't for the letters from my fiancé and the support from my family, I would not be graduating as a Marine today. I had never quit anything in my life before this, and it wasn't the right time to start."

Sgt. Maj. Carlos A. Reina

Parade Reviewing Officer

A native of Cali, Colombia, Sgt. Maj. Carlos A. Reina enlisted in the Marine Corps in November 1985. Reina was sent to Parris Island, S.C., where he completed recruit training in February 1986.

Following recruit training, Reina was transferred to the Marine Corps Artillery School at Fort Sills, Okla. Upon graduation, he was assigned to Battery R, 5th Battalion, 10th Marines, Marine Corps Base Camp Lejeune, N.C.

In July 1989, Reina attended the Aviation Hydraulics Mechanic School, Naval Air Station, Memphis, Tenn. Upon graduation, he was assigned to Helicopter Marine Light Attack Squadron 367, Marine Aircraft Group 39, Marine Corps Base Camp Pendleton, Calif. During his tour, he participated in several deployments including deploy-

ments in support of Operation Desert Shield and Operation Desert Storm.

In May 1993, Reina was transferred to Inspector - Instructor duty at Marine Aircraft Group 49, Detachment C, 4th Marine Air Wing, Naval Air Station, South Weymouth, Mass.

In July 1994, Reina transferred to Drill Instructor's School, Marine Corps Recruit Depot San Diego. Upon completion of Drill Instructor School, he was assigned to Company A, 1st Recruit Training Battalion, where he served as a drill instructor, senior drill instructor and as a senior drill instructor for Receiving Company with Headquarters Support Battalion.

In November 1996, Reina was transferred to Helicopter Marine Training Squadron 303, Marine Aircraft Group 39, Camp Pendleton, as military occupational specialty instructor.

In June 1999, Reina was transferred to HMLA 367 as the airframes chief. During this time, he deployed to Okinawa, the Philippines and Korea.

In July 2003, Reina was again transferred to MCRD San Diego and

assigned as company first sergeant for Company A, 1st Recruit Training Battalion. In September 2006, he was assigned to Headquarters Support Battalion, Special Training Company as the company first sergeant.

In August 2007, Reina was transferred to 1st Battalion, 1st Marine Division, Camp Pendleton, where he assumed the duties as Bravo Company first sergeant. While there he deployed to Operation Iraqi Freedom, Southern Iraq.

In March 2008, Reina was assigned to Headquarters and Service Company as company first sergeant.

In February 2009, Reina was transferred to Helicopter Marine Heavy Squadron 463, Marine Air Group 24, Marine Corps Air Station Kaneohe Bay, Hawaii, as the squadron sergeant major. While with the squadron, he deployed to Operation Enduring Freedom, Southern Afghanistan.

In April 2010, Reina was transferred to Marine Air Control Squadron - 1 (REIN), Marine Air Control Group 38, Marine Corps Air Station Yuma, Ariz.,

as the squadron sergeant major.

In January 2013, Reina was transferred to the School of Infantry (West) at Camp Pendleton, where he is currently the school sergeant major.

Reina's personal awards include the Meritorious Service Medal, Navy and Marine Corps Commendation Medal and Navy and Marine Corps Achievement Medal with two gold stars.



Co. M runs through Bayonet Assault Course

STORY & PHOTOS BY
SGT. WALTER D.
MARINO II
Chevron staff

Mike Company recruits were taught how to use their rifles with bayonets in the event they run out of ammunition in a combat zone at Marine Corps Recruit Depot San Diego, Sept. 24.

They learned that even without live ammunition, their M-16 A4 service rifle can serve as a defensive tool and offensive weapon.

Drill instructors demonstrated how to use the rifle to block upper and lower strikes from an opponent as well as how to attack using their weapon with a fixed bayonet.

Following the demonstrations, recruits practiced various attacks such as the forward slash, straight thrust and butt stroke.

"With the practice I feel confident in my ability to use my rifle for defense and offense," said Recruit Hayden S. Buchi, Platoon 3273. "I had heard you could use your rifle for defense, but I had never seen it done before."

Following their practice of the maneuvers, Company M recruits were given a demonstration of how to run through the Bayonet Assault Course utilizing the techniques they just learned. The course included numerous rubber tire targets and objects to take cover behind. In order to give a more re-

alistic atmosphere, sounds of machine gun fire and explosions are blasted through the surrounding speakers.

Buchi, a Salt Lake City native, explained the sounds put him in the mindset that the training scenario was preparing him for a life or death situation and thus motivated him even further.

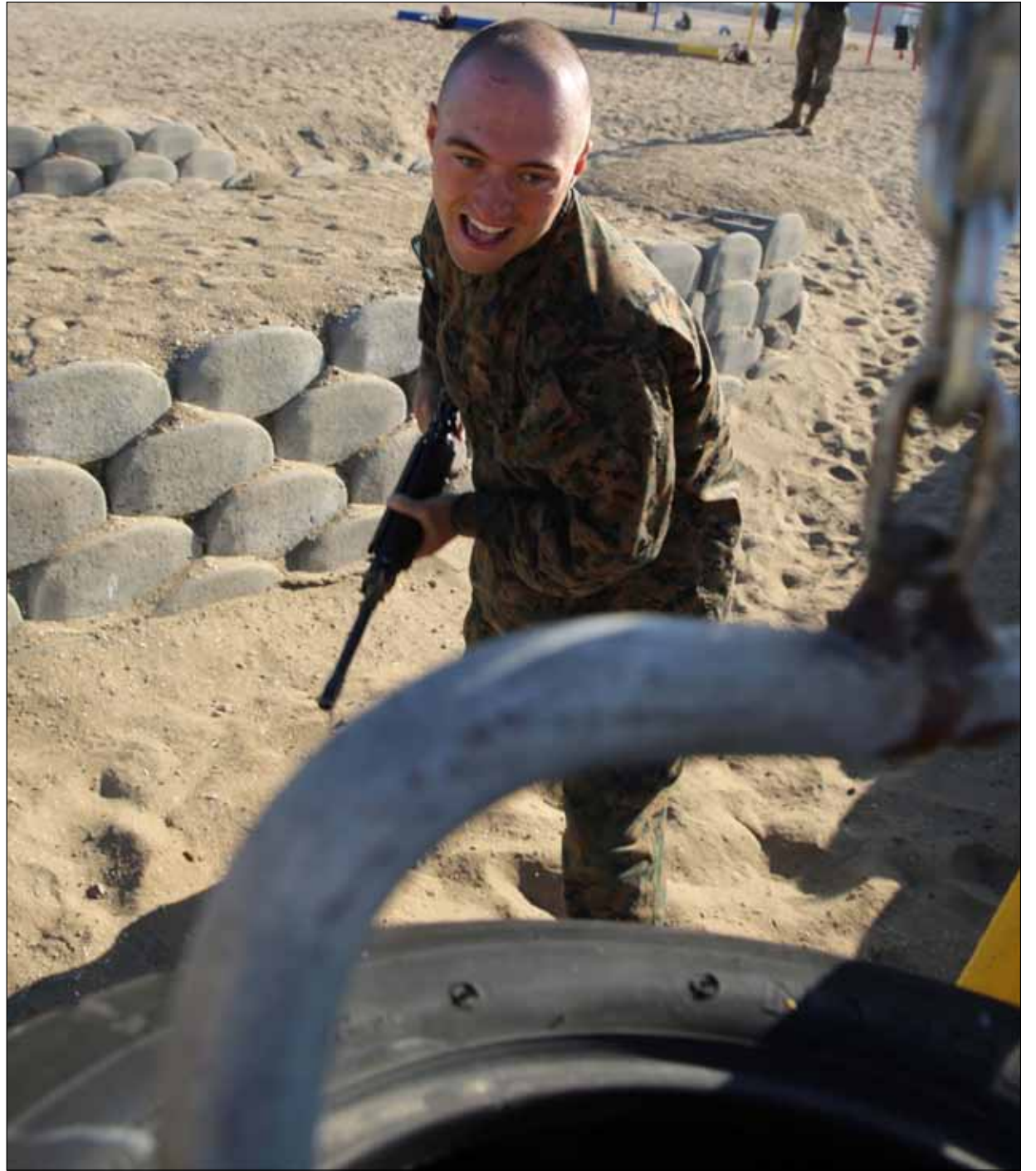
"If it came down to this (bayonet attacks), I would definitely have no problem with it because I know it would be for my Marine brothers and could mean saving their lives," said Buchi.

Recruits ran through the course in groups of four, attacking each target with strategy and technique. After a target was attacked, recruits quickly moved to cover themselves from simulated incoming rounds. Recruits also made sure to communicate with one other to signal when they were advancing forward.

"We're training to be the best of the best," said Recruit Jason M. Wing, Platoon 3275. "To be the best you have to be the best in all situations, such as being out of ammunition."

When the course ended, the recruits had learned invaluable close quarters combat skills.

"This training was extremely important," said Wing. "It doesn't matter what your job is in the Marine Corps. All Marines need this training."



A recruit of Mike Company, 3rd Recruit Training Battalion, uses a forward slash technique during the bayonet assault course at Marine Corps Recruit San Diego, Sept. 24. The technique was one of many taught to recruits in order to prepare them for a situation without ammunition.



Recruits of Mike Company, 3rd Recruit Training Battalion, take aim on their next target during the bayonet assault course at Marine Corps Recruit San Diego, Sept. 24. Recruits worked in teams of four during the exercise.