

Co. H recruits meet the Circuit Course

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MARINE CORPS RECRUIT DEPOT SAN DIEGO

# CHEVRON

AND THE WESTERN RECRUITING REGION



Recruit follows father in military service

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Vol. 74 – Issue 15

“WHERE MARINES ARE MADE”

FRIDAY, JUNE 6, 2014



Recruits of Lima Company, 3rd Recruit Training Battalion, run quarter-mile sprints during a physical fitness session aboard Marine Corps Recruit Depot San Diego June 3. Recruits then moved on to perform crunches and sit-ups.

## Recruits learn the importance of physical fitness

STORY & PHOTOS BY  
LANCE CPL. JERICHO W. CRUTCHER  
*Chevron staff*

As the recruits of Lima Company enter week 10 of recruit training, they spent the

afternoon under the sunny sky of San Diego conducting a physical fitness session at Marine Corps Recruit Depot San Diego, June 3.

The six platoons of company L ran to the course and split up into groups of two

at stations consisting of four quarter-mile sprints, 2 sets of 30 pull-ups and push-ups and crunches for two minutes. The purpose of this physical fitness session was to show each recruit what areas of fitness he needs to improve on before the final physi-

cal fitness test.

“This is a great workout to improve the recruits overall fitness targeting their strength and cardio,” said Sgt. Edwin A.

see **FIT** ▶ 2

## MCMAP skills increase fighting confidence

STORY & PHOTOS BY  
SGT. WALTER D. MARINO II  
*Chevron staff*

Many recruits who come to recruit training have never experienced martial arts or any type of fighting first hand. For them, learning to fight can be like learning a foreign language.

Recruits of Delta Company, 1st Recruit Training Battalion, took on the task of learning lower body strikes as part of the Marine Corps Martial Arts Program training at Marine Corps Recruit Depot San Diego, June 6.

Sergeant Todd P. Talley, martial arts instructor, Instructional Training Company, Support Battalion, began the class by demonstrating various techniques such as the front kick, round kick and knee strike.

Talley explained key aspects to each move such as proper placement of feet and hands while performing each kick.

“Kicking may seem easy, but it’s an art,” said Talley.

“In a fight, I’d rather use a kick because there is more power behind it.”

The recruits lined up in rows, and on Talley’s command, performed the kicks in sets of 10. Drill instructors watched keenly for errors in technique and quickly corrected recruits with improper form.

For many, the MCMAP session was an opportunity for recruits to do something they had only seen in martial arts movies.

“This was the first time learning martial arts in my life,” said Recruit Albert Duong, Platoon 1062. “Learning to do a round kick that I grew up watching in movies is pretty cool. I actually felt the power of the momentum when I drove forward with the kick.”

While learning the techniques may be interesting, recruits acknowledge the significance of knowing how to effectively employ MCMAP techniques.

see **MCMAP** ▶ 2



Recruit Albert Duong, Platoon 1062, Delta Company, 1st Recruit Training Battalion, performs a round kick.

## Marines remain motivated after injuries

STORY BY CPL. PEDRO  
CARDENAS  
*Chevron staff*

After recruit training, the next step for Marines is combat skills training. However, for some, injuries sustained in recruit training momentarily stall their training evolution.

It is the mission of the Basic Marine Platoon, Special Training Company, Support Battalion, to ensure Marines who were injured during the final stage of training (Crucible) rehabilitate and prepare for their next phase of training.

Regardless of their injury, Marines of BMP have to be medically cleared before they attend combat skills training. Because of the nature of training, Marines have to be physically and medically healthy for the rigors of hiking through the mountainous terrain of Marine Corps Base Camp Pendleton.

For Marines of BMP, the level of injury can range from mild to severe. For some, the road to recovery can be a

lengthy one. The Marines in the platoon have a strict daily routine that includes physical therapy, gym sessions and professional military education to ensure a speedy yet thorough recovery.

It is the job of their drill instructors, who serve a mentoring role as platoon sergeants, to ensure the Marines remain enthusiastic and motivated throughout their rehabilitation. They provide continuous special training, influence and assistance to each Marine through an environment of positive concerned leadership.

“We cater to the Marines and show them what good leadership and their school will be like,” said Sgt. Justin R. Urbany, senior drill instructor. “Overall, we try to keep them busy with their appointments. We also try to help them with their career development.”

Pfc. Brando M. Monroe, a native of Paw Paw, Mich., suffered an injury during his attempt to climb down the rope of the obstacle course. He has

see **INJURIES** ▶ 2



Recruits of Lima Company, 3rd Recruit Training Battalion, perform sets of crunches, attempting to reach 100 in two minutes, during a physical fitness session aboard Marine Corps Recruit Depot San Diego June 3. The workout showed recruits what they are physically capable of and where they can improve.

#### FIT ◀ 1

Gonzalez-Dawkin, drill instructor, Platoon 3247. "The best way to get better at pull-ups is by actually doing pull-ups. You have to put in the work to expect improvements."

The final PFT was coming up, and the recruits will be expected to have made improvements on their pull-ups, run time and crunches, explained Gonzalez-Dawkin, an Valdosta, Ga., native.

Exhausted and drenched in sweat, recruits took on each station with zeal

and could see where they stood with their cardio and endurance levels.

"It takes a lot of self-discipline to push yourself through the exhaustion when you want to stop," said Recruit Jean G. Volcy, Platoon 3247. "I joined the Marine Corps because I feel it is the branch that displays the most discipline."

Volcy's brother, an Airman in the United States Air Force, motivated him to join the military after he moved Volcy to the United States to live with him in San Antonio Texas, explained the Port-Au-Prince, Haiti native.

To keep the recruits motivated, the drill instructors ran the quarter-mile sprints with them shouting words of encouragement to them if they started to slow down.

"There's no room for quit in our work ethic, and the drill instructors won't allow it either," said 25-year-old Volcy. "Our bodies can be physically pushed further than our minds think."

A perfect score of 300 on a PFT is what each recruit pushed himself to attain. As they completed the test, they are now one step closer to obtaining their eagle globe and anchor.



Sgt. Todd P. Talley, martial arts instructor, Instructional Training Company, Support Battalion, teaches the round kick to recruits of Delta Company, 1st Recruit Training Battalion, aboard Marine Corps Recruit Depot San Diego May 30. Talley also showed the recruits where to place their hands during a counter attack.

#### PFT ◀ 1

"I will be in the infantry, and if I'm ever in a combat scenario I will need these skills for my safety and my squad's safety," said Recruit Stephen Keezer, Platoon 1066. "I've never fought before, so this experience is especially valuable for me."

No matter what level of experience recruits had in martial

arts, the skills learned brought the recruits one step closer to becoming combat-ready Marines.

Before the class ended, Talley made sure the recruits were aware of how the MCMAP techniques could assist them in combat.

"If you kick the enemy in the femoral artery with the techniques I'm teaching you, it doesn't matter if he's bigger than you, he will come down to your size," said Talley.

#### INJURIES ◀ 1

been recovering for more than a month, but his stay has helped him improve as a Marine.

"My feet gave out from under me during my descent and I got really bad rope burn. There's still some scarring but it's generally healed," said Monroe. "I use it (time in BMP) to improve myself; it has helped me get out of 'recruit mode' and begin acting as a Marine."

Recently graduated Marines are given privileges that recruits don't have such as permissions to use cellphones and liberty.

According to Monroe, completing

training and becoming a Marine has helped him since he has been able to keep communication with his family. Speaking with his family on the phone consistently as well as the ability to go on liberty on and off base has helped Monroe stay motivated to continue with the second phase of his initial training. For others, the road to recovery has been longer.

Pfc. James R. Rock, a Houston native, has been at BMP for more than two months after he suffered a leg injury. Rock had a significant surgical procedure done to ensure his leg was stable. As a result, he was in a wheel chair for more

than a month. The biggest worry for him, however, was the possibility of being medically separated from the Corps.

"I was worried I wouldn't be able to continue. I really wanted to continue with my graduating company because I made a lot of friends," said Rock. "It's sort of my family tradition to be in the military and I have all their support and that's what motivates me."

Although Marines of BMP haven't graduated recruit training yet, they continue to train and work hard with the focus on finishing their initial training. Marines of BMP remain an essential part and future of the Corps.

## BRIEFS

### Road closures

Road trenching is underway for installation of a telephone line ducts, from in front of the Recruit Clothing Issue Facility, Building 662, to the back of the Depot Theater, Building 30.

The intersection of Belleau Avenue and Santiago Ave., is closed to all traffic. Belleau Ave., and St. Thomas Ave., and Belleau Ave., and Vera Cruz Ave., are opened for detour to the parade area during construction.

The current road closure will be followed by additional road closures in the sequence listed below:

- Phase 1 - Santiago Ave.  
June 2 to 16
- Phase 2 - Vera Cruz Ave.  
June 15 to 29
- Phase 3 - Noveleta Street  
June 28 to July 28

For additional information contact project manager Khoa Cao at (619) 572-0167.

### MCRD chapel closure

The chapel will be closed for renovations from June 16 until July 25.

During the project Sunday Lutheran services will join the Protestant service in the Base Theater auditorium at 8:30 a.m. Catholic Mass will be held in the Bride Room next to the Chapel on Tuesdays, Wednesdays and Thursdays at 11:45 a.m.

For information contact Anna Torres, administrative support assistant for Religious Ministries at (619) 524-8820.

### Father's Day Barbecue Buffet

There will be a Father's Day Barbecue Buffet at the Bayview Restaurant June 15, from 11 a.m., until 2 p.m.

The menu will include barbecued hamburgers, hot dogs, Italian Sausages & chicken, with Boston baked beans and ice cream bars.

Cost is: \$14.95 for adults and \$7.95 for children ages 5 to 11. Children under 5 years-of-age eat free.

For reservations call (619) 725-6211 or 6478. For more information call (619) 524-5732/5728/5301, or contact Perlita Rodriguez via e-mail at perlita.rodriguez@usmc.mil, or visit [www.mccsmcrd.com](http://www.mccsmcrd.com).

### Car show on the bay

The depot will sponsor a car show on the bay June 22, from 11 a.m., until 3 p.m., at the new waterfront location on the Bayview Marina lawn.

There will be live entertainment, door prizes, awards, food and activities.

For more information call (619) 725-6484. Or call (619) 524-5732/5728/5301, or contact Perlita Rodriguez via e-mail at perlita.rodriguez@usmc.mil, or visit [www.mccsmcrd.com](http://www.mccsmcrd.com).

### Freedom Run

The depot will sponsor a 5K Freedom Run/1 Mile Walk on June 27, starting from the Bay View Marina at 1 p.m.

- Fri, 27 June; Run starts at 1300 - Bay View Marina
- 5K Fun Run or 1 Mile Walk

### Send briefs to:

[rdsd\\_pao@usmc.mil](mailto:rdsd_pao@usmc.mil). The Chevron staff reserves the right to publish only those briefs that comply with Department of Defense regulations and the standards of the U.S. Government.



Marines with Weapons Company, 1st Battalion, 7th Marine Regiment, patrol through a bazaar in Gereshk, Afghanistan, during a mission in Helmand province, May 12. The company deterred Taliban fighters while aiding in the retrograde of Sterga II, a British base northeast of Lashkar Gah. The battalion has conducted dozens of missions since they assumed their battlespace March 15, but this was their first combat engagement with insurgents.

## Marines support British during turnover of Sterga II

STORY & PHOTOS BY  
CPL. JOSEPH SCANLAN  
*Marine Expeditionary Brigade -  
Afghanistan*

**CAMP LEATHERNECK, Afghanistan** – As Marines departed Sangin District, one of Afghanistan's most dangerous areas, they were supported by British soldiers with Maneuver Battle Group who provided security to ensure a safe convoy to Camp Leatherneck.

To return the favor, Marines with Weapons Company, 1st Battalion, 7th Marine Regiment, supported MBG during their turnover of Sterga II, a British base northeast of Lashkar Gah, May 12 and 13.

They aided the British soldiers by conducting mounted security patrols in order to deter insurgent exploitation of the coalition force withdrawal.

The company departed Camp Leatherneck and patrolled southeast through Gereshk. From there they proceeded south through open desert toward Kakoran, an improvised explosive device facilitation node and an area where attacks on coalition forces are often planned.

As the company approached Kakoran, vehicles in the patrol were attacked by enemy fighters with rocket-propelled grenades and small-arms fire. Vehicles hastily moved to

isolation positions to locate the insurgents and known caches. Marines were just beginning to remove civilians from a compound to engage an insurgent when they came under accurate and sustained small-arms fire from a different compound. Simultaneously, the Marines received intelligence that enemy fighters were moving weapon systems, to include machine guns and RPGs, to positions to engage the infantrymen.

The battalion has conducted dozens of missions since they assumed control of the battlespace March 15, but this was their first combat engagement with insurgents since their arrival in country.

For the average citizen, the situation may have been overwhelming, but the Marines of Weapons Co. had been training for that very moment since they first stepped on the yellow footprints at recruit training.

"Every time we leave the wire, we have to have the thought in our minds that we are going to receive enemy fire," said Sgt. Sloan Seiler, a section leader with Weapons Co. and a native of Hanston, Kansas. "For us it was just another patrol. Just because we got fired at during this patrol and not the other ones doesn't change the mission for us."

Scout snipers began to scan the area for the enemy fighters.

Insurgents will often fire from concealed positions for a brief moment and quickly move to new positions to avoid being detected. The scout snipers quickly gained positive identification of the fighters and began to engage them.

After hours of fighting, the crest of the sun began to disappear over the horizon and the fighting ceased. The company established a cordon position in the vicinity of the town to keep a presence in the area throughout the night. They maintained constant security and shot illumination rounds into the sky to disrupt the enemy fighters. The night was quiet and without gunfire, but fighters occasionally crept out and monitored Marines' positions.

After long hours of maintaining security behind mounted machine guns, the sun began to rise and the company departed Kakoran. After receiving sustained enemy fire for nearly four hours the day prior, the company returned to the friendly lines of Camp Leatherneck with each Marine and sailor safe and unharmed.

"I was very pleased with the Marines' performance during the engagement," said Capt. Scott Stewart, the commanding officer of Weapons Co. and a native of El Cajon, Calif. "They understood their rules of engagement, obtained positive identification and verified there would be no civilian casualties or collateral damage. They relied on their training as well as their small-unit leaders and vehicle commanders."



Corporal Stephen Hornbeck, field radio operator, Weapons Company, 1st Battalion, 7th Marine Regiment, and a native of Chicago, works on satellite communication during a mission in Helmand province, Afghanistan.

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# Co. H recruits test their bodies' endurance

STORY & PHOTOS BY  
LANCE CPL. JERICHO W. CRUTCHER  
*Chevron staff*

Recruits from Company H, 2nd Recruit Training Battalion, tested mind and body during the Circuit Course after interval sprints aboard the Marine Corps Recruit Depot San Diego, May 29.

The Circuit Course, a track laid out with exercise stations along the route, builds the recruits' strength and stamina as they endure each exercise while pushing through exhaustion.

Before starting the event, recruits performed three quarter-mile sprints testing their maximum endurance. When they finished the sprints, they began ammunition can lifts as a pre-workout to the course. The exercise worked their bodies to the point of exhaustion even before they started the Circuit Course.

"This course gives recruits an all-around body workout, which builds their strength and conditioning by doing several workouts at a fast pace," said Sgt. Jorge A. Castellanos, drill instructor, Platoon 2166.

"The course builds physical strength and mental toughness, and it's important to have both," explained Castellanos, a Houston native.

Before they started the course, the recruits were split into groups of approximately 15. With the assistance of a drill instructor they maneuvered through each exercise. Each station is designed to target a specific muscle group forcing recruits to push through fatigue.

"It wasn't a specific exercise that was more tiring than the other, but doing all of the exercises back to back within a short period of time is what pushed us mentally, emotionally and gave a true test to our endurance and will to keep going," said Recruit Julian M. Arrego, Platoon 2163.

The workout consisted of a 60-second set of maximum effort for each exercise.

As if the physical fatigue wasn't enough, the drill instructors were vigilant and ensured each recruit did the exercises until the sound of the whistle, indicating a rotation to the next station.

Each exercise, such as pushups, crunches, dips and over-head presses, challenged the recruits in a new way.

Drill instructors led each exercise, ensuring proper technique was used and each exercise was executed correctly.

Recruits attend three circuit courses during their training to continue building strength and endurance.

"Marines train year round to maintain their all-around physical fitness and combat conditioning," said 19-year-old, Arrego. "Marine Corps recruit training teaches us everything we need to know to be a stellar Marine. Physical fitness is one of the most important traits of being a Marine."



Company H recruits prepare to begin pull ups during the Circuit Course. Before recruits began the course, they ran three quarter-mile sprints that tested their maximum endurance.



Recruits of Company H, 2nd Recruit Training Battalion, run three quarter-mile sprints before beginning the Circuit Course aboard the Marine Corps Recruit Depot San Diego, May 29. Drill instructors ran with the recruits as motivation to keep pushing themselves.



Recruits pass a weighted medicine ball back and forth at one station of the Circuit Course, which increases their core strength.



Recruit Julian M. Arrego, Platoon 2163, begins a maximum set of sit-ups for 60 seconds while running the depot's Circuit Course. Each station in the course is different and physically challenged recruits using various muscle groups.

# Respect for father, drill instructors keeps recruit's efforts high



Recruit Trajon L. Griffis, guide, Platoon 2161, Company H, 2nd Recruit Training Battalion, awaits the command from his drill instructor during platoon drill aboard Marine Corps Recruit Depot San Diego June 2. Griffis is currently the platoon's guide and intends on keeping that roll so he can motivate his fellow recruits.

STORY & PHOTOS BY  
SGT. WALTER D. MARINO II  
*Chevron staff*

He never knew his mother, but for Recruit Trajon L. Griffis, guide, Platoon 2161, Hotel Company, 2nd Recruit Training Battalion, his father was more than enough.

"I have a twin brother and twin sisters, and we've never known our mom," said Griffis. "I'm inspired by my father for being able to do so much."

Griffis explained he admires his father for serving more than 20 years in the Navy, deploying multiple times and providing for four children every step of the way.

He said he believes the military instilled strength in his father that aided him throughout his life and wanted to gain that strength too.

He is not only following in the footsteps of his father though, but also in his grandfather's, who served in the Navy and Army.

"His grandfather served, I'm currently serving and I'm glad he's carrying on the tradition. I'm very proud of him," said his father Trajon L. Griffis Sr.

Although his father is serving in the Navy, Griffis said he wanted to take the challenge of becoming one of the few and join the Marines instead.

"I've always liked the way Marines carry themselves and the respect they give and receive from their superiors," Griffis said.

He is now on day 13 of recruit training and says the hardest part has been being away from his twin, whom he spent all his time with prior to recruit training.

"Right now is the longest I've been away from him," said the San Diego native. "The first couple of weeks were hard."

Despite the emotional strain from being separated from his father and twin, Griffis took it upon himself to take the position of platoon guide and leader.

"I was the only one to volunteer," said Griffis.

The first day he met his drill instructors, Griffis had an experience unlike any of his fellow recruits. He recognized two of his drill instructors as neighbors who live within two blocks of his home.

Griffis attended high school with the daughter of his drill instructor, Gunnery Sgt. Robert S. Horn.

"I know his daughter. I played basketball with her," said Griffis.

He explained knowing some of his drill instructors' family members made him realize they too are missing their families, and it made him want to work even harder for them.

"Knowing they're missing their families just like I'm missing my family motivates me to give them 100 percent. They're sacrificing their time with their families to train us."

On the first day of training, Horn told his recruits he wanted 100 percent from them, because he gives 100 percent to them and is away from his family just like they are.

"I knew the speech probably hit him a little more," said Horn. "But we all sacrifice something; whether it's kids or a wife. You have to give up some of your pleasures in life to achieve your goals."

As recruit training continues, Griffis said he plans on keeping the position of guide so he can continue to motivate his fellow recruits to constantly give maximum effort.

"I'm never going to give less than 100 percent and I'm never going to ask for anything less from the platoon because I know what the drill instructors are sacrificing," said Griffis.



Recruit Trajon L. Griffis conducts platoon drill as the guide for Platoon 2161. Griffis volunteered for the position and plans to keep that role throughout the remainder of recruit training.

## Lt. Gen. John Toolan

### Parade Reviewing Officer

Lt. Gen. John A. Toolan Jr. was commissioned in October 1976 and reported to Okinawa, Japan, as an Infantry Officer with 1st Battalion, 9th Marines. Following this tour, he spent three years at Marine Corps Recruit Depot San Diego, Calif., and was subsequently reassigned as a company commander with 2nd Battalion, 7th Marines.

Toolan served as the Marine Officer Instructor at the University of Pennsylvania from 1984 to 1987. He was transferred to the II Marine Expeditionary Force, Camp Lejeune, N.C., as the staff secretary then transferred to 2nd Light Armored Infantry Battalion as operations officer and executive officer from 1987-1991. During this tour he participated in Operations Desert Shield and Desert Storm.

He was assigned to Manpower Officer Assignments until 1994 when he was selected for command of 3rd Light Armored Reconnaissance Battalion, Marine Corps Air Ground Combat Center, Twentynine Palms, Calif., until 1997.

The general attended Air Force War College in Montgomery, Ala., and was subsequently assigned as the deputy, plans and policy, at Supreme Allied Headquarters, Mons, Belgium. During this tour, he participated in operations in Bosnia and Kosovo, particularly Operation Allied Force.

Toolan commanded Weapons and Field Training Battalion, Marine Corps Base Camp Pendleton, Calif., from 2000-2002, then joined the 1st Marine Division as the operations officer for Operation Iraqi Freedom.

In March 2003, Toolan took command of Regimental Combat Team 1 and led the RCT in the march up to Baghdad.

His RCT returned to Al Anbar Province, Iraq, for Operation Iraqi Freedom II in 2004. Following regimental command, the general was assigned as director, Marine Corps Command and Staff College, Quantico, Va.

Toolan was promoted to brigadier general in 2006 and was assigned as the principal director for Asia/Pacific Affairs, Office of the Under Secretary of Defense for Policy in Washington, D.C., with follow on assignment as deputy commander, U.S. Forces Japan from 2008-2010. He was promoted to major general in 2009.

In July 2010, Toolan was assigned as the commander of the 2nd Marine Division, Camp Lejeune and in March 2011, he deployed as the commanding general, II MEF (Fwd) to Helmand Province, Afghanistan, for duties as Commander, Regional Command (South West) until March 2012.

On September 7, 2012, Toolan was pro-

moted to his current rank and assumed command of the I Marine Expeditionary Force, Camp Pendleton.





**Platoon 1050** COMPANY HONOR MAN Lance Cpl. R. T. Foster Vancouver, Wash. Recruited by Sgt. Z. W. Scribner  
**Platoon 1054** SERIES HONOR MAN Pfc. R. R. Rasmussen Blair, Neb. Recruited by Staff Sgt. W. Hardy  
**Platoon 1049** PLATOON HONOR MAN Pfc. J. J. Leyva San Diego Recruited by Sgt. K. J. Meyer  
**Platoon 1051** PLATOON HONOR MAN Pfc. A. J. Aguilera Ontario, Calif. Recruited by Staff Sgt. M. J. Espinoza  
**Platoon 1053** PLATOON HONOR MAN Pfc. J. J. Wade Oklahoma City Recruited by Sgt. P. Peterson  
**Platoon 1055** PLATOON HONOR MAN Pfc. C. W. Weddington Sacramento, Calif. Recruited by Sgt. E. Krech  
**Platoon 1053** HIGH SHOOTER (339) Pvt. B. M. Leavy Chicago Marksman Instructor Cpl. LaJunesse  
**Platoon 1055** HIGH PFT (300) Pfc. C. W. Weddington Sacramento, Calif. Recruited by Sgt. E. Krech



# CHARLIE COMPANY

1st RECRUIT TRAINING BATTALION

Commanding Officer  
 Sergeant Major  
 Battalion Drill Master

Lt. Col. L. M. Schotemeyer  
 Sgt. Maj. M. S. Seamans  
 Staff Sgt. C. Gonzalez



|   |  |  |   |  |
|---|--|--|---|--|
| <b>COMPANY C</b><br>Commanding Officer<br>Capt. A. R. Henry<br>Company First Sergeant<br>1st Sgt. C. Demosthenous | <b>SERIES 1049</b><br>Series Commander<br>Capt. J. J. Garland<br>Chief Drill Instructor<br>Gunnery Sgt. J. M. Romero | <b>PLATOON 1049</b><br>Senior Drill Instructor<br>Staff Sgt. S. P. Henryson<br>Drill Instructors<br>Staff Sgt. M. A. Carroll<br>Staff Sgt. C. Ortiz<br>Staff Sgt. K. J. Sanchez<br>Sgt. A. Antunez | <b>PLATOON 1050</b><br>Senior Drill Instructor<br>Sgt. J. A. Sabater<br>Drill instructors<br>Sgt. Z.A. Hanks<br>Sgt. L. Ledesma<br>Sgt. E. A. Maldonado<br>Sgt. E. A. Newman<br>Sgt. D.L. Ziegler | <b>PLATOON 1051</b><br>Senior Drill Instructor<br>Staff Sgt. B. W. Grzyb<br>Drill instructors<br>Staff Sgt. N. A. Carrel<br>Staff Sgt. C. T. Cason<br>Staff Sgt. B. T. Tegeder<br>Staff Sgt. J. M. Willetts                      |
|   | <b>SERIES 1053</b><br>Series Commander<br>Capt. J. F. Nazario<br>Chief Drill Instructor<br>Staff Sgt. A. J. Curry    | <b>PLATOON 1053</b><br>Senior Drill Instructor<br>Sgt. C. D. Martinez<br>Drill Instructors<br>Sgt. C. D. Castaneda<br>Sgt. D. D. Casey<br>Sgt. P. B. Dekker<br>Sgt. J. K. Harkins                  | <b>PLATOON 1054</b><br>Senior Drill Instructor<br>Sgt. E. L. Gantt<br>Drill Instructors<br>Sgt. J. M. Cardona<br>Sgt. K. C. Collis<br>Sgt. A. R. Devera<br>Sgt. J. Lopez<br>Sgt. B. M. Rosati     | <b>PLATOON 1055</b><br>Senior Drill Instructor<br>Staff Sgt. D. F. Martin<br>Drill Instructors<br>Staff Sgt. B. S. Calhoun<br>Sgt. N. M. Desimone<br>Staff Sgt. S. M. Disher<br>Sgt. M. P. Herrmann<br>Staff Sgt. C. T. Romriell |

\* Indicates Meritorious Promotion

**PLATOON 1049**

- Pvt. A. L. Anderson
- Pvt. I. Armenta
- Pvt. J. A. Bermudez
- Pvt. N. M. Cajucom-Brown
- Pvt. J. I. Carrillo
- Pfc. E. E. Diaz
- Pfc. A. M. Duke Jr.
- Pfc. T. D. Edwards
- Pvt. A. Galindo Jr.
- Pvt. M. R. Godinez
- Pvt. L. A. Hernandez-Davila
- Pvt. E. S. Johnson
- Pvt. J. M. Knott
- Pvt. D. Lambert
- Pvt. T. J. Larson
- Pvt. R. M. Lawonn
- Pfc. G. Leal Jr
- Pvt. M. E. Lee
- \*Pfc. J. J. Leyva
- Pvt. A. M. Liebert
- Pfc. E. D. Limkeman
- Pvt. A. Lopez
- Pvt. N. K. MacNeill
- Pvt. B. J. Madden
- Pfc. D. K. Maddox
- Pvt. W. M. Marshall
- \*Pfc. C. A. Marshall
- Pvt. H. S. Martinez Jr.
- Pvt. D. Medina
- Pvt. J. T. Messersmith
- Pvt. N. B. Miliin
- Pfc. J. J. Misner
- Pfc. J. M. Morales
- Pvt. J. N. Morgan-Clark
- Pvt. J. Nam
- Pvt. T. M. North
- Pfc. B. Y. Okayama
- Pfc. A. Ortega
- Pvt. L. A. Padilla
- Pvt. G. M. Parra-Perez
- Pvt. D. D. Pedersen
- Pfc. B. T. Perez
- \*Pfc. W. L. Peton
- Pfc. A. M. Porwoll
- Pfc. N. O. Tollkuhn

**PLATOON 1050**

- Pvt. A. Aguilar

- Pvt. R. A. Alfaro
- Pvt. S. L. Anderson
- Pfc. S. D. Baptista
- Pvt. C. M. Barbosa
- Pfc. K. B. Barger
- Pvt. L. L. Barnes
- Pvt. H. L. Barnett
- Pvt. F. Barrgan
- Pvt. S. Beccera Jr.
- Pvt. A. Bendavidez-Diaz
- Pvt. D. W. Benzel
- Pvt. P. P. Brandes
- Pfc. P. Cabral
- Pvt. A. J. Campbell
- Pvt. T. S. Carmichael
- Pvt. A. T. Chiasson
- Pvt. R. J. County
- Pvt. B. J. Crow
- Pvt. B. A. Devlugt
- Pfc. W. J. Eiskant III
- Pvt. C. S. Epperson
- Pvt. Z. J. Feldman
- Pfc. F. P. Finnegan
- \*Lance Cpl. R. T. Foster
- Pfc. D. M. Gentner II
- Pfc. T. L. Gilbert
- Pfc. A. Godina Jr
- Pfc. R. W. Goetl
- Pfc. E. Gonzalez
- Pfc. A. Goulart
- Pvt. T. T. Graczyk
- Pvt. S. L. Gronlund
- Pvt. C. D. Gwinn
- Pfc. J. D. Harrington
- \*Pfc. D. A. Haynes
- Pvt. G. Hernandez
- Pfc. S. M. Herndon
- Pfc. G. Hurtado
- Pvt. C. L. Isaacson
- Pfc. A. J. Jansky
- Pfc. R. M. Johnson
- \*Pfc. A. L. Kellar
- Pfc. N. T. Kirby
- Pvt. A. J. Sanchez

**PLATOON 1051**

- Pfc. A. J. Aguilera
- Pvt. A. S. Alford
- Pvt. C. M. Anderson

- Pvt. K. P. Anderson
- Pfc. R. Aquino
- Pvt. J. Avila
- Pvt. A. Barajas-Muzquiz
- Pfc. B. R. Bergevin-Smith
- Pfc. A. S. Bingham
- Pvt. M. V. Bowen
- Pvt. A. T. Brown
- Pvt. B. A. Brownfield
- \*Pfc. A. C. Busch
- Pfc. A. L. Cabanilla
- \*Pfc. M. A. Calixto
- Pvt. J. A. Calvert
- Pvt. N. M. Castorena
- \* Pfc. R. C. Cattles
- Pfc. A. M. Chase
- Pfc. A. M. Chiquete
- Pvt. J. A. Christofiles
- Pvt. A. M. Cook
- Pfc. S. H. Cornell
- Pfc. T. G. Cuddy
- Pvt. A. Cuevas
- Pfc. V. H. Dang
- Pfc. J. E. Davidson
- Pvt. J. M. Delgado-Alejo
- Pvt. G. R. Dunlap
- Pvt. R. M. Falloran
- Pfc. A. Figueroa
- Pvt. V. J. Flores
- Pvt. M. J. Floyd
- Pfc. C. M. Fortier
- Pfc. D. E. Frix
- Pfc. J. Gallardo
- Pvt. A. A. Garcia
- Pfc. J. E. Garcia
- Pfc. A. F. Gonzales
- Pvt. D. Gonzalez
- Pvt. L. J. Greene
- Pvt. L. P. Harris
- Pvt. M. P. Harster
- Pvt. J. J. Heidel
- Pvt. J. C. Holmes

**PLATOON 1053**

- Pvt. J. L. Achin
- Pvt. J. Z. Belk
- Pvt. S. T. Bickish
- Pfc. D. K. Brossett
- Pfc. J. R. Chilton

- Pfc. Z. J. Cox
- Pvt. B. N. Dominguez
- Pfc. C. K. Dryden
- Pfc. J. W. Ferguson
- Pvt. B. L. Fowler
- Pfc. D. Garcia
- Pvt. A. R. Gonzalez
- Pfc. I. Gutierrez-Robles
- Pvt. F. R. Hernandez
- Pfc. J. Hernandez
- Pfc. K. L. Hodge
- \*Pfc. H. L. Jensen
- Pfc. J. D. Jolliff
- Pvt. B. M. Leavy
- Pvt. H. Longoria Jr.
- \*Pfc. P. S. Mackey
- Pvt. J. M. Mariscal-Reyes
- Pvt. T. T. Mihalakis
- Pvt. I. D. Nero
- Pvt. C. L. Penn
- Pvt. D. B. Pollard
- Pfc. R. Puga
- Pvt. R. Ramirez
- Pvt. L. E. Ramirez-Rivera
- Pvt. K. C. Rath
- \*Pfc. B. R. Rees
- Pvt. X. T. Reid
- Pvt. S. A. Riforgiate
- Pvt. C. A. Robles
- Pvt. G. Ruelas
- Pvt. C. M. Saeugling
- Pfc. M. T. Sagun
- Pvt. S. Salazar
- Pvt. T. P. Salazar
- Pfc. D. S. Schneekloth
- Pvt. W. A. Sebastian
- Pfc. B. E. Stevens
- Pfc. A. R. Urrutia
- \*Pfc. J. J. Wade
- Pvt. G. J. Wampler
- Pfc. C. M. Weber
- Pfc. S. B. Yim
- Pfc. C. L. Zellman

**PLATOON 1054**

- Pfc. M. D. Howard
- Pvt. J. G. Jackson
- Pvt. P. Q. Jackson
- Pfc. D. J. Jeskey

- Pvt. L. J. Jordan-Lacey
- Pvt. A. Juarez
- Pfc. M. J. Kappa Jr.
- Pvt. T. D. Klempel
- Pvt. J. A. Kohl
- Pvt. B. J. Larman
- \*Pfc. R. R. Lathrop
- Pfc. A. B. Lopez
- Pvt. T. W. Lowe
- Pfc. C. R. Magar
- \*Pfc. E. Martinez
- Pfc. D. A. Matranga
- Pvt. P. R. McKinley
- Pfc. J. M. McLelland
- Pfc. C. J. McNeley
- \*Pfc. D. D. Montemayor
- Pvt. A. Naseer
- Pvt. Z. K. Ober
- Pvt. J. A. Ortolani
- Pvt. R. J. Perez
- Pvt. F. Pham
- Pvt. J. M. Pimentel-Gutierrez
- Pfc. A. L. Powers
- Pfc. Z. Preusser
- Pvt. D. M. Privitt
- Pfc. W. R. Puckett
- Pvt. J. B. Rachac
- Pfc. R. R. Rasmussen
- Pfc. M. A. Ruiz
- Pvt. M. C. Russo
- Pvt. E. J. Saathoff
- Pvt. S. K. Selby
- Pfc. M. A. Seneshale
- Pfc. T. J. Simpson
- Pvt. P. R. Smith
- Pvt. I. W. Snyder
- Pfc. C. A. Spampinato
- Pvt. H. G. Streeter
- Pvt. M. A. Turner
- Pvt. D. C. Tyrrell

**PLATOON 1055**

- Pvt. J. J. Ashley
- Pfc. J. J. Kouris
- Pvt. Q. I. Naules
- Pvt. M. A. Perryman
- \*Pfc. T. T. Senphannarat
- Pvt. J. P. Sheehy

- Pvt. W. R. Smart
- Pvt. H. A. Solorzano
- Pfc. K. J. Sothward
- Pfc. J. M. Spangler
- Pfc. W. J. Stark
- Pvt. K. T. Steinman
- Pvt. T. D. Strohlors
- Pfc. J. L. Tatum
- Pvt. R. J. Taylor
- Pfc. M. C. Thayer
- Pfc. N. Q. Tran
- Pvt. R. Trevino
- Pvt. R. Trujillo
- Pvt. P. H. Ullmer
- \*Pfc. J. Ulloa
- Pvt. D. J. Uplegger
- Pvt. F. I. Valdez
- Pvt. C. G. Cooper
- Pvt. M. R. Vaughan
- Pvt. A.D. Veale
- Pvt. B. X. Vela
- Pfc. N. H. Velez
- Pvt. J. J. Villanueva
- Pfc. S. M. Wall
- Pfc. K. E. Walton
- Pfc. C. W. Weddington
- Pvt. N. B. Wescott
- \*Pfc. C. S. Westfall
- Pvt. D. A. White
- Pvt. A. R. Whitman
- Pfc. S. J. Wilkins
- Pvt. J. A. Williams
- Pvt. S. P. Williams
- Pvt. J. P. Wilson
- Pvt. C. N. Wycoff
- Pvt. T. A. Wynn
- Pvt. A. L. Yang
- Pvt. L. M. Zamaripa



Recruits of Company H, 2nd Recruit Training Battalion, learn the basics of treating wounds during a combat care class aboard Marine Corps Recruit Depot San Diego, May 30. Company H began the class by learning about how to treat common injuries they might see throughout recruit training, such as a rolled ankle or shin splints.

## Co. H learns importance of combat care first aid

STORY & PHOTOS BY  
LANCE CPL. JERICO W.  
CRUTCHER  
*Chevron staff*

Recruits of Company H, 2nd Recruit Training Battalion, learn the basics of treating an injury during a combat care class aboard Marine Corps Recruit Depot San Diego, May 30.

During the class, the recruits were taught how to treat common injuries they might see throughout recruit training, such as a rolled ankle or shin splints. After covering

basic first aid, they moved to life threatening injuries, like a sucking chest wound, which they may encounter in a combat situation.

“Although combat care is mainly taught for combat situations, it also trains us to apply the proper procedures in everyday situations for minor things such as a nose bleed,” said Recruit Billy C. Dotson, Platoon 2163.

Dotson, an East St. Louis, Ill., native, explained the importance of knowing how to treat all types of injuries. He said the life of a fellow Marine

could depend on him and his knowledge of how to apply proper first aide.

Throughout the four combat care classes, recruits learn how to properly apply tourniquets, gauze, splints as well as other wound treatments. They are provided instructions on how to properly move and evacuate a casualty and they have to demonstrate proficiency in stabilizing the casualty prior to evacuation. With the proper first aid applied, the casualty has a significantly higher chance of recovery

after evacuation and follow on treatment.

These recruits have not yet earned the title Marine, but they have begun the training with a Marine mindset. If a situation takes place, Company H recruits have the basic training to apply first aid.

“Combat care classes give recruits a basic education to apply medical procedures, and it’s important for every recruit to receive this information and be tested on it to ensure they understand the information they are being

taught,” said Sgt. Tom M. Whatley III, drill instructor, Platoon 2162. “Marines have to feel comfortable with the first aid knowledge to keep a calm, level head in a combat situation in order to save the life of another Marine.”

With the basic combat care class is done, the recruits of Company H will continue to build off that knowledge and will be tested with a culminating exam in week 10 of recruit training to ensure they have retained all of the life-saving skills they were been taught.



Company H attends a class to learn about combat care first aid. They learned the basic foundation of treating wounds and will build off what they learned here at recruit training when they are assigned to the Fleet Marine Force.