



**Co. A
recruits
enter
a new
world**

Pg 4

MARINE CORPS RECRUIT DEPOT SAN DIEGO

CHEVRON

AND THE WESTERN RECRUITING REGION



**Winner of the 2011
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For Excellence in Print Journalism**

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“WHERE MARINES ARE MADE”

FRIDAY, DECEMBER 20, 2013

Marines gain confidence in facing gas

STORY & PHOTOS BY
LANCE CPL. TYLER VIGLIONE
Chevron staff

MARINE CORPS BASE CAMP PENDLETON, Calif. – Marines of Company A, 1st Recruit Training Battalion, put on their gas masks and entered the Confidence Chamber during training day 60 at Edson Range, Dec. 9.

The purpose of the exercise was to ensure Marines knew how to properly use the equipment used for biological and chemical attacks. The chamber was filled with chlorobenzylidene malonitrile, or CS Gas, a non-lethal tear gas and also a riot control agent.

“The training the Marines received is to get them familiar with the M-50 Joint Service General Purpose Mask,” said Sgt. Jarrel T. Travis, drill instructor, Platoon 1002. “Marines need to know how to use it.”

Before Marines went into the chamber, they received numerous classes on what they would be performing.

“We teach Marines the assembly of the M-50 JSGPM, have them check the serviceability of the masks, and engage them in immediate action drills and the effects of the CS gas,” said Sgt. Travis. B. Armstrong, chemi-



Marines of Company A, 1st Recruit Training Battalion, feel the effects of the CS gas in the Confidence Chamber at Edson Range aboard Marine Corps Base Camp Pendleton, Dec. 9. Marines were exposed to the gas twice to build their confidence

cal, biological, radiological and nuclear defense specialist, Weapons and Field Training Battalion. “Our number one goal is getting

them confident with the equipment and making sure they know what to do when under pressure.” When the classes were over

the drill instructors lined the Marines up in groups of 58 to file them off into the chamber. “GAS! GAS! GAS!” was

screamed by drill instructors when they burst open the door of

see GAS ▶ 2



Sgt. Maj. James K. Porterfield, left, sergeant major of Marine Corps Recruit Depot San Diego and Western Recruiting Region, reads the citation naming Gunnery Sgt. Michael H. Wampler, right, Drill Instructor of the Year, during his meritorious promotion ceremony Dec. 12. Wampler was meritoriously promoted by the MCRDSD and WRR Commanding General, Brig. Gen. James W. Bierman, center.

Marine named Drill Instructor of Year

STORY & PHOTO BY
CPL. PEDRO CARDENAS
Chevron staff

Gunnery Sgt. Michael H. Wampler, chief drill instructor, Special Training Company, Support Battalion, was named the 2013 Drill Instructor of the Year and meritoriously promoted during a ceremony at the depot commanding general’s courtyard, Dec. 12.

The Drill Instructor of the Year award was part of the 2013 Commandant of the Marine Corps’ Combined Awards Program, which awarded a Drill In-

structor of the Year, Recruiter of the Year, Prior Service Recruiter of the Year, Marine Combat Instructor of the Year, Marine Security Guard of the Year and Career Retention Specialist of the Year.

According to his citation, Wampler’s leadership, diligence, enthusiasm and mentoring allowed his recruits and fellow Marines to achieve a greater level of success than their peers during the recruit training cycle.

“It’s a tribute to the professionalism of the drill instructors at Marine Corps Recruit Depot San Diego. It just shows what a

standout and spectacular package he is,” said MCRD San Diego and Western Recruiting Region Commanding General, Brig. Gen. James W. Bierman. “I can’t think of anything that is more significant or honorable than to be selected as drill instructor of the year for the entire Marine Corps.”

Wampler’s career is characterized by resiliency and dedication to the mission of the Marine Corps as well as the development of all Marines.

Wampler enlisted in the Corps

see DI ▶ 2

Local community joins depot in winter concert

STORY & PHOTO BY
CPL. PEDRO CARDENAS
Chevron staff

“I know you’re really going to enjoy the concert you are about to see,” said Brig. Gen. James W. Bierman, commanding general, Marine Corps Recruit Depot and the Western Recruiting Region. “I want to take a second and brag of our fantastic band. They take every event and ceremony to the next level.”

Civilians, retired service

members, military personnel and their families listened to the Commanding General’s Holiday Concert featuring Marine Band San Diego at the depot, Dec. 13.

The concert was for members of the local community to join the commanding general and his guests in the annual winter concert in celebration of the holiday season. The concert was free and open to the public.

see CONCERT ▶ 2



Marine Band San Diego played a winter concert for members of the local community offered at the depot, Dec. 13. The annual winter concert was free and open to the public.



Marines of Company A, 1st Recruit Training Battalion, do jumping jacks in the Confidence Chamber at Edson Range, Marines performed exercises to bring up their heart rates, simulating combat stress, while in the chamber.

GAS ◀ 1

the chamber and quickly pushed the group of Marines inside.

Once the Marines were inside, they performed three exercises, head shaking, jumping jacks and breaking the seal of the mask. This was done to raise the recruit's heartbeats to simulate a combat situation.

The last exercise, breaking the seal of the mask, was feared by most Marines because they would have to expose their faces to the gas.

The sounds of coughs and gags echoed throughout the chamber, allowing the recruits waiting for their turn to hear.

"When I first broke the seal I took one

breath and it felt fine, then I took another and my throat started burning, the back of my neck was burning and my nose started running," said Pvt. Bryce A. Akset.

Once the drill instructors saw each recruit had their mask off and face exposed, they were then instructed to put the masks back on and clear it so they could breathe normally again.

Just when the Marines thought it was over, the instructor made them endure the effects of the gas once again.

"The second time I could compose myself, I came to the realization that the gas was not that bad and I was able to be a lot more calm than I was the first time," said Akset, a native of Minnesota.

After the Marines put their masks back on, they were asked if they had felt confident in their abilities to use the M-50 JS-GPM. They were then released out of the chamber to decontaminate their masks and breathe fresh air again.

Although Co. A Marines had passed the Confidence Chamber, in less than 24 hours they would endure the Crucible, a 54-hour test of endurance in which recruits must conquer more than 30 obstacles while they experience food and sleep deprivation. This was the last test they faced before they earned the title 'Marine.'

"This is a really important thing to learn," said Akset. "I think it's something we should keep up on throughout our careers."

CONCERT ◀ 1

"The opportunity of inviting the local community to listen to the Marine Corps band builds a great relationship with San Diego," said retired Sgt. Maj. James K. Harkins Jr. "The holiday season is the time to give back."

Marine Band San Diego performed various songs for the enjoyment of those who attended. Some of the songs included Hanukkah Begins Tonight, Dreidel Song, Polar Express, Here Comes Santa Claus and Santa Baby.

Toward the end of the concert, children in the audience were asked to join the band on stage for the narration of the poem *Twelve Days of Christmas*. After the narration was over, Santa Claus made an unexpected appearance. He gave the children mint flavored candy canes and a hug.

"The band did an outstanding job in all regards," said Harkins, a native of San Diego. "The concert was very appropriate for the holiday season."

Among the attendees were former service members who fought in World War II who received applause from the audience. The commanding general also took a few minutes to remember the attack of Pearl Harbor, Dec. 7, 1941.

"Today is Pearl Harbor day," said Beirman. "The courage and determination of our Marines, soldiers and sailors on that terrible day in Hawaii has truly inspired us ever since."

Marine Band San Diego performs at military and civilian ceremonies and provides honors for visiting dignitaries. The band is active in providing concerts for clinics, high schools and college students throughout Southern California, serving as a musical role model for developing musicians. The band performs over 500 performances each year including the Pasadena Tournament of Roses Parade and the annual summer and winter concerts.

In recent years, Marine Band San Diego is better identified for the mission of recruiting and public relations and has developed a great reputation for some of the finest presentations in military music.

DI ◀ 1

on Jan. 18, 2005 and attended recruit training at MCRD Parris Island, S. C.

In early 2006 he was promoted to lance corporal and, by the end of the year, was promoted to corporal while deployed to Iraq. He deployed for a second tour to Iraq in Oct. 2007 in support of combat operations.

In March 2009, Wampler was deployed to Afghanistan in support of Operation Enduring Freedom. During 2012, Wampler reported to Drill Instructor School here. As a drill instructor, Wampler guided his platoons to perform at the highest level, earning them multiple awards. During his first cycle, Wampler was the recipient of the 2nd Battalion Gunnery Sergeant Nichols award along with the Company E Dan Daily Award for exceptional performance.

Shortly after being assigned to Co. E, Wampler did not waste time in completing the rigorous Marine Corps Martial Arts Instructor Course and Nonresident Senior Enlisted Joint Professional Military Education program simultaneously, during a recruit training cycle. Wampler was subsequently elevated to the billets of senior drill instructor and chief drill instructor.

During these assignments, Wampler continued the trend of exceptional performance and proven leadership as he instructed and mentored future Marines. Wampler dedicated himself to the Marine Corps and to the development of his Marines.

As a result of his efforts, Wampler won this year's Drill Instructor of the Year award. Picking the recipient of the award was an extensive and competitive process.

Those who were nominated were judged thoroughly as their entire career became under a microscope, beginning with the first day they began to serve on active duty. Wampler attributed his success to more than just his individual accomplishments.

"This is a team effort; success brings on success and you don't get anywhere in life by yourself," said 27-year-old Wampler, a native of Bristol, Tenn. "I couldn't do it without work ethic and family. Family is everything; they always support you no matter what and are always there for you."

Along with the recognition for his hard work, Wampler received a meritorious promotion.

"It didn't seem real," said Wampler. "It is a humbling experience to be able to represent all of the drill instructors of the Marine Corps."

BRIEFS

SEMPER FIT Fitness Center group exercise holiday schedule

Group exercise classes will be canceled from Dec. 23 until Jan. 5. HITTT classes will be canceled Dec. 25 until Jan. 5.

Classes will resume a normal schedule January 6th.

For information call the Fitness Center at (619) 524-4427, or check online at <http://www.mccsmcrd.com/SemperFit/FitnessCenter/index.html>

SEMPER FIT Fitness Center Holiday hours of operation

- Dec. 24 5 a.m. to 5 p.m.
- Dec. 25 CLOSED
- Dec. 31 5 a.m. to 5 p.m.
- Jan. 1 8 a.m. to 5 p.m.

For information call the Fitness Center (619) 524-4427, or check online at <http://www.mccsmcrd.com/semperfit/fitnesscenter/index.html>

Christmas gate hours

Dec. 23 through Dec. 27

- Gate 2
 - Close 6 p.m. Dec. 23
 - Reopen 6 a.m. Dec. 24
 - Close 6 p.m. Dec. 24
 - Reopen 6 a.m. Dec. 26
 - Close 4 p.m. Dec. 26
 - Reopen 6 a.m. Dec. 27
- Gate 4
 - Open 24/7
- Gate 5 - Close 6 p.m. Dec. 23
 - Reopen 6 a.m. Dec. 27
 - (subject to being open upon request over the holiday period for deliveries and large vehicles by calling the Provost Marshall desk sergeant at (619) 524-4202).

New Year gate hours

Dec. 30 through Jan. 3

- Gate 2
 - Close 6 p.m. Dec. 30
 - Reopen 6 a.m. Jan. 2
 - Close 6 p.m. Jan. 2
 - Reopen 6 p.m. Jan. 3
- Gate 4
 - Open 24/7
- Gate 5
 - Close 6 p.m. Dec. 30
 - Reopen 6 a.m. Jan. 3
 - (subject to being open upon request over the holiday period for deliveries and large vehicles by calling Desk Sergeant at (619) 524-4202).

Marine Corps Family Team Building New Year New Me

MCFTB's "New Year New Me" is a character workshop for kids. Kids will learn about citizenship, doing the right thing, and what it means to make a New Year's resolution! It's for ages 5 and older.

For information call Tracy Genica at (619) 718-3765, or go online at <http://www.mccsmcrd.com/MarineCorpsFamilyTeamBuilding/index.html>

SMP Drill Instructor Ski Trip

The depot's Single Marine Program is sponsoring an Drill Instructor Ski Trip to Bear Mountain, Big Bear, Calif., Jan. 13 through 16.

The trip includes transportation, lodging, lift ticket and five meals at a cost of \$100 (\$125 includes ski/board rental). For non-SMP members the cost is \$175.

Registry deadline is Jan. 3. Space is limited. For information or registration call Josh Davis at (619) 524-8240, or contact him online at davisjp@usmc-mccs.org <http://mccsmcrd.com/SemperFit/SingleMarineProgram/index.html>

Send briefs to:

rdsl_pao@usmc.mil. The Chevron staff reserves the right to publish only those briefs that comply with Department of Defense regulations and the standards of the U.S. Government.

Artillery supports exercise Steel Knight 2014

STORY & PHOTOS BY
CPL. MIKE WICK
11th Marine Regiment

MARINE CORPS BASE CAMP PENDLETON, Calif. – Artillery Marines are not often observed at the forefront of battle, but they are undeniably heard from far away. With the equipment they man, they inspire fear in the enemy through their superior firepower, playing a vital role in the calamity of war. Requiring multiple jumps, precise coordinates and timely fire, artillery Marines train hours upon hours to better support their fellow brethren and to ensure the odds are in their favor.

Marines with 1st Battalion, 11th Marine Regiment, provide artillery support in participation of Exercise Steel Knight 2014, Dec. 9 through 16. Steel Knight

is a large-scale, live fire exercise that includes all elements of the Marine air ground task force, ensuring I Marine Expeditionary Force (I MEF) is fully prepared for employment to any crisis across the globe.

It hasn't been a traditional exercise, but it has them working harder all together as a unit, said First Lt. Samuel D. Dumlap, executive officer of Bravo Battery 1st Bn., 11th Marines.

"Steel Knight is a I MEF exercise that incorporates the entire Marine air ground task force," he said. "It's an exercise that's getting everyone involved across the board. We have Marines here at Camp Pendleton pushing all the way up to Twentynine Palms, supporting 1st Marines with direct fire support and live fire missions."

Steel Knight has his unit

working in unison with many others, making it more effective and realistic said Dumlap.

"With a big exercise like this, you have support from across the division and I MEF, we have to coordinate multiple pieces, giving us the total package rather than us doing our own thing," he said. "The smaller things we do is just internal, us shooting at impact areas. There is really no bigger picture, and no other players involved. It's just computing and shooting the data."

The focus of a large-scale exercise like Steel Knight is to fully prepare Marines for deployment across a full spectrum of conflict. The best way of doing this is integrating the infantry force with mechanized artillery and air operations.

Regardless of the bigger pic-

ture, the job of 1st Bn., 11th Marines, is still the same. However, even they see the importance of large-scale training like Steel Knight.

"We're shooting artillery, sending rounds down range in support of the different units participating in Exercise Steel Knight," said Cpl. Jeffrey T. Garrard, recorder for Bravo Battery. "We've got a whole bunch of moving parts, multiple batteries and lots of Marines out here. The hardest part is coordinating where everyone is going."

Garrard, a native of Townsend, Mont., said with an exercise like Steel Knight, their workload varies from day to day.

"Sometimes we shoot more than 100 rounds a day and sometimes we shoot less than

ten," he said. "It all depends on how hard they want the ground to shake that day."

Though the gunline may be unseen by most of I MEF, their hard work didn't go unnoticed by their command.

"The best thing for me is seeing the Marines at the gun line and how hard they work," said Dumlap. "After seven days in the field even I get exhausted, but they are the ones who are putting in the most work. They have handled themselves very well and worked extremely hard all week."

Exercise Steel Knight 2014 wraps up for 1st Bn., 11th Marines, Dec. 15. After a tough week of training, the Marines are looking forward to enjoying the holidays, spending time with their friends and families over their well-earned Christmas liberty.



Corporal Daniel I. Alfaro (right), assistant chief with Bravo Battery, 1st Battalion, 11th Marine Regiment, and a native of Houston, Texas, pulls the lanyard after receiving orders to fire in support of Exercise Steel Knight 2014 at Marine Corps Base Camp Pendleton, Dec. 13, 2013. Steel Knight is a large-scale, combined arms, live fire exercise integrating the ground combat element from 1st Marine Division with aviation and logistical support from 3rd Marine Aircraft Wing and 1st Marine Logistics Group. The exercise enables I Marine Expeditionary Force to test and refine its command and control capabilities while honing its conventional warfighting skills.

CHEVRON

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Recruits step off the bus into a new world

STORY & PHOTOS BY
LANCE CPL. TYLER VIGLIONE
Chevron staff

Recruits kept their heads down, consumed with fear of the unknown, knowing that when the bus stopped, life as they knew it would be different.

Members of Company B, 1st Recruit Training Battalion experienced their first taste of recruit training during receiving week aboard the depot, Dec. 2.

The minute the buses full of new recruits arrived at the depot, a drill instructor was ready to greet the recruits and give them their first commands.

They were instructed to move with speed and intensity at all times and to get off the bus onto the infamous yellow footprints.

From that point forward, the recruits were no longer allowed to use the words "I" or "me", they had to refer to themselves and each other as "this recruit" or "that recruit."

As they stood where thousands of Marines had stood before them, the recruits were taught the proper position of attention and read some of the basic articles of the Uniformed Code of Military Justice.

"We explain to them (recruits) the articles of the UCMJ that apply to them while they are in recruit training as well as what happens if they are violated," said Sgt. Tyler T. Huber, drill instructor, Support Battalion.

Recruits were then filed into the Contraband Room where the drill instructors made sure they did not have anything they were not supposed to such as weapons, electronic devices, tobacco and more. During that time recruits received an amnesty period where they were allowed to hand over contraband without fear of punishment. Anything recruits were caught with past that point would result in disciplinary actions.

Recruits made one phone call home, reading off a pre-written sheet that told their parents that they had arrived safely to recruit training.

Next, the recruits were assigned to platoons and received their first haircuts to establish uniformity.

"We want them to know that they are not individuals anymore, they will from here on out be a team and work as one," said Huber, a native of San Diego.

Receiving week consisted of recruits checking in with medical, getting their gear issued and ends on Friday when the recruits meet their drill instructors that will train them for the next 12 weeks. The transformation from civilian to Marine starts here.



Recruits stand by as Drill Instructors examine their belongings to ensure there are no prohibited items. Recruits were allowed little more than an address book and religious materials when they entered recruit training.



Recruits get their first uniform issue. These first uniforms are tough enough to carry the recruit through training at the depot. They were issued the rest of their gear when they began recruit training.



A recruit makes his phone call home, reading only what is printed on the sheet of paper posted at the booth. Recruits will not be able to make another phone call until the end of recruit training.



Like hundreds-of-thousands of their brother Marines, the recruits of Company B, 1st Recruit Training Battalion, arrive on the depot via bus and receive their initial orders from the receiving drill instructor Dec. 2. This is the first interaction recruits received with drill instructors.



A recruit gets his first recruit training haircut during receiving. The haircut symbolizes the first stages of uniformity recruits endure when entering recruit training.



While waiting to enter receiving, Company B recruits, 1st Recruit Training Battalion, are read the basic articles of the Uniformed Code of Military Justice by Sgt. Tyler T. Huber, drill instructor, Support Battalion, aboard the depot, Dec. 2. Drill instructors stressed to recruits that there would be serious consequences for violating the articles.

Former sailor finds challenge in Corps

STORY & PHOTO BY
CPL. PEDRO CARDENAS
Chevron staff

Sgt. Chris L. Smith joined the Navy in April 2000 to explore as an aviation electronics technician and seek a challenge. In his journey, he found that only in the Marine Corps could he achieve his goals.

Smith, senior drill instructor, Platoon 1005, Company A, 1st Recruit Training Battalion, used his Navy experience to become a leader in the Marine Corps.

"I wanted to work in aviation and electronics and to be physically challenged so I chose the Navy," said Smith, a native of Mobile, Ala. "I enjoyed the work."

According to Smith, he wanted a more physical challenge. His time in the Navy did not meet some of his expectations.

"I knew the Navy wasn't for me," said 32-year-old Smith. "I wanted a bigger challenge for myself."

At one of his previous units, Smith had worked with Marines.

According to Smith, he was inspired by the competitive nature of Marines. Marines want to be the most physically fit and the best at their jobs. He remembered that in his squadron there were only a few sailors that wanted to be the best like him.

At the end of his enlistment in 2004, he began to attend Bellingham Technical College to study electronics technology. He earned his associates degree in 2006, but missed the military.

"I realized I wanted to go back to the military," said Smith. "I wanted the discipline, work and ethic, but this time, in the Marine Corps."

He enlisted in the Marine Corps and shipped off to recruit training in Oct. 2006 to become an aviation mechanic. He noticed the difference between the Navy and Marine Corps from the beginning.

"It was all different; the structure, the discipline, the esprit de corps and the pride," said Smith.

Smith aspires to be a senior leader in the Corps. Some of the senior leadership in the Marine Corps have drill instructor experience, which is why in Oct. 2011, Smith volunteered for drill instructor duty. He wanted to train and make a difference to the new breed of Marines who will, eventually, replace him.

"The reason I wanted to become a drill instructor was to be a better leader," said Smith. "It is important to mentor the new



Sgt. Chris L. Smith, senior drill instructor, Platoon 1005, Company A, 1st Recruit Training Battalion, gives instructions to a fire-team during Crucible at Edson Range, Nov. 11. Smith volunteered for drill instructor duty to expand his leadership abilities.

generation of Marines because they are going to become, in the future, the leaders of the Corps."

According to Smith, drill instructor duty has taught him different ways to lead and to mentor younger Marines. He also learned how to be a well-

rounded leader for others to follow.

During his time as a drill instructor, Smith stressed to his team about work ethic, attention to detail and accountability of their actions. His leadership has made an impact on recruits as

well as the leadership he exemplifies with his team of drill instructors.

"As a Marine and as a leader, he is the man to go to. He does as he preaches and has taught me a lot," said 25-year-old Sgt. Nelson P. Chavez, drill instructor. "He

really likes what he does. He helps you not just with work but personal questions. We can always go to him."

Once his tour as a drill instructor ends, Smith plans to go back to the Fleet Marine Force and apply his new leadership skills.

Dr. Betty Moseley Brown

Parade Reviewing Officer

Dr. Betty Moseley Brown assumed the position of associate director of the Center for Women Veterans, United States Department of Veterans Affairs, cNov. 1, 2004. In this capacity, she advises and assists the Director of the Center for Women Veterans in planning, directing, managing, and coordinating the programs and activities of the Center.

Dr. Moseley Brown's passion for Veterans began during her United States Marine

Corps service from 1978 to 1992. Her Department of Veterans Affairs career began at the San Diego Regional Office, where she was a Veterans Benefits counselor and served as the Women Veterans Coordinator.

She briefly left the department to work for the Department of the Navy.

Dr. Moseley Brown returned to the Department of Veterans Affairs in 2001, working in the Veterans Benefits Administration (VBA), Compensation and Pension Service and later working for the Associate Deputy Under Secretary for Policy and Program Management.

Brown was VBA's first outreach coordinator, coordinating outreach activities of five major programs and efficiently providing veterans and dependents with information on benefits and services administered by the VA.

As associate director, Brown serves as the facilitator for VA's National Summit on Women Veterans' Issues – a major training and outreach quadrennial event for women Veterans, women Veterans advocates, and other federal agencies that provide services to women Veterans, promoting transparent and interagency communication on issues impacting women in the military

and women Veterans.

Brown has also been instrumental in promoting national awareness of the contributions made by women who served in the military through multiple department-wide efforts, such as the VA's "Her Story" campaign and the "Faces Behind the War" DVD.

Brown has a Doctor of Education degree from the University of Sarasota; Sarasota, Fla. She is an avid toastmaster, achieving the highest level in public speaking of Distinguished Toastmaster in January 2011. She is a 2004 Leadership VA (LVA) alumna and 2009 graduate of the Federal Executive Institute.





Platoon 1002 COMPANY HONOR MAN Pfc. S. W. Johnson Tecumseh, Neb. Recruited by Sgt. L. Bruss	Platoon 1007 SERIES HONOR MAN Pfc. C. T. Schettler Castle Rock, Colo. Recruited by Staff Sgt. J. Johnson	Platoon 1001 PLATOON HONOR MAN Pfc. J. M. Gonzales Albuquerque, N.M. Recruited by Staff Sgt. J. Trujillo Jr.	Platoon 1003 PLATOON HONOR MAN Pfc. S. M. Douglass Roseville, Calif. Recruited by Gunnery Sgt. E. Pages III	Platoon 1005 PLATOON HONOR MAN Pfc. M. A. Beliel Lamdenton, Mo. Recruited by Sgt. J. Duncan.	Platoon 1006 PLATOON HONOR MAN Pfc. T. J. Shaffran Lake Leelanau, Mich. Recruited by Sgt. K. Kennedy	Platoon 1001 HIGH SHOOTER (339) Pvt. V. W. Chancellor- Herring Stillwater, Okla. Marksman Instructor Cpl. Harrison	Platoon 1002 HIGH PFT (300) Pfc. S. W. Johnson Tecumseh, Neb. Recruited by Sgt. L. Bruss
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ALPHA COMPANY

1st RECRUIT TRAINING BATTALION

Commanding Officer
Sergeant Major
Battalion Drill Master

Lt. Col. L. M. Schotemeyer
Sgt. Maj. M. S. Seamans
Staff Sgt. C. Gonzalez



<p>COMPANY A Commanding Officer Capt. P. A. Dinardo Company First Sergeant 1st Sgt. J. A. Hoversten</p>	<p>SERIES 1001 Series Commander Capt. A. E. Moore Chief Drill Instructor Staff Sgt. F. Madrigal Jr.</p>	<p>PLATOON 1001 Senior Drill Instructor Staff Sgt. M. E. White Drill Instructors Staff Sgt. J. J. Gutierrez Staff Sgt. J. J. Leopold Staff Sgt. R. E. Martinez Staff Sgt. B. A. Parmele Sgt. I. Munoz</p>	<p>PLATOON 1002 Senior Drill Instructor Sgt. J. L. Walker Drill instructors Sgt. P. Alejo Sgt. R. R. Crider Sgt. G. Dolgner Sgt. I. P. Jones Sgt. J. T. Travis</p>	<p>PLATOON 1003 Senior Drill Instructor Staff Sgt. G. Dominguez Drill instructors Staff Sgt. J. D. Gonzalez Sgt. B. E. Aleman Sgt. F. Loza</p>
	<p>SERIES 1005 Series Commander Capt. C. C. Olson Chief Drill Instructor Gunnery Sgt. D. J. Rodriguez</p>	<p>PLATOON 1005 Senior Drill Instructor Sgt. C. L. Smith Drill Instructors Sgt. N. P. Chavez Sgt. R. C. Hernandez Sgt. L. P. Thompson Sgt. H. A. Torres</p>	<p>PLATOON 1006 Senior Drill Instructor Sgt. T. S. Bazua Drill Instructors Sgt. L. Andavazo Sgt. M. A. Berryhill Sgt. C. L. Doyon Sgt. D. Hanley Sgt. C. B. Ramsey</p>	<p>PLATOON 1007 Senior Drill Instructor Staff Sgt. J. W. Fielder Drill Instructors Staff Sgt. J. A. Delgado Staff Sgt. C. A. Kittel Staff Sgt. A. A. Thurlow Sgt. O. Roman Jr.</p>

* Indicates Meritorious Promotion

<p>PLATOON 1001 Pfc. J. H. Adams Pvt. J. J. Aldrete Pvt. J. A. Amador Pvt. J. J. Anderson Pfc. B. A. Aritonang Pfc. A. A. Armstrong Pvt. B. L. Bashaw Pvt. J. Bautista Pvt. D. C. Berg *Pfc. A. K. Bey *Pfc. C. A. Bizardi Pfc. J. A. Blanzzy Pvt. A. P. Bounsana Pvt. B. K. Bragiell Pfc. Z. T. Brauck- Muller Pfc. P. A. Brown Pvt. Z. T. Bursch Pvt. J. J. Butler *Pfc. T. Campos Pfc. J. Cantando Pfc. J. S. Cantwell Pvt. G. O. Casas Pvt. V. W. Chancellor- Herring Pvt. B. P. Chappel Pvt. C. M. Chavarria Pfc. R. D. Clement Pvt. J. G. Contreras Pfc. K. H. Cordova Pvt. J. Cortes Pvt. T. L. Couch Pvt. J. E. Courville Pvt. D. R. Crawford Pvt. J. A. Deroche Pfc. W. W. Derr Pvt. K. W. Dixon Pvt. J. V. Dominguez *Pfc. T. L. Droz Pfc. C. G. Enriquez Pfc. C. S. Finlinson Pvt. D. L. Frances- China Pvt. M. E. Frank Pvt. S. G. Fuller Pvt. X. E. Gallegos Pfc. D. A. Garcia *Pfc. X. K. Gereau- Dahlgren Pvt. A. J. Gerralld Pvt. D. J. Gilfeather Pfc. J. M. Gonzales</p>	<p>Pvt. J. J. Gonzales Pvt. J. S. Gonzales Pvt. R. A. Grim Pvt. A. E. Guajardo Pvt. J. D. Gutierrez Pfc. B. C. Haffey Pvt. P. A. Hayward Pfc. A. R. Head Pvt. J. A. Hermosillo Pvt. M. Hernandez Pvt. D. J. Hill Pfc. M. A. Hinkle Pvt. S. J. Hodson Pfc. R. M. Huget Pfc. L. M. Hull Pvt. F. Iradukunda Pvt. M. W. Jones *Pfc. J. W. Kirby Pvt. J. O. Lepley Pfc. D. T. Likes Pfc. Y. Q. Liu Pvt. L. D. Mcdonald Pvt. T. D. Mcmonagle Pvt. J. D. Mcneal Pvt. C. R. Mooney Pvt. A. M. Morton Pvt. J. R. Nations Pvt. R. L. Nguyen Pvt. A. J. Oh Pvt. Q. W. Palanti</p> <p>PLATOON 1002 Pvt. H. A. Abushehab Pvt. B. A. Akset Pfc. L. Alderson Pvt. M. A. Arias Pvt. M. Arreola Pvt. A. K Baker Pvt. H. Bangle Pvt. S. A. Bibeau Pvt. T. J. Bobowski Pvt. Z. T. Bogue Pfc. A. K. Bond Pvt. B. D. Brewer Pvt. B. A. Brisco Pvt. N. A. Bronson Pfc. C. R. Brown Pfc. S. A. Bullock Pvt. T. J. Carlin *Pfc. C. D. Carter- Desjardins *Pfc. N. A. Chancery *Pfc. P. M. Clark</p>	<p>Pvt. T. J. Clayton Pvt. S. M. Culver Pfc. M. T. Dalton Pvt. A. M. Davis Pvt. A. R. Davis *Pfc. A. J. Deanda- Brazzell Pfc. G. M. Deluna Pvt. I. D. Duling Pvt. C. W. Dunn Pvt. C. E. Duran Pfc. T. M. Eborn Pfc. B. J. Egros Iv Pvt. B. Feka *Pfc. A. C. Fredrickson Pvt. C. A. Gabbert Pvt. J. M. Godejohn Pvt. M. A. Gonzalez Pvt. M. Gruenwoldt Pvt. J. S. Guardiola Pvt. J. N. Gurule Jr. Pfc. B. W. Hallenbeck Pfc. Z. L. Hanes Pvt. N. H. Hathorn Pvt. J. K. Hendricks Pfc. B. M. Herrygers Pvt. M. A. Heskett Pvt. S. R. Higgs Pvt. D. T. Howell Pvt. W. S. Hunt Pvt. L. M. Johnson *Pfc. S. W. Johnson Pvt. R. R. Keller Pvt. M. P. Killday Pvt. D. J. Krumviede Pfc. H. R. Kuhns III Pvt. J. P. Lahey Pvt. D. B. Leblanc Pvt. K. B. Lindgren Jr. Pvt. C. C. Liu Pfc. J. R. London Pvt. F. J. Lopez III Pfc. E. M. Lorenz Pvt. A. Luna Pvt. G. C. Lyttle Pvt. T. N. Martinez Pvt. M. Mata Pvt. A. T. Mayes Pvt. T. R. Mcgray Pvt. T. S. Mcinerney Pvt. D. J. Mckelvey Pfc. G. A. Medrano Pvt. N. G. Meek</p>	<p>Pvt. G. T. Merklin Pvt. T. N. Mickens Pvt. Z. T. Myers Pvt. M. L. Nakamura Pvt. L. T. Rude Pvt. T. Q. Van Tassel</p> <p>PLATOON 1003 *Pfc. U. Alonso Pvt. H. A. Alvarez Jr. Pvt. E. E. Amaya Pvt. E. R. Armenta Pvt. L. A. Aspeitia Pfc. C. T. Avila Pfc. A. N. Bastian Pvt. R. L. Beguin Pvt. J. A. Beltran- Medina Pvt. J. M. Blanco Pvt. J. S. Brawley Pvt. D. J. Brommel Pvt. N. L. Butler Pvt. B. S. Cabezud Pvt. T. Cardenas Pvt. S. B. Carrasco Pvt. A. T. Cate Pvt. C. A. Chavez Pvt. T. Chung Pvt. C. L. Coil Pvt. R. Cruz-Vera Pvt. B. D. DeMilew Pvt. H. S. Dhillon Pvt. C. A. Dickinson *Pfc. S. M. Douglass Pfc. J. J. Dublin Pvt. N. E. Eby Pfc. M. C. Eldred *Pfc. K. L. Filgo Pvt. G. J. Filkins Pvt. R. A. Flores Pvt. S. Flores Jr. Pfc. K. D. Francis Pfc. D. P. Gondolfo Pfc. L. Gonzalez Pvt. T. A. Grinham Pvt. J. Guedea Pvt. J. Guzman Pfc. S. J. Ham Pvt. V. C. Harned Pvt. M. L. Hildebrand Pfc. J. F. Howard Pvt. J. M. Howell Pvt. B. T. Izzo</p>	<p>Pvt. J. J. Jansen *Pfc. D. J. Jepsen Pfc. T. M. Le *Pfc. J. Lee Pfc. T. E. Lindsey Pvt. R. Lopez-Carreno Pvt. G. Mayotte Pfc. D. J. Mays *Pfc. S. S. McDonnell Pvt. M. R. McNeilly Pvt. L. G. Meeks Pvt. B. S. Menorath Pvt. J. C. Miller Pvt. C. R. Morris Pfc. N. R. Mortenson Pfc. E. R. Mossi Pvt. H. T. Nagy Pvt. M. Narvaez Pvt. M. W. Nelson Pfc. E. R. O'reilly Pvt. J. G. Orozco Pvt. R. L. Palacios Pvt. G. M. Paredes- Pardo Pfc. J. T. Parisi Pvt. R. Perez Pvt. P. A. Perrine Pfc. N. J. Perry Pvt. H. T. Personious Pvt. H. M. Ramirez Pvt. D. R. Rocovo Pvt. B. W. Rice Pvt. R. Rodriguez Jr. Pvt. B. J. Rudin Pvt. R. V. Russell</p> <p>PLATOON 1005 *Pfc. A. M. Abuhl Pfc. M. J. Aguilera Pvt. D. Alcalá Pvt. C. S. Anderson Pvt. R. D. Askins Pvt. J. A. Bastic Pvt. A. B. Bednarz *Pfc. M. A. Beliel Pvt. M. C. Blanchard Pvt. Q. L. Blanchard Pvt. C. C. Bovee Pvt. T. S. Brown Pvt. T. J. Burgen Pvt. S. L. Castaneda Pvt. N. D. Castillo Pfc. Z. N. Cate</p>	<p>*Pfc. A. Chauteco Jr. Pvt. J. F. Chavez Jr. Pfc. J. M. Chavez Pvt. D. L. Childs Pvt. B. Chisolm Pvt. J. M. Cooke Pvt. R. Cordero Pvt. J. E. Dawkins Pvt. D. C. Deboer Pvt. D. S. Dehn Pfc. U. Delgadillo- Curiel Pvt. A. Deluna Pvt. J. B. Domingo Pvt. T. J. Dorsey Pvt. B. J. Doss Pfc. G. L. Elliot Jr. Pvt. D. R. Flores Pvt. I. I. Fonseca Pfc. P. J. Fraki Pvt. M. A. Garces Pvt. C. T. Garcia Pfc. G. B. Gillespie Pvt. A. A. Gonzalez Pvt. J. B. Gonzalez Pvt. J. D. Gonzalez Pvt. J. Gonzalez Pfc. Z. T. Gore *Pfc. B. J. Gomez Pvt. K. T. Gray Pfc. S. P. Hamman Pvt. J. G. Hansen Pvt. C. C. Harlan Pvt. D. L. Hathaway *Pfc. B. G. Hernandez Pvt. W. T. Hoffman Pvt. N. Hoang Pvt. R. J. Huerta Pvt. E. Hull Pvt. C. R. Juaregui- Wells Pvt. D. W. Jensen Pvt. J. R. Jordan Pfc. B. A. Kalz Pvt. K. S. Karabas Pvt. M. A. Labadie *Pfc. R. L. Lizarraga Pvt. A. Lockamy Pvt. V. G. Lopez Pvt. R. A. Lowell Pfc. A. P. Loya Pvt. M. A. Magallanez Pvt. R. J. Maggs</p>	<p>Pvt. S. P. Mallahan Pvt. J. B. Mariscal Pvt. J. F. Marshall Pvt. J. Martinez Pvt. J. M. Martinez Pvt. A. F. May Pfc. B. J. MCGovern Pvt. I. Medina Pfc. D. S. Melton Pvt. Y. R. Mendoza Pvt. R. J. Miranda</p> <p>PLATOON 1006 Pvt. E. D. Almeida Pvt. J. Castaneda- Aquino Pfc. J. M. Doizer Pvt. S. P. Jones Pvt. J. A. Mcgraw Pfc. O. D. Navarro Pvt. C. W. Niver Pfc. T. J. Oasheim Pvt. D. C. Owens Pvt. M. A. Paige Pvt. C. D. Pair Pvt. C. J. Pease Pfc. H. E. Penalzoza Pvt. C. J. Phippen Pvt. O. Ramirez Jr. Pvt. H. M. Reid Pfc. L. P. Richeson Pvt. B. A. Rieppel Pvt. M. E. Rios *Pfc. A. P. Romano Pvt. M. A. Rosales Pvt. N. M. Schacher Pvt. J. S. Schierloh Pvt. A. T. Schramm Pvt. W. C. Schutz Pfc. T. J. Shaffran Pvt. J. J. Sherman Pvt. K. T. Shima Pvt. N. P. Shofstall Pvt. D. L. Simpson Pvt. C. L. Singleton Pfc. K. M. Smalley Pvt. S. L. Smith III Pvt. M. A. Smith Pfc. A. Q. Spencer Pvt. C. J. Stanich</p>
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Recruits put mind, body to test

STORY & PHOTOS BY
LANCE CPL. JERICO W.
CRUTCHER
Chevron staff

Recruits of Company L, 3rd Recruit Training Battalion, accomplished another demanding task during recruit training known as the Circuit Course aboard the depot, Dec. 3.

The purpose of the Circuit Course was to build stamina, strength and endurance. The physical training session was designed to constantly push the recruits without a break, testing their bodies with fatigue.

The Circuit Course was made up of several work-out stations for various exercises. Before beginning the course, drill instructors demonstrated how to perform each station.

Every station was designed to target a specific muscle group, testing the recruits' endurance while fatigued.

"This course lets recruits experience strength and core conditioning and overall physical fitness," said Sgt. Anthony L. Williams, drill instructor, Platoon 3249. "It's challenging to the mind and body. Recruits find out that their bodies can be pushed further than what their minds think."

Being mentally strong is just as important as being physically strong, explained 27-year-old Williams, a Benton Harbor, Mich., native.

Before recruits started the Circuit Course, they had a prior workout that included running, push-ups and ammunition can lifts.

When the recruits reached the Circuit Course their bodies were already fatigued from the pre-workout.

Ammunition can lifts were the biggest challenge because they built a lot of fatigue before we began the Circuit Course, explained Recruit Adrian M. Arneson.

At each station, recruits continuously performed each exercise until hearing a whistle indicating a rotation to the next station.

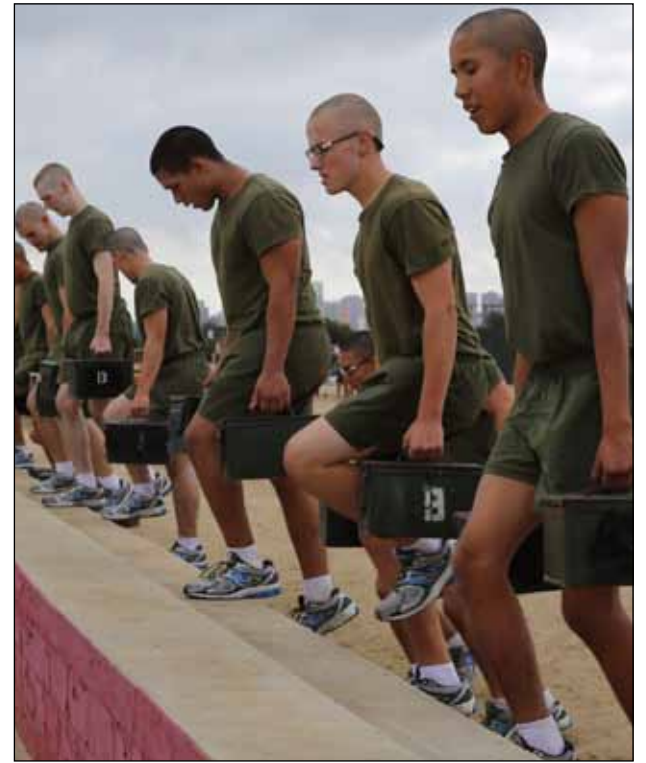
Each station placed a different challenge on the recruits, including pull-ups, pushups and sprints.

Activity at each station lasted 60 seconds before drill instructors sprinted to the next station with their assigned group of recruits.

Recruits synchronized with the drill instructors as they



Company L recruits workout at the dip bar exercise station Dec. 3. They continuously performed the exercise until the signal to move to the next station.



Each ammunition can used in the step-up exercise, weighs in at 35 pounds.



Sgt. Brandon J. Cobb, Company L, 3rd Recruit Training Battalion, leads bent over rows during the Circuit Course aboard the depot, Dec. 3. Drill instructors demonstrated each of the exercises and also performed the exercises with the recruits as they lead them through the course.

executed each of the exercises. If recruits performed any of the exercises wrong they were quickly corrected by a drill instructor.

The nature of a Marine's job

requires him to be physically fit. Marines are tested twice a year on their level of fitness through the Physical Fitness Test and Combat Fitness Test.

"Marines are known for

their physical fitness and combat conditioning. During recruit training we have to push through things such as the Circuit Course to reach the Marine Corps standard of physical fit-

ness," said 19-year-old Arneson, a San Diego native. "Mental strength is another trait we must adapt to during recruit training because the mind is a lot stronger than the body."

CON'T FROM 7

Pvt. K. Thao
Pvt. K. Thao
*Pfc. A. R. Thomas
*Pfc. D. L. Thyfault
Pvt. C. M. Timm
Pfc. D. T. Traitel II
Pvt. A. M. Tucker
Pvt. Z. J. Uhrhammer
Pvt. S. J. Valenzuela Jr.
Pvt. Z. N. Vanblarcom
Pfc. V. J. Vang
Pfc. M. C. Vanhusan
Pvt. J. A. Vara
Pvt. N. P. Vasquez
Pfc. B. D. Vaughn
Pvt. J. R. Venturella
Pvt. K. P. Vice
Pfc. A. D. Villa

Pvt. M. E. Villa
Pvt. T. J. Walker
Pvt. D. R. Ward
Pfc. B. N. Waters
Pvt. K. C. Watts
Pvt. A. K. Wayment
Pvt. N. M. Weibler
Pfc. B. T. Weichers
Pvt. J. A. Wellman
*Pfc. I. J. White
Pvt. J. D. Whitehouse
*Pfc. J. R. Wiggs
Pvt. C. S. Willeford
Pfc. A. J. Williams
Pvt. M. P. Williamson
*Pfc. A. M. Wilson
Pvt. S. J. Wood
Pfc. Y. J. Xiong
Pvt. M. F. Young
Pvt. L. A. Zannatta-Diaz
Pvt. C. A. Zenda

Pvt. B. K. Zhang
Pvt. K. Zhou
Pfc. L. M. Zizumbo
PLATOON 1007
Pfc. D. D. Agra
Pfc. A. N. Bastian
Pvt. K. L. Breer
Pvt. Z. P. Brunsell
Pvt. M. R. Calhoun
Pvt. J. D. Castro
Pvt. N. J. Chittum
Pvt. C. J. Colgan
Pfc. M. L. Colwell
Pvt. M. L. Contreras
Pvt. L. D. Copeland
Pvt. T. P. Davis
Pvt. J. J. Delgado-Guerrero
Pfc. J. A. Festi
Pvt. R. W. Gates
Pvt. C. R. Hinds

Pvt. A. P. Johnson
Pvt. J. A. Kannall
Pvt. J. A. Kannall
Pfc. M. H. Kerr
Pvt. D. J. Kidwell
Pvt. J. Lasso
Pfc. R. P. Lahey
Pvt. D. J. Little
Pfc. D. E. Loncor
Pvt. J. D. Owen
Pfc. A. D. Pace
Pfc. L. R. Patterson
Pvt. A. S. Pedroza
Pvt. R. B. Pena
Pfc. J. D. Pierce
Pvt. C. J. Porter
Pvt. C. J. Powell
Pvt. N. Preciado
Pvt. T. L. Proell
Pfc. D. P. Reuter
Pfc. G. Rodriguez Jr.

Pvt. J. T. Robertson
Pfc. R. C. Rosas
Pvt. G. Sahakian
Pvt. A. A. Salazar
Pfc. E. C. Salazar
Pvt. A. G. Sales
Pfc. E. M. Sanchez
Pvt. J. M. Sanchez
Pvt. G. B. Sandahl III
*Pfc. C. T. Schettler
Pfc. S. A. Schneider
Pvt. S. T. Seitz
Pfc. C. G. Serrano
Pvt. G. R. Serrano
Pfc. T. Snow
Pvt. N. A. Solomon
Pvt. C. W. Southard
Pvt. N. D. Stephens
Pvt. K. E. Stibor
*Pfc. D. T. Tenner
*Pfc. T. W. Tennison Jr.

Pvt. J. S. Thompson
Pvt. B. E. Thurm
Pvt. Z. Z. Torres
Pvt. U. D. Torres Jr.
Pvt. C. B. Toves
Pvt. J. J. Tuinder
Pvt. G. H. Turner
Pvt. K. F. Turner
Pvt. P. M. Usog
Pvt. D. R. Villareal
Pfc. S. N. Webb
Pvt. Z. A. Wehner
*Pfc. B. D. Wheeler
*Pfc. M. J. Wheeler
Pvt. J. S. White
Pfc. A. D. Williams
Pfc. N. Willis
Pfc. P. C. Wrigley
*Pfc. K. R. Young
Pfc. M. J. Zolp