

Company C recruits train for final PFT

STORY & PHOTOS BY
 JERICHO W. CRUTCHER
 Chevron staff

Physical fitness is essential to the effectiveness and readiness of the Marine Corps. Throughout recruit training, several physical fitness sessions are set up to prepare the recruits to meet that standard.

Recruits of Company C, 1st Recruit Training Battalion, performed various exercises including half-mile sprints, push-ups and sit-ups during a physical training session on training day 54 aboard the depot, Sept. 30.

The purpose of the physical fitness session was to build high endurance, strong upper bodies and a strong core for their final Physical Fitness Test. Recruits ran an initial PFT during first phase of training to introduce them to the course and the challenges it demands.

The PFT has three events, pull-ups, abdominal crunches and a three-mile run.

"The recruits have made it to the third phase of training and are finishing up the last of their physical training sessions before

see PFT ▶ 2



Recruits of Company C, 1st Recruit Training Battalion, perform four half-mile sprints with a cool down between each to slow their heart rates during a physical training session aboard the depot, Sept. 30. After the sprints the recruits moved on to the next exercises consisting of push-ups, crunches and jumping jacks.



Chase Malynn, junior varsity baseball player for West Ranch High School, Santa Clarita, Calif., gets in the prone position to begin the maneuver under fire portion of the Combat Fitness Challenge Oct. 1. The Challenge is based on the Corps' Combat Fitness Test and includes an 880-meter sprint, ammunition can lifts and maneuver under fire.

High school athletes train with Marines

STORY & PHOTOS BY
 LANCE CPL. TYLER VIGLIONE
 Chevron staff

SANTA CLARITA, Calif. – Marines are tested yearly on their physical abilities to react in combat situations. For Davis Lebaron and his baseball team, they had the opportunity to be tested at the Marine Corps level.

About 80 athletes of West Ranch High School dropped their bats and picked up ammunition cans to participate in the Marine Corps Combat Fitness

Challenge in Santa Clarita, Calif., Oct. 1.

The Combat Fitness Challenge was meant to test the physical and mental strengths of these students. The event was intended to replicate the Marine Corps Combat Fitness Test that Marines run every year. The CFT is broken down into three parts: Maneuver under fire, ammunition can lift, and an 880-meter movement to fire sprint.

"We took August and September trying to get our boys and our girls here on the baseball and

see HIGH SCHOOL ▶ 2

Co. F learns uniform regs

STORY & PHOTO BY
 LANCE CPL. TYLER VIGLIONE
 Chevron staff

Marine Corps uniforms are known to reflect the Corps' proud legacy. To wear these uniforms take thought and attention to detail.

Recruits of Company F, 2nd Recruit Training Battalion received a Marine Corps uniform class aboard the depot, Oct. 2.

Marine Corps uniform class was given to the recruits after they were issued their uniforms to ensure that when they become Marines, every uniform is worn properly.

"This is where they get the basics of how to wear the uniform," said Sgt. Carlos E.

Arguello, Academics Instructor, Instructional Training Company. "I stress to them how improperly wearing the uniform could become a trend if they do not know how to properly wear it."

According to Arguello, the class was broken down into the different types of uniforms such as combat utility uniforms, service uniforms, dress blue uniforms, and physical training uniforms. During this class, recruits learned everything from measurements to where and when they are allowed to wear different uniforms.

Recruits arrived at recruit training knowing very little

see UNIFORMS ▶ 2



Sgt. Carlos E. Arguello, Academics Instructor, Instructional Training Company, explains to recruits how important it is to maintain their uniforms during a Marine Corps uniform class Oct. 2.



Recruits of Company C, 1st Recruit Training Battalion, perform crunches as their senior drill instructor motivates them during a physical training session aboard the depot, Sept. 30. After an intense workout recruits felt confident towards their upcoming PFT on training day 57.

PFT ◀ 1

running their PFT and then moving on to the Crucible,” said Staff Sgt. Nicholas A. Carrel, drill instructor, Platoon 1049. “I predict most of the recruits will be running 1-2 minutes faster and will show significant improvements on their pull-ups and sit-ups from the beginning of recruit training to now.”

Recruits started the event by warming up. Performing various exercises such as: sprints, skips, high knees and several others while running. They ran from one orange cone to another approximately 40-yards-away.

Then they were split into two groups and completed four half-mile sprints while walking a cool down circle between each to slow their heart rates. After the half-mile sprints, recruits performed several more exercises such as: push-ups, crunches and jumping jacks.

“Our senior drill instructor let us do extra physical training on our own during our daily square-away time to better prepare for the final PFT,” said Recruit Nick M. Geiger, a Two Rivers, Wis. native. “It takes a lot of self-motivation to put in the extra work when you’re drained from the training all day, but you’ve got to put in the training to be the best.”

Co. C is scheduled to run their final PFT Oct. 3. Recruits must give maximum effort because their PFT score will help towards their promotion to a higher rank.

“Not only does the difficult PT session help us toward the PFT, but it helps us for the jobs we’ll be trained to do,” said 18 year-old Geiger. “I will be going to Infantry Training Battalion after recruit training to be a rifleman.”

Geiger explained it’s important for him to stay in top physical shape, because Marines lives will be in his hands and he must be strong enough physically and mentally to follow through with the mission.

HIGH SCHOOL ◀ 1

softball team in top physical shape with the idea that this was kind of coming, and yet they’re still finding it very challenging,” said Casey Burrill, baseball coach at West Ranch High School.

Burrill attended the Marine Corps Educators Workshop where he visited the Marine Corps Recruit Depot San Diego and experienced recruit training by participating in events such as the CFT. Burrill’s experiences led him to ask local Marine recruiters from Recruiting Station Los Angeles to come to the school and teach the students some of the things he learned.

“We (Marines) came up today to teach these students mental toughness, physical toughness, team work and camaraderie,” said Maj. Dominique Neal, Commanding Officer, RS Los Angeles.

The athletes were split into three platoons and treated like Marines rather than students.

The platoons of students rotated through the stations. The toughest event was the maneuver-under-fire, which simulates combat-related tasks such as carries, ammunition resupply,

grenade throwing, crawls, and agility running.

“I came here today expecting a really hard work out,” said Lebaron, Varsity baseball player for West Ranch High School. “It wasn’t as much of a screaming and yelling experience as I thought but more of a learning experience.”

The Marines taught them about teamwork and how to push themselves when they are past the point of exhaustion.

“We put these high school students through what we do every year,” said Neal. “I think by doing a CFT you learn a little bit about yourself, and learn a little bit about your teammate.”

At the end of the day the Marines noticed the students, tired and sore, came together as one. Even though these students will not face combat, they will use what they learned on the baseball field.

“I want to thank the Marines for doing all of this, I know it takes a lot of work and it’s a good thing for us as a team to bond together and learn these leadership traits and teamwork skills,” said Lebaron, a native of Santa Clarita, Calif.

UNIFORMS ◀ 1

on how to wear the Marine Corps uniforms. For some, this was an introduction.

“I didn’t know anything about uniforms before I had this class,” said recruit David A. Kubina, Platoon 2123.

Some recruits learned about the uniforms when they were in the Delayed Entry Program, others learned from taking the Junior Reserve Officer’s Training Corps class in high school, but nothing in depth until they received this class.

“This class taught me a lot of things I didn’t know,” said Kubina, a native of Chandler, AZ. “I have a better understanding on how to wear the different uniforms and the measurements of insignias that go on the uniform.”

For Arguello, the uniform is a lot more than just something Marines wear. It tells a story on where they have been and what they have done.

“When I’m teaching a class, I talk to the recruits about how every uniform tells a story,” said Arguello, a native of Stevens Point, Wis. “From the ribbons



Mollie Sorenson, varsity softball player for West Ranch High School pushes to get her last ammunition can lifts in before time ran out at West Ranch High School, Oct. 1. Athletes from the schools softball and baseball teams participated in a Combat Fitness Challenge which was run by the Marine Corps Recruiting Station Los Angeles.

and medals a Marine wears to the service stripe on his sleeves, you can tell where a Marine has been and what he has done just from his uniform.”

Even after these recruits graduate recruit training and move on with their Marine Corps careers, keeping up and maintaining their uniforms is something that is expected of every Marine.

“I wrote down the Marine Corps order on uniforms and I am going to refer back to it when I forget something so my uniform is always up to par,” said Kubina.

BRIEFS

Make a Difference Day

The Marine Corps Exchange and the depot’s Single Marine Program hosts the annual Make a Difference Day tomorrow from 8 until 11:30 a.m., on the MCX Main Exchange Mall.

The all hands Make a Difference Day event is to raise awareness of breast cancer and domestic violence prevention through a one-day walk and wellness expo. Various vendors will be on-hand throughout the event.

Come early. The expo begins with a 1.5 mile walk that starts at 9 and ends with a raffle at 11.

For information call Kelley Sitar at (619) 524-5655, or go to <http://madd13-mcrd-es2.eventbrite.com/> on the web.

Parking Lot Closure

The parking lot between the Marine Corps Exchange and the Museum will be closed for re-stripping Monday. There is ample extra parking on the parade area.

Ball Gown Giveaway & Fashion Show

MCCS will be hosting a ball gown giveaway and fashion show Friday, from 4 until 8 p.m., on the Bay View restaurant lawn.

Tickets are required and must be presented for admission to event.

Active duty spouses and DoD eligible patrons may choose one free formal gown and matching accessories.

Donations of gently used ball gowns are greatly appreciated and accepted at Building 6E.

For information and to register, go to <http://mcrdfashionshow2013.eventbrite.com>

MC Birthday Ball Uniform and Etiquette Training

The depot Single Marine Program sponsors a Marine Corps Birthday Ball and Etiquette Training course Oct. 29, from 9 a.m., until noon in the Rec. Center.

Single Marines and E-4 and below (regardless of marital status) are encouraged to attend. Marines E-5 and above will instruct junior Marines on proper etiquette and will have tips to prepare them for the Nov. 10 Birthday Ball.

The event also features prizes and a late lunch service.

For information call Josh Davis at (619) 524-8240.

MMOA Monitor Team visit

The MMOA monitor team will visit the Depot Nov. 1 and 2.

There will be an all-officer brief and presentation from 8 to 10 a.m. Nov. 1, with interviews from 10 a.m. to 4 p.m., and 8 a.m., to 1 p.m., Nov. 2.

The brief and interviews will be held in the Conference Center, Building 7W. All officers are required to attend the briefing. Monitor interviews will be scheduled via SharePoint.

For questions regarding individual appointments, officers should contact their unit Adjutant. The MCRDSD coordinator is Ms. Edwards at (619) 524-8733.

Universal Class Online

A free Universal Class Online, featuring more than 500 continuing education computer courses, is available through the depot’s library, to everyone with active Library accounts.

For information, course listings and registration call (619) 524-1849.

Send briefs to:

rdsd_pao@usmc.mil. The Chevron staff reserves the right to publish only those briefs that comply with Department of Defense regulations and the standards of the U.S. Government.

Around the depot

This week the Chevron asks: "What are you doing to make yourself competitive as a Marine?"



"Working on my off-duty education because nobody can take your knowledge away." Lance Cpl. Ezequiel Madrid-Aviles, Recruit Administration Branch, Support Battalion



"I'm bettering myself by taking off-duty classes like American History." Pfc. Anakaren Tapia-Barrientos, administration clerk, Consolidated Personnel Administration Center, Headquarters Company, Headquarters and Service Battalion



"Upholding Marine Corps fitness levels by competitively racing and lifting weights." Cpl. Ronald B. Jones Jr., Postal Office, Headquarters Company, Headquarters and Service Battalion

Actor, military advocate visits San Diego troops



Lance Cpl. Jericho W. Crutcher

Bobby B. Woods, Director of United Services Organization, San Diego, presents Gary Sinise and his foundation with gift bags and presents during the inaugural "Feed the Troops" barbecue at the USO's Neil Ash Center, San Diego International Airport, Oct. 11. The Gary Sinise foundation will sponsor a barbecue once a month for servicemembers and their families.

Boathouse face lift



Cpl. Pedro Cardenas

Work began on remodeling and redecorating the depot's Bay View Marina Club boathouse facility on Oct. 15. Construction is expected to provide the facility, in addition to new equipment such as kayaks and paddle boards, with a new sandwich shop. The facility remains open for business while construction is going on.



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Recruits learn to hold bearing with confidence

STORY & PHOTOS BY
LANCE CPL. JERICHO W. CRUTCHER
Chevron staff

Bearing is defined as the way one conducts and carries him or herself in a manner that reflects alertness, competence and control.

Recruits of Company H, 2nd Recruit Training Battalion, had their bearing tested during their senior drill instructor's inspection. The recruits were tested on Marine Corps knowledge, uniforms and rifle manual on training day 16 aboard the depot, Oct. 4.

The purpose of the SDI inspection was to test the recruits on what they've learned in recruit training while under the pressure of drill instructors.

"When things are calm it's easy for someone to retain everything that's going on," said Sgt. Omar J. Garcia, drill instructor, Platoon 2162. "We as Marines are expected to stay focused even in complete chaos, when everything's going

wrong, and still be able to be strong, quick and keep the fellow Marines around you alive."

A drill instructor walked up to a recruit and snapped his heels together coming to the position of attention. This signaled the recruit to report to the drill instructor by sounding off with his name, hometown and Military Occupation Specialty. After reporting, the drill instructor asked the recruit Marine Corps knowledge questions and inspected his uniform.

Other drill instructors swarmed the platoon creating chaos, this tested the recruits bearing, one of the Marine Corps leadership traits.

"The more challenging task about the SDI inspection is holding your bearing while a drill instructor is screaming in your face and asking you several questions while you're performing different movements with the rifle," said 20-year-old recruit Benjamin B.

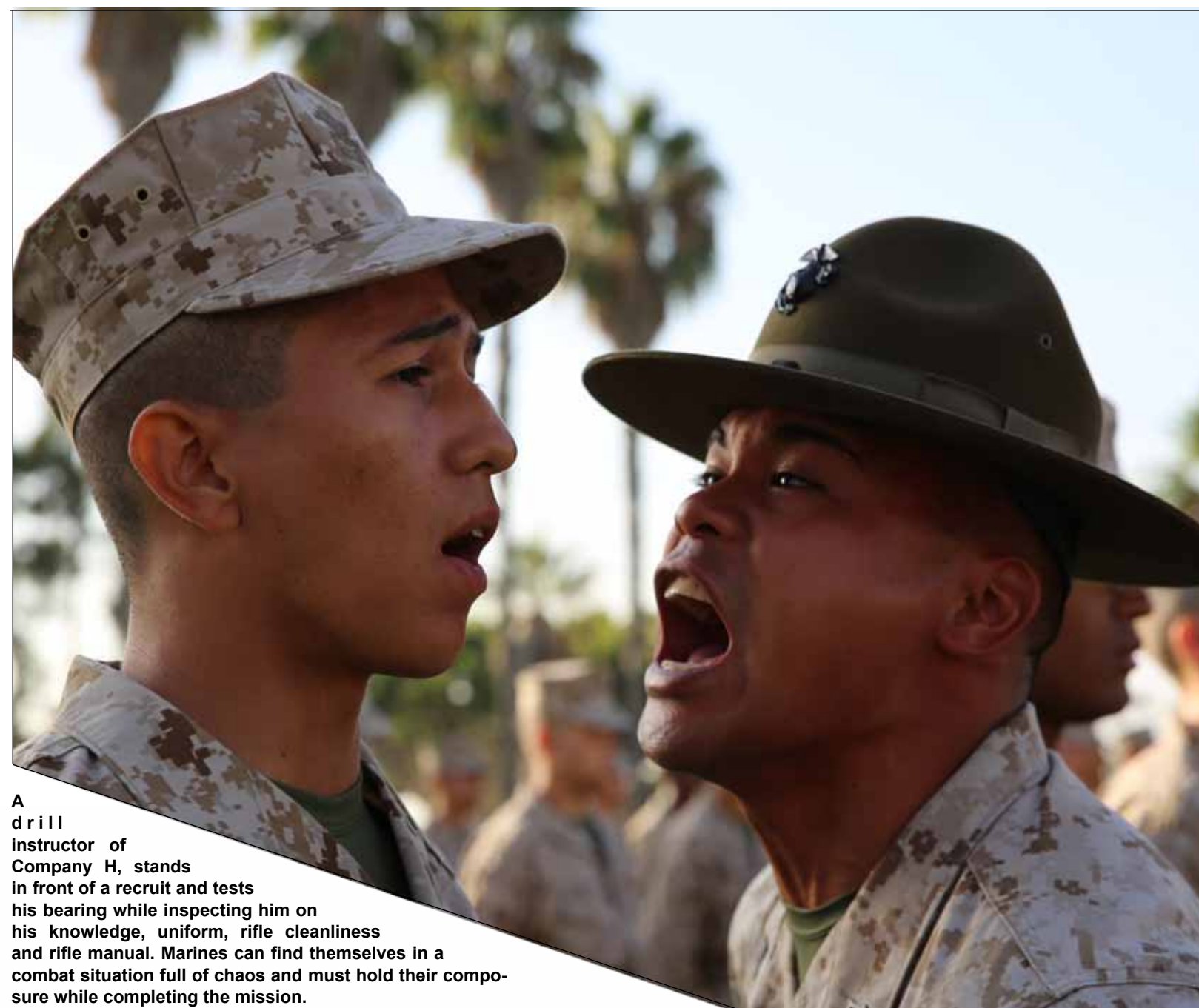
Hamrick, a Paw Paw, Mich., native. "We must be trained to react under

all the chaos, because one day it can be a combat situation where Marines' lives are at stake."

It was crucial for the recruits to remain calm, keep their eyes forward while at the position of attention and answer the questions they were asked. It was a sign of confidence and bearing; some of the traits drill instructors were looking for.

"I sit the recruits down the night before the inspection and try to boost their confidence about being inspected. They can't be intimidated when a drill instructor is yelling in their face," said Garcia, a Riverside, Calif. native. Recruits need to feel confidence in themselves, their uniforms, and the answers they give for each question while maintaining a strong bearing."

Garcia explained, Marines find themselves in stressful environments, especially on deployments. When things go wrong in combat, Marines must be able to stay calm and react to the situation without freezing up or second guessing their decisions. Thus, upcoming Marines must be trained to adapt, whether it's drill instructors yelling or in a combat situation while being fired upon.



A drill instructor of Company H, stands in front of a recruit and tests his bearing while inspecting him on his knowledge, uniform, rifle cleanliness and rifle manual. Marines can find themselves in a combat situation full of chaos and must hold their composure while completing the mission.



A recruit of Company H, performs inspection arms as his drill instructor steps in front of him. Inspection arms is a rifle manual technique that shows the drill instructors that the recruits weapon is clear of any ammunition before passing it off to them.



Recruits of Company H, 2nd Recruit Training Battalion, await their senior drill instructor inspection where they'll be inspected on their uniform, knowledge, rifle cleanliness and rifle manual aboard the depot, Oct. 4. As drill instructors create chaos, the recruits, have to maintain their bearing, which is one of the Marine Corps leadership traits.

Brothers endure Corps' challenge together

STORY & PHOTO BY
CPL. PEDRO CARDENAS
Chevron staff

Brotherhood in the Marine Corps is a driving factor in the way Marines train and fight. For Pfc. Andrew L. Haymaker and Pfc. Kale D. Milette, this has a deeper meaning since their parents married.

Haymaker and Milette, Platoon 1053, Company C, 1st Recruit Training Battalion, bonded as brothers and brothers in arms, as they took the challenge to earn the title Marine.

Milette's experience with the Marine Corps started early since his father is a Marine gunnery sergeant. After his parents divorced, he spent a lot of time traveling from place to place.

"For the most part, it's been my dad and I. We haven't stayed in one place," said Milette. "We have lived in Arizona, Missouri and all kinds of places."

In 2007, Milette had moved to Roanoke, Virginia with his father, Gunnery Sgt. Kyle D. Milette. Milette began playing football at Lakes Community High School, creating a friendship with Haymaker.

Their parents, Kyle and Amanda, met in 2007 through other parents of the football team players. After a yearlong relationship, they married in August, 2008.

Little did Haymaker and Milette know that they would be more than step brothers but also, brothers in arms.

"It was weird at first and I shied away from getting close to him," said Haymaker a New Orleans native. "But as our parents began to date, we kind of grew on each other."

According to Milette, they would sit at the same lunch table during school and wouldn't speak much. They hadn't become comfortable with their new relationship and would mostly only spend time together because their parents did.

Their one common interest started to shift when Milette began to practice wrestling instead of football. They realized they needed a hobby in common to get closer.

They began to practice mixed martial arts together at a local gym. Both realized they had found the perfect sparring partner in each other. Their friendship finally flourished.



Pfc. Andrew L. Haymaker (left) and Pfc. Kale D. Milette (right), Platoon 1053, Company C, 1st Recruit Training Battalion, are step brothers and both enlisted in the Marine Corps. It is unusual for siblings to go through recruit training together, much less to endure training in the same platoon.

As their friendship grew, they found another common interest. Milette and Haymaker both decided to enlist in the Marine Corps.

Milette felt there wasn't a better place for him to be than the Marine Corps. For Haymaker, he decided to enlist because he enjoyed the way Marines always take care of each other. Both had different reasons but the same goal of becoming a Marine.

During recruit training, Haymaker and Milette kept their family relationship to themselves in hope of not receiving extra attention from drill instructors.

"You still wouldn't know they are related. They kept it very professional," said Sgt. Eddie L. Gantt, drill instructor.

"They worked really hard to accomplish their mission and become Marines."

For both, seeing a familiar face every day made recruit training more manageable.

"We were in the opposite sides of the squad bay. But, being in the same platoon made it easier because at the end of the day we had someone from home to talk to," said Milette.

Although there was a little brotherly competition throughout recruit training, they both brought out the best in each other.

"I've always tried to beat him in any event we've gone to, PFT or CFT; just like at home," said Milette. "It pushes me to do better knowing he is here try-

ing to beat me."

After recruit training, Milette is set to attend Infantry Training Battalion located at Marine Corps Base Camp Pendleton, Calif. to become an infantryman. Haymaker will attend Marine Corps Communication-Electronics School located at Marine Corps Air Ground Combat Center Twentynine Palms, Calif. to become a radio field operator.

They may have been step brothers before recruit training, but now, they are also brothers in arms and part of the Marine Corps family.

"The hardest part is going to be parting ways," said Haymaker. "It'll be difficult after seven years of being together."

Col. Brian D. Kerl

Parade Reviewing Officer

Col. Brian D. Kerl graduated from Ohio Northern University in 1985 with a degree in Political Science. Upon graduation from college, he completed the 130th Officer Candidate Class in Quantico, VA. and on Dec. 12, 1985 was commissioned a second lieutenant. After completion of the Basic School and Field Artillery Officer Basic Course, Fort Sill, Okla., he reported to the 2nd Marine Division where he served with Battery E, 2nd Battalion, 10th Marines, as a forward observer, Liaison Officer, guns platoon commander, and executive officer from May 1986 to June 1989.

From June 1989 to June 1992, he was assigned to Marine Corps Recruit Depot, Parris Island, S.C. During this assignment he served as a series commander with 1st Recruit Training Battalion, operations training at the depot headquarters, and finished his tour as the Aide De Camp for Maj. Gen. Gene A. Deegan. During this period he was deployed as an individual augment and participated

in Operations Desert Shield and Desert Storm. During this tour he earned his Master's Degree in management from Webster University.

He left Parris Island in 1992 to attend Amphibious Warfare School in Quantico, VA. where he graduated in June 1993. After AWS, Kerl was transferred to the 1st Marine Expeditionary Brigade, Kaneohe Bay, Hawaii, where he served in Operations until his assignment to command Battery A, First Battalion, 12th Marines. Upon completion of battery command, he was assigned to command Headquarters Company, 3rd Marines.

In May of 1996, Kerl was transferred to the Marine Corps Air Ground Combat Center and assigned to the Tactical Training and Exercise Control Group as the field artillery representative for the Combined Arms Exercise Program. In June 1998, Kerl was transferred to Camp Fuji, Japan where he served as the garrison executive officer for one year.

He was assigned to the Marine Corps Combat Development Command, Doctrine Division in June 1999 as the fire support doctrine officer for the Marine Corps. Upon completion of this tour of

duty, he was assigned to the 1st Marine Expeditionary Force from June 2002 to June 2004, where he served as the current fires officer during Operation Iraqi Freedom, and Operation Iraqi Freedom II. After his MEF assignment, Kerl joined 11th Marines as the executive officer. In June 2005, Kerl was assigned to MCRD, San Diego as the Recruit Training Regimental operations officer. After one year as the operations officer, he assumed command of the 1st Recruit Training Battalion. Next, Kerl was assigned to the Naval War College, Newport, R.I., as a student at Top Level School. Following the Naval War College he was assigned to the Pentagon, Joint Staff, J5, Strategy Development Division where he served as an action officer from March 2008 to June 2010. During this tour, he earned a Master's Degree in Business Administration (MBA) from Webster University. For the past three years, he was assigned as the Director of Operations and Training, EWTGPAC. During this tour, he earned a Master's Degree in History from the University of San Diego.

He is currently pursuing his doctor of philosophy at the University of San

Diego, and begins teaching at Oceanside High School in December. His personal awards include the Navy and Marine Corps Achievement Medal, Navy and Marine Corps Commendation Medal, Meritorious Service Medal, Defense Meritorious Service Medal and the Bronze Star Medal.





Platoon 1050 COMPANY HONOR MAN Pfc. J. A. Thoma Sacramento, Calif. Recruited by Sgt. R. Smith
Platoon 1055 SERIES HONOR MAN Pfc. B. L. Schneider Portland, Ore. Recruited by Sgt. J. Camarillo
Platoon 1049 PLATOON HONOR MAN Pfc. M. J. Feininger Portland, Ore. Recruited by Staff Sgt. D. Large
Platoon 1051 PLATOON HONOR MAN Pfc. G. A. Morales Orange, Calif. Recruited by Staff Sgt. K. Thomas
Platoon 1053 PLATOON HONOR MAN Pfc. J. T. Hall Denver, Colo. Recruited by Sgt. C. Fuller
Platoon 1054 PLATOON HONOR MAN Pfc. J. T. Costa Los Angeles, Calif. Recruited by Sgt. V. Escobar
Platoon 1050 HIGH SHOOTER (236) Pfc. C. N. Joseph Austin, Texas Marksman Instructor Sgt. Noid
Platoon 1051 HIGH PFT (300) Pvt. T. D. Knigge Chain of Lakes, Ill. Recruited by Sgt. B. Stipic



CHARLIE COMPANY

1st RECRUIT TRAINING BATTALION

Commanding Officer
Sergeant Major
Battalion Drill Master

Lt. Col. L. M. Schotemeyer
Sgt. Maj. M. S. Seamans
Staff Sgt. C. Gonzalez



COMPANY A Commanding Officer Capt. J. P. Plancarte Company First Sergeant 1st Sgt. C. Demosthenous	SERIES 1049 Series Commander Capt. R. W. Bohn Chief Drill Instructor Gunnery Sgt. J. Romero	PLATOON 1049 Senior Drill Instructor Staff Sgt. A. J. Curry Drill Instructors Staff Sgt. B. W. Grzyb Staff Sgt. N. A. Carrel Staff Sgt. B. S. Calhoun Staff Sgt. J. Willits Sgt. N. Desimone	PLATOON 1050 Senior Drill Instructor Staff Sgt. S. Henryson Drill instructors Staff Sgt. Sanchez Staff Sgt. C. R. Cason Staff Sgt. C. Ortiz Staff Sgt. B. J. Tegeder	PLATOON 1051 Senior Drill Instructor Sgt. A. Torres Drill instructors Sgt. C. D. Martinez Sgt. A. S. Antunez Sgt. A. R. Devera
	SERIES 1053 Series Commander Capt. J. F. Nazario Chief Drill Instructor Staff Sgt. C. O. Morales	PLATOON 1053 Senior Drill Instructor Sgt. B. R. Karnes Drill Instructors Sgt. E. L. Gantt Sgt. E. A. Newman	PLATOON 1054 Senior Drill Instructor Sgt. J. A. Sabater Drill Instructors Sgt. T. B. Morris Sgt. G. W. Pro Sgt. B. M. Rosati Sgt. J. K. Harkins	PLATOON 1055 Senior Drill Instructor Sgt. D. F. Martin Drill Instructors Sgt. S. M. Donovan Sgt. S. R. Faria Sgt. J. Lopez

* Indicates Meritorious Promotion

PLATOON 1049 Pvt. D. M. Allen Pvt. H. Arreola Pvt. J. Avinalopez Pfc. D. J. Baker Pvt. A. F. Barton Pvt. J. V. Bleamel Pfc. A. J. Bonilla Pfc. D. J. Brenengen Pvt. K. M. Broderick Pvt. B. A. Burton Pvt. J. A. Burton Pvt. K. A. Burton Pvt. M. L. Carlson Pvt. T. D. Casares Pvt. A. Chavarria Pvt. D. M. Cox Pvt. N. A. Danz Pvt. C. M. Dean Pvt. A. M. Dethlefs Pvt. A. G. Diaz Pvt. T. J. Dorris Pvt. D. L. Embry Pfc. M. J. Feininger Pvt. N. A. Foss Pvt. J. W. Fry Pvt. J. F. Garcia Pfc. T. J. Garcia Pfc. A. R. Gassmann *Pfc. N. M. Geiger Pvt. T. D. Grace Pfc. J. L. Guerra Pvt. R. S. Hansen Pfc. C. M. Harkness Pvt. R. J. Harper, Ryan J. Pvt. J. L. Heusinkveld Pfc. D. P. Hodak *Pfc. D. L. Howard Pvt. M. P. Jeng Pvt. C. R. Jimenez *Pfc. J. S. Kalegi Pvt. M. A. Keller Pvt. J. C. Kiikvee Pvt. A. G. Knotts Pvt. S. M. Krug Pvt. S. S. Kumar Pvt. M. S. Lawyer Pvt. M. A. Louis Pfc. E. J. Lund Pfc. J. M. Madrigal *Pfc. N. D. Magnuson Pvt. D. P. Maikisch Pfc. D. W. Martinez Pvt. A. E. Mason Pvt. D. C. Mcabee Pvt. J. V. Meza	Pfc. P. W. Millsap Jr Pvt. C. J. Miracle Pvt. E. F. Montano Pvt. J. K. Moon Pvt. A. Navamarcial Jr *Pfc. J. D. Nguyen Pvt. J. J. Niemeir Pvt. A. P. Ogden Pfc. J. T. Policarpio Pvt. R. N. Presleyporter Pvt. J. K. Ramos Pvt. C. A. Ray Pvt. G. M. Rendon Pvt. J. J. Rosas Pfc. J. A. Salas Pvt. E. A. Sanchezcastillo Pvt. C. W. Sexton Pvt. M. W. Shaugabay Pfc. J. D. Sickmeier Pfc. X. D. Taylor-Johnson Pfc. A. R. Shaw Pvt. M. J. Feininger Pvt. T. R. Reese PLATOON 1050 Pvt. A.S. Beaman Pvt. K. R. Belchez Pvt. B. J. Berg Pvt. J. A. Bravo Pvt. A. L. Burnett Pvt. B. C. Cabello Pfc. N. M. Carranza Pvt. J. L. Cisneros Jr Pvt. C. A. Clark Pfc. K. J. Cook Pfc. J. A. Cooper Pvt. Z. A. Crandall Pfc. J. J. Delacruz Pvt. H. H. Duarte Pfc. R. I. Duncan *Pfc. J. E. Escudero Jr Pfc. E. E. Estrada Pfc. M. A. Figueroa Pvt. H. Flores Pvt. R. C. Gallagher Pfc. A. R. Garcia Pfc. E. A. Godines Pvt. E. A. Gutierrez Pvt. C. M. Herman Pfc. L. L. Hildebrandt Pvt. K. K. Jackson Pfc. D. C. Jones Pfc. T. R. Jones *Pfc. C. N. Joseph Pvt. J. J. Keller Pfc. E. M. Krakue	Pvt. D. N. Laday Pvt. M. Lozano Jr Pvt. M. A. Lambert Pvt. C. R. Mccarthy Pvt. R. X. Medina Pvt. B. Y. Medrano *Pfc. A. G. Michauo Pfc. J. J. Mullin Pvt. A. Y. Muro Pvt. N. A. Olp Pfc. B. M. Olson Pvt. C. J. Osterhaus Pvt. J. M. Poland Pvt. E. Quesada Pvt. K. S. Quick Pfc. I. A. Ramirez Pvt. L. R. Ramirez Pfc. R. B. Read Pvt. S. M. Reichert Pvt. C. A. Reynolds Pvt. E. G. Richards Pvt. R. Rivas Jr Pvt. J. T. Robertson Pvt. W. A. Romerobarajas Pfc. R. Romeronegrete Pvt. T. W. Russell Pvt. J. M. Saavedra Pvt. R. Sargent Pvt. M. L. Schroeder Pfc. B. P. Scott Pfc. R. W. Scott Pvt. J. J. Shores *Pfc. I. T. Smith *Pfc. H. G. Soape Pvt. A. Stenbacher Pfc. I. K. Stevens Jr Pvt. M. J. Striker Pvt. J. S. Stubbs *Pfc. C. Sypher Pvt. A. J. Tejada, Pvt. E. A. Tellez *Pfc. J. A. Thoma Pfc. J. A. Torres Pvt. J. C. Torres Pvt. D. L. Vandyke Pfc. A. L. Velez Pvt. R. Villagomez Pvt. N. H. Virgin Pvt. A. L. Walle Pvt. B. E. Whitelock Pvt. G. T. Wood Pvt. E. A. Yeager Li Pvt. Y. G. Young Pvt. J. A. Bawden	PLATOON 1051 Pfc. D. C. Adams Pfc. M. J. Alacaron Pfc. C. M. Allen Pfc. L. W. Anderson Pvt. J. D. Andersonowens Pvt. B. N. Aniello Pvt. C. M. Barnett Pvt. A. Barrerajr Pvt. Z. J. Bihl Pvt. N. A. Bliss Pvt. M. C. Bogaert Pvt. J. P. Bourke Pvt. K. F. Bremer Pfc. Z. D. Bryant Pfc. C. P. Burke Pvt. D. E. Burlew Pvt. D. M. Byrne Pvt. E. J. Cantada Pvt. J. J. Castroii Pvt. J. A. Cervantes Jr Pfc. J. C. Chaussee Pfc. J. L. Chlebinski Pfc. D. J. Claypool Pfc. C. J. Cotter Pvt. C. Cuevas Pvt. R. T. Daigle *Pfc. E. A. Davis Pvt. A. D. Deblasi Pvt. E. A. Dettke Pvt. C. R. Erickson Pvt. J. L. Esquivel Pvt. B. W. Falcon Pvt. C. A. Fields Pfc. W. D. Finch Pvt. R. C. Francis Pfc. J. A. Freeberg Pfc. M. I. Frutos Pvt. E. V. Gacel Pfc. A. M. Galvan *Pfc. D. T. Gerling Pfc. K. A. Gillispie Pfc. E. A. Gonzalez *Pfc. K. L. Gorsage *Pfc. J. L. Grina Pfc. G. A. Griswold Pvt. J. A. Gutierrez Pvt. C. J. Harner Jr Pfc. J. D. Harper Pfc. K. Heng Pvt. T. A. Higgins Pvt. C. J. Highley Pvt. J. L. Jarrett *Pfc. E. R. Johnson Pfc. D. A. Jones Pvt. K. S. Jones	Pvt. J. A. Kerrill Pvt. T. D. Knigge Pfc. J. M. Koukal Pfc. J. C. Kraker Pvt. S. T. Laird Pvt. J. I. Lara Pfc. B. Lee Pvt. J. C. Lee Pvt. J. W. Lennon Pvt. E. A. Logan Pvt. C. K. Looper Pvt. E. Lopez Pfc. J. O. Lopez Pvt. B. J. Lorezen Pfc. H. W. Lubenstien Pvt. E. W. Maddox Pvt. D. T. Mansfield Pvt. M. A. Mata Pvt. A. M. Mclean Pvt. C. C. Medina Pfc. G. A. Morales *Pfc. W. E. Morrow Pfc. K. R. Murray Jr Pvt. L. Ngo Pfc. A. A. Osiecki Pvt. R. B. Paradis Pvt. A. G. Parisi Pfc. C. E. Pate Jr Pvt. A. E. Perez Pvt. K. S. Preston Pvt. A. A. Ellenwine Pfc. N. L. Wolosonowich PLATOON 1053 Pfc. E. W. Acosta Pfc. L. G. Allen Pvt. A. Alvarado Pvt. C. R. Alvarado Pvt. G. R. Anderson Pfc. G. Avila Jr Pvt. S. C. Ballentine Pvt. A. J. Bartels Pvt. D. R. Berry Pfc. A. C. Braithwaite Pfc. J. S. Byrum Pvt. I. Cabada Pfc. E. J. Campos *Pfc. J. J. Carney Pfc. J. A. Castillo Pvt. M. A. Clark *Pfc. N. C. Clark Pfc. A. P. Coleman Pfc. H. Duarte Pfc. I. N. Edmonds Pfc. B. C. English Pfc. S. E. Figueroa	Pvt. J. Fishinghawk Pvt. O. Flores Pvt. E. Gandarilla Pfc. M. A. Gibson Pfc. K. Gil Pfc. W. E. Gillaspie Pvt. A. L. Gilmore Pvt. J. M. Gonzalez Jr Pvt. K. Griffith Pfc. D. D. Guttowsky *Pfc. J. T. Hall Pvt. K. G. Hamon Pfc. D. C. Hardwick Pfc. A. L. Haymaker Pfc. L. J. Hedrick Pfc. J. L. Hernandez Pvt. D. C. Herrera Pfc. M. R. Hildewig Pvt. A. S. Hinojosa Pfc. J. L. Hinojosa Pvt. J. M. Hitzig Pvt. C. E. Holguin Pvt. T. K. House Pvt. N. B. Kasten Pvt. C. J. King Pfc. B. D. Kuhn *Pfc. T. J. Lane Pfc. J. A. Lara Pvt. B. J. Lauer Pfc. P. Leaaetoa Pvt. G. D. Lee Pvt. Z. D. Lopez Pfc. A. P. Mallory Pvt. J. G. Manion Pfc. C. C. Maughan Pfc. L. D. Mccuen Pvt. A. W. Mccinnis Pvt. D. W. Messner Pvt. J. P. Mikesell Pvt. J. L. Milburn Pfc. K. D. Milette *Pfc. J. T. Montoya Pvt. T. O. Morphis Pvt. M. L. Mulka Pvt. V. Munoz Pfc. L. S. Nelson Pvt. M. D. Nelson Pvt. J. R. Nevarez Pvt. C. P. Okeeffe Pvt. L. J. Olson Pvt. R. Ortiz Pfc. R. J. Owen Pvt. I. Pineda Pvt. T. A. Pitts Pvt. R. T. Racine Pvt. J. W. Ramirez	*Pfc. A. C. Ramon Pvt. D. J. Richardson Pfc. D. S. Ring Pfc. Z. J. Roberts Pfc. A. G. Robles PLATOON 1054 Pvt. A. J. Abellaespina Pvt. R. N. Alvarez Pfc. N. T. Azevedo Pvt. R. A. Baran Pvt. T. G. Batzka Pvt. J. L. Beck Pfc. A. Bonyad Pfc. D. L. Brooks Pfc. V. B. Cabrera Pvt. J. J. Cardenas-Garcia Pvt. L. C. Castillo Pvt. A. D. Cecenas Pvt. M. Q. Cerutti Pfc. S. M. Chavez Pvt. B. L. Cobb Pvt. J. T. Costa *Pfc. L. E. Dernelis Pfc. D. W. Dominguez Pvt. R. Entienne Pvt. D. M. Feik *Pfc. D. J. Field Pvt. R. Gallimore Pfc. D. A. Ghoston Pfc. S. D. Gragasin Pfc. R. J. Healey Pvt. J. T. Herring Pfc. D. W. Jacobs Pvt. J. K. Jodway *Pfc. M. R. Johnson Pvt. C. J. Kennelly Pvt. K. P. Lique-Kaahanui Pvt. E. Lira *Pfc. K. J. Litwiler Pvt. D. S. Long Pvt. P. J. Longoria Pfc. L. D. Malry Pvt. Z. M. Mccarty Pvt. J. L. Mcguire Pvt. S. A. Medina Pvt. C. Menardi Pvt. J. J. Merager Pfc. S. M. Mitchel Pvt. S. P. Neal Pvt. A. G. Norton Pfc. C. D. Ortiz
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Co. B gears up to pass Obstacle Course

STORY & PHOTOS BY
CPL. BENJAMIN E. WOODLE
Chevron staff

Geared up and ready for battle, Recruit John D. Johnson stared at the course in front of him, determined and ready for the challenge.

Recruits of Company B, 1st Recruit Training Battalion, took on the Obstacle Course with helmet, flak, and service rifle aboard the depot, Oct. 12.

The first time recruits ran through the course was without any extra gear to familiarize themselves with it. Now, with extra gear on and in groups of four, recruits needed to come together as a team if they wanted to successfully navigate the course.

"We use this event to build teamwork and negotiate obstacles in a combat mindset," said Sgt. Partick J. Gartland, senior drill instructor, Platoon 1025. "The goal is for a team of four to go through the course and balance each other's strengths and weaknesses."

The Obstacle Course is comprised of multiple obstacle challenges recruits must conquer. Though challenging by itself, running through the course with extra gear adds a new level of difficulty. For Co. B recruits, this was a challenge they were prepared for.

"The first time I saw the Obstacle Course it was really intimidating," said Johnson, an Omaha, Neb., native. "Going through it was a hard challenge, but during recruit training my physical and mental strength went up, so it became easier this time through."

The recruits started with the high bar, which they had to jump and pull themselves over. Recruits needed to summon all of their upper body strength to account for the additional weight they were carrying. Next, they slid across a metal pipe and balanced across a wood beam followed by a jump over a high wood beam.

Going through the course, as exhaustion was setting in, recruits needed to keep in mind why they were doing this.

"We were training our combat mindset to get combat ready," said Johnson. "If you're out in combat you might have to overcome similar obstacles. In order to conquer them and be fast, you need to practice it."

As they pushed on through



A drill instructor gives advice to Recruit Eric J. Johnson, Platoon 1025, Company B, 1st Recruit Training Battalion, as he struggles to get over the first high bar during the Obstacle Course aboard the depot, Oct. 12. Recruits needed to summon all of their upper body strength to account for the additional weight they were carrying. This version of the Obstacle Course helps train a recruit's combat mindset to prepare them for a real combat environment.

the course, recruits had to hurdle their bodies over a high wall. As individual team members were going over the obstacles, the rest were providing security, another way to prepare them for an actual combat environment. Recruits then came to one of their biggest challenges, the high log.

"Recruits struggle with the high log. They stop and look at it and get intimidated by the height," said Gartland, a Pittsburgh, Pa., native. "This event is about confidence. We've taught them everything they need to know throughout recruit training; now they must bring it here and apply it."

After they made it over the high log, recruits had to quickly jump over multiple logs while keeping a low profile. This teaches recruits to expose as little of themselves as possible while out in combat. Recruits then had to conquer a double high bar, utilizing a roll technique at the top that made climbing over easier.

After conquering the majority of the course, recruits faced

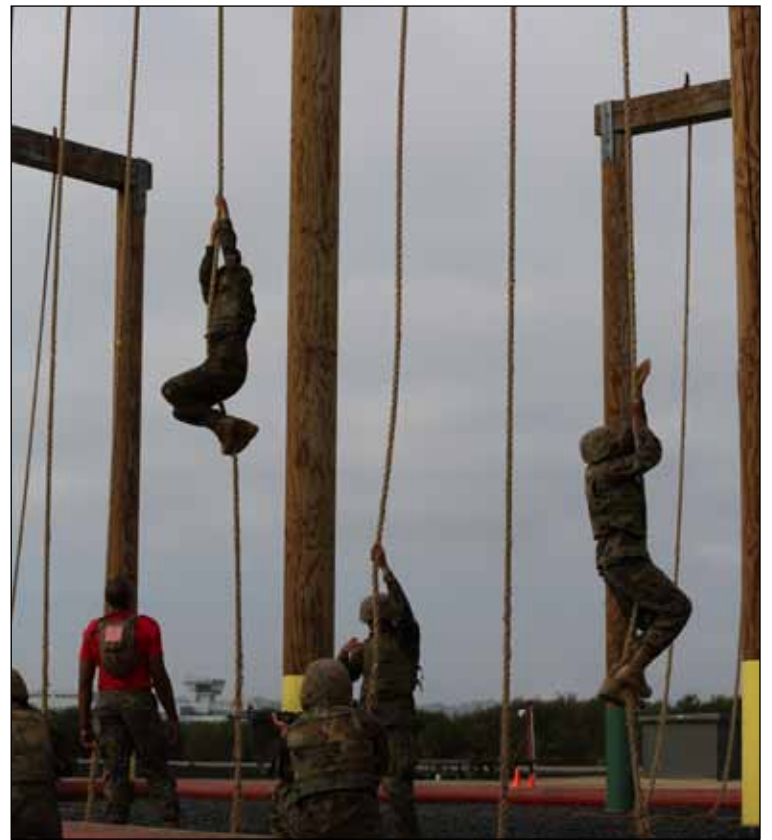
the toughest obstacle yet, the 20-foot rope climb. Exhausted by this point of the course, some recruits became sloppy and utilized poor technique.

"The rope obstacle is all about having the right mindset," said Gartland. "It's 90 percent mental and 10 percent physical. They just think because they're tired they can't do it."

Utilizing the last of their strength, recruits climbed to the top. They screamed their platoon number and senior drill instructor's name to signify they reached the top, reached the end, of the Obstacle Course.

Co. B recruits conquered one of the most physically challenging courses aboard the depot. They have learned the importance of a combat mindset and having the confidence to move forward through any challenges they face. Now they must go out and live it on a daily basis.

"It's about adjusting over your fears and that 'I can't attitude,'" said Gartland. "We're training them to step back, look at the challenge logically and then overcome it."



Recruits of Company B, 1st Recruit Training Battalion, attempt to climb the 20-foot rope with helmet and flak during the Obstacle Course. Recruits struggle with this obstacle due to their exhaustion.

CON'T FROM ◀7

Pvt. A. T. Parker
*Pfc. D. P. Phillips
Pvt. A. D. Pittman
Pfc. C. W. Rich
Pvt. U. Rios
Pvt. C. H. Robison
Pfc. H. Rodriguez Jr
Pfc. N. M. Rodriguez
Pfc. M. Romero
Pvt. T. J. Russell
Pfc. M.S. Serafin
Pvt. J. L. Sloan
Pvt. G. J. Spangenberg
Pvt. R. C. Stanton
Pvt. D. C. Starks
Pvt. R. V. Staudenraus
Pfc. Q. W. Stovell
Pfc. J. A. Struck
Pvt. D.W. Swanson
Pvt. B. S. Teav
*Pfc. L. G. Thomas
Pvt. T. W. Torrence

Pfc. P. A. Torres
Pfc. K. D. Tu
Pfc. J. C. Tupuola-Tausaga
Pvt. C. B. Velntino Jr
Pvt. L. T. Van Ryn
Pvt. T. Velazquez
Pfc. J. J. Villasenor
Pfc. K. L. Wagers
Pvt. E. J. Watrous
Pvt. A. Watts
Pvt. A. J. Weight
Pfc. T. A. Whitton
Pvt. C. B. Witmer
Pvt. N. L. Wolosonowich
Pfc. M. O. Woods
Pvt. Z. N. Zody
Pfc. C. A. Zolp
Pfc. A. Villegas

PLATOON 1055

Pvt. B. Adair
Pvt. D. P. Alleman

Pfc. J. R. Allen
Pvt. S. P. Arriaga
Pvt. D. W. Bluschke
*Pfc. J. T. Bowles Jr
Pvt. J. R. Castaneda Jr
Pfc. D. M. Catton
Pfc. M. L. Catton
Pfc. M. A. Clyde
Pvt. S. D. Cole
Pvt. E. R. Delao
Pfc. D. A. Delgadomelara
Pvt. J. D. Dubach
Pvt. J. K. Dudley
Pvt. S. R. Ellingson
Pfc. J. M. Gonzales
Pvt. R. N. Gonzalez Jr
Pvt. S. W. Haley
Pvt. O. D. Howe
Pfc. P. D. Jersey
Pfc. C.B. Johnson
Pvt. K. L. Korby
Pvt. C. M. Kraus

Pvt. J. P. Lang
Pvt. A. B. Limoges
Pvt. J. Long
Pvt. E. D. Miranda
Pvt. R. J. Mueller
Pfc. J. J. Parr
Pvt. J. M. Patterson
Pfc. A. Pineda
Pfc. A. Pineda
Pvt. A. R. Pineda
Pvt. N. Pineda
Pvt. J. R. Prochnow
Pvt. A. E. Raley
Pvt. D. Rodriguez
Pvt. J. J. Rusin
Pfc. M. R. Samson
Pvt. K. Sanchezvega
*Pfc. B. L. Schneider
Pfc. D. G. Schreiner
*Pfc. S. A. Shaul
Pfc. A. L. Smith
Pvt. O. Solis

Pfc. J. A. Soto
Pfc. L. C. Speight
Pvt. G. L. Staten
Pfc. Y. N. Sun
Pvt. J. Teranramirez
Pfc. D. W. Thacker
Pvt. M. Torres
Pvt. M. A. Torres
Pvt. T. T. Tran
Pvt. C. D. Trevino
Pfc. U. W. Ussery
Pfc. C. Velasqueztorres
Pvt. M. A. Villalvir
Pvt. J. Vosler
Pvt. J. Waggoner
Pvt. C. P. Wample
*Pfc. A. G. Ward
Pfc. K. E. Watson
Pvt. K. M. Weninger
Pvt. L. J. Whitehorse
Pvt. B. M. Wicke
Pfc. J. S. Wilkinsin

*Pfc. D. K. Williams
Pvt. C. W. Winkler
Pvt. C. W. Winters
Pvt. H. F. Wirtanen
Pvt. J. A. Wise
Pvt. R. T. Wishon
Pvt. D. W. Wortham
Pvt. F. C. Wyly
Pvt. T. J. Yeadon
Pfc. Z. A. Zarnoth
Pvt. J. C. Zuehl
Pvt. A. J. Zuniga