



Co. M recruits take on the confidence course

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“WHERE MARINES ARE MADE”

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Recruits descend rappel tower, overcome fear



Cpl. Matheus J. Hernandez

BY CPL. MATHEUS J. HERNANDEZ
Chevron staff

Recruits of Company L, 3rd Recruit Training Battalion, tested their confidence and overcame their fear as they conquered the rappel tower aboard Marine Corps Recruit Depot San Diego Aug. 10.

The rappel tower is one of the last obstacles recruits must overcome before moving on to the Crucible, a 54-hour training exercise recruits must complete to earn the title United States Marine.

The tower is a 60-foot-tall structure with two rappel walls and a “hell hole,” a hole on the top of the platform that drops directly to the ground below.

Recruits were given a very detailed safety class before climbing the tower, to minimize potential danger. They were briefed by instructors from Instructional Training Company on proper be-

Company L recruits rappel down the “hell hole” during training Aug. 10. The hell hole is an opening to a 60-foot drop at the top of the rappel tower platform, simulating the exit in the floor of helicopters that Marines would use in a combat situation.

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Marine inducted into Masters Hall of Fame

BY CPL. MATHEUS J. HERNANDEZ
Chevron staff

Staff Sgt. Kenneth Carter II, the staff non-commissioned officer in charge of the Martial Arts Satellite School, Instructional Training Company, Support Battalion, Marine Corps Recruit Depot San Diego, was inducted into the Masters Hall of Fame and presented the Living Legend award in an Aug. 11 cere-

mony held at the Orange County Hilton, Costa Mesa, Calif.

In 1999, the Masters Hall of Fame, a non-profit organization established to benefit the martial arts community, was founded. Seven years later, under the Leadership of Hanshi Daniel Hect, chief executive officer, the Masters Hall of Fame expanded its focus and operations to include

see INDUCTED ▶ 8



Courtesy Photo

Staff Sgt. Kenneth Carter II stands between Don “The Dragon” Wilson, an American champion kickboxer and Lisa “The Black Widow” King, Muay Thai Kickboxer, for a photo after he was inducted into the Masters Hall of Fame and presented the Living Legend award in a ceremony held at Orange County Hilton, Costa Mesa, Calif. Aug. 11. Carter, the staff non-commissioned officer in charge of the depot’s Martial Arts Satellite School, Instructional Training Company, Support Battalion, has more than 20 years of experience in martial arts specializing in several forms.



Cpl. Walter D. Marino II

A Company B recruit uses a fellow recruit to perform the fireman’s carry during a combat fitness test, Aug. 9. The fireman’s carry is just one part of the CFT, a test that also includes exercises such as pushups and a dummy grenade toss.

The beginning of combat readiness

BY CPL. WALTER D. MARINO II
Chevron staff

Whether under rain or a hot sunny day, recruits are required to push through physical and mental adversity throughout recruit training.

Company B recruits worked through the Combat Fitness Test Aug. 9, under summer heat and the commands of their drill instructors.

The CFT includes timed exercises such as a maximum set of ammunition can lifts, a half mile run, and maneuver under fire. Some recruits said they liked the CFT more than the physical fitness test because they feel the exercises are more combat related.

“If you’re not putting everything you have into

a combat situation, it’s the difference between life and death with your fellow Marines. This course is as hard as you make it. You can choose not to put out or you can put everything out there and know you did your best,” said Recruit Ryan E. Hamilton, guide, Plt. 1022, Co. B, 1st Recruit Training Battalion. “My motivation was setting a good example for my platoon so hopefully that attitude could spread through the platoon.”

Drill instructors also felt similar about the comparison between the CFT and combat.

“The techniques in the CFT are really important because they are moves used in real life, in situations like having to pull a Marine out of a bad situation,” said Sgt. Chris Flores, senior drill

see CFT ▶ 2

A Leap and a Bound



Lance Cpl. Bridget M. Keane

Sgt. Patrick McIntyre, legal chief, 12th Marine Corps District, runs along side of 4-year-old Brianna Hildago during a mini obstacle course run by the Single Marines Program during the depot's Back to School Readiness Resource Fair Aug. 17. The fair brings community agencies and school districts to the depot to provide service members and their families with educational resources to help them prepare for the school year.

CFT ◀ 1

instructor, Plt. 1022.

Although Co. B drill instructors work to get the best possible performance from their recruits, the drill instructors are aware that many of them are close to 18 and likely have not had a challenge like the CFT.

"I think it's very hard for recruits to get a perfect CFT score in boot camp because a lot of recruits have never worked out," said Flores, "as opposed to Marines who

have been on active duty for a while, who know they need to be fit."

Throughout the CFT, drill instructors yelled things like, 'Sprint! Sprint! Let's go! Let's go! But no matter how rough the drill instructor's shouts and commands appear, the recruits realize the importance of drill instructors during the exercise.

"If the drill instructors weren't there the recruits would be lost," said Recruit Andrew M. Aguilar, guide, Plt. 1024, Co. B. "They are there to make sure every-

thing is done correctly. If they didn't want you to get a good score they would just sit back and watch. They want you to become better Marines."

When recruits neared the end of the exercise their faces wrinkle with the pain of extreme exertion.

"The fireman's carry was the hardest for me," said Aguilar. "They try and match you with someone around your weight, but whether it's 150 or 120 pounds it's still a lot of weight on your back."

RAPPEL ◀ 1

haviors on and off the tower, the importance of awareness and procedures to follow should an accident occur.

"Some recruits have a natural fear of heights," said Staff Sgt. Emmanuel Y. Castillo, senior drill instructor, Platoon 3243, Co. L. "The rappel tower is another way for them to face those fears and overcome them."

After recruits were given instructions on safety procedures, they were given periods of instruction on knot-tying, preparing an improvised seat harness and proper procedures for executing a descent.

"The drill instructors and (ITC instructors) ensured all of our gear and equipment was prepared," said Recruit Tylan S. Kang, guide, Plt. 3243, also the company honorman. "They went through, step-by-step, and showed us exactly how to rappel."

With proper instructions and close supervision, recruits headed up the stairs and reached the top of the platform, where they were directed to one of three stations; either one of the two rappel walls or the hell hole. Once at their station, the recruits were given a last minute refresher of procedure and then sent down.

Going down the rappel walls simulates how a Marine would descend a mountainside or a building. The hell hole is the same experience that a Marine would face exiting a helicopter into a combat zone.

The purpose of the rappel tower is to expose recruits to high obstacle and prepare them mentally, according to Castillo.

One by one, the recruits ran down the walls or free-fell through the hell hole and the tower was conquered without incident.

"The rappel tower definitely tested their confidence," said Castillo. "Their level of confidence has been building since they arrived for recruit training and it showed today."



Cpl. Matheus J. Hernandez

A Company L recruit rappels 60-feet, from the top of the depot's rappel tower during Aug. 10 training. The tower consists of two rappel walls and the "hell hole," a hole on top of the platform that opens to a 60-foot shaft to the ground below.

BRIEFS

Depot power outage

There will be a depot-wide power outage for critical maintenance and calibration Aug. 26. All buildings will be impacted. Worst case: the outage may last from 7 a.m., until 6 p.m.

Ultimate Fighting Championship, Gaslamp night

Calling all fight fans! The Single Marine Program is sponsoring a trip to San Diego's Gaslamp Quarter Sept. 1, for Ultimate Fighting Championship fights. The trip begins at 5:30 p.m., and the group will return NLT 2 a.m.

For reservations contact Josh Davis at (619) 524-8240 or at davisjp@usmc-mccs.org or <http://www.mccsmcrd.com/SemperFit/SingleMarineProgram/index.html> or <http://www.facebook.com/mccsmcrdsd.smp>.

Toddler training camp

A workshop for parents with children 12 to 36 months old has been scheduled by MCCS/MCRD Behavioral Health, for Sept. 5 from 9 a.m., to noon.

The workshop will cover stages of development, behavior management, activities for growth and enrichment, preschool readiness, dealing with deployment and other separations, potty training tips and preparing for siblings.

For reservations, registration call Behavioral Health Services at (619) 524.0465 or via the web at <http://www.mccsmcrd.com/BehavioralHealth/ToddlerTrainingCamp/index.html> or <http://www.mccsmcrd.com> or <http://www.facebook.com/mccsmcrdsd.mctfb?ref=hl>.

Drive-in movie double feature

The Single Marine Program is sponsoring a night at the South Bay Drive-in Theater in Imperial Beach Sept. 7.

The program, a double feature, will be determined.

Admittance is \$7. Space is limited. Departure is at 7 p.m. Return at 2 a.m. Make reservations today. Contact Josh Davis at (619) 524-8240 or at davisjp@usmc-mccs.org or <http://www.mccsmcrd.com/SemperFit/SingleMarineProgram/index.html> or <http://www.facebook.com/mccsmcrdsd.smp>.

Career and education fair

MCCR/MCRD is sponsoring a Personal and Professional Development Career and Education Fair on Sept. 19.

Those who attend should bring multiple resume copies.

Attendees will meet face to face with representatives from dozens of top employers.

Those interested in continuing education should bring copies of college transcripts and SMART documents.

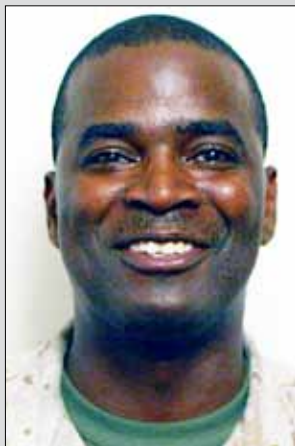
For more Career Fair information call (619) 524-1283. For more Education Fair information call (619) 524 6865/1275/8158. Or contact <http://www.mccsmcrd.com/PersonalAndProfessionalDevelopment/CareerResourceManagementCenter/CareerFair/index.html> or <http://www.facebook.com/mccsmcrdsd.ppd>

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Around the depot

This week the Chevron asks:
“Where are you from? What do you miss most about home?”



“I’m from Washington, D.C. and I miss the night life. There was always so much to do other than just going to a club.”
 Sgt. Alquin Chapman, Travel Management Office assistant warehouse chief, Service Company, Headquarters and Service Battalion



“I’m from Houston. I miss the cookouts and rodeos.” Petty Officer Third Class Drake Healy, hospital corpsmen, Branch Medical Clinic



“I’m from San Francisco. I miss AT&T park and San Francisco Giants’ games.” Lance Cpl. Joshua Franco, administrative clerk, Headquarters Company, Headquarters and Service Battalion



Lance Cpl. Bridget M. Keane

Katie Greene, 10, reads her favorite book to Davy, a therapy dog, and his handler Shirley Colman, during a “Ruff” Readers session at the depot library Aug. 8. Colman is the founder of Independent Therapy Dogs, Inc., and “Ruff” Readers, a program developed by ITD, Inc., to help children learn to read and to promote responsible pet ownership.

Children read to dogs, improve reading skills

BY LANCE CPL. BRIDGET M. KEANE
 Chevron staff

The unconditional loving nature of a therapy dog can be calming to all. Their patient, friendly and non-judging demeanor is an effective way to provide affection and comfort to people in hospitals, retirement homes, schools, people with learning difficulties, and stressful situations.

The sound of laughter and children reading can be heard throughout the library as service member’s children participated in the “Ruff” Readers program Aug. 8 aboard Marine Corps Recruit Depot San Diego.

“This program is a great way for children to learn how to read,” said Patty Grahm, librarian. “It gets kids excited about books. Reading to dogs encourages children to have emotion while reading; it also allows them to learn and interact with the dogs.”

The “Ruff” Readers program was developed by the nonprofit organization Independent Therapy Dogs, Inc., and was designed to help children of all ages learn how to read and learn the responsibilities of owning a pet, explained Shirley Colman, founder of ITD, Inc.

“A study came out that lasted 10 weeks. Children would read to a dog once a week for 15 minutes,” said Colman, a 61-year-old Berkley, Calif., native. “Below grade readers improved in reading skills 36 percent and at grade

readers improved by 42 percent; we are really trying to promote the benefits of what our therapy dogs can do.”

Children, accompanied by their parents, rushed into the library’s fiction reading area to find therapy dogs with their handlers. Blankets were laid out as children gathered around to take turns reading to the two therapy dogs, Davy, an 8-year-old American cocker spaniel, and Fabiana, a 7-year-old yellow Labrador.

“Toddlers will pick up a book and start to tell a story with the pictures and our dogs will just lay there and enjoy the time spent with the kids,” said Colman. “This is also beneficial because it gives the kids a sense of responsibility when it comes to being a pet owner.”

Colman explained that ITD, Inc., has high hopes that therapy dogs can promote responsible pet owners and teach children how to act around a pet so there will be fewer animal incidents. She also hopes it will encourage families to adopt pets and that animal shelters will become less crowded over the years.

“Most of our dogs are rescue dogs, like Davy and Fabiana,” said Colman, who is Davy’s handler. “It can be any kind of dog, any kind of breed. As long as they have the right disposition, have all their vaccinations and go through our certification classes.”

Both dogs allowed the children to pet, cuddle and read to them as parents watched and



Lance Cpl. Bridget M. Keane

Children of all ages were encouraged to participate in the “Ruff” Readers program held at the depot library.

enjoyed the learning experience.

“I think this is a wonderful opportunity,” said Susan Greene, parent. “It gives the children a chance to read, to be surrounded by books and to learn how to behave toward animals.”

Although this was their first time attending the “Ruff” Reader’s program, Greene and her daughter Katie, 10, and her son, Jack, 7, frequently visit the depot library.

“I’ve never seen such docile animals,” explained Greene. “The kids had a real fun time and they love reading.”

ITD, Inc., has attended MCRD events such as Make-A-Difference Day and the Health and Wellness Expo for the past two years. “Ruff” Readers is scheduled to take place at 10 a.m. every Wednesday in the month of August. For more information, contact the depot library.



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Lance Cpl. Bridget M. Keane

Company M recruits race to the top of the Stairway to Heaven. The obstacle is a ladder-like structure with evenly spaced logs that recruits are required to climb. By completing this obstacle, recruits face fear of heights and gain confidence.



Lance Cpl. Bridget M. Keane

Recruits line up to challenge the Weaver. The Weaver is one of the obstacles on the depot's Confidence Course. The obstacle challenges recruits to use their body's strength to weave themselves over, under and between mounted logs to get to the other side.



Lance Cpl. Bridget M. Keane

A recruit begins to climb down the other side of an obstacle. Each obstacle on the depot's Confidence Course challenges recruits, both physically and mentally, by pushing them to their limits and having them face their fears.



Lance Cpl. Bridget M. Keane

Recruits stare up at the depot's A-Frame obstacle Aug. 14. The A-Frame is a structure that has recruits climb a 15-foot rope, balance themselves as they walk across horizontal logs to climb up an "A" shaped ladder. At that point they climb down a 30-foot rope.



Lance Cpl. Bridget M. Keane

On the Slide for Life, recruits climb to the top of a 25-foot tower and across a descending 90-foot cable to the ground above a 4-foot deep pool. Halfway down the recruits are instructed to hang and then change positions. If the recruit lets go, he gets wet.

Confidence can be gained through overcoming fear

BY LANCE CPL. BRIDGET M. KEANE
Chevron staff

"Why are your legs shaking, recruit?" asked Gunnery Sgt. Jeffrey E. Liske, chief drill instructor, Company M, 3rd Recruit Training Battalion, as he supervised recruits on the A-Frame obstacle at the Confidence Course Aug. 14, aboard Marine Corps Recruit Depot San Diego.

A recruit of Co. M struggled to stand and balance himself as he reached for a rope atop the 30-foot tall wooden structure. He finally looked down, took a deep breath and replied with a stammer in his voice, "Because this recruit is afraid of heights, sir."

It is a natural reaction to feel fear when faced with situations that would make one uncomfortable. Fear is an emotion that is often triggered by thoughts of failure or getting hurt.

"The Confidence Course takes each recruit completely out of their comfort zone and pushes them mentally," said Sgt. Jose Ruiz, senior drill instructor, Platoon 3267, Co. M. "It challenges them to face an

obstacle that they may or may not fear and overcome it."

The Confidence Course is an event that requires recruits to use physical and mental strength to overcome each obstacle. Monkey bars and walls to towering obstacles are just some of the difficulties that recruits will face.

Every recruit must realize one day they might see combat and conditioning them to face their fears will help them gain the confidence they'll need to succeed, explained Ruiz, a 28-year-old Palmdale, Calif., native.

Although the Confidence Course offers the physical challenge using upper-body strength, the biggest challenge is mentally overcoming the fear that lies deep inside every recruit, whether it is getting injured or the embarrassment of not succeeding.

"They're all scared. They'll be at an obstacle and think they won't be able to do it," said Ruiz. "Once they're up there doing it, reality hits and they realize they can accomplish it."

Many recruits

have no problem going through the course and look forward to each obstacle, explained Ruiz. But for every recruit that can confidently accomplish an obstacle, there is always another that gets lost within their fears.

Every recruit is a product of their environment and past experiences. For Recruit Jamil J. Estayo, Plt. 3267, his fear of heights developed when he was just a young boy.

"When I was younger, I fell off a 10-foot slope and I've been afraid of heights ever since," explained the 18-year-old, Maui, Hawaii native. "I was in complete shock when it happened."

Estayo explained his fear of heights was mainly due to the fact that he was afraid of the aftermath of a fall from a great height. His first challenge was climbing up the Stairway to Heaven.

Stairway to Heaven is a ladder-like structure that is 30-feet high. There are a series of logs that are equally spaced that the recruits are required to climb.

"I'm not used to climb-

ing straight up like that," said Estayo, as he described his experience climbing the vertical structure. "When it was my turn to climb it, all I thought about was my mother on graduation day."

With every log he ascended, Estayo continued to think about his mother and used it as motivation to get to the top and climb back down.

"It's all a mental game for us," said Estayo. "The

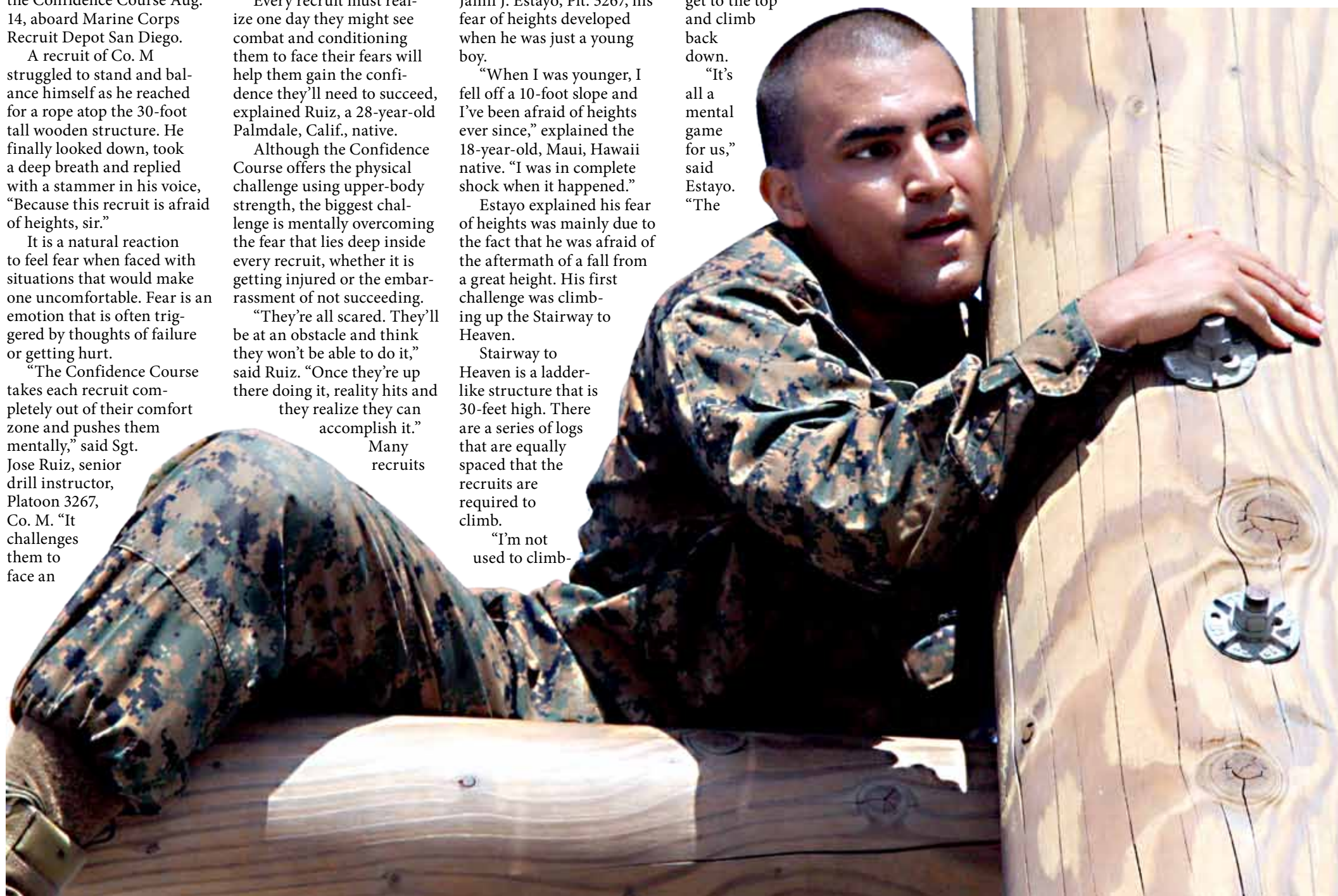
only thing that can hold you back is yourself."

After accomplishing the Stairway to Heaven obstacle, Estayo is ready to accept any challenges recruit training has to offer.

"You need to have confidence to overcome your fears in everyday life, as well as believing in yourself in a

combat zone to be successful," said Estayo. "If you're not confident in yourself, who else is going to be?"

Co. M recruits pushed through each obstacle with determination to succeed and gained a new found confidence they will be able to apply to their life and Marine Corps career.



Lance Cpl. Bridget M. Keane

A recruit of Company M, 3rd Recruit Training Battalion, holds on to the side of the stairway to heaven as he lifts his leg to continue his climb to the top Aug. 14 aboard Marine Corps Recruit Depot San Diego. The obstacles on the Confidence Course allow recruits to challenge themselves physically and mentally.

Recruit works for leadership role

BY CPL. WALTER D. MARINO II
Chevron staff

Most everyone sets goals. It's a part of life that many can relate to, give guidance and help one another with. Marine recruit training is no different and many enter the process with goals such as earning a leadership position. However goals sometimes take more time than wanted. For one recruit it took most of boot camp to get within reach of a leadership billet.

Throughout recruit training the Recruit Zachery T. Douthitt, Platoon 3242, Co. L, strived to be a squad leader or guide. Unfortunately, it wasn't until the later stages of training that his drill instructors noticed his upstanding character.

"He's been a good recruit this whole cycle," said Sgt. Alanser Uruo, senior drill instructor, Plt. 3242, "He always puts out in all the events whether it's physically training, drill or guided discussions."

Out of an average platoon of 60 recruits only four are selected as squad leaders and one as guide.

At five-foot-four inches tall, Douthitt is one of the smaller recruits in his platoon. He also has a calm demeanor and is soft spoken. While that didn't make him a bad recruit, it did make it harder for him to get noticed for a leadership position.

"I always tried to show leadership characteristics," said Douthitt. "I don't know why I wasn't picked. I hope to get recognized after boot camp to show I did give everything I have."

Uruo stated that it's possible for Douthitt to pick up a leadership role in the Corps if he does a couple things a little more.

"All he has to do is stand out; be more vocal, take more initiative," said Uruo.

His senior drill instructor explained although he was a good recruit it took



Cpl. Walter D. Marino II

Recruit Zachery T. Douthitt, Platoon 3242, Co. L, climbs over an obstacle during the Crucible aboard Marine Corps Base Camp Pendleton Aug. 14. Douthitt lost 20 pounds during recruit training and hopes to earn a leadership billet in the fleet Marine force. Douthitt's father and brother are both former Marines.

until second and third phase of recruit training to notice his outstanding positive and humble character.

"If I wanted to know how the platoon was doing I would ask him, that's how much confidence I have in him," said Uruo. "The way he presents himself, his mannerisms, motivates other recruits. He has really good character and is a humble recruit."

Uruo said as the weeks passed in recruit training his positive attitude and motivation became known when he would consistently give

input during recruit classes and help fellow recruits to improve.

However, by that time it was too late in the game to switch up the leadership roster said Uruo.

Fellow recruits called Douthitt a positive light and one that always helped others during stressful times.

"He would help me when I was struggling," said Recruit Justin E. Duncan, Plt. 3242. "I remember telling him that I didn't know what I was doing here and he told me basically to keep my eyes on the prize

of becoming a Marine."

Although Douthitt did not reach his goal of holding a leadership billet in recruit training, he said it hasn't discouraged him from continuing to excel. Douthitt believes he can earn it during his time in the Marine Corps.

"He's been that positive person that people have looked up to," said Duncan. "Yeah he's not a squad leader now but if he continues the way he is there is no doubt in my mind he's going to accomplish big things."

Douthitt said that not

being picked as squad leader didn't affect him negatively, it instead drove him to try harder to help others and be someone to look up to.

"I'm not going to let my efforts stop here in boot camp," said Douthitt. "I'm going to keep trying to do my best."

Douthitt is the son and brother to former Marines. He said after his Marine Corps future he plans on passing on to his kids the values of honor and courage recruit training has taught him.

Sgt. Maj. Ernest K. Hoopii

Parade Reviewing Officer

Sergeant Major Ernest K. Hoopii is the sergeant major of Marine Corps Installations East.

Hoopii joined the Marine Corps in January 1984 and completed recruit training at Marine Corps Recruit Depot, San Diego, Calif. He reported for duty at Marine Corps Communications and Electronic School, Marine Corps Air Ground Combat Center, Twentynine Palms, Calif., where he completed the Field Radio Operators Course.

In August 1984, Hoopii reported for duty with 1st Battalion, 7th Marines, where he served as a field radio operator with Company C, and as the battalion commander's radio operator. During this

tour, Hoopii made numerous deployments to the Far East and was meritoriously promoted to the ranks of lance corporal and corporal.

In November 1987, Hoopii reported for duty with 1st Air Naval Gunfire Liaison Company, Camp Pendleton, Calif., and held the billets of operations clerk, fire control team leader and supporting arms liaison team leader.

In February 1990, Hoopii reported for duty with Joint Special Operations Command, Fort Bragg, N.C., as a communications and liaison operator. He participated in operations in the Central Pacific, Central America, Europe and North Africa.

In March 1993, Hoopii reported for duty with 2nd Force Reconnaissance Company, Camp Lejeune, N.C., where he served as a communications supervisor and completed deployments with the

24th and 26th Marine Expeditionary Units to Europe, Africa and the Baltic Sea.

In June 1996, the sergeant major reported for duty with Marine Air Support Squadron 6, Marine Air Control Group 49, Naval Air Station South Weymouth, Ma. While assigned to MASS-6, he held the billets of radio chief and communications security material systems (CMS) custodian.

In September 1999, Hoopii reported for duty with Headquarters Company, 6th Marine Regiment, Camp Lejeune for duty and held the billets of radio supervisor, radio chief and communications chief. In November 2001, he reported for duty with First Battalion, 6th Marines and was promoted to first sergeant and sergeant major. Hoopii deployed to Okinawa, Afghanistan, and Iraq during this tour.

In May 2006, Hoopii

reported for duty with Marine Medium Tiltrotor Squadron 162 at Marine Corps Air Station New River, N.C., with a deployment to Iraq.

In November 2008, he reported for duty with Marine Aviation Logistics Squadron 14, Marine Corps Air Station Cherry Point, N.C.

In February 2009, Hoopii reported for duty with the 2nd Marine Expeditionary Brigade as the brigade's sergeant major, and deployed to Afghanistan during Task Force Leatherneck.

In August 2010, Hoopii reported for duty with 5th Marines as the regiment's sergeant major.

Hoopii's personal awards include the Legion of Merit; the Bronze Star with Combat Distinguishing Device; the Meritorious Service Medal; the Joint Service Commendation Medal; the Navy and Marine Corps Commendation

Medal; the Navy and Marine Corps Achievement Medal, 4th award; the Combat Action Ribbon, 2nd award; and the Good Conduct Medal (8th award).





Platoon 3243 COMPANY HONOR MAN Lance Cpl. T. S. Kang San Antonio Recruited by Staff Sgt. J. Cambron	Platoon 3247 SERIES HONOR MAN Pfc. J. A. Breeding South Haven, Minn. Recruited by Sgt. D. Verdoorn	Platoon 3241 PLATOON HONOR MAN Pfc. B. M. Dimiceli Roseville, Calif. Recruited by Staff Sgt. J. Notley	Platoon 3242 PLATOON HONOR MAN Pfc. D. M. Gaona Salinas, Calif. Recruited by Sgt. J. Serrano	Platoon 3245 PLATOON HONOR MAN Pfc. D. E. Martinez Donna, Texas Recruited by Sgt. M. Carrasco	Platoon 3246 PLATOON HONOR MAN Pfc. B. S. Heard Saint Louis Recruited by Sgt. A. Renner	Platoon 3241 HIGH SHOOTER (335) Pfc. D. C. Elsey Mesquite, Texas Marksmanship Instructor Sgt. D. Jilek	Platoon 3241 HIGH PFT (300) Pfc. R. D. Crimin Kaysville, Utah Recruited by Sgt. R. McClure
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LIMA COMPANY

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Staff Sgt. S. Morales-Solis
Drill Instructors
Staff Sgt. J. M. Aguilera
Staff Sgt. A. Caldwell

PLATOON 3247
Senior Drill Instructor
Staff Sgt. D. R. Begaye
Drill Instructors
Staff Sgt. D. B. Buenaventura
Sgt. M. D. Clark
Sgt. J. Moreno-Martinez

* Indicates Meritorious Promotion

PLATOON 3241
Pvt. J. R. Abbott
Pvt. T. M. Akullian
Pvt. M. Baltazar
Pfc. K. S. Bartholomew
Pvt. M. L. Bell
Pvt. F. M. Benally Jr.
Pvt. B. M. Bessey
Pvt. R. S. Boehringer
Pvt. F. Bonilla Jr.
Pvt. A. M. Botello
Pfc. G. W. Brixon
Pfc. J. B. Burns
Pvt. J. D. Burtovoy
*Pfc. C. J. Cannarsa
Pfc. S. L. Carrera
Pfc. J. D. Crespo
Pfc. R. D. Crimin
*Pfc. S. D. Crosby
Pvt. M. A. Dahl Jr.
Pvt. M. D. Dame
Pvt. A. Davarzan
Pvt. S. Davila
Pvt. B. C. Decker
Pvt. D. R. De La Rosa
Pfc. E. De La Ttorre
*Pfc. B. M. Dimiceli
Pvt. D. E. Duman
Pvt. B. M. Ellerbrock
Pvt. D. C. Elsey
Pfc. C. N. Erickson
Pvt. B. E. Espinosa
Pvt. H. Estrada III
Pfc. S. R. Estrella
Pvt. J. A. Flores
Pvt. G. F. French
Pvt. J. D. Furia Jr.
Pfc. J. T. Gagliani
Pvt. H. D. Garcia
Pfc. M. A. Gardea
Pvt. L. A. Godinez
Pvt. C. O. Gossard
Pvt. C. K. Gurney
Pvt. M. Guzman
Pvt. J. L. Ha
Pvt. E. S. Hahn
*Pfc. M. P. Hibbert
Pvt. C. A. Holbrook
Pvt. T. A. Holland
Pvt. A. M. Houghtaling
Pvt. J. Huerta
Pvt. E. D. Jimenez-Calderon
Pvt. C. S. Johnson
Pvt. S. Kim
Pvt. M. T. Kinder
Pvt. C. M. King
*Pfc. K. W. King
Pvt. T. M. King
Pvt. K. F. Larry Jr.
Pvt. W. M. Lonsdale
Pvt. P. J. Lopez
Pvt. S. A. Maffla
Pvt. R. J. Mann

Pvt. D. M. McCoy
Pvt. C. E. McNurlin
Pvt. J. D. Meyers
Pvt. J. J. Morales Jr.
Pvt. A. C. Morgan
Pvt. C. M. Morgan
Pvt. R. S. Nichols
Pvt. M. R. Obards
Pvt. R. Perez-Lopez
Pfc. V. R. Tinoco
Pvt. C. J. Vorhees
Pvt. E. R. Wenger

PLATOON 3242
*Pfc. J. A. Cervantes
Pvt. A. D. Clark
Pvt. C. A. Cruz
Pvt. J. M. Czernek
Pvt. C. J. Davis
Pvt. N. N. DeAvila
Pvt. Z. T. Douthitt
Pvt. J. E. Duncan
Pfc. D. J. Eldredge
Pfc. B. A. Falco
Pfc. A. A. Fehl
*Pfc. D. M. Gaona
Pvt. J. M. Garcia
Pfc. R. S. Go
*Pfc. N. D. Godinez
Pvt. A. P. Gold
Pvt. J. N. Gonzalez
Pfc. T. C. Gott
*Pfc. D. R. Green
Pvt. J. A. Grevengoe
Pvt. E. K. Guerrero
Pvt. C. M. Halbert
Pvt. K. M. Hall
Pvt. H. W. Hecht
Pfc. E. E. Hernandez
Pfc. W. B. Hopkins
Pfc. B. M. Ines
Pvt. B. H. Jiang
Pvt. A. A. Jimenez
Pvt. R. T. Jimenez
Pvt. R. A. Johnson
Pvt. M. L. Kachmarzinski
*Pfc. L. G. Kulas
Pvt. K. A. Larson
Pvt. D. M. Latham
Pfc. T. X. Le
Pvt. C. N. Lehmann
Pfc. A. J. Logan
Pvt. L. A. Lopez
Pvt. D. E. Lund
Pfc. A. D. Marks
Pvt. J. R. Marx
Pfc. Z. A. McAdoo
Pvt. W. C. O'Neal
Pvt. K. S. Ralev Jr.
Pvt. C. L. Russell
Pvt. G. J. Tapia
Pvt. D. T. Teglovic
Pvt. A. J. Thieschafer
Pfc. T. W. Thomas

Pvt. Z. B. Tipword
Pfc. S. M. Todd
Pfc. Q. A. Tran
Pvt. C. M. Treadwell
Pvt. J. T. Trivino
Pfc. J. A. Tucker
Pvt. F. V. Velasco
Pvt. C. R. Vollmer
Pfc. A. C. Wang
Pvt. S. M. Wenger
Pfc. K. P. West
Pfc. A. A. Wood
Pvt. C. R. Young
Pvt. Z. A. Young
Pvt. J. A. Zavala
Pvt. E. J. Zeller
Pvt. J. I. Zepeda
Pfc. S. J. Zingsheim

PLATOON 3243
Pvt. R. L. Deland
*Pfc. A. A. Hall
Pfc. R. P. Hodges
Pvt. T. J. Johns
*Lance Cpl. T. S. Kang
Pfc. L. A. Kashman
Pvt. E. J. Kelz
Pfc. T. L. Kimble Jr.
Pvt. S. J. Koci
Pvt. Z. T. Kreis
Pfc. T. J. Kuhn
Pfc. N. A. Larsen
*Pfc. D. R. LaSalle
Pfc. A. Limon
Pvt. M. A. Lopez
Pvt. M. Mandujano Jr.
Pvt. D. L. Manus
Pvt. J. A. Marin Jr.
Pvt. T. M. Mason-Wilson
Pfc. M. A. McCabe Jr.
Pvt. W. E. Mefferd
Pvt. H. A. Melendez
Pvt. T. J. Merritt
Pvt. R. T. Modar
Pvt. A. L. Moorman
Pvt. A. Morales
Pfc. J. J. Morales
Pvt. G. A. Mraz
Pvt. D. R. Murillo Jr.
Pvt. A. Naranjo Jr.
Pvt. T. M. Neumann
Pvt. R. D. Oldenberg
Pvt. J. M. Ortiz
Pvt. R. A. Pano
*Pfc. A. Paredes
Pfc. Z. J. Paulos
Pvt. J. J. Pickar
Pvt. T. S. Pofahl
Pfc. C. P. Polston
Pfc. K. D. Ramsey
Pvt. N. D. Reeves
Pvt. S. R. Richards
Pvt. O. M. Rojas
Pfc. I. Rosa

Pfc. R. J. Rubio III
Pvt. J. R. Rutherford
Pfc. N. I. Sanchez
Pfc. M. C. Scarbrough
Pvt. B. P. Schaller
Pfc. D. E. Shelton
Pvt. M. A. Shinkle
Pfc. J. L. Singleton
Pvt. C. P. Smith
Pvt. J. P. Smith
Pvt. C. A. Stace
Pvt. S. I. Stansberry
Pvt. D. R. Stout Jr.
*Pfc. D. E. Sullivan
Pfc. S. R. Swanson
Pvt. V. R. Tanguma
Pvt. J. B. Thompson
*Pfc. G. A. Trujillo
Pvt. T. N. Tuffield
Pvt. J. A. Turner
Pfc. G. W. Vannoy
Pvt. O. R. Vasquez
Pvt. L. A. Vences
Pfc. C. G. Voss
Pfc. S. J. Wagner
Pvt. R. A. Wilson
Pvt. M. B. Winquist
Pvt. J. E. Woods
*Pfc. T. I. Xiong
Pfc. J. D. Zajac

PLATOON 3545
Pfc. R. G. Adair
Pvt. M. Akash
Pvt. I. G. Bojorquez Jr.
Pfc. K. L. Bush
Pvt. J. A. Caloca
Pvt. M. A. Castro
Pvt. L. M. Ceja Jr.
Pfc. G. M. Cournoyer
Pvt. K. A. Dykshorn
Pvt. C. J. Gaglio
Pvt. J. W. Gardner
Pvt. R. W. Garza
Pvt. J. A. Henricks
Pvt. J. M. Hernandez
Pvt. J. Q. Hines
Pvt. R. L. Johnson
Pfc. D. M. Kemerer
Pvt. J. R. Lammey
Pfc. G. Le
Pvt. B. D. Malqued
Pfc. C. M. Martinez
Pfc. D. E. Martinez
Pfc. R. Martinez
Pvt. A. J. McQuade
Pvt. I. Mendoza
Pvt. N. A. Morigeau
Pfc. E. C. Nichols
Pfc. K. R. Nickerson
*Pfc. W. K. Nolan Jr.
Pvt. M. A. Nunez Jr.
Pvt. R. P. Olenek
Pvt. M. R. Ondo

Pvt. D. R. O'Neil
Pvt. G. Ordinola
Pvt. O. M. Ortiz
Pfc. J. G. Osuna
Pvt. H. A. Palacios-Gomez
Pvt. M. P. Parnell
Pfc. S. J. Pearson
Pvt. J. Perez
Pvt. M. P. Phommahasay
Pfc. A. A. Pineda
Pfc. D. R. Plate
Pvt. R. A. Poot
Pvt. N. M. Ramirez
Pvt. J. J. Ramos
Pvt. S. D. Randolph
Pvt. C. J. Ray
Pfc. S. R. Reich
*Pfc. D. Renwick
Pvt. C. J. Richards
Pvt. J. Rivera
*Pfc. J. P. Rojas-Tovar
Pfc. M. E. Rosa
Pvt. M. Saenz Jr.
Pvt. A. J. Sagario
Pfc. I. F. Saucedo
Pvt. S. L. Schooler
Pvt. B. Silva Jr.
Pvt. W. D. Simmons
Pvt. C. M. Smith
Pfc. R. A. Solis
Pfc. K. M. Soto Jr.
Pvt. E. J. Stanley
Pvt. C. M. Stavert
Pvt. J. T. Still
Pvt. Z. M. Sturdivant
Pfc. M. J. Thacker
Pvt. R. H. Thompson
Pvt. J. L. Tollison
*Pfc. A. M. Tovar
Pvt. J. F. Webb

PLATOON 3246
Pfc. N. C. Adams
*Pfc. J. Ade
*Pfc. A. A. Aguilar
Pfc. J. C. Alcalá
Pfc. L. R. Altemus
Pfc. D. A. Anema
Pvt. S. T. Ayotte
Pvt. R. V. Bautista
Pvt. T. E. Blackmon Jr.
Pvt. D. B. Bowers
Pvt. E. L. Briggs
Pvt. A. E. Bruderer
Pfc. D. P. Burchfield Jr.
Pvt. D. L. Burns
Pfc. M. J. Carey
*Pfc. K. W. Carpenter
Pvt. T. A. Case
Pfc. M. B. Castaneda
Pvt. A. M. Cervacio
Pvt. J. L. Cindle
Pfc. K. S. Craig
Pvt. N. S. Cross

Pfc. A. B. Cuaresma
Pfc. D. F. Duque-Aceves
Pvt. S. B. Garcia
Pvt. C. D. Hancock
Pfc. B. S. Heard
Pfc. G. I. Holguin
Pvt. M. J. Holman
Pvt. M. J. Holman
Pfc. V. C. Jakosalem Jr.
Pvt. D. K. Kahalewai
Pvt. T. J. Kaseca
Pvt. K. H. Kawaguchi
Pfc. A. R. Kinser
Pvt. B. R. Logsdon
Pvt. J. T. Madar
Pfc. T. J. Moore
Pvt. J. A. Mullenix
Pvt. T. M. Napper
Pvt. A. R. Navarrete
Pvt. M. R. Nichols
Pvt. T. H. Normand
Pvt. J. Orozco-Morales
Pvt. W. P. Parker
Pfc. B. N. Peters
Pvt. G. J. Pitka
Pvt. B. Prince
Pvt. G. E. Purcell
Pfc. M. D. Ratheal
Pvt. K. V. Roley
Pfc. J. I. Schapiro
Pvt. D. I. Scott
*Pfc. A. T. Smith
Pvt. D. S. Smith
Pfc. S. S. Stasiuk
Pfc. H. A. Stogsdill
Pvt. M. J. Thomas
Pvt. R. H. Thompson
Pvt. M. J. Timmons
Pvt. K. S. Tso
Pfc. G. S. Van Horne
Pfc. H. G. Van Nort
Pvt. J. D. Waggoner
Pfc. T. S. Walker
*Pfc. D. J. White
Pvt. W. W. Whitesinger
Pfc. M. D. Wick Jr.
Pfc. E. J. Wray
Pvt. O. R. Zabala-Santiago
Pfc. M. Zavala

PLATOON 3247
Pvt. O. B. Ahsan
Pfc. C. M. Amos
Pfc. K. J. Andrews II
*Pfc. M. T. Archer
Pfc. O. J. Arias
Pfc. E. Bahena
Pvt. J. J. Boyenga
*Pfc. J. A. Breeding
Pvt. C. L. Britt
Pvt. I. D. Broussard
Pvt. C. R. Brown
Pvt. M. T. Buschardt
Pvt. J. Cadena Jr.

Pvt. D.F. Calamese
Pvt. A. A. Carrillo
Pvt. A. D. Carrillo
Pfc. N. C. Carson
Pvt. J. K. Catto
Pfc. E. N. Chessnoe
*Pfc. M. A. Cole
Pvt. B. A. Crutchfield
Pfc. F. E. Cruz
Pvt. J. C. Dang
Pfc. R. A. De Luna
Pfc. P. J. Durussel
Pfc. W. J. Eberhardt
*Pfc. E. P. Gastmann
Pvt. C. C. Gearheart
Pvt. M. J. Gibson
Pvt. C. S. Golder
Pvt. D. Gonzales IV
Pfc. X. P. Gonzales
Pvt. B. M. Gosse
Pvt. J. P. Gouger
Pfc. L. A. Grooms
Pvt. N. E. Guillen Jr.
Pfc. K. W. Haggard
Pvt. G. A. Hempel
Pvt. S. L. Hondrombilas Jr.
Pvt. D.L. Hunt
Pfc. J. W. Inman
Pvt. C. E. Iverson
Pvt. M. B. Jerred
Pfc. N. K. McDonald
Pvt. A. J. Monchilov
Pfc. K. B. Moore
Pvt. R. D. Morales
Pvt. Z. R. Paulis
Pfc. K. D. Pemberton
Pfc. I. Ramirez
Pvt. J. T. Ranis
Pvt. A. D. Rectorricks
Pfc. B. D. Regensberg-Romero
Pfc. L. K. Renner
Pfc. D. A. Reyes
*Pfc. O. Romero
Pfc. J. C. Ruderman
Pfc. J. D. Ryles
Pfc. A. A. Salomone
Pvt. J. D. Samford
Pfc. S. D. Sapp
Pvt. D. P. Schaffer
Pvt. H. W. Schuchardt
Pfc. J. R. Schuster
Pvt. J. A. Scott Jr.
Pfc. M. C. Sell
*Pfc. M. T. Sherwood
Pvt. R. S. Shitole
Pvt. D. D. Simon
Pvt. A. Solano
Pfc. T. A. Spivey
Pfc. M. J. Stanley
Pfc. G. J. Stratton
Pfc. A. R. Surerus



Cpl. Matheus J. Hernandez

Sgt. Christopher G. Woidt, drill instructor, Platoon 1001, Company A, 1st Recruit Training Battalion, motivates recruits as they execute log drills during recruit training aboard Marine Corps Recruit Depot San Diego Aug. 14. Recruits performed drills over the course of half a mile such as side benders, log curls and log-lifts.

Recruits use log exercises to build teamwork

BY CPL. MATHEUS J. HERNANDEZ
Chevron staff

Recruits of Company A, 1st Recruit Training Battalion, focused on teamwork as they executed log drills during recruit training aboard Marine Corps Recruit Depot San Diego Aug. 14.

The purpose of the training is to build recruit teamwork, and to simulate evacuating a casualty or carrying equipment from one point to another, according to Sgt. Allen A.

Ypina, drill instructor, Platoon 1002, Co. A.

"The log drills teach recruits coordination and allows them to work together," said Ypina, a Mt. Vernon, Texas native. "Right now, they're in the mindset of only taking care of themselves, and this will kind of teach them to look out for everyone else."

Before carrying out with the training, recruits were given a demonstration on how to properly lift and maneuver the logs to prevent injuries. After instructions were given, recruits filed off in groups to begin the

exercise.

Over the course of half a mile, recruits stopped periodically and performed drills with the logs such as log-lifts as they alternated shoulders, side benders and log curls.

Not every recruit matched in height, making the log drills even more challenging.

"It was difficult trying to keep up with the taller recruits," said Recruit Connor H. Genovese, Plt. 1001, Co. A.

As recruits proceeded through the log drills, they soon realized that the exercises

required everyone to put in maximum effort and that teamwork would be the only way to accomplish the task, according to Genovese, a Dallas, Texas native.

"At first everyone started bickering at each other," said Recruit Jared Jansen, Plt. 1001, Co. A. "It was difficult for everyone to listen to each other, but then we started to get the hang of it and the motivation picked up as soon as everyone realized that was the only way to get through it."

Jansen was at the head of the

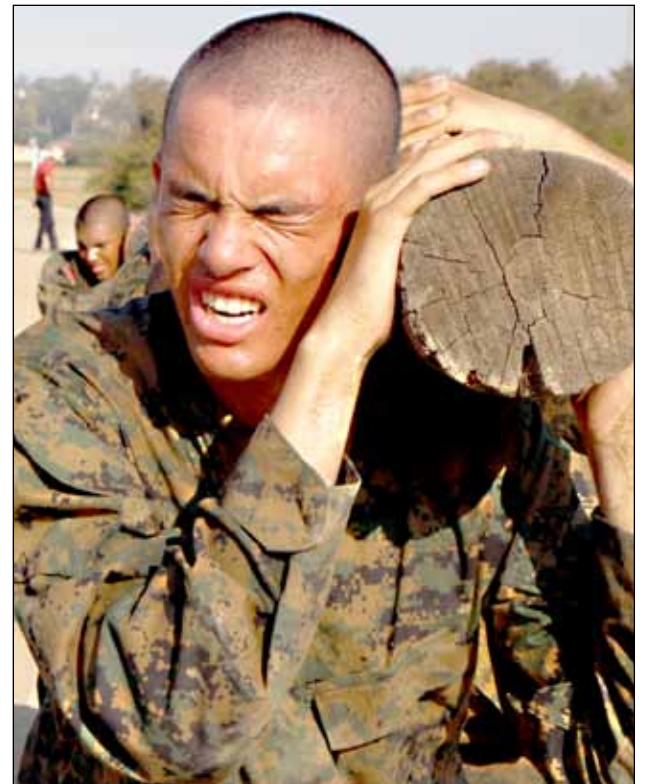
group as they shoulder carried the log over the course. Jansen also felt that teamwork was vital to finishing the rigorous training, according to the Mt. Vernon, Washington native.

"It was a struggle, being taller than most people. It was also hard to lead the pack and having to direct them. It definitely focused on teamwork," said Jansen. "Everyone has to put the effort in, because if one recruit was to give up then that would mean everyone else in the stick would have to work twice as hard to pick up their slack."



Cpl. Matheus J. Hernandez

Drill instructor, Sgt. Christopher G. Woidt, directs recruits as they perform log curls during a training exercise. Log curls, a team building exercise, is one of several with logs that the Marine Corps uses during recruit training.



Cpl. Matheus J. Hernandez

Recruit Jared Jansen, Platoon 1001, Company A, 1st Recruit training Battalion, exerts himself as he squats with a log over his shoulder during training.

INDUCTED ◀ 1

the recognition of exceptional Martial Arts leaders and legends through induction into the Masters Hall of Fame.

Carter holds the rank of Renshi, a master in martial arts, also known as a polished expert. He has more than 20 years of experience in martial arts specializing in forms such as Muay Thai, Jeet Kune Do, Shudokan Ryu, Shudokan Taiho Jutsu, Kali Eskrima and Wun Hop Kuen Do.

The Masters Hall of Fame recognizes, develops, enhances and improves Martial Arts leaders and businesses by developing and recognizing excellence in the martial arts communities. Inductees are a cross section of the martial arts community from police and military leaders, to martial arts legends and karate champions.

"He works hard at everything he does and really tries to be a master at his craft," said Kyoshi Jeff Anderson, a member of the board of directors for the Masters Hall of Fame.

Carter's contribution to the martial arts community, his wide range of skills and his dedication to training civilians and service members has proven the induction was much deserved, according to Anderson.

Although Carter says he feels honored to be inducted and presented with the award, the real motivation behind his martial arts career is to constantly strive to improve his skills and to pass on his knowledge.

"It's a good feeling to be inducted,

but there's more to it than that. A lot of people have forgotten that there is more to it than just receiving a black belt," said Carter. "Most people don't know but everyone use to wear a white belt. As you advanced through your training, your the blood, sweat and tears would turn the belt black."

It was just a matter of time until Carter was inducted based on his skills, according to Sifu Kirk Price, a licensed mixed martial arts combat instructor and former full contact fighter.