



# CHEVRON

AND THE WESTERN RECRUITING REGION



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## Recruits conduct hand-to-hand combat



Cpl. Matheus J. Hernandez

A recruit of Company K, 3rd Recruit Training Battalion, mentally prepares as he waits for his turn to fight during a body sparring match as part of the Crucible, aboard Edson Range, Marine Corps Base Camp Pendleton, Calif., July 17. Recruits, matched in height and weight, fought each other, utilizing the skills they learned in Marine Corps Martial Arts Program throughout recruit training.

BY CPL. MATHEUS J. HERNANDEZ  
Chevron staff

“Approaching a breach in the wall which was the only entrance to the fort, Sergeant Iams unhesitatingly jumped through the breach despite constant fire from the Cacos and engaged the enemy in a desperate hand-to-hand combat until the bastion was captured and Caco resistance neutralized.”

This was taken from Sgt. Ross Lindsey Iams’ citation for his actions during the attack on Fort Riviere, Haiti, November 17, 1915. Iams, who was awarded the Medal of Honor for his bravery that day, left a vital message behind for future Marines... In battle, there may come a time when Marines will need to engage in hand-to-hand combat.

This citation was read to recruits of Company K, 3rd Recruit Training Battalion, before they conducted body sparring as part of the Crucible aboard Edson Range, Marine

Corps Base Camp Pendleton, Calif., July 17.

The Crucible is a 54-hour training exercise recruits must complete to earn the title Marine.

Body sparring is one of many events included in the Crucible. It consists of sparring with an opponent using Marine Corps Martial Arts Program techniques.

“Body sparring isn’t for entertainment,” said Sgt. Shane A. Greb, Martial Arts Instructor Trainer, Field Instructor, Field Co., Weapons and Field Training Battalion. “It’s to work on technique.”

The event consisted of six stations where recruits performed exercises and movements for an allotted time. The exercises and movements were uppercut strikes, lead hand strikes, squats, push-ups, grippers and body sparring.

“It’s a lot of fun,” said Recruit Dylan C. Cook, guide, Platoon

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Cpl. Walter D. Marino II

Sgt. Philip D. Krein, drill instructor, Instructional Training Company, Support Battalion teaches recruits from Company H, 2nd Recruit Training Battalion, how to stand duty aboard Marine Corps Recruit Depot San Diego, July 17. With limited hands-on experience, Krein explained what recruits learn in boot camp is a foundation to grow upon.

## Guard duty fundamentals begin in recruit training

BY CPL. WALTER D. MARINO II  
Chevron staff

At every Marine Corps base there is a Marine somewhere posting watch and whether keeping on the alert at an armory or at a checkpoint the same fundamentals apply.

Recruits from Company H, 2nd Recruit Training Battalion, reviewed their general orders, learned the proper use of lethal force and the billets of an interior guard to better understand how to stand post aboard Marine Corps Recruit Depot San Diego July 17.

Sgt. Philip D. Krein, drill

instructor, Instructional Training Company, Support Battalion explained that he has seen, first hand, the importance of standing duty properly from his deployments to both Iraq and Afghanistan.

“I’ve been with a grunt unit and seen combat,” said Krein. “If someone didn’t stand his post properly someone could have been killed or snuck up on. We actually had a lot of attacks at night.”

After Krein taught the recruits the proper time to use lethal force he gave them examples of what they might encounter in a combat zone.

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## PFTs measure recruit fitness

BY LANCE CPL. BRIDGET M. KEANE  
Chevron staff

Each recruit’s physical ability is tested throughout recruit training, through physical fitness tests, designed to measure physical strength, agility, and endurance.

Recruits of Company I, 3rd Recruit Training Battalion, ran the initial PFT July 20 aboard Marine Corps Recruit Depot San Diego.

“The purpose of an initial PFT

is to show the progression of each recruit since they ran their initial strength test,” said Staff Sgt. Dustin Sansoucie, senior drill instructor, Platoon 3201, Co. I. “It shows them where they’re at and shows what they need to improve on.”

Throughout training, recruits will run three PFT’s in order to track their progress.

A PFT is an annual training event that every Marine must complete. It is a combination of pull-ups, timed crunches and a timed three-mile run.

The first week of recruit training, recruits are required to run an IST, which is the same as a PFT but with a 1.5-mile run. Depending on their performance during the IST, drill instructors are able to identify and focus on the weaknesses of a recruit’s physical performance.

“It’s important that recruits keep pushing themselves,” said Sansoucie, a 27-year-old Bristol, Conn. native. “Getting a high score on the PFT can help toward

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Lance Cpl. Bridget M. Keane

Drill instructors with Company I, 3rd Recruit Training Battalion, encourage recruits to push their limits as they finish the final part of the initial physical fitness test July 20 aboard Marine Corps Recruit Depot San Diego. A PFT consists of a maximum set of pull-ups, a timed three-mile run and a max set of timed crunches.



Cpl. Matheus J. Hernandez

Recruits of Company K, 3rd Recruit Training Battalion, exchange blows during a body sparring match as part of the Crucible, aboard Edson Range, Marine Corps Base Camp Pendleton, Calif., July 17. Before conducting body sparring matches, drill instructors taught recruits the importance of hand-to-hand combat by reading a citation of a Marine who utilized his skills. Sgt. Ross Lindsey Iams, who was awarded the Medal of Honor for his actions during the attack on Fort Riviere, Haiti, November 17, 1915, engaged in hand-to-hand combat with the enemy that proved vital to winning the battle and completing the mission.

#### COMBAT ◀ 1

3234, Co. K. "It really tests your endurance and shows who's capable of fighting when their in there."

As recruits struck each other one hit after another, Greb monitored the fights to ensure their safety and proper techniques were being used. Although they're only allowed to strike above the hip and beneath the neck, fully geared,

recruits never know what to expect when challenging an opponent for the first time.

"I make sure they're using their angles of movement and I always remind them to keep their guard up," said Greb. "Everyone comes from a different background. Some of these recruits have past experience in boxing and some don't, so I try to make it as fair as possible."

Recruits learned how to conserve energy in a fight, but also used the opportunity to release some aggression that's built up for the past 12 weeks of recruit training, according to Staff Sgt. Nigel V. Priesman, senior drill instructor, Plt. 3234.

"It was a good chance to see where the recruits were at, as far as (hand-to-hand combat)," said Priesman. "In the end though, it was just boys being boys."

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"They're learning the bare basics. But this is a good foundation to learn before they get to the fleet," said Krein. "It's important for them to know that today it may be fire watch but tomorrow it could be a post in Afghanistan. Here it's recruit training but in country it's life and death."

Although the recruits are limited in their practical application during recruit training, the idea that bigger responsibility is on the horizon is embedded in the recruit's minds.

"I definitely think this is important. If we didn't have any standard procedures while standing watch people wouldn't

know what to do and that could mean people getting over you on post," said Recruit Anthony M. Uttke, Platoon 2166, Company H. "You need to know how to properly stop someone."

The majority of recruit guard duty has consisted of fire watch, which consists of standing post in their living quarters during the twilight hours and making sure their fellow recruits are safe and orderly.

Regardless of the grandness of responsibility or variety, many recruits believe it has helped give them the fundamentals of standing post.

"We definitely need more experience but with what we know, in theory, we

would know what to do," said Uttke, a Portland, Oregon native.

To make sure the Marines general orders were heard, Krein had a different recruit stand up and read each order.

"Let me get one motivated recruit to read my slide," said Krein.

Recruits stood up immediately each time stating their name and platoon before reading as loudly as he could.

"What drives me to learn this is the fact that I want to protect our property from being taken and to watch over my brothers.

If you're on watch it will make it harder for the enemy," said Recruit Joshua A. Waggoner, Plt. 2168, Company H.

## Service members participate in 101 Days of Summer

BY LANCE CPL. BRIDGET M. KEANE  
Chevron staff

Service members, spouses and civilians aboard Marine Corps Recruit Depot San Diego were invited to partake in the 101 Days of Summer fitness challenge July 18 at the depot's fitness center.

Ron Rivera, fitness center supervisor, led the participants in the pop-up from prone challenge. The challenge had three cones equally spaced, and for those who accepted the challenge got in the push-up position, jump up to sprint to the cone on the right, sprint to the cone on the left and back to the middle.

"The whole thing is to just keep everyone active," said Rivera. "It boosts moral and camaraderie for those who

participate."

Each participant's time was recorded, giving them the opportunity to challenge friends or compete for a high score.

101 Days of Summer hosts various fitness challenges throughout the summer. The challenges often consist of exercises that test physical strength, speed and agility.

Participants are awarded points that go toward their command's total. The command with the most participation points at the end of the summer is awarded a cash prize. Goodie-bags and t-shirts are also given out to participants on event days.

"101 Days of Summer was basically designed to keep active-duty personnel fully engaged in fitness," said Rivera. "It keeps them from getting

bored and getting in trouble."

Capt. Timothy Martin, deputy inspector general, Headquarters Company, Headquarters and Service Battalion, who took part in the pop-up from the prone position challenge said the first time he participated in 101 Days of Summer fitness challenges was 2006 in Okinawa.

"It's a nice twist to challenge your own performance," said Martin. "This activity was fun and interesting."

The Semper Fit program hosts the annual event to raise awareness of substance abuse, educate military members on the consequences of drug use,

promote responsible alcohol use and offer fun, healthy challenges as alternatives.

Martin explains that 101 Days of Summer is definitely a positive alternative to change up any Marines' routine and that he looks forward to new versions of the program.

"You'll see a lot of the same people come out and try it; they really enjoy it," said Rivera.

According to Rivera, the next two fitness challenges are scheduled in August. For more information on 101 Days of Summer fitness challenges or any other Marine Corps Community Services programs and events, visit [www.mccsmcrd.com](http://www.mccsmcrd.com).



#### BRIEFS

##### New vehicle registration office operating hours

The current hours of operation of the depot vehicle registration office are 7:30 a.m. until 3:30 p.m., Monday thru Friday, until July 27.

Beginning July 30, the new vehicle registration office hours of operation will be 7:30 a.m. until 4:30 p.m., Monday thru Friday.

For more information, contact the PMO services officer, Police Captain Hudgins, at (619) 524-8105 or [michael.hudgins@usmc.mil](mailto:michael.hudgins@usmc.mil).

##### Career Resource Management Center

The Career Resource Management Center provides job search assistance to military members, their families, retirees and DoD civilian employees.

The center provides facilities such as a resource library, computer work stations, fax service and job listings.

CRMC also provides assistance with career planning, resume writing, salary negotiations, interview techniques, guidance on the federal employment application process and aid with other employment initiatives.

Services are free.

For more information, contact Mina Threat at (619) 524-1283

##### Military Spouse Career Advancement Accounts

MyCAA is back and is available to spouses of service members in pay grades E1 to E5, W1 to W2 and O1 to O2, beginning Oct. 25 at 8 a.m.

Eligible spouses will receive a total of \$4,000 in DoD-funded financial aid, with an annual cap of \$2,000 per fiscal year.

- Spouses must use the funding within a three-year time period from the start date of the first class
- Funds must be used in support of an associate's degree, licensure or certification

Career counseling will be available to assist military spouses in pursuit of portable careers in high-demand, high-growth occupations.

For more information, contact Mina Threat at (619) 524-1283

##### Veteran Affairs Office

A representative from the Department of Veteran Affairs is available on the depot at Personal & Professional Development, Building 14, Monday through Friday from 7:30 a.m. to 4:00 p.m.

Military members, their families and retirees are welcome to come in and ask questions about benefits.

To schedule an appointment, please call Robert Hill at (619) 524-8233.

##### Military leave balance

The new fiscal year begins October 1. According to MARADMIN 316/10, the maximum leave that may be carried over onto the next fiscal year is 75 days.

Military members should ensure they take the necessary amount of leave so that time is not lost.

Special Leave Accrual (SLA) has certain requirements/limitations as outlined in MCO p1050.3j.

Coordinate with the chain of command or admin chiefs for answers to any questions.

For more information, contact Ismael PerezChavez at (619) 524-5263.

##### Send briefs to:

[rdsd\\_pao@usmc.mil](mailto:rdsd_pao@usmc.mil). The Chevron staff reserves the right to publish only those briefs that comply with Department of Defense regulations and the standards of the U.S. Government.

# Around the depot

**This week the Chevron asks: "What is your favorite military movie? Why?"**



**"The movie '300' because it shows determination and what a small band of brothers can do together."** Staff Sgt. David A. Adames, staff noncommissioned officer in charge of water survival, Instructional Training Company, Support Battalion



**"'Heartbreak Ridge,' because Clint Eastwood plays a classic Marine gunney."** Cpl. Tommy M. Diaz, administrative chief, Headquarters Company, Headquarters and Service Battalion



**"'The Siege of Firebase Gloria.' It shows the Marines' determination and how we fight to the last man standing."** Sgt. Will Johns, martial arts instructor trainer, Instructional Training Company, Support Battalion



A drill instructor with Company I, 3rd Recruit Training Battalion, calls out times to recruits as they run past the finish line July 20 aboard Marine Corps Recruit Depot San Diego. *Lance Cpl. Bridget M. Keane*

## FITNESS ◀ 1

getting promotions."

Recruits endure exercise and training events that build them mentally and physically in their first few weeks of training. In week four of training, recruits run the initial PFT.

Recruits begin their PFT with pull-ups. Each recruit mounts a bar and pumps out as many pull-ups as they can. After each recruit has recorded the amount done, they line up at the starting line for the timed three-mile run. Once the recruits finish, they then are instructed to do as many crunches as they can for two minutes.

Drill instructors run along side of the recruits during the PFT providing them with motivation to continue.

"Not only does it show us where we need to improve, it also prepares us for our final PFT," said Recruit Davidson Venancio, Plt. 3201. "It'll build us on our upper-body strength and help us with our endurance."

Making progress in a desired goal also builds confidence in the recruits.

"I didn't do as well as I wanted during the IST," explained Recruit Robert Blackwell, Plt. 3201. "I spent the time trying to better myself and saw an improvement in all three categories, especially my run time; it was better than I expected."

The initial PFT gives recruits a sense of their physical accomplishments so far in training.

"We've seen a big improvement," said Sansoucie. "A lot of recruits are surprised on how much they've improved in four weeks."

Co. I is scheduled to run an inventory PFT in week nine of training. This gives the recruits an idea of where they stand physically and what they need to improve. The following week they will run their final PFT and the score they receive will follow them to their first duty station.

"You always have to do more than what is expected of yourself," explained Venancio. "I have high standards for myself and the other recruits; I expect to get a high score."



A recruit pulls himself up to complete the pull-up portion of his initial physical fitness test. *Lance Cpl. Bridget M. Keane*



Recruits of Company I, 3rd Recruit Training Battalion run three miles for time during the initial physical fitness test July 20 aboard Marine Corps Recruit Depot San Diego. The initial PFT allows recruits to determine their fitness level while preparing for their final PFT during week 10 of training. *Lance Cpl. Bridget M. Keane*



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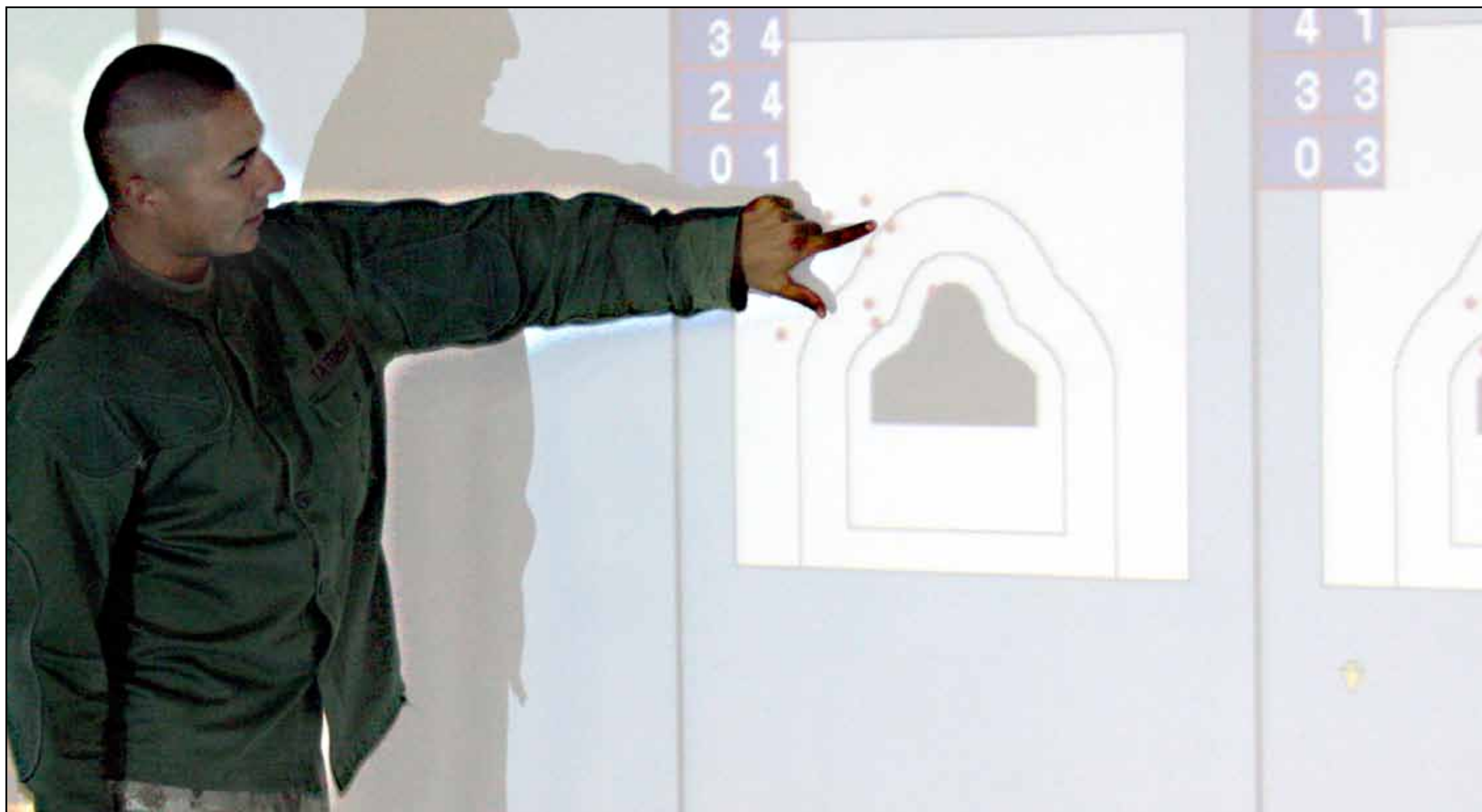
Lance Cpl. Bridget M. Keane

A recruit sights in with his rifle from the prone position during Grass Week. Activities during Grass Week includes classes about the fundamentals of marksmanship such as breath control, trigger control and sighting in on a target. Recruits fire live ammunition down range the week following Grass Week.



Lance Cpl. Bridget M. Keane

Company E recruits snap in during Grass Week. A white barrel with targets painted on it allows recruits to sight in and practice the fundamentals of marksmanship.



Lance Cpl. Bridget M. Keane

A primary marksmanship instructor goes over shot groups in the Indoor Simulated Marksmanship Trainer. The ISMT simulates the course of fire recruits will shoot on qualification day. It allows recruits to have a feel for the shot delivery process and allows them to apply the fundamentals of marksmanship.



Lance Cpl. Bridget M. Keane

A recruit prepares to change firing positions to the high-knee during Grass Week. Recruits learn the different positions during Grass Week, in preparation for live fire exercises the following week.

# Grass Week teaches fundamentals of marksmanship

BY LANCE CPL. BRIDGET M. KEANE  
Chevron staff

In their second phase of training, recruits of Marine Corps Recruit Depot San Diego take a trip north to spend three weeks on Edson Range aboard Marine Corps Base Camp Pendleton, Calif. There, the fundamentals of basic marksmanship are taught and the M16-A4 service rifle that recruits were issued in the beginning of training finally serves a greater purpose.

Recruits of Company E, 2nd Recruit Training Battalion, learned the basics of marksmanship during Grass Week on Edson Range July 17.

Learning to fire the M16-A4 service rifle is a graduation requirement and recruits must learn basic marksmanship skills and qualify through the same course of fire that Marines do annually.

When recruits arrive at Edson Range, they go through a week of classes that pertain to the fundamentals of marksmanship known as Grass Week.

"The purpose of Grass Week is to have the recruits learn and understand the Marine Corps' philosophy of marksmanship," said Sgt. Nick Balthazor, chief marksmanship instructor, Weapons Company, Weapons and Field Training Battalion. "My goal is for

them to respect their weapon and what it's capable of."

Grass Week consists of marksmanship classes that teach recruits rifle safety rules, how to hold the weapon and the fundamental, explained Balthazor, a 27-year-old Queen Creek, Ariz. native.

"The first thing we drill in their head from day one is safety," said Balthazor. "Instead of them just repeating the rules back to me, I explain every aspect of the rule and why it's important."

According to Balthazor, once the recruits become familiar with the fundamentals, they are then expected to apply them through snapping in and in the Indoor Simulated Marksmanship Trainer.

Snapping in allows recruits to find which shooting position is more comfortable for them, as well as applying what they've learned. A white drum with targets painted on it simulates the actual targets that recruits will be firing at.

During this time, instructors will correct recruits on their positions and give them tips on how they can be more comfortable.

"I had a hard time with the positions," said Recruit D-Andre

Futral, Platoon 2105, Co. E. "It was uncomfortable at first, I'm not used to sitting like that; snapping in lets us figure out how we want to sit and allows us to apply the fundamentals."

Now that the recruits have an idea of what they're doing, they will move to the ISMT where they're able to go through the process of shot delivery, explained Balthazor.

The ISMT is a simulated course of fire that allows recruits to fire from the different yard lines, shoot in the different positions, and become familiar with the firing commands.

"The goal of the ISMT is to get a shot group and give the recruits a feel for what it'll be like shooting the weapon," said Balthazor.

The following week, the recruits of Company E will head down

range. This is where they'll be able to make use of what they've learned and qualify for their marksmanship badges.

"I think I'll be ready to get on the range and fire," said Futral, an 18-year-old Dallas native. "Our PMI presented us with a challenge that whoever beats his high score will get his (campaign) cover; I'm going to get it."



Lance Cpl. Bridget M. Keane

The Indoor Simulated Marksmanship Trainer lets recruits see what their shot groups look like. Primary marksmanship instructors can assist and give tips on firing fundamentals.



Lance Cpl. Bridget M. Keane

Sgt. Nick Balthazor, chief marksmanship instructor, demonstrates the proper way to make a rifle loop sling to recruits undergoing Grass Week training at Edson Range, Marine Corps Base Camp Pendleton, Calif., on July 17. Learning to make a correct loop sling allows recruits to create a stable stance from which to fire, helping to improve accuracy.

# Recruit embraces Corps' leadership lessons

BY CPL. MATHEUS J. HERNANDEZ  
Chevron staff

When recruits arrive aboard Marine Corps Recruit Depot San Diego for recruit training, it often depends on the individual how well they adapt to the environment.

For Pfc. Manuel Lomeli, Platoon 3234, Company K, 3rd Recruit Training Battalion, his drill instructors found it very difficult for him to adjust in the beginning.

"I think it was a culture shock for him," said Sgt. Enrique Mendoza, drill instructor, Plt. 3234. "He's a smart kid, but it was hard for him to adapt. I had to pay extra attention to him and teach him things a different way so he could understand. He's always showed that he cares, but I think what happened was he would try so hard that he would mess something up."

Although it was difficult for Lomeli to adjust at first, he soon became familiar with the lifestyle and grew stronger as a recruit in training and as a person, according to Mendoza, a mentor to Lomeli.

"Once a recruit starts to see the positive things, and once they accept the lifestyle, it all starts to make sense," said Lomeli. "The talks drill instructors would give us really meant something and I took them to heart."

Growing up, motivated by Marine Corps advertisements, Lomeli always felt the desire to serve his country. Even though that was more than enough to take the step toward becoming a United States Marine, his family

was the main reason that lead him to his decision as well as becoming a part of something bigger than himself.

"I could say it's because I've always wanted to enlist, but I realized it was more because I wanted to make my family proud," said Lomeli. "I guess in a way I never really knew who I was and all this time I was looking for an identity to associate myself with. I finally found it in recruit training."

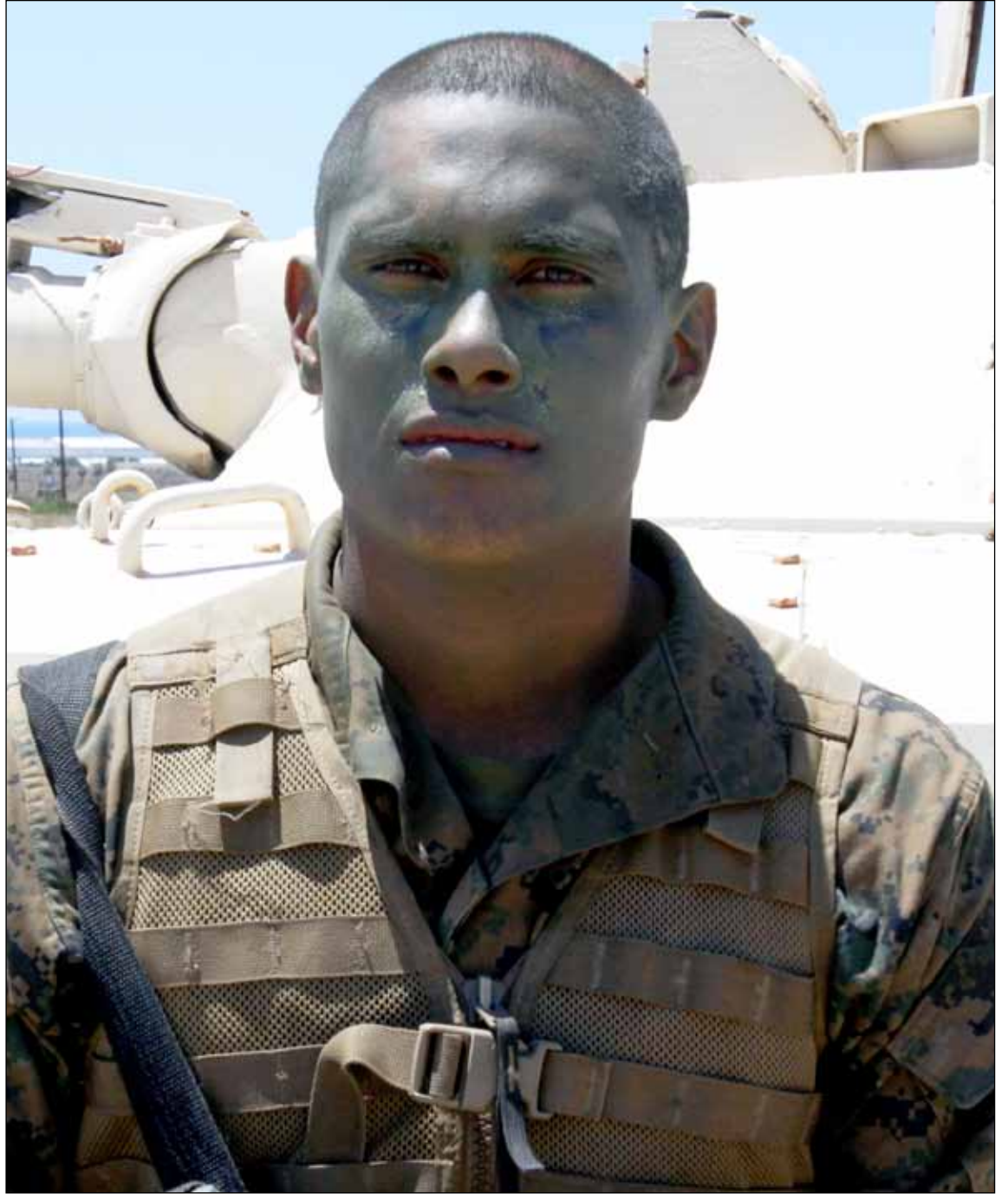
Lomeli's actions have always been for his younger siblings, making every effort to set a good example. He hopes that this will shed a new light to them, giving them another reason to look up to their older brother, explained Lomeli.

"He's always tried to set the example for us," said Melissa Lomeli, his younger sister. "He's told me through letters that he's growing up as a person and that he wants us to grow up as a family."

During training, Lomeli gained courage, but more confidence than anything as he learned to overcome obstacles making tough decisions throughout the cycle.

"You can see him taking initiative," said Mendoza. "He wants to be a leader and he has the potential to be. When he understands something now and why (drill instructors) do something, he feeds it to the recruits, and they listen to him." Lomeli did not earn a billet within his platoon, but it didn't stop him from trying to become a leader.

"I don't have a title," said Lomeli. "I'm not a guide or squad leader, but I don't need one. In here, we're all training to become leaders."



Cpl. Matheus J. Hernandez

**Pfc. Manuel Lomeli, Platoon 3234, Company K, 3rd Recruit Training Battalion, decided to enlist in the Marine Corps to make his family proud as well as set a good example for his younger brother and sister. Lomeli and the rest of Company K, was graduated from recruit training in today's graduation ceremony.**

## Sgt. Maj. Derrick Christovale Sr.

### Parade Reviewing Officer

Sgt. Maj. Derrick Christovale Sr., is a native of Detroit, Mich.

Christovale enlisted into the Marine Corps in June 1982. He completed recruit training at Marine Corps Recruit Depot San Diego in December 1982, and the Basic Combat Engineer Instruction School at Camp Lejeune, N.C. in March 1983.

Christovale reported to Camp Hansen, Okinawa, Japan, for duty with 9th Engineer Support Battalion, 3rd Force Service Support Group in April 1983. While there he was meritoriously promoted to corporal.

In April 1985, Christovale reported to 8th Engineer Support Battalion 2nd FSSG, Camp Lejeune.

During this assignment Christovale was meritoriously promoted to sergeant.

Christovale reported to Marine Corps Air Station Tustin, Calif., for duty with Marine Wing Support Squadron 374, 3rd Marine Aircraft Wing in October 1986. Two years later, in December 1988, he reported to Marine Barracks, Guantanamo Bay Cuba for duty with the Minefield Maintenance Platoon.

In December 1989, Christovale reported to Camp Pendleton Calif., for duty with

1st Combat Engineer Battalion and served as a platoon sergeant with Alpha and Bravo Companies. In November 1990, he was promoted to staff sergeant and deployed to the Persian Gulf in support of Operations Desert Shield and Desert Storm.

In April 1992, the sergeant major reported for Drill Instructor School at MCRD San Diego and was later assigned to duty as a drill instructor with Fox Company, Second Recruit Training Battalion. He also served as a senior drill instructor and chief drill instructor with Special Training Company, Support Battalion.

In July 1994, Christovale returned to Camp Pendleton for duty with 1st Combat Engineer Battalion. While there he served as a platoon sergeant with Bravo and Charlie Companies. He was promoted to gunnery sergeant in August 1996, and was later reassigned to Headquarters and Service Company as company gunnery sergeant.

In May 1999, Christovale reported to Support Company, Headquarters and Support Battalion, Marine Corps Base Camp Pendleton, for duty as the company gunnery sergeant. He was promoted to first sergeant in July 2000, and reported to 5th Marine Regiment for duty as first sergeant for Charlie Company, 1st Battalion 5th Marines. While there he deployed to Okinawa, Japan, in support of the 31st Marine Expeditionary

Unit and to Iraq in support of Operation Iraqi Freedom I.

In August 2003, Christovale reported for duty as the first sergeant for Bravo Battery, 3rd Low Altitude Defense Battalion, Marine Air Control Group 38, 3rd MAW. While there he deployed to Iraq in support of Operation Iraqi Freedom II.

In November 2004, Christovale was promoted to his current rank and reported to MCAS Yuma, Ariz., for duty with "The Black Sheep," Marine Attack Squadron 214, MAG 13, 3rd MAW. While there he deployed to Okinawa, Japan, in support of the 31st Marine Expeditionary Unit.

In November 2007, Christovale reported to Camp Pendleton for duty as the regimental sergeant major for Combat Logistics Regiment-1, 1st Marine Logistics Group. He also served as the sergeant major for 1st Marine Logistics Group (Main) on two separate occasions, during OIF 8-1 and Operation Enduring Freedom 10-1.

In September 2010, Christovale deployed to Afghanistan with the Headquarters and Service element of 1st Marine Logistics Group (Fwd), 10-2.

In June 2011, Christovale reported for duty as the sergeant major, Marine Corps Installations-West. In April 2012, he

assumed additional duties as sergeant major for MCB Camp Pendleton.

Christovale presently serves as sergeant major for Marine Corps Installations West-MCB Camp Pendleton.

Christovale's personal awards include the Meritorious Service Medal with gold star in lieu of second award, Navy and Marine Corps Commendation Medal with gold star in lieu of second award, Navy and Marine Corps Achievement Medal with four gold stars in lieu of 5th award, and the Combat Action Ribbon with one gold star in lieu of second award.

*"Congratulations Marines! I'm honored to be present with your family and friends to celebrate this special occasion. Thank you for answering the call to serve a great Nation and for accepting the challenge to become a United States Marine. You are now prepared to stand in the ranks amongst the greatest Warriors in the world - stand tall and stand ready. As you begin your journey down the roads that have been paved with the blood and sweat of Marines that have severed before you - honor them by upholding the proud traditions of our Corps. Take advantage of every opportunity to make a positive impact on your fellow Marines and our Corps, by never focusing on self, but always focusing on others and the mission. Never lose focus of why you serve and never forget who you are - a United States Marine!"*

*Semper Fidelis!*





**Platoon 3230**  
**COMPANY HONOR MAN**  
 Lance Cpl. C. J. Rowley  
 Des Moines, Iowa  
 Recruited by  
 Sgt. W. Johnson

**Platoon 3234**  
**SERIES HONOR MAN**  
 Pfc. D. C. Cook  
 Milwaukee, Wis.  
 Recruited by  
 Sgt. B. Turner

**Platoon 3229**  
**PLATOON HONOR MAN**  
 Pfc. D. P. Portillo  
 El Paso, Texas  
 Recruited by  
 Gunnery Sgt. E. Vargas

**Platoon 3233**  
**PLATOON HONOR MAN**  
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 Deluth, Minn.  
 Recruited by  
 Sgt. A. Hausserman

**Platoon 3235**  
**PLATOON HONOR MAN**  
 Pfc. J. T. Soter  
 West Valley, Utah  
 Recruited by  
 Staff Sgt. J. T. Powell

**Platoon 3233**  
**HIGH SHOOTER (344)**  
 Pfc. C. J. Coleman  
 Salem, Ore.  
 Marksmanship Instructor  
 Cpl. N. A. Wright

**Platoon 3229**  
**HIGH PFT (300)**  
 Pfc. T. J. Barnett  
 Santa Clarita, Calif.  
 Recruited by  
 Sgt. J. Ruiz



# KILO COMPANY

3rd RECRUIT TRAINING BATTALION

Commanding Officer  
 Sergeant Major  
 Battalion Drill Master

Lt. Col. M. A. Reiley  
 Sgt. Maj. E. Gonzalez  
 Staff Sgt. J. A. Cargile



<b>COMPANY K</b> Commanding Officer Capt. W. R. Stiner Company First Sergeant 1st Sgt. J. Melendez	<b>SERIES 3229</b> Series Commander Capt. A. E. Schmit Chief Drill Instructor Staff Sgt. S. P. Gentry	<b>PLATOON 3229</b> Senior Drill Instructor Sgt. S. Rios Drill Instructors Sgt. J. W. Boyer Sgt. R. Luna Sgt. A. P. Stevens	<b>PLATOON 3230</b> Senior Drill Instructor Gunnery Sgt. R. A. Griffith Drill Instructors Staff Sgt. C. Gonzales Staff Sgt. O. V. Gordon Staff Sgt. K. Pryor
	<b>SERIES 3233</b> Series Commander Capt. J. P. Torres Chief Drill Instructor Staff Sgt. G. Webber	<b>PLATOON 3233</b> Senior Drill Instructor Sgt. B. E. Torrence Drill Instructors Sgt. J. Espericueta Sgt. M. A. Peters Sgt. B. Rembert	<b>PLATOON 3234</b> Senior Drill Instructor Staff Sgt. N. V. Priesman Drill Instructors Staff Sgt. L. A. Irby Staff Sgt. D. B. Jolly Sgt. E. Mendoza

\* Indicates Meritorious Promotion

- PLATOON 3229**  
 Pvt. C. T. Adams  
 Pvt. A. I. Aguilar  
 Pvt. D. Aguilar Jr.  
 Pfc. J. A. Aguilar  
 Pvt. J. C. Alonso-Brizuela  
 Pfc. L. A. Anderson  
 Pvt. C. J. Arellano II  
 Pfc. D. L. Arnberger Jr.  
 Pvt. C. T. Bailey  
 Pfc. J. W. Barclay  
 Pfc. P. J. Barnard  
 Pfc. T. J. Barnett  
 Pfc. O. J. Barrera  
 Pvt. R. A. Bashir  
 Pfc. R. D. Baumgarte  
 Pvt. G. K. Benson  
 Pvt. A. P. Berg  
 Pvt. M. Berrueta  
 Pfc. R. J. Beste  
 \*Pfc. M. R. Bonilla  
 Pfc. B. R. Bratcher  
 Pvt. L. J. Briney-Fernandez  
 Pfc. K. A. Brueggeman  
 Pvt. M. R. Buentello  
 Pfc. A. F. Bunker  
 Pvt. G. K. Burchuk  
 Pfc. A. H. Calderon  
 Pfc. E. M. Cantore  
 Pvt. N. J. Chargualaf  
 Pfc. A. K. Chen  
 Pfc. B. J. Clement  
 Pfc. T. C. Herron  
 Pfc. D. S. Hill  
 Pvt. C. J. Hunter  
 Pvt. W. H. Jackson III  
 Pvt. J. Miller  
 Pvt. R. Mira  
 Pvt. N. P. Mori  
 Pvt. R. C. Morris  
 Pvt. N. M. Neipert  
 Pfc. J. Ortiz  
 Pvt. J. Ortiz  
 \*Pfc. A. R. Patterson  
 Pfc. J. A. Peterson  
 Pfc. D. P. Portillo  
 Pfc. R. J. Rainey  
 \*Pfc. A. R. Said  
 Pfc. C. J. Shattuck  
 Pvt. N. I. Shattuck  
 Pvt. J. J. Sutorka

- PLATOON 3230**  
 Pfc. B. B. Cantwell  
 \*Pfc. J. L. Conrad  
 Pfc. K. L. Humble  
 Pvt. D. S. O'Neill  
 Pvt. E. J. Ortiz Jr.  
 Pvt. E. Ospina  
 Pfc. D. D. Passo  
 Pfc. E. L. Perez  
 Pfc. L. C. Pittman  
 Pvt. C. D. Price  
 Pvt. A. L. Regimbal  
 Pfc. T. F. Reich  
 Pfc. N. G. Robbins  
 Pvt. A. E. Rosario  
 Pfc. A. M. Rottier  
 \*Lance Cpl. C. J. Rowley  
 Pvt. K. W. Roy Jr.  
 Pfc. G. Ruiz-Lopez  
 Pvt. J. X. Sanchez  
 Pvt. C. T. Sansone  
 Pvt. D. J. Schleicher  
 Pvt. S. R. Schluntz  
 Pvt. E. S. Sirio  
 Pvt. B. W. Smith  
 Pvt. M. P. Speckhard  
 \*Pfc. W. J. Stedman  
 Pvt. A. J. Sturgeon  
 Pfc. Z. L. Summers  
 Pvt. N. M. Taber  
 Pvt. I. M. Tankersley  
 Pfc. J. W. Tanner  
 Pfc. J. A. Terhark  
 Pvt. A. C. Thomas  
 Pvt. M. A. Torres  
 Pvt. N. P. Torres  
 Pfc. C. Q. Tran  
 Pvt. T. K. Urich Jr.  
 Pfc. J. J. Urbany  
 Pfc. D. L. Vaught  
 Pvt. S. B. Vercillo  
 Pvt. J. A. Verduco  
 Pfc. B. F. Volz  
 Pvt. L. K. Walker  
 Pfc. J. J. Wedemeier  
 Pfc. T. D. Winston  
 Pfc. R. M. Wood  
 \*Pfc. C. W. Wright Jr.  
 Pfc. D. Xiong  
 Pfc. K. T. Zipperer

- PLATOON 3233**  
 Pvt. J. Aguirre  
 Pvt. J. R. Alexander  
 Pfc. R. Alvarez Jr.  
 Pvt. J. R. Anglim  
 Pfc. J. F. Avila  
 Pfc. B. P. Batenga  
 Pfc. A. W. Betters  
 Pvt. M. D. Bunch  
 Pvt. J. F. Cazarez  
 Pvt. C. O. Cheng  
 \*Pfc. C. J. Coleman  
 Pvt. P. A. Conser  
 Pvt. M. A. Corcovelos  
 Pvt. J. P. Cortez  
 Pvt. J. D. Crandell  
 Pvt. D. D. Darden  
 Pvt. N. M. Elkouryhanna  
 Pvt. M. T. France  
 Pvt. M. Garcia  
 Pvt. A. M. Gober  
 Pfc. M. D. Gonzalez  
 Pvt. O. R. Gonzalez  
 Pfc. I. G. Hall  
 \*Pfc. K. T. Harris  
 Pvt. J. B. Harrison  
 \*Pfc. T. R. Henry  
 Pfc. M. A. Hernandez  
 Pvt. M. Hernandez  
 Pvt. J. D. Hirt  
 Pfc. T. J. Hodapp  
 Pvt. A. S. Horsey  
 Pfc. C. B. Kelly  
 Pfc. J. G. Konrad  
 Pfc. C. L. Lambson  
 Pvt. J. Landis  
 Pfc. J. M. Lee  
 Pvt. T. W. Lee  
 Pvt. N. S. Lemieux-Renaud  
 Pfc. J. R. Loftis  
 Pvt. E. Lopez  
 Pvt. C. Macias-Avila  
 Pvt. C. J. Malaney  
 Pvt. K. E. Maravilla  
 Pfc. A. W. McCann  
 Pfc. M. A. Mendez  
 Pvt. B. W. Riello  
 Pvt. A. C. Romero Jr.  
 Pvt. F. Vargas  
 Pvt. D. M. Verwey  
 Pvt. B. C. Wilson

- PLATOON 3234**  
 Pvt. T. R. Adams  
 Pvt. H. D. Annonson III  
 Pfc. A. B. Barnert  
 \*Pfc. D. C. Cook  
 Pfc. R. H. Denson III  
 Pfc. N. W. Elmore  
 Pvt. S. D. Hallam  
 Pfc. M. M. Infante  
 Pvt. G. D. Jacobson  
 Pfc. B. J. Jansen  
 Pfc. K. K. Jennings  
 Pvt. J. J. Jones  
 Pvt. M. J. Jones  
 Pvt. M. L. Jones  
 Pfc. G. S. Kellen  
 Pvt. S. G. Kelley  
 Pvt. J. W. Lamont  
 \*Pfc. L. N. Lanning  
 Pfc. S. J. LeBar  
 Pvt. C. D. Lelle  
 Pvt. K. R. Lewis  
 Pvt. K. A. Lichty  
 Pfc. M. Lomeli  
 Pvt. P. J. Louviere  
 Pvt. K. T. Marsh  
 Pvt. J. D. McCellon  
 Pfc. N. J. McCord  
 Pvt. J. O. McNeal  
 Pvt. J. M. McNeil  
 Pvt. T. Mendoza  
 Pfc. J. W. Mettler  
 Pvt. J. M. Morales-Oliva  
 Pvt. J. K. Moyer  
 Pvt. J. R. Mullins  
 Pfc. J. A. Munyon  
 Pvt. M. E. Murillo  
 Pvt. C. S. Murphy  
 Pvt. D. P. Nelson  
 Pvt. J. R. Nichols  
 Pfc. P. J. Nugent  
 Pvt. J. A. Nunez  
 Pvt. O. Ornelas  
 Pvt. M. R. Rowe  
 Pfc. J. L. Sellers  
 Pfc. G. Sherlock  
 Pfc. J. M. Smith  
 Pvt. J. A. Stelter Jr.  
 Pvt. M. J. Taber Jr.  
 Pvt. G. M. Vannatter III  
 \*Pfc. C. A. Zuker

- PLATOON 3255**  
 Pfc. L. Contreras  
 Pfc. A. Cordero  
 \*Pfc. M. A. Cross  
 Pfc. D. T. Cummiford  
 Pvt. T. M. Cunningham  
 Pfc. A. J. Daphney  
 Pvt. C. N. Diaz  
 \*Pfc. K. W. Dix  
 Pvt. A. J. Dove  
 Pvt. Z. S. Dowler  
 Pvt. S. A. Elias  
 Pvt. S. T. Ellis  
 Pvt. D. L. Fisher  
 Pfc. F. I. Fortes  
 Pvt. P. R. Franklin  
 Pvt. G. G. Galaviz  
 Pvt. J. L. Gale  
 Pvt. H. I. Garcia  
 Pfc. R. F. Garcia  
 Pvt. E. Garcia-Lobatos  
 Pfc. S. S. Gollahon  
 Pvt. A. Gomez  
 Pfc. B. Goodman  
 Pvt. G. C. Grant Jr.  
 Pfc. L. S. Gray  
 Pvt. J. R. Green  
 Pvt. C. W. Ramsey  
 Pvt. A. J. Rodriguez  
 Pvt. J. R. Rodriguez  
 Pvt. A. M. Romantum  
 Pvt. A. D. Rubio  
 Pvt. M. W. Shakeshaft  
 Pvt. P. A. Shaner  
 Pvt. B. Shim  
 Pfc. N. A. Shrake  
 \*Pfc. J. T. Soter  
 Pvt. J. V. Trejo  
 Pfc. J. D. Trevino  
 Pvt. B. M. Uffelman Jr.  
 Pvt. K. E. Unke  
 Pvt. J. J. Vavold  
 Pvt. E. R. Vega  
 Pvt. M. A. Vidal  
 Pfc. C. A. Wandel  
 Pfc. G. S. Whatcott  
 Pvt. Z. J. Wilde  
 Pfc. Z. D. Yarolimek  
 Pvt. S. D. Yeakle

# Co. F recruits find warrior spirit in MCMAP intensity

BY CPL. WALTER D. MARINO II  
Chevron staff

For some recruits knowing how to fight has never been a necessity or desire until arriving to recruit training. In fact, for many of the recruits in Company F, 2nd Recruit Training Battalion the first time they threw a punch was during their training for tan belt in Marine Corps Martial Arts aboard Marine Corps Recruit Depot San Diego.

Company F recruits were tested on every aspect of tan belt techniques before earning their belts, July 18. Recruits were required to show proper technique on moves such as leg sweeps, arm manipulations and bayonet slashes.

Although Co. F's focus was to instill their recruits with tan belt knowledge, drill instructors were also aware of a MCMAP belt being a confidence booster for their recruits as well.

"We teach them the fundamentals and I'd say it's a confidence builder. A lot of them have never hit a punching bag," said Sgt. Clifton L. Roush, senior drill instructor Co. F., Platoon 2126. "For a lot of them it's their first physical contact. That's why it's so important they get introduced to being physical here."

Other drill instructors had similar thoughts and also felt strongly about taking full advantage of their allotted MCMAP training time.

"Experience breeds confidence. Were getting them repetitions and putting them in situations," said Gunnery Sgt. Anthony C. Sims, chief drill instructor, Co. F, 2nd Recruit Training Battalion. You can see a change in their demeanor, more confident in their execution, movement and overall in themselves."

At times during tan belt

testing, recruits made mistakes with a wrong step or wrong position. But when that happened drill instructors were there every time to show them what they were doing wrong and how to fix it. As long as recruits had most of the move learned they were given another opportunity to perform it correctly.

"It was challenging, I messed up on some of the moves like the wrist lock. But if I review it again I know I can do better," said Recruit Sean G. Jamison, Plt. 2126, Co. F. "My favorite part was take downs. It's fun flinging people to the ground. I don't think there is anything more humbling than putting someone on their bottom."

Recruits were not afraid to admit learning the moves were hard but also weren't afraid to speak of their driving force to learn MCMAP.

"It can be difficult if you're not familiar with the fighting form. It can be hard to get your body used to the different stances. It looks natural for professional fighters and instructors but it's not as easy as they make it look," said Recruit Devon C. Fairman, Plt. 2126. "It's definitely important to know how to not only defend yourself, but also your brothers to the left and right of you. I think this training is something that makes Marines more proficient fighters than the other branches because we get this in boot camp."

In addition to enjoying MCMAP for its usefulness, recruits were also aware of MCMAP's uniqueness in comparison to other martial arts.

"The weapon and bayonet techniques are things that show the difference between MCMAP and any other form of martial arts," said Fairman, 21. "From what I have seen no other martial arts uses a rifle with a bayonet."



Cpl. Walter D. Marino II

Recruits of Company F., 2nd Recruit Training Battalion, take turns demonstrating their ability to perform chokes aboard Marine Corps Recruit Depot San Diego July 18. Chokes, leg sweeps and arm manipulations were some of the techniques Co. F recruits were tested on in order to receive their tan belts in Marine Corps Martial Arts.



Cpl. Walter D. Marino II

Recruits of Company F, 2nd Recruit training Battalion, demonstrate Marine Corps Martial Arts Program arm manipulations to their drill instructors. Arm manipulations are just one of many moves recruits are required to demonstrate in order to earn MCMAP tan belts.



Cpl. Walter D. Marino II

Company F recruits were required to demonstrate rifle strikes to their drill instructors in order to earn martial arts tan belts, and to proceed to the next level of MCMAP training.